



Photo of Kindness Farm volunteers by Lou Lé.

AARP Challenge Grants Awarded to Local Non-Profits

By Nancy Tannler

The seventh annual AARP Community Challenge Grant worth \$3.6 million is being distributed to 310 quick-action projects across the country. Three of these grants were awarded to non-profits here in Portland. The grants are intended to improve public places, transportation, housing, digital connections, diversity, equity and inclusion, with an emphasis on the needs of adults age 50 and older.

The East Portland Resilience Coalition (EPRC), DBA as Thrive East PDX, received a grant of \$15,475 for a six-month project. Their focus will be on Live Well Cafe discussion sessions each month July through November 2023.

EPRC was funded by a grant in the Fall 2020 with the intention of teaching people survival skills and how to be resilient during the expensive and challenging

times we live in. After publishing their first Community Resilience Report, they realized that most older or disabled people were already survivors and were resilient. What these people wanted most was to live in thriving communities where jobs, economic opportunity and connected neighborhoods are present, said Gayle Palmer, community organizer and volunteer. Thus, the name change.

Over the last few years they created “Resilience Hubs” where people gather to trade and share resources, get to know other people, network for family-wage jobs, learn about ways to make economic improvements in their community and learn emergency preparedness skills.

Palmer said that Thrive East PDX will use this same model for the Live Well Cafés. They will engage residents with disabilities aged 50+ in social and community events with the intention making neighborhood improvements that are age-friendly and welcoming to all residents.

Thrive East PDX offers programs that teach, inspire and connect people on the East side with events and classes. All events are posted on their website, thriveastpdx.org.

REACH Community Development also received a quick-action grant that will support lower-income adults 50+ who are in need of larger, critical repairs that the REACH home repair program doesn’t have funding resources to cover.

Lauren Schmidt, Fundraising & Public Relations Manager, said they were awarded \$10,000 by AARP for projects that include roof replacement, furnace replacement, chimney repair and sewer line repairs. Funds can also assist with renting equipment for more extensive yard clean-ups that they don’t regularly use (i.e., brush hogs, lawn mowers and weed whackers) and other tools for staff and volunteers to complete repairs.

Schmidt said that program-eligible

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Rent Stabilization Bill Becomes Law

By Marshall Hammond

On Thursday, July 6, Governor Tina Kotek signed a bill capping rent increases on Oregon residences at 10 percent or seven percent plus inflation, whichever is lower.

SB 611 amends a 2019 bill (SB 608) that set a limit of seven percent plus inflation on rent increases, with no maximum limit on the total allowable amount.

Inflation rates hadn’t risen above three percent for decades prior to 2019, limiting the maximum rent allowable increase to 10 percent or less. But in 2022, runaway inflation drove up that limit with some Oregonians seeing increases of as much as 14.6 percent and facing an equally large increase in 2023. In response, legislators drafted SB 611 to cap the maximum allowable rent increase at 10 percent.

“You might ask, ‘What’s the difference between 14.6 percent increases and 10?’ Obviously the answer is 4.6 percent, but we’re talking about tenants who are already some of the most cost burdened renters in the nation,” says Sibley Hebb of the Oregon Law Center, which worked with tenant advocacy group Stable Homes for Oregon Families to help pass SB 611 and its predecessor SB 608.

“We have rents that are the ninth highest in the nation and vacancy rates that are extremely low. So every cent counts and the impact of the governor’s signing of the bill and that bill going into effect is that every tenant in Oregon has greater protections and greater stability, and also a greater understanding of what the maxi-

mum could be.”

The bill was introduced by Sen. Wlnsvey Campos (D-Aloha). The first version proposed a rent increase cap of eight percent or three percent plus inflation, whichever was lower. Sen. Kayse Jama (D-Portland) amended the bill to increase the cap after pushback from both Democratic and Republican legislators.

The amended bill passed the Democrat majority Senate with a vote of 17 for and eight against, and the House with 32 for and 18 against, with voting falling mostly on party lines.

In addition to the rent increase cap, SB 611 requires landlords to pay three months’ rent to tenants who are evicted without cause. The previous bill required only one month’s rent be paid. Landlords are also limited to one rent increase per year.

The bill caps rent increases between occupancies at seven percent plus inflation, with no upper limit if a landlord serves a no-cause eviction with 30 days notice.

SB 611 does not apply to properties that have been built or became rentals within the last 15 years, and it does not apply to increases that occurred before passage of the bill (retroactively) or in cases where the tenant was given a notification of an upcoming rent increase before July 6.

The bill was supported by tenants rights advocate groups such as Stable Homes for Oregon, the Coalition of Communities of Color, the Community Alliance of Tenants and the Oregon Housing

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Clinton Triangle Good Neighbor Agreement

By Kris McDowell

The Clinton Triangle Taskforce, comprised of a diverse mix of representatives from the Central Eastside Industrial Council (CEIC), Hosford-Abernethy Neighborhood Association (HAND), Brooklyn Action Corps (BAC) and the City of Portland, have developed a Good Neighbor Agreement (GNA) for the Clinton Triangle Temporary Alternative Shelter Site, located at 1490 SE Gideon St.

The 10-page agreement was developed over the course of nine meetings and includes city/neighborhood collaboration, performance metrics and reporting, who will be housed at the site, zones surrounding the Clinton Triangle that will receive enhanced city support services and more.

Clinton Triangle is a designated shelter area that will offer the unsheltered homeless a stable, safe and temporary place to connect with service providers and organize a plan. The site was slated to start receiving residents by the end of July.

The city’s contract with Urban Alchemy specifies that there will be one “guest service practitioner” for every 15 residents and there will be outreach practitioners assigned to a zone outside of the site for 16 hours each day to build community, help remove trash and biohazards and help maintain a safe and orderly environment. They will provide one hot meal per day, plus snacks, and the community will have a direct 24/7 phone number to reach Urban Alchemy at the site.

The standard of operations includes a prohibition on residents cooking or starting fires at the location; zero tolerance for weapons, which will be removed and stored in a locked area; enforcement of quiet hours 10 pm-7 am; a prohibition on residents parking within 1,000 feet of the site; a “no visitor” policy; and that the site will be maintained in a neat condition, free of graffiti, trash and pests.

Additionally, walk-ins will not be ac-

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Representatively Speaking

By STATE REPRESENTATIVE
ROB NOSSE

I am glad I waited until August to write about the conclusion of the 2023 Legislative Session. Back in May I was pretty much of the mindset that we cannot compromise on anything with the Republicans and let a minority of Senators act like they won a majority and run our legislature. However, cooler heads prevailed. In the end, things worked out and Republican and Democratic Senators all compromised to get everyone back in the building and end the walkout and frankly get a lot done.

Here is a summary of some of my personal accomplishments as well as those of the legislature in general.

Housing Supply and Stability Budget (SB 5511, SB 5505, HB 3395)

These bills provide \$2 billion in investments, building on prior investments to help fund the construction of new affordable housing units across the whole state.

Affordable Housing and Emergency Homelessness Response (HB 2001, HB 5019)

They make \$200 million in investments that will help shelter Oregonians living on the street and prevent more homelessness.

Behavioral Health Care Delivery Investment (HB 2757, SB 5525, HB 5026, SB 5506)

These bills build off the \$1 billion invested in 2021-2022. This \$153 million investment will help stabilize mobile crisis response funding and coordination between care centers and response systems so that Oregonians can receive the care they need.

988 Crisis Line (HB 2757)

This bill provides funding for the 9-8-8 Suicide Prevention & Behavioral Health Crisis Line to help Oregonians who are in the throes of a mental health crisis.

Opioid Harm Reduction Package (HB 2395)

This bill will help address the state’s fentanyl crisis and save lives by increasing access to naloxone.

The Gun Violence Prevention Bill (HB 2005)

The bill focuses on “ghost” guns and helps make communities safer while respecting responsible gun owners.

Early Literacy Success Initiative (HB 3198)

Too many kids reach the third grade and cannot read at a third-grade level. This bill invests \$144.3 million to support evi-

dence-based, culturally responsive literacy strategies.

K-12 Education Funding (HB 5015)

This bill invests a historic \$10.2 billion in the State School Fund, supporting Oregon’s K-12 students and educators.

Record K-12 Investment (HB 5015)

Invests a historic \$10.2 billion in the State School Fund (a 10 percent increase over the 2021-23 biennium funding of \$9.3 billion), which will ensure Oregon’s K-12 students and educators have the support they need.

Higher Ed Opportunity Package (HB 5025)

This bill Invests \$3.7 billion to ensure Oregonians seeking postsecondary education can obtain a high-quality education. It includes \$1 billion for the Public University Support Fund, \$800 million for the Community College Support Fund, \$308.4 million to the Oregon Opportunity Grant and \$24.2 million to the Tribal Student Grant program.

Reproductive Health & Access to Care Act (HB 2002)

This bill protects the abortion rights Oregonians had under Roe v. Wade, expands insurance coverage for gender-affirming care and protects Oregon abortion and medical providers from legal risk. This was one of the bills that I worked on a lot. It was in the news quite a lot, too.

Hospital Staffing (HB 2697)

This bill ensures safe staffing levels in hospitals to support the wellbeing of workers and patients. I was the Chief Sponsor and lead on this bill.

Hope and Recovery Bill (HB 2513)

This fixes Ballot Measure 110 implementation so that Oregonians struggling with addiction

can receive the care they need and get on a path to recovery. I was the Chief Sponsor and lead on this bill.

Universal Health Plan Governance Board (SB 1089)

This bill creates the Universal Health Plan Board to help develop a comprehensive system for providing every Oregonian with affordable healthcare.

Oregon CHIPS Act (SB 4)

This bill invests \$260 million to secure Oregon as a global leader in the semiconductor industry and help create good paying jobs.

Rank Choice Voting (HB 2004)

This bill establishes a plan for implementing ranked choice voting to ensure voters have more of a say in who they want to represent them.

Climate Resilience Package Investment (HB 3409, HB 3630)

These bills invest \$90 million in community-focused and forward-looking solutions to increase our energy efficiency, keep Oregonians safe from extreme weather, maximize federal funding opportunities and build a more resilient, sustainable and equitable energy system.

If you want to know more about any of these bills you can look them up on the Oregon State Legislature website.

I am not going to downplay it. The session was difficult. There were many moments of tension because of the walkout and the uncertainty that it created. I also had one of the busiest committees, with some of the biggest policy lifts that were needed, and the responsibility often had me feeling anxious. But a lot got done.

We still need to figure out the whole quorum situation. There will be more to come about Ballot Measure 113. At some point we will get a ruling from the Secretary of State and then the whole thing will end up in court. As I like to say, “stay tuned.” Democracy is a journey with, at times, no obvious destination. Depending on how all this plays out, we may see a ballot measure in the not-so-distant future to change the quorum rule.

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New Bin Decals Make Recycling Easier

By Faith Cathcart

One by one the women show up to the parking lot at Rockwood Station apartments. On a cool spring morning, they greet each other with warm smiles and hugs before putting on their safety gear and getting to work.

“We remove old decals, clean bins and apply new decals,” says Analley Rodriguez, field and outreach manager for Trash for Peace, one of three community partners—including Junk It Junk Removal and PSU Community Environmental Services—that are helping Metro make good on its commitment to improve garbage and recycling services across the region. Her crew is made up of Spanish-speaking and bilingual environmental promoters whose families all live in apartments.

Metro’s regional decal project offers them—all working mothers—a flexible schedule, decent wages and the opportunity to advance Trash for Peace’s mission of reducing waste and encouraging resilient communities. “The work is really important,” Rodriguez says, “Not just for us but for the community.”

By the end of June, all three of Metro’s community partners posted new signage—about what can and cannot be recycled—at roughly 6,000 multifamily sites. The project covers apartments, condos, mobile home parks, retirement communities, etc.—places where residents share garbage and recycling services.

Over the years, residents of apartments and condos—especially low-income units—have told Metro that their garbage and recycling services weren’t meeting their needs. Collection bins often are overflowing. Signage is missing, in poor condition or hard to understand. And bin colors are

confusing.

So, in 2020, the Metro Council updated the multifamily regional service standard, introducing a number of changes aimed at making the system work better. “The regional decal project is the first visible step of the updated regional service standards to improve garbage and recycling services for people living in multifamily homes,” says Lisa Clark, Metro program coordinator.

People who live in apartments will see consistent garbage and recycling signage by December 2023. This means people will have the same information on their bins no matter where they live in the region.

The service standard includes updates to be implemented by the owners of multifamily properties. The standard established collection minimums for garbage, mixed recycling and glass. And it required collection service for bulky waste to begin by July of 2025—addressing oversized items like furniture and appliances that won’t fit in the bins.

The new standard also calls for consistent bin colors to be phased in by local hauling companies before July 2028. Gray or black for garbage. Blue for mixed recycling. Green for yard debris. Orange for glass. In some places, the new bins are already there.

“Providing quality and accessible service to people where they live is an essential responsibility,” says Metro Councilor Gerritt Rosenthal. “I am grateful to the community members who elevated [their concerns] for Metro to take action. I invite folks to keep providing their feedback as we continue to foster healthier and safer communities.”

Local governments and

community-based organizations worked with Metro to develop the new universal signage. Informed by effective messaging used in other cities, these decals rely mostly on photos with minimal words. And they use languages commonly understood throughout greater Portland—English, Spanish, Russian, Vietnamese and Simplified Chinese.

When Metro’s community partners began rolling out the regional decal project last year, they used census data to prioritize communities with the greatest need and highest service barriers first.

“It’s an opportunity for taking on bigger projects and proves that a smaller company can do a good job,” says Dupree Carter, who owns and operates Junk It Junk Removal with his wife Michelle Carter.

Contracting with their junk removal business delivers on core values found in Metro’s 2030 Regional Waste Plan. Now three years into a 10-year vision to make the garbage and recycling system work better for everyone, the plan aims to increase access to economic opportunities for historically marginalized people, communities and businesses like Junk It.

Carter founded the company more than 11 years ago with the intention of supporting his family and kids after he served time in prison. “I felt like I was being boxed out and stuck in minimum wage jobs,” Carter says about trying to make a living after incarceration.

Since then, he has built a successful company. And he pays it forward when he can. Carter says that he has helped others like himself by employing them,



Environmental promoter, Blanca Martinez, removes air bubbles from a freshly applied glass recycling decal. Photo by Metro.

developing their work skills and even mentoring some as they started their own businesses. Today, Junk It Junk Removal is an extremely helpful community partner, responsible for posting

more than half of the new regional decals.

This article was originally posted on the Metro website, egonmetro.gov.



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Clinton Triangle Agreement

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cepted and there will be no line waiting for entry. Only referrals will be accepted and all residents will be linked to physical, behavioral and mental health professionals as needed.

To facilitate continued collaboration between the city and neighborhood representatives, a Clinton Triangle Oversight Committee (CTOC) will be created with representatives from CEIC, HAND, BAC, the city and Urban Alchemy. The group will meet at least monthly to review performance metrics and serve as a point of contact for neighborhood residents with issues that arise from Clinton Triangle that are not otherwise addressed through existing processes, escalating them to the appropriate parties.

The city will provide a minimum of 60-days advance notice to the CTOC before proposed changes take effect (number of residents, services offered, timeline, points of contact/agency changes, site closure, etc.) and will not open any new sanctioned campsites in the three neighborhoods, other than the currently-

planned Multnomah County We Shine shelter for the duration of the agreement. After two years, the city and CTOC will assess project performance prior to any contract/lease renewals, and a consensus will be reached prior to any site extension.

Residents of Clinton Triangle will initially be recruited from the BAC/HAND neighborhoods and CEID, with an initial target of 180 people and a cap of 200 people. When an individual is excluded from the program, the city will provide assistance locating other shelters/services and transportation to those services.

If a Clinton Triangle resident is arrested or convicted of a crime against people or property in the surrounding community, the CTOC will be consulted to determine the appropriate action. Even if a person’s actions fall short of criminal activity, the CTOC may identify them to discuss appropriate actions.

The zones that have been established surrounding the site that are to receive enhanced services are shown on maps within



As Clinton Triangle prepares to open, semi-opaque mesh has gone up and housing structures erected.
Photo by Kris McDowell.

the GNA. The enhanced services outlined are the removal of unsanctioned campsites; the removal of abandoned vehicles, unsanctioned RVs and other unsanctioned vehicle camping/residency; plans for handling 911 (emergency) and 311 (non-emergency) calls; safety maintenance and repairs of city property; cleaning/clearing of obstructions in the public right of way and of significant trash in public spaces; significant graffiti removal on both public and private property;

removal of human and medical waste; replanting of damaged vegetation; and reimbursement requests for vandalism on private residential property. The zones can be assessed in 60 days and changes made if there is mutual agreement between the CTOC and the city.

Finally, there is a communications resource guide for neighbors to report issues in their neighborhood. Issues include campsite and vehicle removal; people and property activities and

crimes; trash and graffiti; maintenance and repairs of city property; and additional resources. At the time of writing, the Urban Alchemy 24/7 Contact Line was yet to be provided.

The full GNA is available at bit.ly/ClintonTriangleGNA and information about temporary alternative shelter sites from the city can be found at portland.gov/wheeler/shelter-sites. The city’s guide directs those with further questions to email MayorWheeler@portland.gov.

The Password Game

By ROSEANN FREITAS, BBB GREAT WEST + PACIFIC

In the 1960s, many Americans tuned into the game show, Password, where contestants were paired with celebrities to guess words from verbal clues. While the word, “password,” might have once brought to mind giddy TV contestants playing for cash, we’re much more likely to think about passwords nowadays in the context of online security.

And why wouldn’t we? Passwords are required across the internet to pay bills, log in to social media, subscribe to streaming services and more. We’ve become quite familiar with the need to create usernames and passwords to access these accounts, and, unlike the old game show, our modern-day passwords aren’t ones we want people easily guessing.

To protect yourself, the challenge is to create complex passwords that keep your personal information protected. Better

Business Bureau (BBB) recommends the following password-creation tips to stay safe online.

Think of your passwords as walls

A password or a passphrase should be considered a wall between free access to your personal information and the world. The stronger the wall, the more difficult it is for others to break it down. The more walls, the more difficult it is to access the information.

Avoid easy passwords

An example of a weak password is easy to guess—information anyone can find on social media sites or through a phishing email or text. A strong password has at least 12 to 14 characters mixed with uppercase and lowercase letters, numbers and symbols.

Commonly used pass-

words are your pet’s name, your mother’s maiden name, the town you grew up in, your birthday, your anniversary, etc. Surprisingly, the answers to these common passwords can typically be found online. Even if you don’t consider yourself to be active on social media or the internet, your information is on one forum or another. Even for passwords that require numbers and letters, some people stick to simple patterns like 0000, 1111, 1234, etc., and you should not be so predictable. Never use the same password for multiple accounts, especially for the most sensitive ones, such as bank accounts, credit cards, legal or tax records or medical-related files.

Make them creative

Need more creative ideas for different passwords? Can you use song lyrics? Not only is it

impossible for hackers to guess what song you are using, it’s even harder for them to guess which lyrics you’re using.

Use a “passphrase”

Instead of using a single word, use a passphrase. Your phrase should be around 20 characters long and include random words, numbers and symbols. Think of something that you will be able to remember, but others need help to come close to guessing, such as PurpleMilk#367JeepDog\$.

Use multiple passwords

Using different passwords for different accounts is also important. While it may be easier to remember one password for every account, it’s much easier for hackers to break down one wall rather than multiple walls. If hackers can figure out one password, even if it’s to something harmless like your Instagram account, they know the password to every account you own. This includes websites you shop online at, banking accounts, health insurance accounts, email accounts—you name it.

Use multi-factor authentication

When it’s available and supported, use two-factor authentication. This requires both your password and additional information upon logging in. The second piece is generally a code sent to your phone or a random number generated by an app or token. This will protect your account even if your password is compromised. Many devices include fingerprint or facial recognition to unlock them, which helps pro-

tect any apps on the device if it becomes lost or stolen.

Consider a password manager

A written list works, but if you’re worried about losing it, type up an electronic list and label it as something other than “PASSWORDS.” Keep the list updated and organized as well as secretive. Avoid keeping the list on the device, as it will make it easier for the thief to access the apps and personal data.

You can use a reputable password manager to store your information. These easy-to-access apps store all your password information and security question answers in case you ever need to remember.

However, don’t forget to use a strong password to secure the information within your password manager.

Select security questions only you know the answer to

Many security questions ask for answers to information available in public records or online, like your zip code, mother’s maiden name and birthplace. That is information a motivated attacker can easily obtain. Don’t use questions with a limited number of responses that attackers can easily guess—like the color of your first car.

While the game show is in the rearview mirror, passwords are still giving us reason to tune in when it comes to safety. Having an effective password or passphrase keeps your personal information secure on the internet and keeps you winning at the password game.



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Seed Stewardship for Endangered Plants

Mountain Rose Herbs, in collaboration with United Plant Savers (UpS), has begun a new Seed Stewardship Project that will employ a solution-oriented approach to the over-harvesting of native botanicals by supplying free seeds to customers who are willing to help endangered, at-risk and threatened medicinal plants. To raise awareness about at-risk plants that need help, the Eugene-based company joined with UpS, a nonprofit organization focused on research, education and conservation of native medicinal plants, fungi and their habits.

The organic herbal industry has grown significantly in recent years as more people have recognized the myriad wellness benefits of herbs. Unfortunately, this has led to a corresponding and significant issue of over-harvesting that is now impacting some of the nation’s most precious native botanicals.

To select seeds for the project, Mountain Rose Herbs looked to the UpS Species At-Risk List, which details the most threatened medicinal plants in temperate North America. Customers who order online may select one of several varieties of seeds, which the company will rotate seasonally. The rotation will allow a continual focus on increasing plant populations and improving awareness about plant care and sustainability of the herbs. Seeds are also available to schools and



nonprofit organizations whose missions align with that of Mountain Rose Herbs.

In addition to supplying free seeds, Mountain Rose Herbs has created an interactive map where seed recipients can add pins to show which seeds they’ve planted and where. The hope is that the map will fill as the seed steward community grows.

When people place an order at mountainroseherbs.com, they will have the option to select one of several seed varieties from the UpS At-Risk List. Seeds can be sown in a window box, backyard or natural area where these plants once thrived. Each seed down can affect positive change and ensure the survival of these botanicals one seed at a time.

Left Over Building Materials? Donate Them

Summer often means home improvements and, depending on the project, there may be excess building materials once the project has been completed. The City of Portland works with the ReBuilding Center to cycle them back into the community.

Low-income homeowners and business owners can receive materials for free to help make their properties safe. Additionally, reusable, affordable materials are available for purchase to anyone who wants them. By donating excess building materials, they are kept out of the landfill.

The ReBuilding Center has a full list of items they accept on their website, rebuildingcenter.org, that includes things like lumber, windows, sinks, cabinets, roofing and more. They also list things that they are not currently accepting, like toilets (due to overstock), and they can never accept materials containing hazardous substances (PCBs, toxic or flammable products, batteries,

etc.). All donations are accepted at the discretion of staff. All donors receive donation receipts.

The ReBuilding Center has also compiled a community resource list for places to contact with items they can’t accept.

Anyone working on deconstruction or remodeling projects can donate new and reusable building materials to the ReBuilding Center. Donations are accepted by dropping them off at the ReBuilding Center, 3625 N Mississippi Ave., Tuesday-Sunday, 11 am-6 pm.

Another option is to have materials picked up at a home or business. Priority pick ups may be available in as little as two business days (Tuesday-Saturday) with the pick up fee depending on the operating costs to pick it up.

Standard pick ups usually occur within five business days and have a \$40 flat pick up fee for residential donors. Businesses should call the Procurement Manager at 503.310.7701.

LE

Letter to the Editor

Editor’s note: Letters to the Editor should be less than 300 words and The SE Examiner reserves the right to edit them for length or content.

To the Editor:

I was recently informed that City Council was reversing the promise to expand Portland Street Response (PSR). I personally feel like as a business owner, PSR has been an integral resource the past couple of years to get unarmed 911 response for folks that are experiencing mental and behavioral crises.

At the two ¿Por Qué No? locations we have used Portland Street Response a multitude of times for safety interventions in the past two years. Having the tool of calling 911 to get trauma informed responders for situations that require a different skill set than a police officer has been beneficial for employees as they feel more safe and grateful to have a resource for these situation. PSR has also given a feeling

that the city is finally showing up for small business and the Portland community during a time when the city hasn’t generally been showing up for small business.

The leaders behind the petition to save PSR feel like business support is likely to be the most influential at City Hall, so please take the time to show your support by signing the pledge at friendsofpsr.com. Then spread the word to get others to support as well using the social media guide found at bit.ly/FriendsofPSRpetition.

If you would like to have your logo up on the website of supporting businesses, please email friendsofpsr@gmail.com.

Bryan Steelman,
¿Por Qué No? Taqueria



SE

THE SOUTHEAST EXAMINER

A monthly newspaper serving SE Portland

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WE WANT TO HEAR FROM YOU

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THE SOUTHEAST EXAMINER

We love hearing from our readers.
Email feedback or submit a Letter to the Editor to examiner@seportland.news.

Healthy Parks, Healthy Portland Report



Portland Parks & Recreation (PP&R) is in the process of updating its mission, values and equity/anti-racism commitment. In 2020, they reviewed the way the bureau functioned and explored how they might better serve Portlanders.

Underserved communities were put at the center of the process and a commitment was made for ongoing improvement. The new framework, called Healthy Parks, Healthy Portland, will transform both the way decisions are made and how things get done.

In two years of community listening and learning, PP&R found that Portlanders want accessible, safe, clean and well-maintained public spaces; healthy ecosystems and climate change resilience; learning, play and discovery; mental, emotional and physical wellness; community and civic connection; and jobs that support growth and belonging.

PP&R Director Adena Long said, “PP&R is committed to centering the people most impacted by inequities in Portland’s parks and recreation system. This includes Black people, Indigenous people, people of color, immigrants and refugees, LGBT2SQIA+ people, people with disabilities, youth, older adults and people earning lower incomes. We know that to create a healthy community, we must make sure all people are served through Portland’s parks and recreation system. That’s what Healthy Parks, Healthy Portland is all about.”

The report, available at bit.ly/HealthyParksHealthyPDX, features an overview of the work done to refresh the bureau’s organizational statements; new organizational statements and how they will set the direction for the work they do every day; an as-

essment of how their work contributes to community outcomes; and where there are disparities that can be addressed.

While the new framework holds great promise, PP&R has been significantly underfunded for decades and its public assets are aging. All told, there is about \$600 million of unfunded repair and replacement work, including walking paths, playgrounds, pools, community centers and various assets that are beyond their projected service life. Commissioner Dan Ryan said, “I’m committed to exploring a better, long-term and dedicated source of funding for the city’s parks and recreation facilities. In the meantime, the Healthy Parks, Healthy Portland framework will help guide us toward an improved parks and recreation system.”

PP&R estimates that one in five park assets could need to be removed or closed within the next 15 years without new, sustainable funding. In recent years, several assets have failed and had to be closed or removed for public safety. Visible examples include light poles in parks, Columbia Pool and picnic shelters at Montavilla and Woodstock parks.

Along with the Healthy Parks, Healthy Portland framework the bureau developed the Sustainable Future Initiative to drive the bureau forward toward an equitable and sustainable vision for the future.

The bureau is working to provide options to continue current operating funding levels, address needed capital funding to maintain current facilities and address gaps in service. With nearly one-third of the bureau’s current operations being funded by the Parks Levy, Portland voters would need to renew or replace it by 2025. Permanent funding could also be put before voters to provide greater stability.

Comment Period Open for Transportation Plan

A survey to collect the public’s comments on the Regional Transportation Plan and High Capacity Transit Strategy is open through Friday, August 25. Comments will help guide the Joint Policy Advisory Committee on Transportation and Metro Council as they finalize policies, strategies and project lists before taking action in November 2023. The plan is updated every five years with input from community members and leaders, businesses and governments.

The 2023 Regional Transportation Plan provides the opportunity to update investments in the greater Portland region that will be made in roads, sidewalks, bikeways, transit and freight routes to support communities today and in the future. This plan update defines a path toward creating a safe, reliable, affordable and climate-friendly transportation system for the next 25 years.

The High Capacity Transit Strategy provides a vision for expanding the greater Portland region’s high capacity transit system public transportation that moves a lot of people quickly and often, such as bus rapid transit and light rail. The strategy identifies priority investments and guidance

for future decision-making.

Comments can be submitted through the online survey, by mailing comments to Metro Planning, 600 NE Grand Ave., Portland, OR 97232, emailing transportation@oregonmetro.gov or calling 503.797.1750. There is also a Metro Council public hearing on Thursday, September 28 where people can register to give testimony during the meeting.

A link to the online survey, draft documents, an interactive project map and instructions on how to register for the September 28 meeting available at oregonmetro.gov/rtp.

SE Uplift Summit on Homelessness

Mark your calendars for a Summit on Homelessness from SE Uplift’s Houselessness Action Committee (HAC) Thursday, September 7, 6-8 pm. HAC is committed to taking action, fostering collaboration and driving transformative change. They invite neighbors, housed and unhoused, to the Summit, an evening of resource sharing and conversation at their headquarters, 3534 SE Main St.

HAC believes that changing the narrative about homelessness is an essential step toward addressing the crisis in our community with compassion. They hope to gather neighbors from across the SE coalition district to meet and mingle with the organizations and projects leading the way in addressing houselessness.

The event is family friendly and offers a meaningful way to connect with grassroots organi-

zations and get involved in compassionate solutions. Learn about effective and practical efforts to support our houseless neighbors, including a panel discussion featuring case studies of effective community engagement in establishing neighborhood-based solutions. Light snacks and beverages will be provided.

To register for the event, or if you have questions, email Alex at alex@seuplift.org.

Heat Exhaustion

- Faint or dizzy
- Excessive sweating
- Rapid, weak pulse
- Nausea or vomiting
- Cool, pale, clammy skin
- Muscle cramps

vs.

Heat Stroke

- Throbbing headache
- Confused, may lose consciousness
- Rapid, strong pulse
- Nausea or vomiting
- Body temperature above 103°
- Red, hot skin

Help the person get to a cooler, air conditioned place. Encourage them to drink water if they're fully conscious.

Call 911. Get the person cool rapidly by laying them in cool water or dousing them with it.

For more information, visit healthoregon.org/preparedness

Bw

Business Walkabout

Gol, a Soccer Bar

By Marshall Hammond

For five years, Peter Mahr dreamed of owning the 4-4-2, a bar on lower SE Hawthorne Blvd. he frequented to watch soccer and enjoy a beer. He told himself and those around him that he would try to buy it after he retired.

When the bar suddenly came up for sale in 2019 Dr. Mahr, as he is known to his patients at Multnomah County’s Southeast Health Center, was not sure if he could handle the workload of running a bar and being a physician.

“People told me there’s no way I could buy and run a bar and still have another job,” says Mahr. His wife Linda talked him into it. “She said, ‘you’ve been talking about this for five years, you better buy it, this is your chance. You’re not going to talk about how you should have bought the bar for 10 years after this.’”

Mahr bought the 4-4-2 and renamed it Gol. The official opening took place February 27, 2020. The next day, health officials announced that the first case of COVID-19 had been detected in Portland.

“It was a difficult first year,” said Mahr. Having a full-time job along with owning the bar

turned out to be a blessing. “With the pandemic, there was no way I would have been able to stay open if I hadn’t had another job.”

Now Gol is open and thriving, serving as a hub for soccer enthusiasts and neighborhood hangout for anyone in search of beer, food or the regular trivia nights and comedy shows the bar hosts.

Sitting in the spacious patio outside Gol on an early Friday afternoon, Mahr says he knows eight out of 10 of the people at the bar that day. He greets many of his customers by their first names as they walk up to the entrance, and they greet him back.

“It’s kind of cliché, but it does have that Cheers vibe to it at times, where you walk in and you come here enough, everybody that is sitting at this bar knows each other. That’s my favorite thing about the kind of the non-soccer side of it is, that we have created that neighborhood bar feeling. Everyone’s welcome here and we want to keep it that way.”

Then there’s the soccer side. “I have a lot of passion for soccer. My dad was German and I grew up playing soccer, I played

all through high school and college. I played abroad in Czechoslovakia and many of the friends I’ve made through the years are because of soccer. I feel soccer has a theme of bringing people together.”

Mahr played for International Portland Select FC for seven or eight years when he first moved to Portland in the early 2000s. This year he “reluctantly” moved from playing in an over 40’s league to playing in the over 50’s league, which he does once a week.

Gol opens at 7 am on weekends to cater to fans of European soccer who come in for live matches. The bar also showcases

Champions League games on Tuesdays and Wednesdays. This year Gol became an official pub partner of the Portland Timbers and Thorns and will be hosting watch parties for those teams. But during the month of August, the main focus will be on the Women’s World Cup, with the bar hosting watch parties for every match the USA team competes in until the end of the tournament.

Mahr loves the way soccer draws diverse groups of people to his bar. “You get people who are coming in that are from all over the world just to watch their team. That’s what we like about the place, it creates that mixing of people coming together.”

Gol serves up a variety of local and imported beers on tap and also has an impressive three-door beer fridge that is home to even more canned and bottled beers, ciders and seltzers. A pint of local craft beer can cost \$7; a Rainier costs \$3. The bar also offers a weekly lunch special for \$10 and a dinner special for \$15. On weekends, 7 am-2 pm, Gol serves a brunch that includes as a breakfast burrito, eggs benedict, chicken and waffles and a bottomless mimosa.

Gol
1739 SE Hawthorne Blvd.
golpdx.com



Photo of owner Peter Mahr behind the bar at Gol by Marshall Hammond.

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Crossword Answers
Turn to page 14 for the puzzle.

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William Byrd Festival



Cantores in Ecclesia presents the 24th William Byrd Festival Friday, August 4-Sunday, August 20 at locations across Portland. The annual festival features services sung by Cantores in Ecclesia, directed by Blake Applegate; lectures given by leading scholars Kerry McCarthy, William Mahrt and Katie Bank; and illustrated recitals by ensembles directed by internationally-renowned Byrd experts Ross Duffin and William Dawes.

Visit soundstrucknw.org for more information about this concert and the entire Summer Series.

The closing concert Sunday, August 20, takes place at St. Philip Neri Church, 2408 SE 16th Ave., 4 pm. It marks 400 years since the death of William Byrd and will be directed by Mark Williams. A lecture by Dr. William Mahrt will precede the concert. Concert tickets at cantores.ticketleap.com. The full schedule of events, is at cantoresinecclesia.org.

Fat Joy Summer Celebration



More information and tickets for Sizeable Shenanigans are available at chubhubpdx.com.

Imposter/Switch



The show takes place at Performance Works Northwest, 4625 SE 67th Ave. with doors and outdoor bar opening at 7:30 pm and show starting at 8 pm. Sliding scale tickets (\$5-\$20) are available at tickettailor.com/events/pwnw/966791. All ticket proceeds will be split between the artists.

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AE

Arts & Entertainment

Festival of Cinema, Animation and Technology



Thursday, August 3-Sunday, August 6, OMSI hosts the 2023 Portland Festival of Cinema, Animation and Technology (PFCAT) featuring 119 films from 22 countries with 110 world or regional premieres. The animated projects include stop-motion, rotoscope and hand-drawn animation, as well as a range of features, documentaries, sci-fi shorts and projects that focus on VFX and cutting edge technology. The experience is enhanced with panels, presentations and parties. All festival screenings before 5 pm are family friendly with content designed to appeal to both kids and adults. *Alice in Cyberland* tells the story of Alice, a girl who is one of the biggest YouTubers in the country, famous for her videos and personality, although in reality she's a spoiled and arrogant girl. As she closes in on the mark of reaching 40 million followers, she intends to create a special event on her channel to celebrate "The Rabbit Hole." Everything changes when she is sent to the digital world and needs to face all her fears to save the day and return home.

Return to Kellogg is about what happens when a postman, a penguin, a mad scientist, two French Canadian farmers, a man in a cheese costume and a C league hockey team (among others) return to their hometown to steal an off ramp to save it from being bypassed by a new highway. What follows is an impossible heist from a well-meaning ragtag team of unforgettable characters.

Titania, seen through the eyes of the street dog that became the world's first four-legged celebrity who traveled to the North Pole in a Zeppelin, tells a true-ish story of glory and defeat.

There's also a full line up of content geared toward adults with multiple short films, animation for adults, films where the filmmaker will be in attendance and more. The festival's award ceremony and closing night party takes place August 6, 8 pm. Tickets and additional information for all festival events available at tickets.omsiedu/events.

Allie Hankins By My Own Hand

Allie Hankins' performance series, *By My Own Hand*, threads together ideas of manipulation, suicide, slight of hand, self-reliance and queer notions of autobiography and self-reflection. In 2022 she debuted Part 1: GHOSTING and populated space with light, shadow, haunted objects, dancing and songs. Friday, August 25-Sunday, August 27 she brings Part 2: TRANSPARENCY to the New Expressive Works stage.

The show is a continuation of the excavation that began in Part 1 as a series of solos choreographed by Linda Austin, claire barrera, keyon gaskin, Takahiro Yamamoto and Lu Yim that Hankins performs. Each of the five solos is composed of elements from Part 1 and each solo may replicate, distort or exaggerate parts of Part 1. Through the slippery processes of deconstruction, distillation, resurrection and remembering, Part 2 reveals an aftermath of contending methods of makers and shared histories of friend and colleagues, confronting notions of finality, authorship and perception of self.

Sliding scale tickets for the 8 pm show available at alliehankins.com. New Expressive Works is located at 810 SE Belmont St.

Citywide Art Exhibition

Nonprofit arts organization Converge 45 presents their Contemporary Art Biennial "Social Forms: Art as Global Citizenship," a free citywide art exhibition that has over 50 local and global artists. The exciting opening weekend takes place Thursday, August 24-Sunday, August 27. This year's biennial is a curated showing of the world's leading contemporary artworks, some of which will debut for the first time ever in Portland.

Experience the way the arts can uniquely help revitalize the city, connect the community and drive meaningful dialogue about some of the most pressing topics of our time. From the subject of deforestation of the Amazon to monuments to Indigenous people, lifting up the voices and experiences of Black bodies and women of color and exploring the concepts of citizenship and immigration.



Highlights include a major new artwork for Portland, "Turtle Island, And..." by Marie Watt, a key Pacific Northwest artist and member of the Seneca Nation; a proudly affecting sculptural installation by Malcom Peacock that explores themes of safety for Black individuals, especially as these relate to the history of Portland; and an important historical exhibition drawn entirely from the collection of Jordan D. Schnitzer and his Family Foundation, including works by Andy Warhol, Roy Lichtenstein, Kara Walker, Robert Rauschenberg and many more.

Everyone from students and families to tourists and collectors is invited to explore the city and experience the arts. The exhibitions run through mid-October with some exhibits on view through December. Visit converge45.org/events/opening-weekend or follow them on instagram.com/converge_45 or facebook.com/converge45 for details on exhibit locations.

BBQ & Brews Returns



Portland BBQ & Brews is back and better than ever Friday, August 18-Sunday, August 20 with three days of summer bliss, celebrating the best beer and BBQ in Portland. Along with tasting amazing BBQ, craft beer, cider, wine from Hip Chicks Do Wine and spirits, enjoy fun games, local vendors, a daily wing eating contest and live music the entire weekend.

Entry is free but tasting cups and tickets must be purchased to drink (beer, wine, cider, spirits). Save some dough purchasing advance tasting glasses and tokens pdxbbqandbrews.com. Tasting glasses are \$10 and 20 tokens are \$15 online. At the event, tasting glasses will be \$15 and tokens will be \$1 each. A three-ounce sample costs two tokens and a full pour is six tokens.

Portland BBQ & Brews takes place at Washington Monroe Field, 1300 SE Stark St. (next to Revolution Hall), Friday 4-10 pm, Saturday 12-10 pm and Sunday 12-7 pm. Both minors and dogs are allowed and you are welcome to bring chairs. All outside food and beverage is prohibited. Questions may be emailed to info@terrapinevents.com.

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4 rootsy country, soul, + rock ARLO MCKINLEY + Justin Wells	30 CANDLELIGHT A TRIBUTE TO QUEEN + MORE
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AE

Arts & Entertainment

Sangria, Wine and Charcuterie at Hip Chicks Do Wine



Hip Chicks Do Wine has multiple events taking place in August. Saturday, August 5 is a double-header with Sangria Saturday 12-6 pm, as well as their weekly Summer Saturday Sipping Special. At Sangria Saturday, taste through a flight of three seasonal sangrias and three wines for \$20 or a flight of three sangrias and five wines for \$24. Additional wine, sangria and small plates will be available for purchase. Typical reservations are set for 60-90 minutes; for longer reservations, email events@hipchicksdowine.com for availability.

The Summer Saturday Sipping Special runs Saturdays through the end of August, 3-5 pm. Get a glass of Frose and a mini cheese plate for only \$25; additional specials by the glass will be available. Walk-ins are welcome, but reservations are appreciated.

Next up is Girls Just Wanna Make Wine! Saturday, August 12, 3-6 pm. As one of the most diverse lineups of wine in the Portland Winemaking Scene, attendees will take four wines each from RAM Cellars, Gonzales Winemaking Company and Hip Chicks Do Wine. The 12 wines are made by very creative and diverse women winemakers with grapes sourced from both Oregon and Washington. Food will be available for purchase.

Create your own charcuterie board in their Sunday, August 13 Charcuterie Board Workshop. Attendees will transform a live edge board into a charcuterie that is ready to use at the end of the 2-4 pm class. Tickets (\$90) include board, tools and oil to finish the board. Each board is Oregon walnut that is sustainably sourced. No experience necessary; however, advance ticket purchases (by August 10) are required. After that time, email events@hipchicksdowine.com to inquire about walk-in availability.

Tickets for events are available at hipchicksdowine.com/new-events. Hip Chicks Do Wine is located at 4510 SE 23rd Ave.

Milagro Season 40



Worry Dolls puppets

Teatro Milagro has crafted their upcoming Season 40: Hope, Courage, Resilience around social justice and mental health education outreach to Latino communities, with a focus on the youth engaged at Milagro and in schools. The first show of the season is *Worry Dolls* by Maya Malan-Gonzalez, running Friday, September 15-Sunday, September 24. The story follows Luz and Sonia as they are bombarded by the anxieties that come with being 11 years old. However, when they finally learn to face their worries, they don't seem as big or scary as they were.

Next up is Milagro's 27th Annual Dia de Los Muertos Festival: *Las Adelitas*, which shares the stories of the women soldiers who fought in the Mexican revolution through stories, dances and songs. The show runs Friday, October 13-Sunday, November 5.

After a break at the end of the year, *HUELGA* by Maya Malan-Gonzalez opens Friday, January 12 and runs through Saturday, January 27. This "Super Acto," inspired by Teatro Campesino, will travel back in time to 1962 with Delores Huerta to the farmworkers' movement and share her co-founding of the UFW with Cesar Chavez.

In February, it's *Veronica Princesa* by Alicia Dogliotti and Federico Roca. The Friday, February 16-Sunday, March 3 show features Veronica, a pre-adolescent. As she is faced with traditional tales, she questions the roles of different "princesses" as she learns to put herself in the shoes of others and especially those of her mother.

The final show of the season is *Borderline* by Andrew Sianez-De La O. Friday, May 3-Saturday, May 18. Set in the old cotton fields of Socorro, TX, where four Latino teens, threatened by a mysterious creature, will have to learn to rely on each other to escape the desert alive.

Tickets (\$22/\$25/\$30 students/seniors/adults) can be purchased by calling 503.236.7253. Performances Thursday-Saturday at 7:30 pm, Sunday at 2 pm. The theater is located at 525 SE Stark St. and can be found online at milagro.org.

AHC Free Movies

Attention: film buffs and architecture/design buffs: During the month of August, the Architectural Heritage Center (AHC) offers two free matinee showings of classic films that prominently feature architecture and design. Popcorn and soft drinks served.

Saturday, August 5, 2 pm is the 1927 film, *Metropolis*. The dazzling, science fiction masterpiece by Fritz Lang was made in the Weimar Republic and features a futuristic art deco-inspired cityscape. It is set in a futuristic city sharply divided between the working class and the city planners. The son of the city's mastermind falls in love with a working-class prophet who predicts the coming of a savior to mediate their differences.

The story follows the son of a wealthy industrialist as he sets out on a journey of discovery in the underground of the city that he's known all his life but never seen due to his privileged social position. It's there that he finds meaning, love and the strength to question what he knows. There will be a 15 minute intermission halfway through the two and a half hour film.

Two weeks later, Saturday, August 19, *Man With a Movie Camera* from 1929 will be shown at 2 pm. The Soviet-era documentary film is directed by Dziga Vertov, who found the fledgling medium of film to be rife with the possibility for expressing the breadth and depth of life in the Soviet Union and a weapon to bear against the industrialism of his urban surroundings with all the verve of the human spirit.

Just over an hour in length, the film follows a man as he travels around a city with a camera slung over his shoulder, documenting urban life with dazzling invention. It illustrates how the realm of the self became a technology of the Soviet experiment as buildings, machines and bodies of work are all given equal visual weight. Camera techniques that would be impressive even today elevate the most mundane of human activity to the sublime. It is a visual feast and a unique opportunity to peer directly into another time and place, to see it not as it is, but rendered through a visionary's imagination.

The AHC is located at 701 SE Grand Ave. Visit visitahc.org or call 503.231.7264 for more.

GARY HIRSCH

THOUGHTS FEELINGS ACTIONS

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Arts & Entertainment

Concerts and Classes at Leach Botanical

August at Leach Botanical Garden offers art classes with Melissa Gannon and concerts for the whole family, along with their recurring monthly garden tours.

There are two opportunities to take an art class with Melissa Gannon, both 9:30 am-12 pm and suitable for all skill levels. Monday, August 7 she presents “Drawing Through Nature.” The class will address how to choose a subject and render it as realistically as possible through making shapes, adding values and using shadows to define objects. Create in pen and ink, colored pencil, watercolor, pastel or a medium of your choice.



Sketch by Melissa Gannon

The following Monday, in “Exploring Watercolor,” learn to paint what you see and create beautiful watercolors. The class will concentrate on watercolor washes and mixing colors, covering composition as well. Both classes are \$30 members/\$35 non-members.



Ants Ants Ants by Dylan VanWeelden

Spread out your blankets for a pack-it-in and pack-it-out picnic in the meadow with music for the whole family at a Tree Top Children’s Concert Friday, August 11. Gates open at 5 pm with music from Ants Ants Ants and the Pointed Man Band. The family friendly lyrics and optimistic instrumentation of Ants Ants Ants’ music offers an invitation into that golden childhood we dream of having ourselves and creating for the ones we love and the Pointed Man Band makes “music for both the grown and still growing.” Kids can dance along while parents relax on the aerial tree walk. Tickets \$5-\$10 members/\$6-\$12 non-members.

Friday, August 25, 5-8 pm enjoy a musical evening under the shady canopy of the Garden’s majestic fir trees. Immerse yourself in the rhythmic beats and infectious melodies of classic Cuban music from the ‘40s, ‘50s and ‘60s with Xavier Tavera and The Classic Band. This Under the Canopy Concert is supported by Presenting Sponsor NW Natural. Tickets \$10-\$20 members/\$15-\$25 non-members.

Visit leachgarden.org for additional information and to purchase tickets.

Tomorrow Theater Coming to SE Division St.



PAM CUT, the Portland Art Museum’s film and new media center, will open Tomorrow Theater at 3530 SE Division St. this fall. The theater will offer robust, participatory programming, serving as a model, both locally and globally, for the future of media arts and cinema. The space will function as a creative hub for artists and audiences not content to be contained to a single medium or art form.

Tomorrow Theater will devote its nearly 9,000 square feet to the celebration and expansion of cinematic storytelling and new media, in a community becoming increasingly recognized as an eclectic artistic and cultural hub. By offering even more opportunities for the public to connect with media arts, the theater reflects the PAM CUT ethos to reimagine for whom, by whom and how cinematic stories are told and connect with new audiences in fresh ways. Through screenings, exhibitions, performances and interactive programs, Tomorrow Theater will further PAM CUT’s mission to advance media arts in all its forms.

Each evening will bring something different, through a variety show approach that incorporates at least two distinct art forms simultaneously. Embracing cinematic storytelling in all its forms—from film and series to animation and gaming, plus XR, performance and audio stories—the events and happenings will be as varied as the artists and audiences colliding on any given night. Tomorrow Theater will showcase a broad range of mixed media arts that cannot be experienced anywhere else in the state, closely developed with artists and partners based in the Pacific Northwest and from around the world.

“Cinematic storytelling, like artists and audiences, comes in all varieties and flavors. With Tomorrow, we’re building a home for cultural snackers, a space where when people walk through the door, they will never quite know exactly what Tomorrow brings,” said PAM CUT Director Amy Dotson. “As a home to a multi-media feast of creators, content and audiences who are pushing the boundaries of what’s possible, we are firmly committed to mixing it up. By creating a space where artists collaborate across disciplines, audiences co-mingle and are exposed to a variety of art and media stories folks; they will never have the same experience twice.”

Taste of Latin America



Celebrate Latin heritage at the Portland Mercado, 7238 SE Foster Rd., Saturday, August 12 and Sunday, August 13, 12-6 pm for a free immersive experience into Latin American culture and cuisine. In addition to enjoying food, take in art, dance and music. With vendors representing cultures from across Central and South America, and a great lineup of local Latinx artists, Taste of Latin America is the perfect opportunity to support BIPOC small businesses, entrepreneurs and artists.

Taste of Latin America is supported by Hacienda CDC, a Latino Community Development Corporation that strengthens families by providing affordable housing, homeownership support, economic advancement and educational opportunities. Hacienda CDC’s Portland Mercado is a Portland staple known for Latin flavors and its colorful atmosphere. The Mercado brings together diverse cultures through food, art, and entertainment and gives local entrepreneurs a place to see their dreams become reality. Based on an incubator model and economic development initiative, the Portland Mercado has been a hub for local businesses and Latin-American culture since 2015; its renowned Taste of Latin America event started in 2019.

All ages and all backgrounds are welcome to join in the celebration. Visit haciendacdc.org/portlandmercado or facebook.com/PortlandMercado for more information and event updates.

August at Artichoke

Enjoy great music at Artichoke Music, 2007 SE Powell Blvd. this month. Sunday, August 13, 7:30 pm Curtis Salado and Alan Hager take the stage. Since 2003 they’ve been making music together and playing at festivals all over the region and country. This is a chance to sit just a few feet away in Portland’s Premier Listening Room and soak up the perfect compliment Salado’s voice and harmonica provides to Hager’s hypnotic guitar work. Guaranteed to sell out, grab your ticket early.

The following week, Mary Flower and Mark Shark combine their talents for a rare and intimate evening of camaraderie and world class musicianship at Artichoke. Flower began calling Portland home in 2003 and impresses crowds and critics at folk festivals in America and abroad while maintaining a parallel career as a renowned guitar teacher. Shark has 50+ years of experience as a multi-instrumentalist, performer, composer, author and educator, with his book, “The Tao of Tunings” informing and inspiring players around the world. Doors open at 6:30 pm for the 7 pm show Saturday, August 19.

Tickets for both shows (\$30 and \$20, respectively) available at artichokemusic.org under the Classes & Events tab.

Erinn Kathryn’s Postcard Show

Postcards are talismans of tourism. They memorialize one’s experience in a place. They idealize the place itself. But what if they revealed truths? In her show, *Lands of Enchantment* (2019-present), Erinn Kathryn challenges the glossy, picturesque mirages of America found on postcards of the 20th century.

In these dioramas, the idyllic postcard imagery is obscured by truths: black text listing the indigenous tribes who have stewardship over the land and red text revealing an unspoken truth about the condition of that land. The overlays elucidate the cost of progress. Toggle between fore, middle and background-future, present, past-as the text casts shadows on the postcard imagery, indicating the way the layers coexist.

Lands of Enchantment opens at Pushdot Studio with a reception and artist talk Friday, August 4, 6-8 pm and continues through Friday, September 29. Gallery hours are Monday-Friday 8:30 am-5 pm, free admission. Pushdot Studio is located at 2505 SE 11th Ave, Suite 104 in the Ford Building or visit online at pushdotstudio.com.

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Rally Pizza Owners Revitalize Lucky Horseshoe Lounge

BY DANIEL PEREZ-CROUSE

Portland restaurant industry veterans Shan Wickham and Alan Maniscalco (owners of Rally Pizza in Vancouver, and founding team members of Ken’s Artisan Pizza) recently purchased the Lucky Horseshoe Lounge on SE Clinton St. and have updated it with an American-Italian-inspired menu and a new look. “It’s not hard to have a good time with what we are doing—making food, making beverages and interacting with customers.”

They happened upon the Lucky Horseshoe in 2022 while looking for a space to fulfill their next project. A broker showed them the Lucky Horseshoe and said they wouldn’t believe its “underutilized” kitchen; the previous owner used it more for storage than cooking. “We were initially looking for a spot to do pizza, but then we saw that place and were like, whatever, this spot is so great that we are going to have a cocktail bar with really good food in it.”

That food is inspired by

Maniscalco’s Italian-American upbringing with offerings like meatball Parmesan and pork cutlet sandwiches, snacks in the form of rapini and deviled eggs with Calabrian chiles and pastas like Cacio e Pepe and macaroni and cheese. The Italian inspiration carries through the drink options and Wickham developed desserts like zeppole (Italian doughnut holes) glazed with honey and topped with rainbow sprinkles.

“This is stuff we make at home,” said Wickham, and that coming up with menu items was easy. “The main challenge was editing the menu. We had so many dishes.” Between the rotating specials featured at Rally Pizza and dishes they’d done at Ken’s Artisan Pizza, they had a good bank of recipes. “We are meticulous record keepers. Just from those places we’ve got 16 years worth of recipes.”

Wickham also said they were lucky to land a fantastic team right out of the gate. They inherited a couple of staff who



Lucky Horseshoe Lounge outside seating at night.

worked at the lounge in the previous iteration, brought in someone they’ve worked with on and off for 20 years and their daughter Grace is the chef and kitchen manager.

“She’s always been in the kitchen with us. She used to come into Ken’s and do prep. Even when she was six years old she had a little step stool and helped,” said Wickham. Before they opened Rally Pizza, Grace

worked at P’s and Q’s market as a dishwasher to get some experience in a different restaurant setting. When Rally opened, “she jumped right in and started doing prep, then pizza, then line. By 2020, she was our sous chef.”

Maniscalco said that a challenge with this project was “when you have a place that had very much a neighborhood feel and some regulars and you decide to keep a good portion of it the same, specifically the name, you have people who will come in with expectations.”

Wickham said they had regulars of the old iteration saying they were afraid of what would be done, but heard how good the food was and are appreciative that they didn’t change everything. “It’s still black and gold, we still have the horses and it still very much feels similar to what it was before. Except now it’s more furniture, more cocktails and more food.” Neighbors and patrons have been very welcoming thus far.

“We are glad to be doing something that is very personal for us,” said Maniscalco. “And to be in this very old-school Portland neighborhood. The block we are on hasn’t succumbed to new development and it’s been able to keep this very viable neighbor-

hood space.”

While they loved their time with Rally Pizza in Vancouver, the pair said it’s nice to have a small, more manageable space in a larger city with all the advantages it provides. “It allows us to do what we enjoy doing and do what we want to any day that we want to do it,” said Maniscalco.

One of the amenities they highlighted is the abundance of farmer’s markets in Portland. “I have fried hand-pies on the menu right now because we were at the farmer’s market getting stuff for pizza Monday and I was like, oh look, blackberries and raspberries. I’m just going to get a pint of each and make a special that will run for a few days and it’s really nice to be able to do that.”

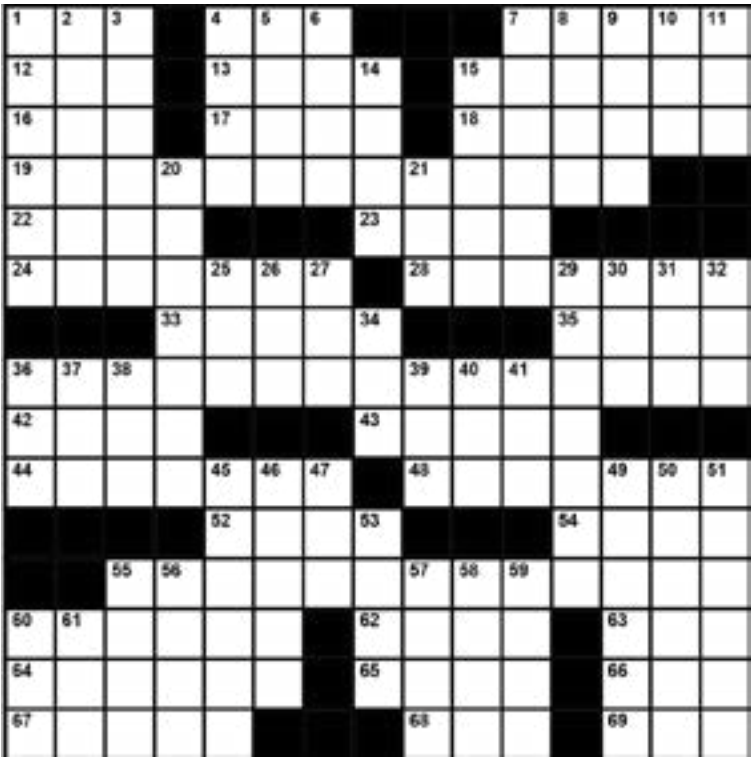
Speaking of specials, the menu will occasionally rotate and change with the seasons. “We wanted to keep the menu the same for a minute so people could get used to it,” said Maniscalco. However, they plan on changing up the sandwiches, appetizers (look forward to fried mozzarella) and more in the future.

Lucky Horseshoe Lounge
2524 SE Clinton St.
luckyhorseshoeportland.com

Colorful by Myles Mellor

- Across**
- 1. Private
 - 4. Buffoon
 - 7. Halfhearted
 - 12. Actress Dawn Chong
 - 13. “No ____!”
 - 15. Lunar craft
 - 16. “Human Concretion” artist
 - 17. Pantyhose color
 - 18. Music downloader
 - 19. Very dark
 - 22. Name in a Kinks song
 - 23. Let’s play ____!
 - 24. Brings out, a response for example
 - 28. Connected networks
 - 33. PayPal product
 - 35. Language of Lahore
 - 36. Independence Day sight
 - 42. Vicinity
 - 43. Kind of screen
 - 44. “J’accuse” subject
 - 48. Lamp type
 - 52. Enthusiastic about
 - 54. Chinese related
 - 55. Spanish archipelago
 - 60. Weather map feature
 - 62. Fashion magazine
 - 63. Based on instincts
 - 64. “Chill out!”
 - 65. Zilch
 - 66. One engaged in, suffix
 - 67. Gettysburg commander
 - 68. Nine-digit ID
 - 69. Nutritional inits.

- Down**
- 1. Fortune teller
 - 2. Campbell’s soup can painter
 - 3. Katmandu native
 - 4. Gas group
 - 5. 76 station
 - 6. Roman meeting places
 - 7. Comes to
 - 8. Cabinet dept.



- 9. Kind of rock
- 10. Suffix with infant
- 11. First half of an Iowa city
- 14. The start of a tulip
- 15. Pop music’s ____ Vanilli
- 20. Track for harness horses
- 21. Baseball club
- 25. German “I”
- 26. Cocktail ending
- 27. Concorde or Tupolev, abbr.
- 29. Secretly
- 30. Web address
- 31. Part of some e-mail addresses
- 32. Attack legally
- 34. Baby girl
- 36. 1980s cool
- 37. Misinterpret
- 38. Sandra of “Gidgget”
- 39. “That’s nice!”
- 40. Confidentiality agreement,

- for short
- 41. Mavericks’ city, on scoreboards
- 45. Ending
- 46. Take a piece from
- 47. Geographical abbr.
- 49. India leads the world in its production
- 50. Clothes
- 51. Part of a mob name
- 53. Court call
- 55. Stimulating leaf
- 56. “That’s not ____ idea”
- 57. French for islands
- 58. Some cameras, abbr.
- 59. Former Kingdom of Spane
- 60. Watson creators
- 61. Get the picture

Answers found on page 8.

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Bayocean: Atlantis of Oregon

BY DAVID KROGH

Not many people in Portland may be aware that a thriving community once was located on the Tillamook Spit and called Bayocean. Erosion, storms and the Army Corps of Engineers have all contributed to erase Bayocean from existence, except in old photos, historical documents and a few site signs. But Bayocean lives again in Portland author Jerry Sutherland’s new book *Bayocean: Atlantis of Oregon*.

The Tillamook Spit was at one time the home of the Tillamook Indians. Although fur traders visited the area throughout the 1700s, the first recorded interaction was when Captain Robert Gray sailed his ship, the *Lady Washington*, into Tillamook Bay in 1788. Disease took its toll on the Tillamooks, who vacated the spit by the 1850s, but left middens and the ruins of longhouses and huts.

Then in 1906, a well to do Portlander named T. Irving Potter visited the site and hatched the idea of turning the spit into a grand resort development. His father, Benton Potter, was a successful subdivision developer and supported the notion of developing the Tillamook Spit, given it was the closest ocean beach to a growing Portland. Potter bought up the entire spit except for the tip. Concurrently, a train line from Portland to Tillamook was under construction along with a county road from Tillamook to Cape Meares.

Potter’s plans morphed into a “Grand Resort” consisting of residential lots (called Bayocean Park), a Natatorium, large hotel, recreation building, a dock for boats arriving from across Tillamook Bay, a yacht for transporting visitors across Tillamook Bay to and from the site and other features. Potter’s realty company produced a multipage brochure advertising “Bayocean: The Playground of the Pacific Northwest.” What sounded too good to be true was about to go through a terrible evolutionary process.

Over the course of the next 40 years, Bayocean experienced access problems which resulted in many lot purchasers reneging on their purchases, leading to foreclosures and litigation. In addition, poor site management and lack of adequate funds for development resulted in loss of revenue and receivership. The Potters left the scene, to be replaced by others who still held the dream of a “Grand Resort.” The Army Corps of Engineers proceeded in 1914 to construct a north jetty for the protection of the Tillamook Bay ocean access. However, they neglected to consider south jetty construction (which was a big mistake). In the meantime, several homes and other buildings were constructed on the spit.

In 1921, 25 students from Reed College spent several months on the spit studying resort management and both running and repairing Bayocean’s resort facilities. Although their assistance was valuable, the resort still lost revenue.

By the mid 1920s the spit



Author Jerry Sutherland.

had started to erode due to the unbalanced littoral sand movement caused by the Corps’ construction of just one jetty. The obstinacy of Corps personnel that the erosion was natural and not their doing did not help the situation. The first house was taken by the sea in 1927 and before long the spit was being breached by storms, temporarily turning the spit into an island. The rest is history and is discussed in great detail within the book.

Events in the book are especially well documented. And if the discussion of litigation early seems overly complex, subsequent events involving the Bayocean development and spit erosion are more straight forward and extremely interesting to follow. “In 1907, Bayocean Park was promoted as the grandest resort on the Pacific Northwest Coast,” according to Sutherland. But by 1941, “none of the 59 dwellings built on the spit remain.” In short, *Bayocean: Atlantis of Oregon* provides a unique opportunity to observe the birth and demise of an entire community within the timeline of approximately 50 years.

An avid hiker, Sutherland began his research in 2014 after a visit to the Tillamook Spit and in 2015 started posting his findings at bayocean.net. He was discovered by Grant Omie (of KGW’s “Grants Getaways”), who sought his experience for a TV episode about Bayocean. Subsequently, he was contacted by OPB and participated in an Oregon Field-guide episode “The Lost City of Bayocean,” which aired in January 2020 (and is available to watch on YouTube). As part of his book research, he was able to interview nine of Bayocean’s former residents.

This is Sutherland’s second book. His first, *Calvin Tibbets: Oregon’s First Pioneer*, was published in 2016. To learn more about Sutherland, visit amazon.com/stores/author/B01LJUM1T2/about and for additional information about his research for this book and upcoming events, visit bayocean.net.

Bayocean: Atlantis of Oregon is published by Beaver State Press. The book is available online at Amazon.com and at Belmont Books (on SE Belmont) and Powell’s Books (SE Hawthorne).



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Borderline
by Andrew Sianez-De La O
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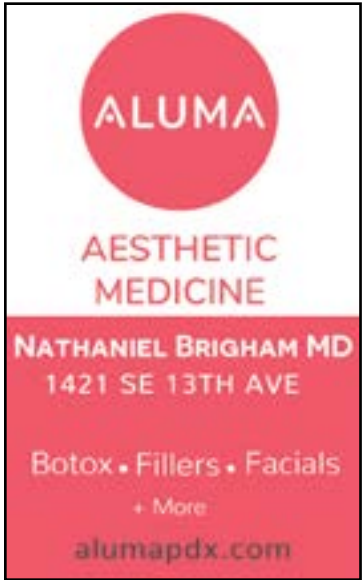
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Wellness Word

Editor's note: Wellness Word is an informational column which is not meant to replace a healthcare professional's diagnosis, treatment or medication.

Getting Started at the Gym

For many people, going into a gym setting is well outside of their comfort zone. Since 2020, many people have found ways to exercise outside or online. But exercising as part of a group or community is very beneficial for mental health. Even if you're an introvert (like me!) here are some ideas for dipping your toe into the gym environment.

If loud music, large groups and hyper-fit people are not your speed, try a smaller space first. Visit a small studio (and support a local small business) that offers personal training, fitness coaching, yoga, pilates, tai chi or small group classes. These can be less intimidating and help you get used to the in-person experience. And you will get hands-on instruction and cueing that you can't get with an online class. Everyone can use a professional's help at times.

If you don't know how to use the equipment, it can make you want to stick with what you know. Instead of just doing the familiar routine, get some guidance. You can ask the owner, a trainer or coach, or even just a "gym regular" (most of whom are happy to help you).

Get a program or routine written out for you. After being shown the ropes, have a focus and purpose to each workout. That doesn't mean repeating the same routine each day (you'll get bored quickly). Have a plan of action, as well as what activities you'll include on each workout day (cardio, stretching, strength training, mind/body).

Different people are motivated by different things. If you aren't naturally inclined to exercise, having a trainer or workout buddy waiting for you can help

you prioritize getting there (and not letting life get in the way, which it will). Treat your workouts like doctor's appointments; you wouldn't cancel unless it was an emergency, so schedule them into your day at a time that makes the most sense to you. And if you have a busy schedule, break it down into bite-sized pieces and fit your workout in where you can.

Remember that even the fittest person at the gym was once a newbie. Just like any new experience, once you get more familiar with the setting, people and equipment, it will feel much more natural. And as part of a group, you will find most people to be welcoming and inclusive. It's okay to start where you are, try different things and find what suits you.

Focus on the immediate benefits of exercise to keep you coming back. Setting long-term goals is important, but don't forget about the benefits post-workout such as feeling better physically, mentally and emotionally. Creating a stronger and more capable body will benefit your self-esteem, and stretching or mind/body exercises (meditation, yoga, etc.) will leave you calmer throughout the rest of your day.

Track your progress. Especially with strength training (lifting weights) and cardiovascular exercise, keeping a record on paper or digitally will keep you motivated when you see how much you've improved.

Surround yourself with like-minded people. If you tend to stick with what the crowd is doing, spending more time with people who live a healthy lifestyle will help keep you eating well and exercising rather than binge-watching TV on the couch

with junk food. Friends and family members may not understand the changes you're making, and that's okay; this is your life and journey.

Eliminate black-or-white thinking. Don't beat yourself up if you miss a workout, feel tired or sluggish, eat unhealthy food, and so on. Give yourself some grace, and remember that consistency (doing it over the course of weeks, months and years) is what will set you up for the healthiest lifestyle possible.

Develop rapport with the instructor, trainer or coach, as well as others in the group. If the vibe doesn't suit you, or you just don't "click" with the leader, it's okay to keep searching for the right fit. Chances are the other person is aware as well, and it's okay to politely ask for recommendations to another place.

Have a financial commitment. This sounds self-serving coming from someone who makes a living as a personal trainer, but I've heard countless times that having an appointment (someone waiting for them) and having invested money (that would be lost if they cancel) is a high motivating factor to help with consistency.

Don't be afraid to try different things. People ask me what the best type of exercise is and my answer is always this: the one you will do! Your preferred style will probably change over the course of your life, but finding enjoyment in moving your body will help you create and maintain good habits for life.

Lori Vance
Body Image Fitness, LLC
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Business Association Notes

82nd Avenue Business Association By Nancy Chapin

Watch for opportunities to let Portland City Bureaus and Commissioners know what you'd like to see happen on 82nd Avenue. We're hearing "new and wider sidewalks," "paved side streets," "affordable housing," "accessible services," "eating, drinking and grocery establishments owned by local and diverse community members," "better nighttime street and sidewalk lighting" and "paved, pleasant nearby bicycle greenways and bicycle parking on 82nd Avenue." Let the City know what you'd like to see!

We still have roses for new gardens. Contact us at 82ndaveba@gmail.com if you have an available garden spot on 82nd Ave. or if you'd like to become more involved in the Business Association.

Hawthorne Boulevard Business Association By Nancy Chapin

We are looking forward to the 40th Annual Hawthorne Street Fair Sunday, August 27. "Show time" is 11 am-5 pm in the "Car-Free Zone" on Hawthorne between SE 30th and Cesar Chavez Aves. Small local businesses, Hawthorne businesses, delicious food choices, music, community information, children's entertainment and more await you. Walk over, bike over or park at Central Christian Church at 1844 SE Cesar Chavez Blvd. We'll see you at the Fair!

Contact Administrator@hawthorneblvd.com with any questions.

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including recent amendments currently under discussion by City Council. Finally, we finished by agreeing to explore adding a neighborhood dumpster day to augment our very successful neighborhood cleanup held during the summer.

Make your voice heard and work to create an even better Mount Tabor! Bring your ideas and questions to our next monthly meeting, which will be held Wednesday, August 16 via Zoom. Please find links for this and all of our meetings, under the “Meetings and Events” tab of our website, mttaborpdx.org.

North Tabor Neighborhood Association
By Kim Kasch

The North Tabor Neighborhood Association (NTNA) had a hybrid (in-person and virtual/Zoom) neighborhood meeting Tuesday, July 18. We discussed having a workshop during our next neighborhood meeting, scheduled for Tuesday, August 15, 6:30 pm via Zoom, where we will refine ideas for our Emergency Preparedness Summit, which is scheduled for our Tuesday, September 19, 6:30 pm.

We also discussed block parties scheduled this summer in our neighborhood, including one at Fathers House, located at 337 NE 47th Avenue, Saturday, August 19, 11:00 am -3:00 pm.

SE Uplift has expanded their community committees to include a civic engagement and climate justice committee. Visit seuplift.org for meeting times and dates.

In an effort to promote neighborhood businesses and community centers, NTNA is spotlighting local organizations. We are asking for residents or representatives to submit a photo and short business blurb to board@northtabor.org to be highlighted in the “Local Spotlight” section of our North Tabor Neighborhood Newsletter.

If you do not receive our digital newsletter, you can sign-up at northtabor.org. Please plan to join us at our monthly meetings, the third Tuesday of the every month, which are listed on our website.

Richmond Neighborhood Association
By Allen Field

The Richmond Neighborhood Association (RNA) held its monthly meeting May 8. Meetings are the second Monday of the month 7-9 pm, except January. Meetings are now held in-person at Central Christian Church, 1844 SE Cesar E. Chavez Blvd.; people can also participate via Zoom. The link to pre-register for Zoom is on the agenda, which is posted to richmondpx.org and the RNA Announce listserv. To be added to the listserv, email richmondnasecretary@gmail.com. The RNA now has an Instagram account: @richmondNAPDX.

Eric Swehla, the Richmond Co-NET (Neighborhood Emergency Team) coordinator, summarized the NET program and will be attending the RNA monthly meetings to keep the community updated on emergency preparedness issues.

The Board voted to combine the Land Use and Transportation and Sustainability Committees.

The RNA, with Hosford-Abernethy Neighborhood District, will show “Hidden Figures” at Sewallcrest Park (SE 32nd Ave. and Market St.) Saturday, August 19. The movie starts at dusk (about 8:30 pm) with pre-movie entertainment by Friends of Noise teen showcase stating at about 7:30 pm.

The next RNA meeting is Monday, August 14. Everyone is welcome. Come and check out a meeting.

South Tabor Neighborhood Association
By Cathy Kudlick

Everyone is welcome at our next in-person Board meeting, Thursday, August 18 (meetings are always the third Thursday of the month) where we’ll be planning for future neighbor events and discussing Portland city government changes. For details, including location, visit southtabor.org.

Sunnyside Neighborhood Association
By Gloria Jacobs

The SNA board lost a ton of experience and history this year with three people deciding to leave: long-time board member (and former president) Matt Lembo, treasurer Vincent Dawans and at-large member Emily MacCadden. Thanks to all three for their service!

Several new folks have gotten involved. We welcome Kendra Hansen (treasurer), Eric Miller (secretary), Andru Morgan and Mike Thelin. If you see these folks around Sunnyside, stop to say hi and thank them for their involvement.

If you have issues that the SNA can take on, or projects that SNA can help you with, please reach out via email to either board@sunnysideportland.org or president@sunnysideportland.org.

On July 15, a woman was tragically killed on SE Cesar Chavez Blvd. near the library. We all know that the Sunnyside-stretch of Cesar Chavez has some of the narrowest, least protected sidewalks and that drivers frequently drive recklessly through this area. One issue that we can continue to advocate around is pedestrian safety and traffic calming.

Our neighborhood main street festivals are coming up, with the Hawthorne Street Fair (hawthorne-blvd.com) Sunday, August 27 and Belmont Street Fair (belmontdistrict.org/belmont-street-fair) Sunday, September 9.

The next Sunnyside Neighborhood Association Community Care meeting will be August 3, 6:30 pm at Southeast Uplift (3534 SE Main St.) We hope to discuss the first draft of our “incident protocols” for the Sunnyside Shower Project.

Have you ever dreamed of having your own paper route? Each month, about 60 dedicated volunteers deliver the neighborhood news to every household and business in Sunnyside. Most routes cover one or two blocks and take about 20 minutes to deliver. The newsletters will be delivered to your door. Interested? Please contact Diana Deumling at dianadeumling@gmail.com.

AARP Challenge Grants

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homeowners can fill out an application, found at reachcdc.org. It is the same protocol for REACH’s regular services as for the special AARP quick-action grants.

The REACH free home repair program focuses on serving those who own and occupy their own home in the City of Portland, earn 50 percent of median family income or less and are 55 years or older and/or have a disability.

Kindness Farm received a quick-action micro-grant for \$2,500 from AARP. They will use this money to partially fund a pavilion they are building in the middle of their farm food forest.

Lou Lé, a founder of Kindness Farm, explained that the food forest is a portion of the acreage dedicated to group plantings of fruit trees, perennial and medicinal shrubs. The pavilion is being constructed in the center of it and will be used as a gathering area for people and, at times, classes and workshops.

Kindness Farm is located at 7101 SE 127th Ave. The land was received in 2021 and is on a donated lease. Lé said there is a

well on the property for water and they don’t use much electricity so utilities are minimal. She added that people have responded positively to this project and a lot of things have been donated. They are very grateful for all the lumber Reclaim NW has provided for the different projects over the years and especially for the pavilion wood.

Kindness Farm is a welcoming place where everyone can come and experience growing their own food. So far they have logged 16,000 hours of volunteer time. There is work involved, but only as much as anyone wants to do. “We only want volunteers to give as much as they receive,” Lé said.

Kindness Farm offers educational classes to students at local schools, immigrants and anyone wanting to learn how to grow food. Everything they grow is either given to the volunteers or donated to food pantries throughout Portland so people can have fresh fruits and vegetables. For more on their work, visit thekindnessfarm.org.

Rent Stabilization Bill

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Alliance.

One group opposing SB 611 was Multifamily NW, a business association of housing providers, investors and other industry partners. “Multifamily NW did not support SB 611 because further regulating how and when housing providers can increase rents ignores the real expenses incurred by housing providers,” says Jonathan Clay, who works on Multifamily NW’s public affairs team. “The additional restrictions that are part of SB 611 exacerbate the housing crisis by forcing housing providers and developers to invest outside of where these regulations are placed.”

Hebb and other supporters of the bill disagree that it will significantly discourage investment in housing development. “I don’t think there’s any evidence to show that passage of [2019 bill] SB 608 led to reduced construction, or reduced investment; in fact I think there’s evidence that indicates that 2021, for example, was a banner year for investment in multifamily housing development,” says Hebb. “We think that rent stabilizers are fair to tenants and landlords. 10 percent is certainly within a bandwidth to allow for reasonable rent increases year over year.”

One area where Stable Homes for Oregon and Multifamily NW agree is that more measures are needed to solve Ore-

gon’s housing crisis. Both groups supported legislation to provide emergency rental assistance to Oregonians in danger of being unable to pay their rent.

During the pandemic, the federal government provided Oregon with over \$400 million in emergency rental assistance, which was paid out to more than 67,500 households. During that time monthly evictions averaged around 1,000 per month, only to jump back up to over 2,000 a month after the emergency funds ran dry.

In June, the legislature sought to make up for some of those lost funds by passing a measure which combined with an earlier measure provides \$81 million in emergency rental assistance for the next two years. “That is less than we hoped for,” says Hebb. “We were collectively working for a \$100 million investment, but that is very significant.”

Overall Hebb thinks the Oregon legislature is making significant progress in addressing the housing crisis. “They’ve taken steps to stabilize rents, they’ve taken steps to provide rent assistance, they’ve taken steps to fund new affordable housing, to streamline development and to reform and improve the eviction process. I think they’re on the right track.”

The full text of SB 611 can be found at bit.ly/SB0611OR.

AUGUST

EVENTS

RECYCLING COUNCIL MEETING – The next meeting of Oregon’s Recycling Council will be Tuesday, August 22, 10:30 am-12:30 pm via Zoom. The council will receive information about covered product exemption requests. Public input is welcome during Recycling Council meetings. Visit oregon.gov/deq/recycling/Pages/ORSAC.aspx to register and view the agenda.

SYMBIOP FUNDRAISER – SymbiOp Garden Shop, 3454 SE Powell Blvd., holds a fundraiser Friday, August 25, 10 am-6 pm for APA-NO. A percentage of sales will be donated to this nonprofit whose mission is to unite Asians and Pacific Islanders to build power, develop leaders and advance equity through organizing, advocacy, community development and cultural work. Contact JT at jtyu@symbiop.com with questions.

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Neighborhood Happenings:

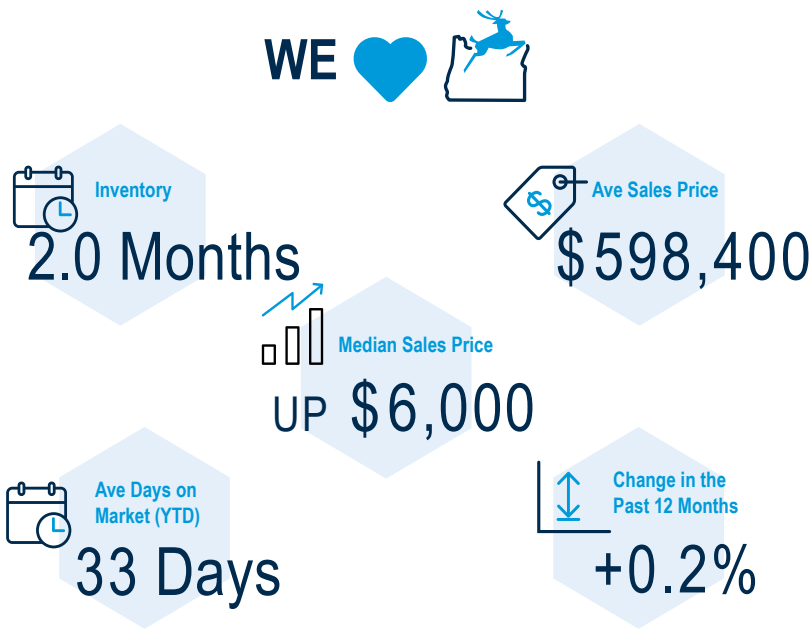
Hawthorne Street Fair
hawthorneblvd.com
SE Hawthorne Blvd.
Sunday, August 27, 11 am-5 pm

Come through the Hawthorne District on August 27 for the 40th Anniversary of the Hawthorne Street Fair! Explore local vendors while enjoying great food, music and more!

Comedy in the Park
kickstandcomedy.org/comedyinthepark
Every Friday 6:30 pm
Laurelhurst Park

Visit Laurelhurst Park any Friday through the end of August for a free stand-up show featuring Portland's favorite local and national comedians. Blankets drop at 6 pm and the show starts at 6:30 pm. Visit the website for more details!

HOW'S THE PORTLAND MARKET DOING?



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