## Your Neighborhood News Source Created and Powered by the Love of Community

December 2021

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Architectural Heritage Center Photo by Lincoln Barbour

## **Does Architecture Matter?**

By Gabe Frayne

The winding down of testimony and negotiations in connection with Portland's Historical Resources Code Project (HRCP) has brought the contentious issue of historical preservation back to center stage in the city's political arena.

Housing activists and preservation advocates remain far apart on the question of whether protecting the city's period architecture, including many homes, is a luxury the city can ill afford in the midst of a housing crisis, or whether Portland's numerous cottages, bungalows, low-rise masonry buildings and other historic sites provide a sense of place and identity that touches all the city's residents.

Superficially, there is some common ground. Preservationists are "just trying to make [the code] easier to make changes to your historical property, such as solar

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panels and converting an old garage to an ADU," says Stephanie Whitlock, the Executive Director of the Architectural Heritage Center (AHC), located on SE Grand Ave. in a two-story brick building dating back to 1883.

"We all have favorite old buildings and everyone wants to preserve genuinely important historical places," says Anna Kemper, an activist with Portland: Neighbors Welcome (PNW).

"We merely oppose the status quo where small groups of property owners can exploit an undemocratic federal process to get special protections without input from renters, community groups or even their neighbors."

These two differing visions of Portland's future collide most acerbically on the issue of historic districts, where most buildings have certain special protections against demolition. These include some of the city's pricier neighborhoods such as Laurelhurst, Irvington and Nob Hill.

A posting on PNW's website calls on City Council to adopt an amendment to the Historic Resources code to "include a history of racial covenants as a reason for Council to resize, demote or remove a district's Historic or Conservation status."

It adds, "Do not allow communities with a history of segregation and exclusion

**Historic Resource Code Revision** 

By Nancy Tannler

On November 3, City Council listened to six hours of public testimony regarding code amendments purposed by the Historic Resource Code Project (HRCP).

The intent of the HRCP is to revise regulations for the identification, designation, protection and use of Portland's historic resources.

The Project represents hundreds of hours of research, study and negotiations by the Bureau of Planning and Sustainability (BPS), the Historic Landmarks Commission (HLC), Planning and Sustainability Commission (PSC) and the public.

Brandon Spencer-Hartle, BPS and HRCP manager, gave an overview of why this project is necessary and what it means for the neighborhoods and citizens of Portland. He explained that in 2017, the state mandated zoning code amendments to all designated historic properties.

These changes will remove some of the protection to large historic residential neighborhoods; preserve the diverse history of underrepresented communities; remove restrictive regulations for minor alterations and upgrades; and reuse and repurpose historic resources.

Carmen Rubio, Commissioner of the BPS, Kristen Minor, Chair of the HLC, and Eli Spivak, PSC, are significant spokespersons for the individual committees. They all reached consensus on the HRCP recommended draft and gave statements confirming their approval.

The following is an abbreviated description of the amendment proposals, roughly divided into five focus areas.

Beginning with the best practice to inventory significant historic resources; how to simplify the process for designating new local historic and conservation landmarks and districts; third and fourth, how to protect our designated historic resources; and last, administration and other miscellaneous procedures.

#### Inventory historic resources

- Re-define the Historic Resource Inventory (HRI) to include the complete roster of documented and designated historic resources.
- Establish a clear hierarchy of four historic resource tiers. Historic Landmarks and Districts (gold), conservation Landmarks and Districts (silver), National Register Landmarks and districts (bronze) and Significant Resources (unranked).
- Remove zoning code provisions from Unranked Resources to make it easier to add and remove properties from the HRI.

### Simplify designation process

• Establish new criteria that would elevate archaeological, architectural, cultural and historical significance as areas eligible for historic resource designation. This has made it difficult to update the HRI in the past.

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# Pricing Options for Equitable Mobility

By Don MacGillivray

Portland's transportation system today is inequitable, contributes to climate change and presents safety risks due to the traffic on our crowded streets. There is a significant need to improve the system to address these and other issues.

We are now experiencing worsening traffic and more auto accidents along with rising carbon emissions. It is expected that

by 2027, almost one-third of the region's roads will be even more congested.

Over three-quarters of Portland residents believe traffic congestion is a serious problem. Improvements are always underway, but planning for the future must include the provision for an additional 400,000 residents over the next 20 years.

The use of vehicles powered by fos-

continued on page 15

## ADDRESSING HOUSELESSNESS

### City Council's Budget Approval

Nearly one-third of the \$62 million surplus will go towards houselessness response.

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continued on page 8

## Family Promise to Open Shelters

The organization will join a network of providers to address housing insecurity for families. PAGE 8

### **COMMUNITY NEWS**

### **Portland Trash Cleanup Resources**

From reporting illegal dumping to volunteering to do cleanup work, see the full listing of resources.

PAGE 6

### **Burnside Bridge Replacement**

Share your thoughts on options for reducing the cost to replace the Burnside Bridge.

PAGE 7

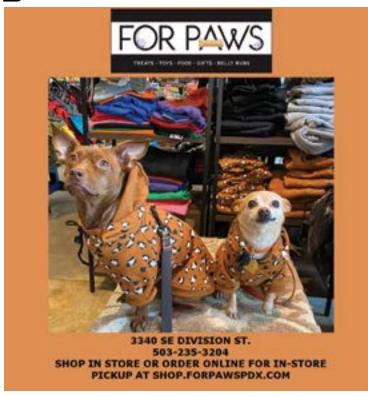
## GOING OUT

### **Very Merry Cash and Carry**

Sidestreet Arts' annual event has 50 local artists of many mediums offering works for your gift-giving pleasure. PAGE 10

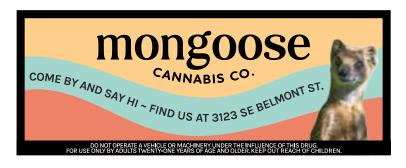
### Artichoke Music's Warm Winter Night

Live music has returned to this legendary venue and this benefit for Transition Projects is a great cause. PAGE 11









# Rs

## Representatively Speaking

By State Representative Rob Nosse

There is no one in this city who has not felt the impact of our current housing crisis. In my work at the legislature, I am focused on the Behavioral Health facet of this issue, but I want to talk about the work being done at the city and county level, and when we can all expect to feel its impact.

Just two weeks ago, Multnomah County and the City of Portland both voted in favor of a joint \$40 million effort. These funds are going to be used for the short-term side of this crisis.

They will build 400 new shelter beds, increase the number of outreach teams that help those living on the street connect with housing and social service providers, expand behavioral health services to help those in crisis on our streets, and double the staff of the program which cleans unsanctioned camps and picks up trash.

To be clear, this package alone will not solve houselessness in Portland, but it will help make this city more livable for everyone, including those suffering from houselessness.

Too often, however, problem solving stops at the immediate crisis. We have to do more to solve this issue longer term.

The root of this problem is the lack of affordable housing. This has been a problem in Portland for a while, but it was made worse during the Great Recession of 2009.

To address this, in 2016 and 2018, Portland voters passed housing bonds focused on building 5,200 units of new affordable housing. There are now around 15 projects totaling 1,861 units of affordable housing either open or in development across the city, thanks to these two funding sources.

They will continue to produce new units of affordable housing in coming years and while the impact of these changes may be slow to be felt, it will be long lasting. In our area of Portland, you can see affordable housing starting to be built with bond money at 3000 SE Powell Blvd.

While this is good news



for preventing houselessness in the long term, it is true that an individual who has been chronically houseless often needs support transitioning into permanent housing. Housing alone will not solve their challenges.

In the spring of 2020, Portlanders voted to approve a Metro Ballot Measure often referred to as "Here Together" to fund supportive housing and other services to address chronic houselessness across the metro region.

Supportive housing refers to programs that help houseless people move into housing and maintain that housing with the help of free on-site social services, ranging from detox programs to medical care to childcare.

The measure created a regional one percent marginal tax rate on incomes over \$200,000 a year for a joint household and a single household income over \$125,000. A one percent business tax on profits for regional businesses with sales over \$5 million was also created.

The tax measure requires that 20 percent of the money be used for short-term, immediate programs. In Multnomah County, that means helping people currently living in shelters secure permanent housing, putting investments in additional shelters and offering rent assistance to people at risk of houselessness.

Our region started collecting this tax in July of this year and has begun allocating it based on county plans.

Periodically in this column and in regular emails I am going to list how it is being utilized. You can visit heretogetheroregon. org for details.

The last thing I want to mention is that Multnomah County is building a new Behavioral Health Resource Center which will house 42 people in the mental health shelter and 20 people in the bridge to housing program.

Additionally, there will be a day center to provide a place for folks to hang out, get a cup of coffee and a sandwich, take a shower, do laundry, get their mail, get support from peers, establish relationships and get plugged into services.

I'm hopeful this will reduce the number of folks arrested for petty crimes, allow more folks to get signed up for Medicaid because they have a mailing address and make the powerful connections that finally convinces folks to voluntarily access treatment.

There is no simple solution to this crisis, no one change that will solve it, but I think it often feels like nothing is being done so I wanted to write about the important work being done right now. The impact cannot come soon enough.



Serving residents of Hosford-Abernethy, Kerns, North Tabor, Laurelhurst, Montavilla, Mt. Tabor, Richmond, Buckman, South Tabor and Sunnyside neighborhoods.

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1020 SE 7th Ave #14313, Portland, OR 97293

503.254.7550

examiner@seportland.news southeastexaminer.com

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# WITS Returns to Schools, Celebrating its 25th Anniversary

By Jack Rubinger

Writing is often a solitary exercise. Writers spend hours by themselves, taking notes, reading aloud, thinking or just bouncing balls off the wall trying to find a rhythm

Young writers have few opportunities to branch out of this solitary exercise, so it's great to hear that Writers in the Schools (WITS), a program sponsored by Portland's Literary Arts, is bringing this beloved teaching/learning experience live into schools following a virtual time-out during the pandemic.

It takes courage to expose your writing to others and for high schoolers, sharing anything that's super personal can be scary and risky. So when WITS returned to physically being in the schools after going virtual during the height of the pandemic, there was great reason for teachers, students, parents and the writers to celebrate.

The program is currently at six area high schools: Benson, Franklin, Gresham, McDaniel, Parkrose and Woodburn.

Teachers apply to Literary Arts to have writers work with their students. Teachers and writers collaborate on a curriculum, then the writer/teachers get their classes going for 9-12 graders.

WITS is celebrating its 25th anniversary this year, with 23 writers currently involved in the program.

"The program is all about getting experience, getting stronger at telling stories and building confidence," said Olivia Jones-Hall of Literary Arts.

Novelist Mark Pomeroy teaches creative writing for grades 9 - 12 at Franklin High

School. This is his 18th year with WITS.

"You have to be real with high schoolers," said Pomeroy. "If you're anything but genuine and honest, they see through you and don't open up quite as much to the work.

"I also have to make sure that I prepare well for each session. I have to bring variety, substance, good pacing and flow. Each story, poem, or essay that I bring in has to grab and hold attention. I have to pay attention to all the little things, both before I arrive to teach and during each workshop. There are no shortcuts."

He added, "The creative writing workshops offer kids a chance to reconnect with their imagination, but also with the complex, layered, beautiful world off-screen."

About 12 years ago Pomeroy had a student named Mohamed who grew up in Somalia and spent a few years in a Kenyan refugee camp. He had been in the US about a year before Pomeroy worked with him.

One day in class, Pomeroy asked the students to get up and go to the windows and look outside with a writer's eyes. Pomeroy then asked the kids to do a first draft of a list poem, arrange the words and lines for sound and effect.

"Mohamed did several drafts of his poem, he leaned into it and gave it time, and the poem was later selected for publication in the annual WITS anthology," said Pomeroy. "The launch reading was at Powell's one evening. Mohamed brought his entire family, then stood up at the lectern

and smiled and read his poem. He was so proud. I was so proud."

Alethea Work teaches at Gresham High School. Work said that having a professional writer in the room changes the dynamic with students.

"They automatically see the real world connection to writing in a way they don't when it is just a normal teacher in the front of the room. That, and the culture of writing and creativity that it fosters, encourages students to get deeply engaged in the process of writing," she said.

Work's writer-in-residence is Vanessa Friedman who writes fiction and non-fiction. Work said she's had at least three students say they plan to try and become writers after their experiences with the WITS program.

"There is something very special about the hush that falls over the room when students' become really involved in a creative prompt," said Friedman.

"High school students are incredibly creative. Many students, even the ones who claim they don't love writing, will take really fun, silly and/or exciting risks with their creative work when given the space and opportunity to find their own voices."

Work and Friedman reflected on the ways the pandemic has made things challenging for students and agreed that focusing on journaling would give students space to process some of their big feelings as well as teach them how personal writing can strengthen more formal writing.

To find out more about WITS and Literary Arts, visit literary-arts.org.









## **Business Association Notes**

#### Hawthorne Boulevard Business Association By Nancy Chapin

Hawthorne District businesses are dressed up, lit up and looking forward to serving our neighbors and friends again during this Holiday season. Our best wishes to you all.

The tree-lighting event Sunday, November 28 was at a new location this year on SE 34th Ave. with music, ornament-making, treats and a beautiful tree. Sponsors were La Rose Patisserie, 3 Doors Down, Adorn, New Seasons and HBBA.

Really Good Stuff, now a former Hawthorne business which was destroyed by a fire on October 5, has literally risen from the ashes. Their new location at 3729 SE Division is now open.

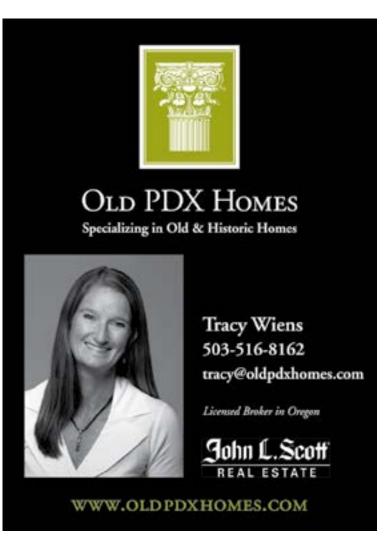
We are looking forward to celebrating Mother's Day in May and Father's Day in June, so if you'd like to help with the planning or have an idea you'd like to make happen, contact administrator@hawthorneblvd.com.

#### 82nd Avenue Business Association By Nancy Chapin

Board members and many volunteers held seven 82nd Avenue cleanups this year between April and November. Thank you to Baxter's Auto Parts, Great Floors, Les Schwab Tire Center and Washman USA for hosting us. We'll be back next year and, in the meantime, encourage people to join AdoptOneBlock.org to receive a cleanup kit for a block near you.

We received great photos of delicious-looking food from those who tried out new eating establishments or went to their favorite places again during the 2021 Around the World in 82 Dishes. It was fun drawing for our Gift Card winners. We have over 200 eating, drinking and food buying establishments on or near 82nd Avenue and will be inviting them to have special offerings for next year's October/November event.

We appreciate all of our businesses that "dress up" for the holidays and send best wishes to each of our business, residents and visitors.



## **Historic Resource Code Revision**

from page 1

• Modernize criteria and procedures used establishing, amending and removing Historic and Conservation Landmark and Historic and Conservation District status. These changes in status could be done by owner-initiated, quasi-judicial procedures.

## Protect designated historic resources-restrictions and benefits

- Expand the demolition review by removing certain accessory structures from demolition review.
- Increase exemptions to historic resource review by exempting certain new construction and alterations (i.e., solar panels on pitched roofs) from historic resource review.
- Refine historic resource review approval criteria to provide more clarity and flexibility to applicants, city staff and interested community members.
- Clarify when the 120-day demolition delay begins on a property so the public is not confused about the timeline.

#### Reuse

- Exempt all landmarks and districts from parking requirements. This amendment allows the removal of unused parking pads, reuse of garages for other uses, more intensive use for available land and is in keeping with historic design patterns in a district
  - Allow increased zoning

code incentives to certain historic resources to adapt to new and financially-viable uses. Examples are McMenamin's Kennedy School and the Old Church, a 1882 Historic Landmark.

• Remove the necessity of an historic resource property owner to go through a demolition review in order to adhere to the recent City Council provision known as floor area ration (FAR), a requirement for any infill development.

#### Administration/miscellaneous

- Simplify the language and procedures making the historic resource review process more efficient
- Broaden categories for membership requirements on the seven-member HLC.

The testimony of Heather Flint Chatto, urban planner, environmental designer and co-founder of PDX Main Streets, emphasized the point that preservation and reuse is critical to decarbonizing cities.

Sustainability should not just be about reconstruction but rather, adaptive reuse of buildings already here. Restore Oregon reiterates this in their statement.

Portland Neighbors Welcome group asked that Council consider four amendment requests.

1. Include a history of racial covenants as a reason to resize,

DREAM·DESIGN·BUILD

demote or remove historic or conservation districts.

- 2. Historic or Conservation district mandate that Historic Resource Review can only reduce allow a building's height, FAR or envelope increased in historic or conservation districts.
- 3. Change all Historic Resource Type III reviews to Type II staff reviews
- 4. Expand criteria for demolition review to the maximum allowed by the state.

There were a few prominent concerns during testimony from the general public about the HRCP. They included seeing the HLC have equal representation with the BPS and assuring protection from developers for old greenspace properties like Alpenrose Dairy and other historic designated buildings.

A complete list of public testimony records can be found at portlandmaps.com/bps/testimony/#proposal=historic-resources

City Council will consider the potential amendments to the Recommended Draft HRCP at a public hearing Wednesday, December 15. Those interested in testifying should register by Tuesday, December 14. The close of this hearing will also be the deadline for any more written testimony.

City Council will make their decision early in 2022.

# City Council Approves Budget

By Daniel Perez-Crouse

The much-lamented problems plaguing Portland in recent years were heavily discussed over the course of two City Council sessions involving the "unprecedented" budget surplus of \$62 million that could take steps alleviating, and potentially solving, those same problems.

The November 10 sessions included almost 100 people over the course of four hours weighing in with testimony, and the city's own Commissioners and Mayor deliberating over their decisions to approve – which occurred on November 17.

Many citizens voiced their personal experiences and disappointments related to the now common concerns that should be addressed by the budget: how Portland currently appears, how unsafe Portlanders feel and how many people are struggling in a city that Commissioner Jo Ann Hardesty said costs "too much damn money" to live in.

There were even frustrations that rhymed as citizen Bonnie Leiser gave her testimony in a poem, with lines like, *This fallen city, once a sparkling jewel. Now it is just a cesspool.* 

Commissioner Dan Ryan went so far as to say, "The collective challenge before us is unlike anything Portland has experienced before."

Mayor Ted Wheeler summarized the budget and its three major areas of focus: over \$18 million to make a cleaner and more compassionate houselessness response, more than \$7 million dollars to refocus, reform and re-staff a public safety that works towards both prevention and intervention and \$2.2 million to strengthen shared economic prosperity in way that moves us to a carbon neutral economy.

In their testimonies, some urged for the balance of reforming police while properly supporting them financially, to aid in providing a stronger response to the recent surge in violence, with a lot of positive sentiment towards the Portland Street Response getting identified in the budget. (It gained additional traction after new data emerged from Portland State University's Homelessness Research and Action Collaboration).

There were complaints of blindspots in the budget, like from Anna Kemper, speaking on behalf of Business for a Better Portland, voicing disappointment at no prioritization of relief for small businesses.

Wheeler responded to this specific point and made it clear the budget items he outlined were issues expressed by small business owners, and that there is still time for future budget processes

to support them and other things that didn't get direct focus in this instance

That said, it bears reminding, as many did throughout these talks, that it's unknown if funds to this degree will be reaped again in subsequent budget processes.

The Fall Budget Monitoring process is "one of three budgeting processes that occur each year to give City Council and the public a summary of prior year activity (budget monitoring) including prior year performance and to adjust the current fiscal year budget (supplemental budgeting)."

The City Budget Director Jessica Kinard says they true up the balance and, after carryovers and technical adjustments, they deposit any excess of fund balances into the city's set aside account and contingency.

"And this year's historic surplus is almost entirely due to higher than anticipated business tax revenue," she said.

Commissioner Mingus Mapps, despite not feeling the budget is "perfect," supported it. He believes it helps achieve four goals of his:

- Reducing homicides by 20 percent by the end of 2022,
- Seeing a reduction in the absolute number of people living on Portland's sidewalks in a year,
- Seeing graffiti and trash cleared that has accumulated since COVID-19 began
- Providing direct aid to Portlanders still struggling from the economic effects of the CO-VID-19 recessions (with direct mention of \$500,000 allocated to this very issue).

Hardesty had the longest discussion over her mixed feelings, following prior frustrations at the speed this process was taking, to prevent getting bogged down with amendment complications past the holiday week.

With City Council having spent hours into the night listening to testimony, she felt "in a box" trying to reconcile all of it without being given a ton of time to deliberate or make potential additional amendments. This led to the subsequent week's second reading and the budget's unanimous council approval.

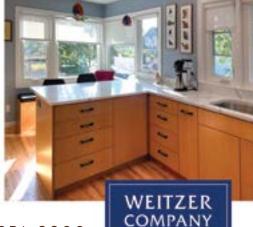
Despite specifying many issues, like one testimony session not being sufficient public engagement, that these funds could've been put aside for "future allocation" to make better use of them and qualms surrounding police reform, she supported many aspects of the budget.

Detailed breakdowns of the budget can be found at bit.ly/ PDXBudgetMonitoring.

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**CORRECTION:** In "Oregon's Struggle to Address Mental Illness" in the November issue it was incorrectly reported that the Oregon State Hospital was closed in 2008 by order of the Department of Justice (DOJ). Although the DOJ issued a report identifying areas the hospital was deficient, including poor living conditions and treatment, they expected the hospital to remedy those deficits.

The Southeast Examiner regrets the error.

## Melancholia

By David Krogh

The term "melancholia" is often used to describe a mental state of profound despair or even sadness. However, poet Adam Horvath's book Melancholia is anything but that type of a melancholy.

In the words of the author, "notwithstanding the somber title, this is a book of mirth and whimsy." The book is illustrated by Valeria Zecchini with a map and other smaller figures intended to pleasantly distract and redirect the reader from any attempt at seriousness.

Horvath says, "The map is there to indicate that Melancholia is a place (an imaginary place, of course)... The map, like most of the contents, is meant to be playful."

Why Melancholia? "It grew from the opening poem called 'Rainbow.' The quote from Wallace Stevens' satirical poem 'Gubbinal' was the inspiration for that poem... And that, in turn, was the catalyst for the book," said the author.

Horvath's poetry style is a non-rhyming modern free verse form in a sub-genre he identifies as "prose poems," but he states, "I can assure you a lot of thought goes into the pacing and cadence of the lines, the interplay of wordsounds, and what you might call the musicality of what I write. The line breaks are very deliberate."

Two short examples of Adam Horvath's poems from his book are as follows:

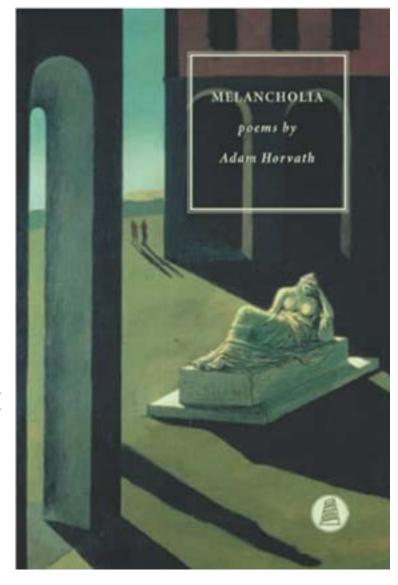
### No Attachment

When I assert there's no ego attachment to the things I've written, I am referring to my alter ego, of course.

### The Booklover's Lament

Books will be written long after I am dead. Someone else will read them.

As can be seen, there is not only whimsy within these poems, but also an attempt to pun.



a pun in anything I have written, you are almost surely correct! Speaking more broadly, I love wordplay of every sort," says Horvath.

Melancholia is kind of like a tour book, but it's not. You are directed around the land of Melancholia, but not all of the poems relate to place. That is part of the imagination that Horvath has instilled within this book.

Asked about his broad imagination, the author responded, "You bet. Or let's call it boundless curiosity about the amazing world we inhabit. I read a lot about science, history and philosophy and I frequently draw inspiration from my reading. I love to embed bits of factual information into whimsical contexts."

The author has successfully utilized snippets of quotes from other poets and playwrights to help separate the sections within his book. These and the illustrations assist in making this book an enjoyable read.

The book is 84 pages and "If you think you've found includes 55 original poems and

numerous snippets of quotes.

This is Adam Horvath's first book. He says, "Two more are forthcoming from No Reply Press: Conundrums and Flamingo Heaven & Other Lofty Concerns." He has several other books in the works.

Originally from Bayside, Queens, the author describes himself as a "devout polysemist" (evident in how he words his poems). He resides in the Willamette Valley with his wife and "a pack of very frisky pet peeves."

Of interest to readers, Melancholia was initially published in May 2021 by No Reply Press in SE Portland as a limited edition. It quickly sold out. However, Babel Editions (a spinoff of No Reply Press) has issued a second printing.

Melancholia is available at Books With Pictures in Ladd's Addition, 1401 SE Division St., Belmont Books, 3415 SE Belmont St., and at Mother Foucault's Bookshop, 523 SE Morrison St. It can also be purchased at Amazon.



# **Duende de Lorca**

Written by Dañel Malan Directed by Lawrence Siulagi Film Direction by Mandana Khoshnevisan

Set in a jail on the eve of Federico Garcia Lorca's execution, his life story unfolds from the opening night of Mariana Pineda, followed by the printing of Gypsy Ballads and his travels to New York and Cuba. Audiences will share in his triumphs, failures, relationships and travels as they shape his life and his art.

The production will be augmented with a compelling matrix of creative engagement events that delve into Lorca's contemporary influence.

LIVE PERFORMANCES\*

JANUARY 13 - 23, 2022 THURSDAY - SATURDAY @ 7:30 SUNDAY, JANUARY 23 @ 2 PM

\*Proof of vaccination required at all in-person events at Milagro.

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## **Community News**

# Feeding Our Tiny Feathered Friends



Photo by Elena Illescas

Many people feed birds of all types in feeders outside their homes but, unlike the various seeds larger birds eat, hummingbird food (nectar) can be easily made with just two ingredients: water and sugar.

Multiple species of hummingbirds can be found in Oregon, some fairly common and some much more rare and unlikely to be seen in the Western part of the state. Most of them migrate, with the exception of Anna's Hummingbird, the only one that remains here all year.

Hummingbirds have speedy metabolisms, consuming half of their body weight in bugs and nectar and visiting 1,000-2,000 flowers per day according to the National Audubon Society. As flowers become more scarce during the winter months, people can help them get the calories they need by making their favorite meal – nectar.

Their recipe below should be followed as written, avoiding substituting another type of sugar for refined white sugar. Honey can promote dangerous fungal growth that can germinate on the tongue and/or gullet of the hummingbird, preventing them from retracting their tongues. When they are unable to retract their tongues, they become unable to feed and will likely die.

Organic, natural and raw sugars should also be avoided as they contain levels of iron that could be harmful to hummingbirds. Plain white table sugar (sucrose) when mixed with water, very closely mimics the chemical composition of natural nectar.

If you've seen hummingbird nectar sold in stores it is often colored with red dye. Red coloring is unnecessary and the chemicals in the dye could be harmful to them. Store-bought hummingbird food also contains preservatives.

Beyond providing nectar, planting native flowers, shrubs and trees that provide essential food sources and shelter for hummingbirds will also attract them.

The Audubon Society recommends evergreen perennial, the California Figwort (also known as the California Bee Plant); the Crimson Columbine, perennial wildflower the Narrow-Leaf Fireweed; perennial climbing vine, Orange Honeysuckle; Red Elder and Salmon Raspberry shrubs and the Pacific Madrone tree (also known as Oregon Laurel and Laurelwood), a broadleaf evergreen.

## **Hummingbird Nectar**

1/4 cup refined white sugar\*
1 cup boiling water

Mix sugar and boiling water until sugar is dissolved.

Cool and fill your feeder.

Hang your feeder outside and wait for the hummingbirds to come.

\*USE ONLY REFINED, WHITE SUGAR

## **Portland Trash Cleanup Resources**

The Bureau of Planning & Sustainability (BPS) has put together a comprehensive list identifying how Portlanders can report, organize and remove unwanted trash from the city.

## Report trash near encampments for pickup

For large piles of trash or loose trash near encampments, call 311 and a customer service representative can take a report for you over the phone or go to pdxreporter.org and select the "campsite reporting" icon. You will need to use (or create) a portlandoregon.gov account to report and request service.

## Report illegally dumped materials for removal

Mattresses, furniture, bags of trash, loose trash or other bulky waste not associated with encampments can be reported to Metro's RID Patrol at ridpatrol. oregonmetro.gov/report/#/start or by calling 503.234.3000.

The website has a data dashboard showing the average crew response time over the last two weeks.

#### Report an overflowing public trash can or issues with private trash containers

Contact the Garbage and Recycling Hotline at 503.823.7202 or wasteinfo@portlandoregon. gov.

Broken or damaged public trash cans can be reported to Quintin Bauer, Public Trash Collection Program Manager, at 971.275.3224 or quintin.bauer@portlandoregon.gov.

## Get assistance removing an abandoned vehicle

Abandoned vehicles can be reported to the City online at pdxreporter.org or by calling 503.823.7309, weekdays 8 am-4:30 pm.

See portland.gov/transportation/parking/abandoned-auto to determine what the City defines as an abandoned or junk vehicle and a listing of the information needed to file a report.

If reporting by phone during open hours, leave a message with complete info as detailed on the website.

For vehicles that are not abandoned or junk, but are double-parked, blocking a roadway or blocking a driveway, call Parking Enforcement at 503.823.5195 to make a report.

Suspicious vehicles parked in your neighborhood (i.e. a vehicle suspected to have been stolen) can be reported to the Police Non-Emergency Line at 503.823.3333.

## Report graffiti or request graffiti removal assistance

The City's Graffiti Program offers no-cost or reduced-cost graffiti removal assistance to residents, small businesses and nonprofit organizations who meet eligibility criteria.

Visit portland.gov/civic/ graffiti/request-services to determine eligibility and for additional resources for non-eligible assistance. Report graffiti at pdxreporter.org or by emailing graffiti@portlandoregon.gov.

Free supplies to remove graffiti yourself can be requested by using the above email address.

## Remove an abandoned shopping

Abandoned shopping carts can be reported to 888.55.CARTS (888.552.2787).

#### Volunteer to participate in cleanup activities

To join an organized litter cleanup, visit solveoregon.org/detrashpdx for SOLVE's listing of upcoming events. They can be reached at 503.943.2835 or info@solveoregon.org.

Individuals can organize their own cleanup through SOLVE as well, who will provide cleanup supplies and assistance. Contact peter@solveoregon.org or 971.346.2705. Please allow a minimum of three weeks to plan an event.

Those looking to make an ongoing impact in a specific area can adopt a block with the help of Adopt One Block (adoptone-block.org).

After creating a profile, enter your address and the site will show a map of the closest blocks available near you to adopt.

From there you can select the free cleaning supplies that you would like to have delivered to your front door by the organization.

## Portland Urban Coyote Project

A group of Portland State University and Oregon State University researchers have been working in collaboration with Portland Audubon for the last few years to understand how humans and coyotes live together here.

The projects has three major goals: provide up-to-date information about living with coyotes, collect and map coyote sightings in the Portland metro area and conduct in-depth analyses of coyote sighting dates and report on the findings.

The website, portlandcoyote.com, includes a sightings map broken down by year, a page to report sightings, a tutorial for



people to learn more about coyotes and a research snapshot of sightings 2015-2018.

Coyotes will typically run away from humans when encountered. If they don't, help discourage them by shouting and waving your arms.

If coyotes feel unwelcome, they are likely to be seen less frequently.

If a coyote is very difficult to scare away or is acting aggressively, call the Portland Audubon Society at 503.292.6855 to report the coyote's behavior.



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Have an event coming up the public needs to know about?



## Nominate Oregon's Next Poet Laureate

The Oregon Poet Laureate Program is currently accepting nominations for the state's next poet laureate.

The program fosters the art of poetry, encourages literacy and learning, addresses central issues relating to the humanities and heritage and reflects on public life in Oregon.

During the two-year term, laureates give a minimum of 10 public readings/events annually in urban and rural settings around the state, demonstrating the value and importance of poetry and creative expression to business, community and state leaders.

Anis Mojgani, the current poet laureate, came to Oregon in 2004 and currently resides in Portland. He's authored five books of poetry, performed at universities, festivals and venues around the globe and has had his work aired on HBO and NPR.

Mojgani says, "A poet is a witness who imagines and through these acts gives us permission to do the same. For the times we're in, we must be powerfully imaginative, so to have for Oregon a position to foster and rally this imaging is a beautiful importance and gift to our state."

Nominees must be current residents of Oregon and have lived in the state for at least 10 years.

They must be publicly recognized as poets and well regarded for excellence in their work, have a significant body of published or performed work, and agree to the conditions and term of the appointment.

Poets of all subgenres and styles will be considered, including prose, slam poetry and cowboy poetry.

To nominate a poet, fill out the online nomination form at oregonpoetlaureate.org by Friday, January 6. Once nominated, the nominee will be contacted to ensure they are interested in moving forward in the process.

An independent selection committee composed of poets, poetry advocates, literature lovers and cultural leaders will review each nomination and the nominee's merits.

The committee then reports to the Oregon Cultural Trust and makes a recommendation to the Governor, who appoints the next Oregon Poet Laureate in the Spring of 2022.

## **December Events**

**HOLIDAY COAT DRIVE** – Living Room Realty and Impact NW's annual holiday coat drive runs through Wednesday, December 15. Drop off a new coat (with tags) to Living Room Realty, 421 SE 10th Ave. weekdays, 8:30 am-5 pm. Additional drop-off locations at livingroomre.com.

SHARE THE WARMTH - Windermere Real Estate's annual coat and blanket drive runs through Friday, December 17. Drop off new or gently used adult-sized coats and twin-sized blankets to 5015 SE Hawthorne Blvd. weekdays, 10 am-4 pm. Additional drop-off locations at helpsharethewarmth.com.

WINTERFEST WITH FABA - Celebrate the season with your favorite Foster Blvd. stores, restaurants, bars and services through Saturday, January 1. Collect stickers with purchases and turn in game cards for prizes. More at fosterarea.com/winterfest21.

**BEYOND VAN GOGH** – The immersive experience of Van Gogh's work is taking place at the Oregon Convention Center through January 9. Masterpieces are projected on every surface to make one feel as though they've stepped into the paintings. Details and tickets at vangoghportland.com.

WINTERFEST – Leach Botanical Garden holds its Winterfest event Friday, December 3-Sunday, December 5, 10:30 am-3:30 pm. There will be hot cider, a woodland creature treasure hunt, a holiday photo backdrop and holiday shopping. Visit leachgarden.org.



MY PEOPLE'S MARKET - Prosper Portland's in-person marketplace takes place three Sundays in December: 5, 12 and 19 at The Redd, 831 SE Salmon St., 12-6 pm. Each market day offers different vendors and food stalls and a headline performer. Visit mypeoplesmarket.com/winter-2021 for full details.

WREATHMAKING CLASSES - Portland Nursery is offering inperson wreathmaking classes at their SE Division St. shop, December 4, 12 and 18, at 3 pm. More details and registration for the 90 minute classes at bit.ly/WreathmakingClasses.

WINTER INDIGENOUS MARKETPLACE – The Marketplace takes place online Saturday, December 11, 10 am-4 pm and supports indigenous artists and entrepreneurs. Check out wares for sale and purchase raffle tickets at bit.ly/WinterMarketplacePDX.

FILL YOUR PANTRY – Friends of Family Farmers holds Fill Your Pantry at Portland farmers markets Saturday, December 4-Sunday, December 12. Visit www.fillyourpantry.org for additional details.

WINTER CRAFT FAIR – Leikam Brewing, 5812 E. Burnside St., hosts a winter holiday craft fair Sunday, December 12, 1-5 pm. Shop local and support artists offering ceramics, plants, soaps and more while sipping on beer/cider. Visit facebook.com/LeikamBrewing.

**LONGEST NIGHT SERVICE** – The Portland Mennonite Church is holding a Longest Night Service of readings, contemplative music and prayers, Tuesday, December 21, 7 pm at 1312 SE 35th Ave. Attend in person or audio-stream at facebook.com/portlandmennonite.

## **Public Comment Sought on Cost Savings** for Burnside Bridge Replacement

Multnomah County is inviting the public to share their views on cost-saving ideas for the project to replace the 95-year-old Burnside Bridge through a public

The survey and an online open house are available through Tuesday, December 14 at burnsidebridge.participate.online.

Funding for the bridge replacement project became more challenging after the 2020 Regional Transportation Bond Measure failed. The measure would have allocated \$150 million to the project.

There is a high amount of competition for funding large infrastructure projects, and labor and materials have increased in costs during the COVID-19 pandemic.

In response, the project team has identified three key refinements to the Long Span Alternative proposed for the new bridge.

#### Reduce the overall width of the bridge, to save up to \$150 million

The proposed width would be roughly the same as the existing bridge but with one less vehicle lane. Space for bicyclists and pedestrians would be wider than the current bridge and a crashworthy barrier would be installed between traffic lanes and the shared path.

Girder structure for west approach to bridge

Selecting a girder structure on the west side instead a type of structure above the bridge deck would save \$20-\$40 million. The girder provides more open views from the bridge, reducing impacts on views of Old Town/Chinatown and Skidmore national historic districts.

### Bascule moveable span

Cost analysis has confirmed that a moveable bascule span, similar to the existing bridge, would save \$25-\$35 million over a vertical lift option with towers, similar to those on the Hawthorne Bridge. This option would provide more open views from the bridge and reduce impacts to views of national historic districts and the central city overall.

The online open house goes into greater depth on the key re-

finements and a short video provides visual examples of what refinements would look like. It is offered in English, Arabic, Chinese, Japanese, Russian/Ukranian, Spanish and Vietnamese.

Input collected from the public will be shared with the project's Community Task Force, a policy group of elected and appointed regional leaders and Multnomah County's Board of Commissioners.

An analysis of the refinements is scheduled to be published in Spring 2022 as a Supplemental Draft Environmental Impact Statement, followed by a 45-day public comment period.

The Final Environmental Impact Statement is scheduled for publication in late Summer 2022, once it is approved by the Federal Highway Administration.

From there, the project proceeds into the design phase with a design consultant being hired. If funding can be secured, construction could begin in 2025 with a new bridge open as early as 2030.

Additional project information can be found at burnsidebridge.org.

**Email** details to examiner@ seportland. news by the 15th of the month.





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# Family Promise of Metro East to Open Family Shelters in March 2022

By Ellen Spitaleri

Currently the lack of affordable housing and the homeless situation are two challenging issues in Portland.

"We're all concerned and not sure how to help," said Beckie Lee

She is the Board Chair of Family Promise of Metro East, a new organization with a mission to help families experiencing housing instability achieve sustainable independence through a community-based model.

"Each night in Portland, families with children are sleeping in their cars, couch-surfing with friends, or in some cases, sleeping outside. At the same time, we have churches throughout our community with space that's not used at night and volunteers within the congregation who are called to help," she said.

"The crux of what we are building," she said, "is an interfaith hospitality network consisting of 13 host congregations paired with two support congregations," in NE and SE Portland.

Host churches will provide overnight accommodations, meals and support for families experiencing homelessness, with at least one child under the age of 18, she added.

Families will stay overnight for one week at one church in the network, then move to the next church in the network, until they are able to get back into permanent housing.

The support congregations are ones that do not have the physical space to host, but can provide financial support, volunteers or other resources.

The network will serve three to four families at a time, up to 14 people. Families will rotate among the host congregations for a safe place to sleep at night, then transition to one centrally-located day center that provides showers, laundry facilities, computer access and a place to receive mail.

Families must go through a referral and application process in order to be admitted to the network, Lee said, noting that in Multnomah County that often begins with a call to 211.

"Resources already exist (for families) to get out of homelessness and we will be part of the network of service providers in the community," she added.

Family Promise is a national organization with 200 affiliates in the US and Family Promise of Metro East is the local branch currently in the formation stage, Lee noted.

"Our goal is 13 host congregations and we currently have nine," she said, adding the organization plans to be up and running in March of 2022.

What she likes best about the Family Promise model is that "it puts the resources that we already have to work, (including) buildings and volunteers. It is an opportunity to be involved in a meaningful, yet modest way and be part of the solution."

Once the network is put in place, there will be plenty of volunteer opportunities for anyone in the community, including those who do not belong to a congregation.

Volunteers can bring meals to host churches, help out with activities for families and set up and clean up after the overnight stays.

Host churches will provide an evening meal, breakfast and a to-go lunch, while Family Promise will provide transportation to the day center.

"We are exploring using Uber or Lyft as possible cost-efficient ways" to transport families to and from the day center, Lee said

"We are looking for additional congregations, organizations and individual volunteers to partner with us," she added.

People can donate money on the website to financially support the organization, which is a 501(c)3.

Sunday, December 19, 3 pm the organization is also holding a benefit concert. The variety show will feature local performances of music and dance ensembles.

The event will take place at First Central Christian Church, 1844 SE Cesar Estrada Chavez



Blvd. Admission is free (suggested donation of \$25) with all donations going towards Family Promise of Metro East. Masks and proof of COVID-19 vaccination are required.

Saint David of Wales in Colonial Heights is one of the churches gearing up to be a host congregation in March 2022.

"We talked to our congregation in July and when we described the Family Promise program, they were really excited about it," said Cass Cole, a member of the Vestry, a leadership team, and the shelter subcommittee at Saint David.

The church has a tradition of caring for the homeless in the neighborhood, she said, noting that Saint David's has a Red Wagon program which offers clothing, personal hygiene items and food to the needy.

The church is laying the groundwork to be part of the Hygiene4All's laundry project, which collects homeless people's laundry, washes it and brings it back to them.

What Cole likes best about David of Wales.

the Family Promise model is the fact that it has been successful in helping people find secure housing within a couple of months.

She said, "We care about homeless children and this is a special opportunity for the congregation to do something together."

Anyone interested in volunteering at Saint David of Wales once the program is in place in March can email shelter@saint-davidpdx.org.

For more information, visit Family Promise of Metro East at familypromisemetroeast.org, or send an email to info@familypromisemetroeast.org.

Partner congregations include Ascension Catholic Church, Central Christian Church, Community of Christ, Family Pentecostal Church of God, Reedwood Friends Church, Grace Baptist Church, Portland Mennonite Church, Tabor Heights United Methodist Church, Grant Park Church, C3 Church, Westminster Presbyterian Church and Saint David of Wales.

## **Does Architecture Matter?**

from page 1

to rely on those histories to continue to exclude more affordable housing."

Steve Dotterrer, a volunteer for the AHC's advocacy committee, notes that a recent study by the pro-housing Sightline Institute found that "because of the property values in those areas, [infill developments] are not very likely to happen in the Historic Districts that we currently have."

In other words, the PNW proposal could conceivably create new housing opportunities for people of color, provided they have six-figure incomes.

In recent years, the AHC has focused not only on Portland's architecture itself, but also on the "social history" revealed in buildings from long-gone eras.

As Whitlock and Board President Denyse McGriff put it in their November 3 presentation to City Council: "We strongly support the proposed increases in protections for Conservation Landmarks and contributing properties in Conservation Districts.

"The proposed changes will create greater preservation equity by protecting the neighborhoods in North and NE Portland that tell the story of the African American experience."

One issue that touches on both architectural heritage and the need for affordable housing is the current limbo of Portland's unreinforced masonry buildings (URMs). While absent from the debate over HRCP changes, the question of how to retrofit, and thereby preserve, these pre-war buildings remains unresolved.

Most URM owners do not have the financial resources to

retrofit their buildings up to the "life safety" standard that City Council would like to see implemented before the Big One arrives and the options on the table are insufficient.

Asked whether PNW would support public funding or loans for URM owners to retrofit buildings that offer affordable housing, Kemper replied, "Obviously, we need to do something to mitigate the risks of URM buildings and we support the city's efforts to find a long-term solution.

"We also recognize that we have a deep housing shortage along with a homelessness crisis, so there aren't any easy answers about where finite public dollars should go."

Architectural preservation will continue to be a fraught issue for as long as Portland is a rapidly growing city and housing becomes less affordable.

For preservationists, "Portland for Everyone" is an unsustainable slogan and for housing advocates, historical preservation is a NIMBY (not in my backyard) obsession.

Asked about the intrinsic value of historic architecture, Whitlock replied, "There are intangible qualities, for sure – the scale and design. People will gravitate towards a main street that's human scale, that shows character." She worries that the recommended HRCP draft would make it easier to de-list various historic resources.

Former journalist and current preservationist blogger Fred Leeson sums it up this way: "Great cities respect their architectural heritage as they build their futures."



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## Fall Sports Recap: Cross Country Strikes Again for Franklin High School Lightning

BY LUKE RAMSEY

On November 6, Franklin High School's varsity men's and women's cross country teams finished in the top four in Oregon's State Championships 5K races. Senior runners Charlie North and Kaiya Robertson finished in the top three in their respective races.

The women team's fourthplace finish was Franklin's best in any women's sport since the early 1980s. North and Robertson each finished in second place at a regional race held in Lakewood, Washington, November 20.

After a long day of rain and wind, the sky cleared at Lane Community College during the 6A state championships. Mud and soft dirt throughout the course, brought on by a rainy day, limited the run times of the meet's contestants course.

According to Franklin's Cross Country Head Coach Jacob Michaels, none of the 6A runners at any school recorded a personal best time.

Franklin's men's team has finished among the top five teams in Oregon every year since 2016, according to Michaels, with a number of runners on both teams receiving scholarships to top Division I colleges in that span.

They won the state title in an undefeated 2019 season, the school's first state win in any sport since 1959, a week before the men's soccer team would add a state trophy of its own to the mantle.

In an increasingly competitive Portland, where several teams have made the national rankings this year alone, Franklin continues to be one of the city's best teams despite being a neighborhood school.

North finished behind the first-place competitor by just 0.8 seconds in an extremely tight race where the fourth-place finisher took just 5.3 seconds longer than the winner.

"It was a little bittersweet," North says of the race, "because I thought I had it in the last 110 meters, but I felt confident in myself knowing that I did everything I could."

North's personal best time of 14:40 ranks highest among all runners in the state this year, according to Athletic.net.

At the Oregon state meet, behind Kaiya Robertson, the school's record holder in the Women's 5K, for Franklin's Women's Cross Country team were Marin Kauffman-Smith (10), Gigi Bareilles (10), Robertson's sisters Hailie and Emily (both freshmen), Alena Krull (12) and Avani Stevens-Rose (11).

Many of the runners behind Kaiya finished with similar times because they were staying in packs, which help runners main-

"You'll try to stick with a teammate who's ahead of you,"

says Stevens-Rose, "and then we'll try to push each other to run faster.'

The team, in large part composed of runners who participate in both cross country and track and field, practices for most of the year together, including going to a camp in Oregon's Three Sisters where they run for as many as 16 miles in a given day.

"[The run]'s very hilly and rocky and [we]'re climbing over things," says Robertson. "But that's one of the things that we [get to] say, like, 'What did you do?' 'A 16-mile run.' [It's] kind of a shocker."

In other events during the fall sports season, the men's varsity soccer team finished 7-5-4, 17th in Oregon, before losing to eventual state champion Summit High School 5-0 in the state's Round of 16.

It was a somewhat disappointing result after the team's Cinderella run to the 6A state trophy in 2019, when 14th-seeded Franklin upset Summit in the title game. Still, Head Coach Jose Milian, who completed his first year coaching at the school, feels encouraged by the growth from his squad.

"We bonded really well," he says of the team. "I think this was a team [where] everyone liked each other. Everyone actually saw each other as brothers, everyone had each others' backs,

Franklin's Charlie North (middle) turns the final bend in the Men's 5,000 Meters 6A race at the OSAA 6A Men's Cross Country State Championships. Photo by Aaron Ramsey

and [there] were no bad feelings or any friction amongst players."

The women's varsity soccer team finished a disappointing 1-13. Sophomore midfielder and defender Ella Callanan earned first-team All-Conference honors for the Portland Interscholastic League (PIL).

First-year Head Coach Diana Diaz-Diurych, who has been with the school for four years, did not know she would be the varsity Head Coach until later in the summer, which prevented early preparation.

"I don't want the full focus to be on the scoreboard, but winning is fun," she says. "Going into

a full year knowing that I'm going to be the Head Coach and can start creating the structure early" will help the team next year.

The varsity football team started the year 0-6 but won its final three games. After a 2020-21 season, limited by COVID-19 and delayed from fall 2020 to spring 2021, in which 50 people joined the team at the start of the year, 74 joined during the 2021-22 season, a significant improvement over the previous year.

The varsity volleyball team went 6-13 for the year. In the 2019 season, the last full year, they finished 8-10, and they went 5-13 the year before that.



## WITH FYBERWORKS

Shop locally and give from the heart with Fyberworks. Save 10% this December on lusciously cozy sweaters from Tribal, Habitat, Cut Loose, and more. Fyberworks' clothing and accessories are the perfect fit for real women. Celebrate peace and joy for all with Fyberworks.

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## arts & entertainment

## Very Merry Cash and Carry



Sidestreet Arts presents their annual Very Merry Cash and Carry art and gift show and the gallery is filled with one-of-a-kind offerings created by more than 50 local Pacific Northwest artists. All items are cash and carry and leave with you at the time of purchase.

Find a feast for the eyes of paintings, ceramics, wood bowls, bronzes, ornaments, felt dolls and pins, jewelry and much more. Cards and gift tags are available too. December gallery hours are Wednesday-Sunday, Noon-6 pm.

In the picture above, the artists are (clockwise) Dona White, Alicia Justus, Susan Opie, Teal Buehler and Chayo Wilson. Visit SidestreetArts.com or stop in 140 SE 28th Ave.

## Fíerce, Fabulous and Fully Coiffed



Saint Syndrome

The composer-performer trio of Jennifer Wright, Nicholas Yandell and Timothy Arliss O'Brien in partnership with Cascadia Composers have created a new live show, Fierce, Fabulous and Fully Coiffed, presented Friday, December 10, 7 pm at Clinton Street Theater, 2522 SE Clinton St.

The show combines new music and a glittering group of local drag icons, classical musicians and performance artists. Explore themes of gender and identity in a variety of styles, while celebrating the local and global LGBTQ+ community.

It's fun for straights and for every fan of art music, dance, song, comedy, fashion, spectacle, pixelated 80s videos, witty storytelling and audience participation. The show is suitable for audiences ages 13 and older.

Performers include Saint Syndrome, Bonnie Miksch's Misguided, Jennifer Wright, A Musical Lecture by Nicholas Yandell, a reading performed by Tabitha Acidz, Linda Woody and more.

Tickets are \$20 general admission; \$10 students at tinyurl.com/ FierceFabulous. Free beverage and popcorn for anyone wearing a costume. See CascadiaComposers.org.

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## Recuerdos

Recuerdos is a new show of work by Ivan Salcido at Pushdot Studio through January 28.

Salcido is a Portland artist who makes sculptures, paintings and installations.

Originally from El Paso, Texas, he draws on his personal experience, family history, and interest in collectibles (sports cards, photographs and flags) for inspiration. His new work incorporates themes of cultural artistic heritage and the many significant contributions immigrants have made to our society. See more at IvanSalcido.

Pushdot Studio is at 2505 SE 11th Ave., Suite 104 in the Ford Building. Gallery hours are Monday-Friday, 8:30 am-5 pm. Masks and appointments required. PushdotStudio.com.



Imago Theatre presents Conor McPherson's The Shining City, a suspenseful tale of the inner demons that trouble the play's characters.

A former priest, a widowed philanderer, and a jilted mother experience what happens when they're betrayed by their own selves.

The play is presented live Friday and Saturday, December 10, 11, and Thursday-Saturday December 16-18. It is recommended for mature audiences, 16 and older.

Tickets at ImagoTheatre. com or 503.231.9581.

Alberta Rose Theatre's December schedule is LIVE and the tradition continues with:

• 12/1-12/11, 8 pm: A White Album Xmas - The annual holiday circus tribute to The Beatles with the Cascadian Freak Family featuring The NowHere Band and Rose City Circus.

• 12/17, 8 pm: Grammy Foxx's Olde Timey Bump N' Grindey Holiday Special, 21 + over only - Cassandra Lewis presents an amazing cast of musicians, dancers and artists in a variety show with a sultry spin.

The Bump N' Grindey is usually an improvised talent show featuring selected audience members, while Grammy shape-shifts into different characters between each number. The result is a whole lot of belly laughs, tears, and an insight into humanity at its most vulnerable featuring Christopher Worth, Lo Steele, David Jacobs-Strain, Glitterfox and more.

• 12/18-19, 8 pm: 3 Leg Torso presents The Elves of Frostländ ~ Liberté par la Musique - The Torsos present the next chapter of last year's popular film, The Elves of Frostländ. This year it's performed LIVE onstage with Pepe Raphael, Jet Black Pearl, Chervona, Eric Stern, The Amazing Bubble Man, and Varelse. The show is suitable for ages 5 and up.



The Elves of Frostländ ~ iberté par la Musique

In the story, four musicians are recruited to the frigid north by Nick, a mysterious fellow, to make toys for the world's kids. In the worsening weather, the elves become angry with their living conditions and find that playing music together illuminates their cabin and brings warmth back into their lives. See 3legtorso.com.

Alberta Rose requires proof of COVID-19 vaccination with masks required in all indoor public spaces. More info at AlbertaRoseTheatre.com.



Leila Bordreuil

Creative Music Guild's December's Discordance Concert features composer and cellist Leila Bordreuil December 15, 8 pm live at St. Philip Neri Church, 2408 SE 16th Ave. Proof of vaccination is required. Also on the program are Soft Fantasy, Energy Gradient, Caspar Sonnet, Sam Klickner and Rose Moore.

Bordreuil grew up in rural Aixen-Provence, France before moving to Brooklyn in 2012. Noise, contemporary classical, free jazz and experimental traditions inform her music though she adheres to none of them. She challenges conventional cello with extended techniques and unorthodox amplification incorporating extreme sound-spatialization and multichannel installations. Tickets \$10. See CreativeMusicGuild.org.

## Stark Street Studio Holiday Show



Stark Street Studio Holiday Show and Sale continues through December 24 at 2809 SE Stark St. It features 10 ceramic artists and a variety of fine, handcrafted artwork including dinnerware, whimsical pottery and sculpture, home decor and contemporary jewelry. To the left is Amy Fields "Dragonfly Pour Over." Below is a vase by Scot Cameron- Bell

December hours are Tuesday-Sunday, 12-6 pm. The studio follows masking, distancing precautions.

StarkStreetStudios.com.



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# MULIERIBUS - LOYE'S PURE LIGHT

In Mulieribus (IM), Portland's

renowned female vocal ensemble dedicated to strengthening

community through the art of music, presents their annual concert for the 14th year. The ensemble is regularly featured on the classical radio program, Performance Today and their music is always an inspiration in

these times.

Photo by Mirifoto Their holiday concert features songs to illuminate the darkest days of the year and the program includes both medieval and contemporary works for female voices; this year featuring music by Karai, LeFanu and Guerrero.

IM has reached beyond its early music focus to highlight works by women, seeking to raise the profile of female composers who remain underrepresented throughout the landscape of

There are two in-person performances: Sunday, December 19, 4 pm and Monday, December 20, 7 pm at St. Mary's Cathedral, 1617 NW Davis. Tickets at tinyurl.com/IMLove.

Thursday, December 23, 7 pm, IM presents a livestream of the show's highlights. Tickets at tinyurl.com/IMstream.

IM offers free concert tickets to those served by local human services organizations as part of an ongoing commitment to serve the community and make concerts accessible to all.

See InMulieribus.org for more.

## Withering Looks: An Entertaining **Evening With the Brontë Sisters**

Imagine yourself in the front room of the Brontë Parsonage in Haworth where hostesses Audrey and Olivia lead you through the lives and letters of Charlotte Brontë (author of Jane Eyre) and Emily Brontë (author of Wuthering Heights) with hilarious detours

Cygnet Radio Hour is streaming Withering Looks, starring Vana O'Brien, Luisa Sermol and Sarah Lucht in an irreverent homage to the Brontës and their eccentric family, their classic, beloved romantic novels, and the heather on the moors.

Directed by Louanne Moldovan, founder and artistic director of Cygnet Productions, the show is the latest addition to Cygnet's streaming collection of radioesque plays. It has become quite the collection and deeply enjoyed by those who like the magic of radio

Sermol says, "I was an English lit major, and felt a kinship with the Brontës. With Withering Looks I get to bring my fascination full circle, I get to be playful with it!" To which O'Brien adds, "This is the silliest thing we've ever done, it's very light-hearted. That droll British wit, y'know...good for the digestion of scones."

The Companion Conversation, a "literary deconstruction," features Maggie Fox, Sue Ryding and Director Moldovan discussing the peccadilloes of the Brontës and the proper way to tickle an

It all streams at CygnetProductions.com. Subscribe to Cygnet Radio Hour via Spotify, Apple, Google or however you stream and say... who is the Brontës' mysterious neighbor, Mr. Moorcock of Ravaged Heath House anyway?

# Artichoke's Holiday Happenings

Artichoke Music hosts happenings month including their Warm Winter Night celebration, Saturday, December 18 with an Open House from 4-6:30 pm with the evening's music beginning at 7 pm.

The music headliner is Naomi LaViolette, accompanist for the Oregon Repertory Singers, and Oregon Symphony consultant for The Lullaby Project. Other performers include Annie Sea, Tom Swearingen, Richie **Bellinger & Dale Jones, Pretty** Gritty, Johnny Franco, Tom May and others.

It will all be live in front of a real audience and livestreamed online too. Proceeds benefit Transition Projects, a group that delivers life-saving, life-changing assistance to Portland's most vulnerable residents. See tprojects.org.

Other highlights this month: Guitarist Lloyd Jones begins a residency headlining the weekly Friday Night Coffeehouse. • Sunday 12/5, 3 pm, A Fine Mess performs Irish, Scottish and American Folk Music. • Sunday/Monday, 12/5-6, Grammy award winners Mark Hanson, Doug Smith and Terry Robb. • Saturday, 12/11, Mojo Holler. • Sunday, 12/12, Espacio Flamenco's last tablao of the

Proof of vaccination required for all shows, performers and audience. No exceptions. All shows livestreamed on Facebook Live and You-Tube. The full schedule is at ArtichokeMusic.org.

# Short takes ...arts news of note

COMPOSERS' COOKOFF - Vino Veritas' "Iron Chef" style fundraiser is Sunday, December 5, 1-2:30 pm as both an in-person event and livestream. This afternoon of music, wine and appetizers, is a silent auction and raffle to raise \$5,000 for Portland Jazz Composers Ensemble. Two composers face off in a friendly head-to-head competition to see who can create the most delicious new composition using a secret ingredient. \$25 tickets include a glass of wine and hors d'oeuvres. Tickets at pice.org. Proof of vaccination required for entry and masks required when not eating.

PORTLAND FOLKMUSIC SOCIETY 2022 CONCERTS begin again in January at Reedwood Friends Church, 2901 SE Steele St. on the 3rd Saturday each month featuring: January 15 - John Reischman & the Jaybirds • February 19 - Robin & Linda Williams • March 19 - Kristen Grainger & True North and more. Vaccinations required and masks required. All the details and tickets (\$80 for all five concerts) are available at PortlandFolkmusic.org.

PDX JAZZ FEST TICKETS ON SALE NOW – The 19th annual JazzFest is February 17-26 with 30+ events at multiple venues and Grammy award winners Ron Carter, Robert Glasper, Gary Bartz, Diane Schuur, Brad Mehldau, and Flor De Toloache all performing. The lineup also includes: Makaya McCraven • The Soul Rebels \* Nate Smith + Kinfolk • Lakecia Benjamin • Marc Ribot • Sasha Berliner • Brandee Younger & Dezron Douglas • Mel Brown B-3 Organ Quartet featuring Christopher Brown and many more. See PDXJazz.com.

CHAMBER MUSIC NORTHWEST presents the Brentano String Quartet's new performance online filmed during their December concert honoring Igor Stravinsky too early in the month to cover in this issue. The Quartet explores Stravinsky quartet pieces along with Shostakovich, Beethoven, Verdi, Gesualdo, John Cage and works by poet Amy Lowell. Filmed live at the Lincoln Recital Hall in Portland State University, the performance will be online December 18-25. Buy tickets and stream at tinyurl.com/cmnwbrentanoSQ.

OREGON CHILDREN'S THEATRE - Merry Happy Everything! - An original performance with local artists, favorite holiday stories, a

holiday-themed improv performance from the teens of Impulse! and a musical cabaret, Fridays-Sundays through December 19 at the Brunish Theatre, 1111 SW Broadway. Friday evenings at 7:30 pm, Saturdays at 2 and 5 pm and Sundays at 11 am and 2 pm. Advance ticket purchase recommended. See octc.org/merry-happy-everything or phone 503.228.9571.



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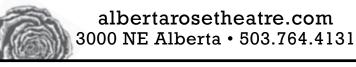
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# **Music Together Winter Classes**

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Music Together's Winter registration is now open for the session from January 10-March

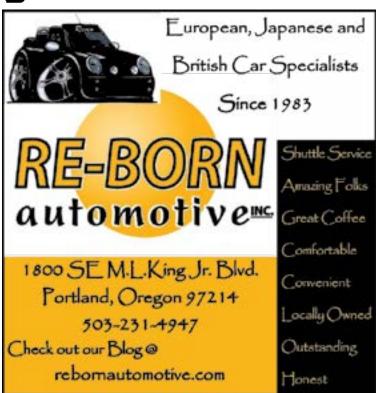
Try a free class and experience it firsthand. Go to MusicTogether-pdx.com or call 503.236.4304.



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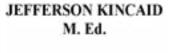
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Editor's note: Wellness Word is an informational column which is not meant to replace a healthcare professional's diagnosis, treatment or medication.

# Seated Lower Body Exercises for Knee Support

When it comes to lower body strength, you can't beat squats and lunges for the most effective exercise in the least amount of time. However, sometimes I have a client with serious knee issues, who needs to strengthen the muscles around the knee without standing up (or weight-bearing).

Here are exercise ideas if you or someone you know is in a similar situation. They are great exercises to supplement weightbearing exercises.

You will need a dumbbell or other moderately heavy object, a mini-band (loop band) or physical therapy band (tied into a loop) and a small to medium inflatable squeezy ball (like a child's toy ball)

Make sure you have a sturdy chair with no wheels and a workout space free of any tripping hazards. Wear sturdy athletic shoes if you need them.

Of course, if you have any questions or concerns about any of the exercises listed, consult your doctor, physical therapist or personal trainer.

## Seated quadriceps lift

Rest the weight on top of either thigh (above the knee joint) and flex your quad muscles to lift the leg up and down so the leg is straight at the knee. Control the lift and lowering of the leg at a moderate tempo. Perform 15-20 repetitions, then switch to the other leg.

### Seated hip flexor lift

Begin as above, but keep the knee bent throughout the exercise. Focus on using the psoas muscles above the quads as well as the quads to lift and lower the leg. Perform 15-20 repetitions on each side. If you feel any strain in the hip flexor, lighten the weight or use only body weight.

#### Heel/toe raises

Rest one weight on each leg above the knees. Move through your maximum range of motion at the ankles to lift, first the heels, then the toes. For an extra brain challenge, try lifting opposites (toes on one foot and heel on the other foot, then switch). Perform 15-20 sets.

#### Seated abdominals

Although this works the core, it also works the hip flexors. Hold your weight against the upper chest. Lengthen your spine and pull the abdominals in, then lean back until your abs engage. Hold briefly, then return to an upright position. For an extra challenge, try adding rotation (twisting) to each side while you are leaning back. Perform repetitions until you begin to fatigue. Do a second set if desired.

#### Seated deadlift

Lean forward with the weight hanging toward the floor with feet wide and arms extended downward (gravity will pull the weight toward the floor). Keep the back flat. Using your upper and lower back, return to the upright position. As a bonus, squeeze your glutes together at the top. Perform 10-15 repetitions.

## Seated abductors (outer thigh) with band

Place the loop of band around your legs above the knees. You should feel some tension before you begin moving your legs. One leg at a time, rotate at the hip so you are lifting the leg up and then out (away from the midline), then return it to the start position. Alternate legs with each repetition. Focus on moving with the muscles of the outer leg and glute rather than just tapping to the side with the foot. Perform 15 sets or 30 total.

## Seated clamshells (glute stabilizers)

Place the loop of band as above. Lengthen your spine, then lean back slightly. Hold the chair for support if desired. Press the knees apart while keeping the soles of the feet locked together. Try to engage the outer glute muscles as you press. Hold briefly, then relax the tension slightly. Repeat until muscles are fatigued.

#### Hamstring press with ball

Place the squeezy ball behind one knee while keeping the foot up and knee lifted. You can hold onto the ball if desired to keep it in place during the exercise or place the hands on the shin. Squeeze the ball by pressing the calf toward the hamstring; hold briefly, then relax the tension slightly. Try to contract your hamstring muscles to squeeze the ball. Perform 15-20 repetitions on each side.

### Adductors (inner thigh) with ball

Place the squeezy ball between the upper legs, just above the knees. Engaging the inner thigh muscles, pelvic floor and lower abs, squeeze the ball firmly, then relax the tension slightly. Perform 25-30 repetitions.

I hope this article gives you new exercise ideas you can do without machines or needing to even stand up.

Remember, consistency is the key, so make sure you are strength training the entire body (upper, lower, core) two to three times weekly. Feel free to perform multiple sets of each exercise as you get stronger and increase the weight or tension accordingly.

Happy lifting!

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## **Neighborhood Notes**

#### Buckman Community Association By Susan Lindsay

Buckman Community Association, buckmanpdx.org, meets Thursday, December 9, 7-9 pm virtually. Contact BCA anytime at buckmanboard@googlegroups.com for the link or to bring any item to our attention

The November 18 meeting opened with Mike Pullen from the Earthquake Ready Burnside Bridge Project Team showing colorful slides with options of cost-saving proposals for the new bridge. If you recall, voters soundly rejected that huge Metro transportation package and now the County needs to shave \$100-\$200 million off the project to get it built, hopefully before the quake. To find out more and weigh in on the belt tightening process, visit multco.us/earthquake-ready-burnside-bridge.

County Commissioner Sharon Meieran spoke to the mental health services challenges facing our community. The Commissioner was engaging and open, but did not hold back in her assessment of how serious the problems are. She would like to see more services and more coordination between the City and County regarding not only the homeless, but the large numbers of meth addicts needing treatment and psychological care

Debbie Kitchin, member of the Portland Charter Review Commission, presented on the current review process and informed the meeting attendees that the committee is seriously looking at recommending a new structure of civic government and ditching the current citywide Mayor and Council structure. This will all need to voted on by Portlanders, so stick around as things could really change. Expect more news on this later this spring.

State Representative Rob Nosse attended to help shed light on the assertion of Portland Police that the legislature has "tied their hands" when it comes to being able to intervene in destructive protests like the one on Indigenous Persons Day which caused \$1-2 million in damages to downtown and the Pearl District businesses. Nosse said that is ridiculous (actually he used another acronym which starts with a "B" and ends with an "S"). The Representative was asked about recent reports in the narrative around the rationale for inaction by Portland Police and Multnomah County DA's Office as the current "pandemic" of stolen cars and catalytic converters occurring in SE, NE and N. Portland, has changed from "we don't have enough resources" to "Oregon State law won't allow us to make an arrest." Nosse was surprised to hear this as this was the excuse made several years ago, which the legislature worked and specifically fixed in 2019, so why this old story was being given new life was curious. He said he'd look into it and report back, which he is excellent about doing.

At the December 9 BCA Meeting, those that would demolish the long standing and Buckman icon, the Jolly Roger Bar, and turn it into five stories of 112 apartments will be on hand to describe their plans and hear from the public. Will there be any parking? None. It has been suggested that this new apartment complex might help be part of the transportation solution by providing an electric car charging area. Will these units be affordable? I guess we'll find out.

Also at that meeting, former Mayor Sam Adams, former aide to Mayor Katz, and currently special assistant to Mayor Wheeler (in fact his real title is "Director of Special Innovations") will come to talk with the BCA at our invitation. He knows so much about how the city does and does not work. We want to ask about garbage, public safety and a host of other issues. Adams is articulate, knowledgeable and savvy and it should be an interesting time.

Looking ahead to January 2022, a developer wants to put in a high rise on NE Sandy around 9th or 10th Avenues. We are working to get them to our January 13 meeting and hope to get City Commissioner Carmen Rubio too.

#### HAND By Jill Riebesehl

The Hosford-Abernethy neighborhood is actively making plans for increased involvement at our level and with surrounding neighborhoods. We are eagerly looking forward to many old and new goings on in the coming year.

At the Board's November meeting, we heard from William Kaven Architecture about a five-story apartment building planned due east of the condos at SE Division St. and 26th Ave. City policy now requires developers to bring their proposals to the attention of the local neighborhood association. Many affected neighbors attended the Zoom meeting, which included a presentation, discussion, questions and answers.

In other business, the Board went on record (for the second time) to ask for increased staffing at Fire Station 23 (SE Gideon St. and 13th Ave.). The station is staffed by two people. Recent fires in our vicinity provoked renewed concern. We are letting all those in city government with the authority to increase staffing know of our request for two more staff positions.

Also, after noticing that the south elevator to the new Bob Stacey bicycle/pedestrian bridge over the tracks had not been functioning reliably for some time, we took steps to alert those in charge. There had been no signs letting people who would be seriously affected know in time to change their routes.

In years past, the HAND board, instead of meeting in December, has enjoyed a neighborhood holiday social. The party didn't happen last year, and won't again this year, for obvious reasons. We will, however, be meeting via Zoom Tuesday, December 21, 7 pm and all are welcome. We will be posting the agenda.

#### Mt. Tabor Neighborhood Association By David Petrozzi

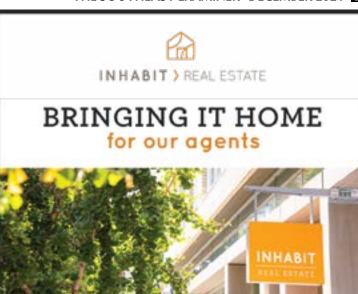
MTNA hosted a community meeting November 17 on Zoom. We heard a special presentation from the Oregon Remembrance Project regarding its initiatives to work towards racial justice and reconciliation in various towns and cities across our state. In addition, there was an exploratory appeal to reinstate Portland's traffic calming program that was discontinued due to the pandemic. We discussed a potential forthcoming second phase of the city's residential infill program and updated our members regarding SE Uplift's planned bylaw changes affecting neighborhood associations across town.

MTNA will host our next community meeting on Zoom Wednesday, January 19, 7 pm. Find links for this and all of our meetings, under the "Meetings and Events" tab of our website, mttaborpdx.org. MTNA creates a monthly newsletter about important civic issues, which you can find on our website next to each month's meeting minutes.

#### North Tabor Neighborhood Association By Kim Kasch

At the November North Tabor Neighborhood Association meeting, officers were elected. Appointed were: CJ Alicandro (Chair), Ross Hiner (Vice-Chair), Patty Lackaff (Treasurer) and Sarah Mongue (Secretary). Jules Unger and Lisa Maddocks will serve as Communications and Land Use/Transportation Representatives.

\*\*Continued on page 15\*\*



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## **Neighborhood Notes**

from page 13

Some of the Board will plan to attend a Hard Hat tour of the new development project at 52nd Ave. and E Burnside St.

Trang Shanbaugh of Masa Fresh, masafresh.com, gave a presentation regarding connecting local farms and producers to local people to purchase items.

Join us at our monthly meetings on the third Tuesday of the month, 6:30 pm, via Zoom. You can find more information at the NTNA website, northtabor.org.

#### Richmond Neighborhood Association By Brian Hochhalter

Richmond Neighborhood Association held its monthly meeting November 8. Meetings are held via Zoom the second Monday of the month, 6:30-8:30 pm. The link to preregister is on the Agenda, which is posted to the RNA's website, richmondpdx.org, and sent out to the RNA Announce listserv. To be added to the listserv, email richmondnasecretary@gmail.com.

Rob Nosse, our State Representative for District 42, joined us and described the legislature as being in an "in-between moment," as the long session ended in June and the short session starts in February. He addressed the redistricting efforts at the state, as well as the congressional level, as census data is processed. The houselessness issue and the struggle to get relief funds to those in need before the moratorium on evictions runs out was discussed. He noted that upcoming issues for the short session include behavioral health, COVID-19 relief, overtime for farmworkers, policing and racism challenges, campaign finance and immigration. Questions were fielded from Board members and neighborhood members alike.

The RNA Board had an extensive discussion regarding the proposed SE Uplift (SEUL) bylaws changes

Two new committees were created: DEIA (Diversity, Equity, Inclusion, Access) and Houselessness. Come to our next meeting if you are interested in getting involved on these topics. The Sustainability Committee was renamed to Sustainability and Climate Change.

PBOT will be making safety improvements and installing features to the intersection of SE 48th Ave. and Division St. to deter drifting in the intersection (cars doing donuts in the intersection).

The next meeting is Monday, December 13. Please attend if you want to be more involved in, and informed about your community.

#### Sunnyside Neighborhood Association By Gloria Jacobs

At the November meeting, the Sunnyside Neighborhood Association welcomed new faces. We are co-sponsoring this year's Peacock Lane holiday lights event. Join us Saturday, December 18, 6 pm where Peacock Lane and Belmont St. intersect to walk the holiday light show. We'll begin the tour at 6:10 pm. We encourage you to dress in warm layers and wear a mask.

Johanna Brenner from the Portland Metro's Peoples' Coalition spoke about the Portland Committee on Community Engaged Policing's (PCCEP) recommendations to City Council and asked for the SNA's endorsement, which we gave.

The SNACC Committee will be hosting a clothing drive on Saturday, December 4. Event details are posted on both the SNA website, sunnysideportland.org, and Facebook page, facebook.com/SunnysidePortland

Consider joining our next meeting, Thursday, December 9, 7 - 8 pm when we host Oregon State Representative Nosse. He will provide legislative updates and lead a Q&A. Meeting details and the agenda will be posted on the SNA website on Monday December 6.

As the holidays near we're approaching the one-year anniversary of the Sunnyside Shower Program. We gratefully accept donations to keep our volunteer-run project going. Donate on our website or via Zelle to treasurer@sunnysideportland.org. Please specify the Sunnyside Shower Program.

Interested in what we're doing? Our next Sunnyside Neighborhood Community Cares (SNACC) Committee meeting is Thursday, December 16, 6:30 pm. Details will be posted on the SNA website the week of December 13.

#### Montavilla Neighborhood Association By Jacob Loeb

Two guest speakers presented at the November Montavilla Neighborhood Association (MNA) general meeting. A representative from Multnomah University outlined a construction project planned for completion in 2022 and members from the houseless service provider JOIN shared an organizational overview. Additionally, the MNA voted to create a new Education Committee to handle school and other learning resource subjects.

Eric Linman from Multnomah University joined the general meeting to provide the institution's annual report to the membership. The university is creating a regulation-sized synthetic turf soccer field with lights and a scoreboard. A six-foot fence on the north and south ends will keep the ball from traveling too far off the soccer pitch. The long sides will have a four-foot fence allowing spectators a protected view. Field construction is underway now, continuing through 2022. Stadium lighting for the field requires further studies and then a type three review with the city and the MNA.

Katrina Holland from JOIN, joinpdx.org, walked the attendees through the organization's services. For over seven years, they have worked from the building at 1435 NE 81st Ave., assisting the unhoused population. The location serves as the office for 50 caseworkers and offers day services for over 100 houseless to clean up and meet with staff. Their primary goal is to transition people off the street and into stable housing.

A new member of the MNA spoke about changes occurring to Portland Public Schools with interest in having the Association facilitate some conversations about those issues. The Board voted to create an Education Committee to take on that project and work on future educational matters.

Audio recordings of previous meetings are available online at montavillapdx.org/pdx-mna-meeting-podcast. The last meeting of 2021 is on Monday, December 13, 6:30 pm. Details are available at montavillapdx.org/mna-calendar.

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# Pricing Options for Equitable Mobility

from page 1

sil fuels accounts for approximately 42 percent of the carbon emissions in the region. Reducing greenhouse gas emissions by lessening the need to drive and by pricing transportation appropriately can improve climate outcomes as well as provide funding needed for these improvements.

The City of Portland, Metro and the Oregon Department of Transportation are working on ways to address the challenge of climate change, congestion and safety through pricing.

Each agency makes decisions for different parts of our region's transportation system. The projects undertaken by these three agencies are coordinated with each other, allowing them to cooperate and learn from one another.

The City of Portland is advancing a new report titled, *Pricing Options for Equitable Mobility* (POEM). It expects to develop improvements in transportation by changing its economics on multiple levels.

This is a partnership between the Portland Bureau of Transportation (PBOT) and the Bureau of Planning and Sustainability (PBS). The project began in 2020 by exploring a variety of issues and suggestions for many needed improvements.

These transportation challenges affect everyone, but they disproportionately impact Black, Indigenous People of Color (BI-POC), low-income Portland residents and disabled citizens. Automobile access is unavailable to 27 percent of Black households, double the percentage available to white households.

Past transportation decisions and historic land use disinvestment has disproportionately harmed low income BIPOC communities. This has resulted in the demolition of neighborhoods, gentrification, longer travel times, unequal access to transportation options and increasing risks to personal safety.

The POEM project looks closely at the issue of equity while addressing climate and the issues around funding.

Improvements in pricing such as off-peak travel, various non-driving options and carpooling can improve travel choices and encourage behaviors that will add capacity to the system.

Other cities have effectively used pricing to reduce congestion, cut pollution and manage the demands for road space. Pricing will also generate funds to reinvest in future mobility improvements.

Pricing refers to strategies that involve charging people for driving and the other uses of the roads. These charges can vary based on different factors such as, road congestion, the time of day or what type of vehicle is using the road.

Widening and building roads is very costly, both financially and environmentally, therefore other solutions must be considered.

Changes in transportation economics will help people consider the impact of their travel choices and increase the efficiency of local transportation.

For some time, there has been regional and statewide interest in changing the pricing of transportation, called "congestion pricing" or "value pricing."

Cities such as New York, Seattle and San Francisco have demonstrated that pricing strategies can help reduce single-occupancy vehicle trips and support more efficient, sustainable and equitable modes of transportation

To improve mobility for people and goods throughout the city, we will need to use a variety of transportation tools. This includes efficient allocation of road right-of-way, building improved infrastructure, providing greater mobility, offering incentive programs and equitable pricing with reinvestment.

Both publicly and privately owned off-street parking can be improved with fee revision.

The POEM community task force is comprised of 19 members representing diverse perspectives, interests and expertise from across the community. They will inform and advise PBOT and BPS about changing the pricing of local transportation.

After two years of analysis, a majority of 16 task force members voted to approve all the recommendations in the report that is going to City Council. It is expected that the new pricing strategies will move forward.

The POEM community task force has used many of the concepts in a *Mobility Equity Framework* document developed by the Greenlining Institute, a nonprofit organization in Oakland, CA. They are committed to building a just economy by working with a variety of partners advocating for and building momentum for trans-formative change.

Pricing is a promising and under-utilized tool that could help make our transportation system more efficient. However, it is important to choose appropriate tools and exemptions that will allow the revenue to be used in ways that advance the goals of transportation justice.

The POEM task force believes that the city should continue to study the impact of mobility and partner with communities, businesses and organizations to explore improvements to the transportation system that will benefit all Portlanders.



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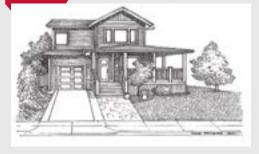
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## **Community Events**

## **ZooLights**

Oregon Zoo Through Sunday, January 9 oregonzoo.org/visit/zoolights

Oregon's most popular holiday tradition is back and better than ever! Kids and adults alike agree: it wouldn't be the holidays in Portland without a visit to ZooLights. In addition to the classic walk through a dazzling display of 1.5 million lights, you can bring your family and friends to explore the lights by car with a drive-through experience on select nights.

## **Christmas Ship Parade**

Willamette and Columbia Rivers Friday, December 3-Tuesday, December 21 www.christmasships.org/

The Christmas Ship Parade began in 1954 with one lone sailboat from Portland Yacht Club. Today, the Christmas Ship Fleet averages 55-60 boats between the Columbia and Willamette River fleets, with displays that are brightly lit and can be seen from bank to bank on each river. The boats, 14-65 feet long, are brightly decorated for the holiday season and draw thousands of residents each night to the banks of the rivers.

## **Crafty Wonderland**

Oregon Convention Center Friday, December 10-Sunday, December 12 craftywonderland.com

Crafty Wonderland believes in sharing all the crafty goodness the community has to offer with real goods made by real people. The twice-a-year market features 200+ artists at the Oregon Convention Center and in their brick-and-mortar store stocked exclusively with goods, gifts and art created by Portland's best and brightest. Since its inception in April 2006, it has become the largest handmade craft show in the Northwest.



LEFT TO RIGHT: Jamie Marion, Kevin Caplener and Jan Caplener



WINDERMERE REALTY TRUST

The Caplener Group is a dynamic real estate team that is part of the Windermere Realty Trust family of brokers.

We specialize in homes for sale in Southeast Portland, and have been representing buyers and sellers here for over 35 years. We have the kind of knowledge and insight that can only be gained through experience.

But we aren't old school; we work with the latest and best in real estate technology. That means you can sell your home faster and for more money, or find your dream house or next investment in the most efficient way possible.

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5015 SE Hawthorne Blvd., Portland, Oregon Gold Level Sustainable Office













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