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August

2021

southeastexaminer.com

Our 32nd Year

Vol 32 No 8 Portland, OR

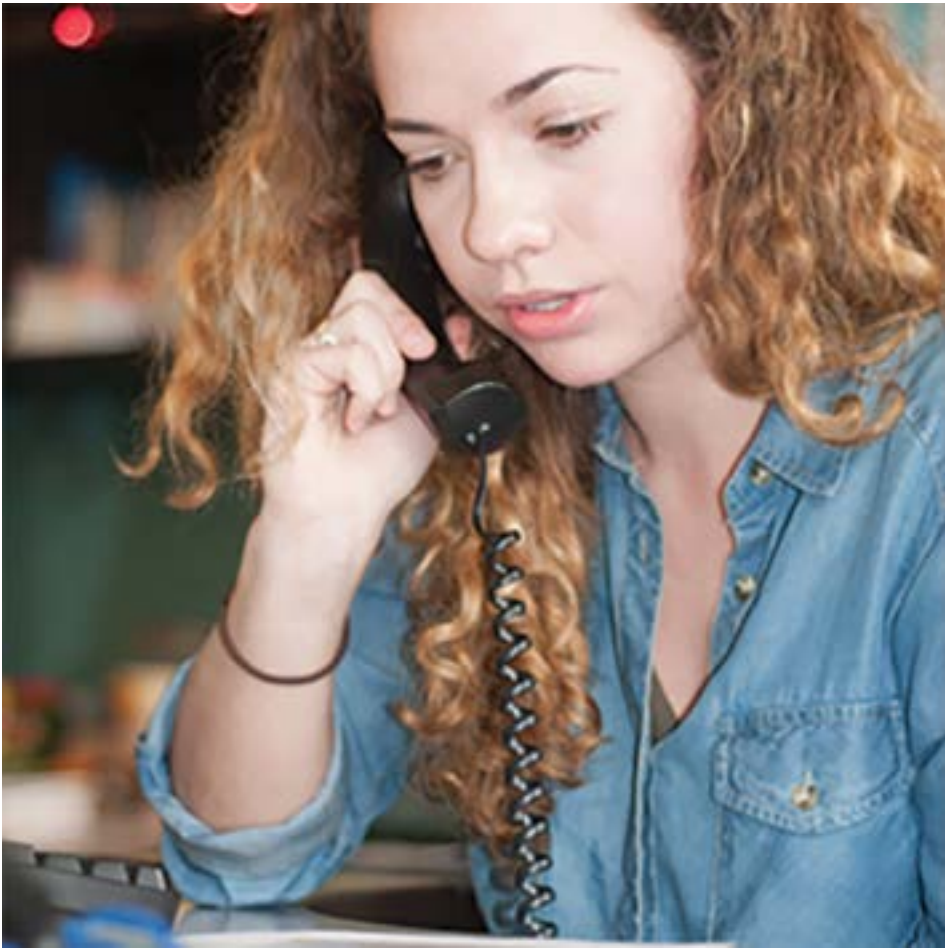


Photo by Lines for Life

# Lines for Life

By JACK RUBINGER

Lines for Life is casting a wide net to reach Oregonians in need of community resources and assistance. The program is driven by the devastating impact of forest fires and the pandemic on our daily lives.

The COVID-19 & Oregon Wildfire Outreach Program (COWOP) was developed to increase resource accessibility for some of Oregon’s most under-served populations (including, but not limited to Hispanic, Black, refugee/immigrant, tribal and LGBTQ+ communities), as well as those living in rural/frontier counties.

Mina Meman is leading a team of

30+ professionals to handle calls seven days a week. The organization has ambitious goals.

“We’re hoping to reach 14,000 people,” Meman said. “We built the program, bottom up, and that entailed hiring people, refining the program in response to what we learned about the community needs, verifying more than 2,400 resources and ultimately building a database of resources.

“We’re getting calls because people, especially seniors, refugees, Black communities, Hispanic communities, folks living in rural areas and migrant workers, need help and it’s hard to find one place that can put you in touch with multiple resources.”

“We are all fortunate to work with and for her,” said Michael Watkins, an Outreach Specialist. “We don’t just toss our contacts a blind resource, pat them on the back and send them on their way. We follow up with them to ensure they received the help and assistance they seek and if they are unsuccessful, we walk with them, until we help them to resolution.”

continued on page 9

# OCCL Continues to Change to Address Problems

By DON MACGILLIVRAY

It might be said that Portland’s Office of Civic and Community Life (OCCL) is a Utopian experiment that potentially could save us from a Dystopian present.

Portland has struggled with its coordination of neighborhoods since its inception almost 50 years ago. This expansion of local democracy has received national acclaim, but it has gone through many ups and downs due to the political diversity of its dynamic nature.

OCCL, formerly the Office of Neighborhood Involvement (ONI), is responsible for facilitating city-wide citizen engagement. It has a potpourri of responsibilities including noise control, cannabis regulation, liquor licenses, graffiti control, community safety, neighborhood mediation and various civic engagement functions, as well as overseeing the city’s 95 neighborhood associations.

In recent years, the organization was under the administration of Commissioner Chloe Eudaly. With her departure, OCCL is now managed by Commissioner Jo Ann Hardesty.

The Office is positioned to tackle some of Portland’s challenging community problems through the use of an equity lens focusing on the impacts of race and ethnicity. They use collaborative, human-centered approaches to respond to Portland’s urban challenges and to build community.

Recent problems within OCCL began with a city audit in 2017 seriously criticizing the group (then known as ONI). The

Executive Director was offered a year’s salary to resign and the new executive director believed she had a mandate to reform Portland’s system of neighborhoods.

Program difficulties developed with the desire to improve the influence of the diversity programs by circumventing established neighborhoods. This became acute when OCCL formed a code revision committee of diverse ethnic leaders to remove important language defining the role of neighborhood associations. Neighborhood leaders opposed this revised code and it was tabled indefinitely.

For the past few years, the city ombudsman has received an unprecedented number of personnel complaints from OCCL, including intimidation, harassment and retaliation that resulted in extreme employee discontent. Last fall, Commissioner Eudaly hired ASCETA, a local consulting firm, to undertake an independent assessment of the Office.

The purpose of the assessment was to clarify the group’s mission and evaluate the health of its work environment. The report included surveys from over 60 percent of the employees as well as interviews with other significant individuals. Released in March, the report documented many behaviors that contributed to the dissonance and dysfunction within the group.

When the media requested the report, the city refused, claiming attorney client privilege. This was overruled by the Multnomah County District Attorney.

continued on page 5

# Free Dental Care for Portland Kids

By NANCY TANNER

Dental 3 (D3) was formed in 2014 as a partnership with Medicaid Dental Plans, Coordinated Care Organizations and Community Partners in the Portland metropolitan community.

They serve 175 elementary and middle schools plus Head Start and Early Start programs throughout the Tri-County area. D3 services are free to Title One schools or

those that receive federal free and reduced lunch rate of at least 40 percent or higher.

Paid for by the Medicaid dental plan it is available to every student, even if they are insured elsewhere. The service includes dental assessments, application of dental sealants, oral hygiene kits, referrals, case management and oral health education.

Robin Moody, Executive Director

continued on page 5

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CAFES AND SCHOOL REOPENINGS

SE Cafés Gradually Reopen

SE cafés have reopened, with protocols varying from masks and distancing to near pre-pandemic normalcy. PAGE 8

New Kellogg Middle School Reopens

After more than three years of planning and construction, Kellogg Middle School is ready. PAGE 9

COMMUNITY NEWS

Nominate an Exceptional Volunteer

AARP Oregon is currently accepting nominations for the Andrus Award for Community Service. PAGE 6

Multnomah Falls Reservations

Find out more about the new reservation system for those planning to visit Multnomah Falls. PAGE 7

GOING OUT

A Farewell to Carlton Jackson

The passing of one of Portland’s busiest drummers and radio hosts. PAGE 10

Montavilla Jazz Festival 2021

This year’s Fest is mostly online and free with a fine line up. PAGE 11





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Rs Representatively Speaking

By STATE REPRESENTATIVE ROB NOSSE

This is the first one of these columns that I have written since the 2021 Legislative Session ended. Now that I have had a little break, I have been reflecting on what we accomplished, as well as observing where we need to invest further or just frankly fix something. (I will say more about “unfinished business” in a future column.)

We passed a lot of good bills this session addressing racism in policing, making investments in Oregon’s economic recovery and affordable housing, mandating safe storage for guns, expanding access to healthcare and setting ambitious goals in our effort to confront climate change when it comes to our power grid and utilities.

As you may have read about in my recent opinion piece for *The Portland Tribune*, one other major area of accomplishment this session was passing a historic behavioral health “package” of bills and budget allocations to finally start meaningfully addressing behavioral and mental health in our state.

Our state is experiencing a behavioral health crisis that touches the lives of nearly every resident. Many of us have directly experienced the difficulty of finding treatment for ourselves or a loved one.

Parents, teachers and students have seen the rising levels of behavioral challenges in our schools and almost everyone in our corner of Portland has witnessed the growing frequency and severity of individuals experiencing mental illness on our streets.

Our state struggles with high rates of substance use disorder, overdose deaths and suicide. Mental Health America ranks OR 48th in the country due to our higher prevalence of mental illness and lower rates of access to care.

Oregon has the 11th highest youth suicide rate in the US and during January-June 2020, at least 339 people died of a drug overdose here.

Meanwhile, people with behavioral health needs are “stuck”



throughout the system – waiting for beds at the State Hospital or stuck in the State Hospital because they cannot be discharged due to a lack of community placements, stuck in jail or houseless, and thus with no way to recover.

Clearly none of this is good. Oregonians need and deserve better.

An improved budget forecast and President Biden’s stimulus package opened the door to finally think transformationally about behavioral health.

With the help of local advocates from SE Portland and across the state, we were able to pass a \$474 million behavioral health package for Oregonians.

The investment package broadly targets four main priority areas.

First, it will fill some of the gaps and support the community needs we already know exist, like expanding access to crisis services.

Second, it will fund a surge in our workforce, helping improve conditions for those already doing the work and attracting new workers from more diverse backgrounds.

Third, it establishes a fund for community innovation, where local stakeholders can determine the most pressing needs in their community.

Too often we have approached behavioral health with a “one size fits all” approach, but

what works in Medford may not work in SE Portland. This fund will allow our community to find what works for us while reducing strain on the overall system.

Finally, the package creates a transformation fund to align and transform the behavioral health system to ensure greater system accountability, outcomes and funding alignment, clear roles and responsibilities, and ultimately sustainable funding for appropriate and quality services.

Let’s not forget, we approved Ballot Measure 110 last November, which moved \$302 million in funding to substance use disorder treatment, transforming the way we deal with addiction in this state.

The goal of these investments is to create a system in behavioral health, seamlessly integrated with physical healthcare, with multiple entry points, “no wrong doors” and as few gaps as possible.

We will know we have succeeded when patients have timely access to services at all levels and when we see reductions in homelessness, ER visits, hospitalizations and overdoses.

With this approach, I hope to look back on 2021 as the year we began true transformation of our behavioral health system. Over the next several years as these investments take shape, I hope everyone in our community will begin to see the difference.

SE the SOUTHEAST EXAMINER

Serving residents of Hosford-Abernethy, Kerns, North Tabor, Laurelhurst, Montavilla, Mt. Tabor, Richmond, Buckman, South Tabor and Sunnyside neighborhoods.

Total circulation: 26,400  
(24,800 mailed copies + 1,600 placed in street stands)  
Mailed and distributed the last week of each month.  
Founded in 1989.

Publisher/Editor/Advertising: Kris McDowell  
Proofreader: Albert Q. Osdoe  
A & E: Brian Cutean

1020 SE 7th Ave #14313, Portland, OR 97293  
503.254.7550  
examiner@seportland.news  
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## Common Ground Reckoning with Land-Race History

BY KATE BELT

Common Ground Presbyterian Church, 2828 SE Stephens St., was originally incorporated in 1961 as Colonial Heights, a name based on the real estate designation at the time. It has researched a legal name change, but will more likely use Common Ground as a “doing business as” name.

For over five years, Presbyterians have opened meetings by recognizing land occupants who were unjustly moved off their properties, speaking the names they have called themselves.

What we now call Portland and Multnomah County were traditional lands of many Native American tribes that include those who made their homes along the Columbia River.

Today their descendants are members of the Confederated Tribes of Grand Ronde, the Confederated Tribes of Siletz Indians and the Chinook Nation in Washington State.

As part of a 10-month cohort with Ecumenical Ministries of Oregon on structural racism, Rev. Linda Stewart-Kalen, pastor of CHPC since 2005, took up researching the history of Common Ground's property ownership.

The earliest records show that neighborhood land became property under two grants from the Donation Land Claim Act that took effect September 27, 1850, giving land to white males

only. If married before December 1, 1851, these men could claim an additional 320 acres in their wife's name.

James E. Stephens and a family named Dobbins made initial claims to land in SE Portland. Gideon and Mary Tibbetts later took over the Dobbins' claim. These are familiar street names to those in the neighborhood.

Common Ground was formed by merging three churches from three different cultural communities: Scottish, Chinese (mostly Cantonese speaking people from Southern China, Guangdong province) and the third, itself a merger of three churches; one started by Italian immigrants.

Common Ground's chartering documents and history note the crossing of racial boundaries. A 1964 article in *The Oregonian* on the dedication of the building reported that "the congregation has been interracial from the beginning. Chinese, Greek, Italian, Sicilian, Japanese and other nationalities worship together."

One might wonder that these immigrants were not noted as Americans.

The church has shared its building and grounds with other congregations, youth organizations, support groups, art groups and performing artists.

Long time building partners include the Veterans' Acupunc-



*Photo of Common Ground Presbyterian Church by Kris McDowell*

ture Project, Hawthorne Family Playschool, and since 2019, Metropolitan Community Church (MCC).

The spacious grounds, rain gardens, poetry boxes, meditation stations and Audubon Gold Certified, Metro Pollinator Habitat offer a welcoming neighborhood green space in an area lacking nearby parks.

Declining church membership due to deaths and demographics along with COVID-19 have all taken a toll on Common Ground's ability to sustain building maintenance and staffing.

Rev. Stewart-Kalen is part-time, as is the music director and a childcare helper. The church continues to seek building partners who can share the expenses.

What happens next to the land when upkeep becomes unsustainable? Is it time for hospice or is transformation possible?

Real estate is held by the presbytery (a regional, governing body), so it would be up to them to decide about future use or sale of the building. In the meantime, church leadership continues to seek discernment about its future and addressing questions related

to the relationship between and ownership and power.

Neighbors who have ideas to share are welcome to come by for an outdoor ice cream social Tuesday, August 28, 4-6 pm, that will be co-hosted with MCC.

Rev. Stewart-Kalen can be available to offer 30-minute building tours at 11:45 am (following the 10:30 am worship service) on Sunday, August 1 and Sunday, August 8.

More information about  
Common Ground at [chpcpdx.org](http://chpcpdx.org).

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# Pacific Northwest Birding Companion for Novice Birders

By ELLEN SPITALERI

To get closer to nature, all you have to do is look up. Go outside, look up at birds in the sky and to find out more about them, look them up in Stan Tekiela’s new book *Pacific Northwest Birding Companion*. Tekiela is the author of more than 175 field guides, nature books, children’s books and wildlife audio CDs. He is a well-known naturalist, wildlife photographer, columnist and radio personality. His book is particularly handy for novice birdwatchers, as it is organized by bird color. If a flock of small yellow birds sud-

denly appears in your backyard, turn to the yellow section in the book, then page through until you see the goldfinch or Wilson’s warbler, the most common yellow birds in the metro area. Tekiela said it seemed natural to organize the book by color of bird. “For the past 45 years, I have been leading birding trips for beginning birders. It was painfully obvious to me that most people first see color. Not the shape or behavior, but just a flash of color.” The *Pacific Northwest Birding Companion* is more than just

a book about identifying birds, it presents strategies for observing birds, describes bird nests and migration patterns. It is illustrated with colorful photographs of individual birds, many of them taken by Tekiela. A map of birding hotspots from British Columbia to Idaho is included, as is advice about what to do if you find an injured bird. Each page includes space for observers to keep field notes about bird sightings. Tekiela said that in general he goes to national wildlife refuges to observe birds, “because there are fewer people and more wildlife, as compared to the state parks which are set up more for people.” Ridgefield National Wildlife Refuge, in Ridgefield, WA and Tualatin River National Wildlife Refuge, in Sherwood, are within an hour’s drive of Portland. Other close-in birding spots are Oaks Bottom Wildlife Refuge, Sauvie Island Wildlife Area and Smith and Bybee Wetlands. Tekiela likes to go along the coast to see a wide variety of birds from peregrine falcons to shorebirds and gulls. On the Oregon Coast, he recommends Fort Stevens State Park for songbirds and Tillamook Bay for waterfowl. His favorite bird that can be found in the Pacific Northwest is



Photo of Stan Tekiela by AdventureKeen

the Lewis’ Woodpecker, “because there is something super cool about a green woodpecker.” The bird was named after Meriweather Lewis first described the bird in 1805 during the Lewis and Clark Expedition. Although he has been interested in nature and birds for as long as he can remember, Tekiela is somewhat surprised about the recent uptick in birdwatching. “I do know that as people get older, they seem to get more interested in learning about nature and birds in general,” he said. Looking at birds is a good excuse for a summer road trip, but people can also watch birds in their own backyards in the Portland metro area. “Backyard bird-feeding and water stations are a fun way to draw birds closer to your home where you can see them. Offering shelled peanuts is one way to really increase the number of birds coming to your feeding stations,” Tekiela said. “Backyard bird feeding is a marvelous way to connect back into nature,” he added “When we

feed birds in our backyards, we are not doing it for the birds or to help them survive, because the birds have been surviving without us feeding them for millions of years. “It is for our own benefit that we feed birds. We feed birds in our yards, to draw them closer to where we can see them. It helps us to connect to nature in ways we didn’t expect. “Learning about birds and how to identify them is just the first step into a greater understanding of the natural world and we are completely and utterly dependent upon the natural world,” he concluded. “Perhaps if we understand more about the natural world, we will be better stewards of the planet.” *Pacific Northwest Birding Companion*, is available at [tinyurl.com/Pacificbirding](https://tinyurl.com/Pacificbirding). Find the ebook version at the Multnomah County Library. To report an injured bird in the Portland area, call Portland Audubon’s Wildlife Hotline at 503.292.0304.

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## Letter to the Editor

Editor’s note: Letters to the Editor should be less than 300 words and The SE Examiner reserves the right to edit them for length or content.

To the Editor:  
I am responding to the article by Gabe Frayne in the July 2021 issue, “North Tabor Freeway Noise.” It is interesting that folks seem to be just noticing this now. I’ve been living in the North Tabor neighborhood for 18 years and the repetitive sound of late night motorcycle racing on the freeway has been well established for at least five years pre-pandemic, if not longer. It is such a common noise puncturing the night, that it is tantamount to the daily freight trains that often scream up the hill at any and all hours of the night and early morning. While we can’t do much about the trains (progress: “the spice must flow”), I have never observed any enforcement of

speed limits on our little stretch of freeway. It is the same with speeders barreling down NE 67th Ave., a freeway outlet street. Several years ago there was an apparent effort to clock motorists there with a speed reader. That came and went and there was no change in driver behavior whatsoever on that street. I’ve observed countless people going 45-55 mph or above regularly on that street. The posted speed is 20. Maybe one out of a thousand people actually drives 25 mph there, but I have never seen any enforcement for as long as I’ve lived in the neighborhood. We seem to be in a forgotten pocket of the city where people just do as they please without consequence or regard for rule or law.

Lisa Gorlin



# Free Dental Care for Kids

from page 1

of D3, said, “The D3 program increases dental services to the most vulnerable children who are less likely to receive private dental care. These children are 12 times more likely to have dental health issues.”

Cavities often cause pain and infection that can lead to a child having problems with eating, speaking and learning.

Screenings are done three times a year at each location beginning at the start of the school year by dental assistants and dental hygienists in school libraries, cafeterias – anywhere onsite there is a private available space.

Moody said consent forms are included in a child’s back-to-school packet. If these don’t get returned, D3 does follow up phone calls and other outreach to offer parents information about preventative dental health.

In addition to care, the organization offers oral health educational resources and classroom presentations to increase understanding of the importance of good oral health habits and prevention.

One of the most promising

treatments is the School-Based Sealant Program (SBSP). Dental sealants are a thin, plastic coating placed on the chewing surfaces of the molars (back teeth) to help keep cavity-causing bacteria out of deep grooves and cracks. This protective shield blocks out germs and will protect against cavities for two years.

Another cavity preventative is fluoride varnish. This dental treatment makes the enamel of the teeth stronger, helps stops cavities from getting bigger and helps prevent new cavities from forming.

It is a highly-concentrated form of fluoride applied to the tooth’s surface by a dentist, dental hygienist or another healthcare professional. Studies have shown a 25-45 percent reduction in tooth decay resulting from fluoride varnish use.

The dental screening done for students by visiting hygienists does not take the place of a full dental exam done by a dentist as the school team can only see what is visible to the naked eye.

Families with children needing follow-up dental treat-

ment are contacted and assisted in connecting to a dental provider for ongoing care.

Moody stressed that their organization helps coordinate and navigate the dental care system with these families.

“We follow up with parents and with dental health plans and ensure that these children are placed with a dental home where treatment for cavities or other needs can be provided,” she said.

D3 has partnered with several dental providers who give free services to uninsured children.

Schools in SE Portland that will have the D3 program beginning this fall: Arleta Elementary, Bridger Elementary, Creston Elementary, Grout Elementary, Harrison Park, Hosford Middle School, Marysville Elementary and Vestal Elementary.

D3 occasionally has “pop-up” events at malls and community centers to provide these services too. Information on these events and all of D3’s services are at dental3.net. The website also provides fun videos for kids to watch and learn from.

# OCCL Continues to Change

from page 1

The report determined there were serious leadership problems and a lack of support from within the city. The report was intended to help management respond to its problems, but it became clear that major changes would be required.

Five managers including the executive director, Suk Rhee, were deemed responsible and are now gone. Rhee was cited for the poor office morale, intimidation and unsound leadership. Employee complaints occurred throughout her tenure at OCCL and many workers either resigned or were fired.

City commissioner Mingus Mapps, a former employee, was one of the people removed from his job. Rhee’s justification for the situation was that the reform and transformation of the Office required these changes. This transition cost approximately half a million dollars for the assessment process and the severance packages for the director and two managers.

This year on May 20, Michael Montoya became the interim director of the OCCL. He was the strategy, innovation and performance manager in Commissioner Hardesty’s office and has had experience with equity-based programs.

It will take time for the current office to heal, as well as to repair, the many relationships among community organizations. After the stability of the office is reinstated, a new executive director will be hired.

The Southwest Neighbor-

hood Inc. (SWNI) district coalition has recently been closed and is being reorganized under city control. This is due to a financial audit going back over 10 years when a financial manager was convicted of embezzling city funds.

Since then the SWNI has worked to improve and strengthen its financial management system, but the new management of OCCL, uncomfortable with SWNI, asked for an audit.

Over the past few years there were serious disagreements between the SW neighborhoods and the Office over decisions that were unfavorable to Portland’s neighborhoods associations.

The city did not renew the SWNI contract this year and two city employees will now provide equivalent services to SW Portland, making this district the third city-staffed office, instead of operating independently.

In spite of months of organizational difficulties, COVID-19 issues and the largest demonstrations seen in Portland in years, OCCL employees and volunteers continue to make significant contributions in Portland.

It is important to be optimistic about the future and the ability of the organization to provide equitable community and neighborhood support to the many groups and communities in the city.

10 years ago, ONI created a strategic plan known as Community Connect and much of it remains to be implemented. It might be a great way to begin the rebuilding process.



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## PP&R Seeks Feedback on Tennis Courts

Portland Parks & Recreation (PP&R) is currently seeking feedback on Portland’s tennis courts to inform the Outdoor Tennis Courts and Emerging Recreation Strategy for programming, maintenance and use of outdoor tennis and emerging court sports (futsal, bike polo, pickleball, etc).

There are 103 outdoor tennis courts located within 38 Portland parks, with only 30 of them considered to be in fair, good or excellent condition. The surface of these courts can be considered safe and enjoyable. The remaining 73 tennis courts have surfaces that are in poor condition.

PP&R has conducted research and analysis to draft initial actions for further consideration and is asking the public for their input prior to finalizing their strategy this fall. The draft strategy recommends:

- Providing outdoor tennis courts within three miles of Portland homes,
- Recognizing a tiered system for outdoor tennis courts (community tennis hubs, recreational courts and neighborhood courts),

ational courts and neighborhood courts),

- Maintaining the 16 courts that are in good condition,
- Develop a program to renovate the 69 courts in fair to poor condition, with priority going to community tennis hubs and recreational courts in under-served areas, and
- Considering the reuse or removal of 18 courts at Alberta, Brentwood, Burlingame, Creston, Essex, Hillside, Lair Hill, Northgate, Pier, Rose City and Westmoreland parks. These courts could be reused for emerging court sports (see above) and skateboarding.

The project website, [bit.ly/PPRtenniscourtproject](http://bit.ly/PPRtenniscourtproject), provides a map of all tennis courts, the Draft Executive Summary of the Strategy, a list of FAQs and a comment form. Comments must be submitted by Tuesday, September 7, 5 pm.

Additional questions can be directed to Katie Dunham, Parks Planner, at [katie.dunham@portlandoregon.gov](mailto:katie.dunham@portlandoregon.gov) or 503.679.0826.

## Community Working Group Participants Sought

The Interstate Bridge Replacement (IBR) is in the process of forming Community Working Groups for the I-5 bridge between OR and WA. They are seeking individuals who have unique or specialized familiarity, experience or expertise in one of four areas of special interest:

**Active Transportation** will advise and provide feedback on bridge type and configuration, connections, and design of walking/biking/rolling facility on bridge.

**Downtown Vancouver** will advise and provide feedback on Downtown Vancouver highway and transit connections, options and design.

**Hayden Island/Marine Drive** will advise and provide feedback on Hayden Island/Marine Drive interchanges and highway and transit connections, options and design.

**Multimodal Commuter**

will advise and provide feedback on Interstate Bridge user experience from a commuter perspective, including access to transit and other modes of transportation (i.e. auto, bike, rolling, etc).

Community Work Groups will range in size from 15-20 individuals, about half community-at-large, half stakeholder representatives. A professional facilitator will guide the work and meetings will last two to three hours.

An orientation is tentatively scheduled for the end of August with two to three meetings to be scheduled September-November. Community-at-large participants will receive a \$35 gift card for each session attended.

If you are interested in participating, contact Fabiola Casas at [Fabiola.casas@interstate-bridge.org](mailto:Fabiola.casas@interstate-bridge.org). If you know of someone who would be a strong candidate ask them to contact Fabiola to discuss next steps.

## Urban Nature Series Continues in August

The Friends of Mt. Tabor Park Urban Nature Series conducted its first sessions in April and May and it is returning in August.

The outdoor activities in the Series emphasize the natural beauty of Mt. Tabor Park and the importance of large urban forests in our everyday lives.

Activities on Sundays 2-4 pm, will again include guided walks, nature presentations and hands-on projects.

Each activity will be limited to 10 people and participants will be required to wear masks. Participants must come with appropriate clothing and walking shoes for all type of weather and terrain.

Activities are designed to accommodate children, adults and families who can manage walking on dirt paths and up and down small hills. Participants will



meet at the Visitor Center in the main parking lot where they will connect with the Activity Leader.

Schedule and registration at [taborfriends.org/urban-nature-series](http://taborfriends.org/urban-nature-series).

Questions can be directed to Hap Pritchard ([pritchap@spiretech.com](mailto:pritchap@spiretech.com), 503.880.4383) or Mo Klein ([moklein74@gmail.com](mailto:moklein74@gmail.com), 503.704.4488).

## All Library Locations Reopen by August 24

In July, Multnomah County Library (MCL) reopened seven more locations (Hillsdale, Fairview-Columbia, Troutdale, Hollywood, North Portland, Northwest and St. Johns).

The remaining MCL locations will reopen in August, starting with Belmont and Sellwood-Moreland August 3. The Central Library follows on August 10 and Albina on August 24.

The reopened locations will resume pre-pandemic hours except for new hours at the Central Library.

Patrons can browse, pick up holds without an appointment, use computers and Wi-Fi, scan/fax/print documents and get help from library staff. There will be no time limits on how long patrons may use the library.

“I’m proud of the new and innovative ways the library served this community during the pandemic, but there’s nothing we have looked forward to more than opening those doors to serve

people in person at every library,” said Director of Libraries Vailey Oehlke.

“I am grateful to our community for its support of the library through this historic and challenging time and I am eager to embrace our next chapter together.”

Library staff will be required to wear masks and they are recommended, but not required for patrons. Physical distancing is optional.

## Nominate an Exceptional 50+ Volunteer

AARP Oregon is accepting nominations for its 2021 Oregon Andrus Award for Community Service through Sunday, August 15.

This is the organization’s way of highlighting exceptional 50+ volunteers and shine a light on their service, commitment and desire to make a difference to the state’s livability and quality of everyday life.

“AARP Oregon values the contributions of volunteers across the state in any capacity,” said Joyce DeMonnin, AARP Oregon spokesperson. “Volunteers make

Oregon a great place for people of all ages, races and ability to live, work and play.”

Nominations will be evaluated based on how the volunteer’s work has improved the community, reflected AARP’s vision and inspired other volunteers.

Eligibility requirements include:

- Achievements, accomplishments or service on which the nomination is based to have been performed on a volunteer basis, without pay
- Nominees must be 50 years or older

• Couples or partners who perform service together are eligible however, teams are not.

Each nomination should be 500 words or less and provide examples that are quantifiable if possible. Recipients of the award will be honored at a virtual ceremony.

*The nomination form with questions nominations will be evaluated by are at [bit.ly/AARPform](http://bit.ly/AARPform). More on eligibility, selection criteria and the group’s vision and purpose at [bit.ly/AAR-Pdetails](http://bit.ly/AAR-Pdetails).*



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## Community News

### Public Comment Period on Bullseye Glass

The Oregon Health Authority (OHA) is seeking public comment on a draft public health assessment documenting the agency's analysis of health risks related to Bullseye Glass, a colored art glass manufacturing facility on SE 21st Ave.

The full, 186-page public health assessment can be found at [bit.ly/Bullseye186page](http://bit.ly/Bullseye186page).

A four-page summary fact sheet, [bit.ly/BullseyeSummary](http://bit.ly/BullseyeSummary), is available as well.

The public comment period for the public health assessment is open until Tuesday, September 7. Comments can be emailed to [ehap.info@state.or.us](mailto:ehap.info@state.or.us) or mailed to Oregon Health Authority – EHAP, 800 Oregon St., Suite 640, Portland, OR 97232.

In the draft public health assessment, OHA was not able to conclude whether people breath-

ing air near Bullseye Glass were affected by long-term past exposure to emissions because there was not enough information about conditions prior to the reduction of emissions in February 2016.

The draft assessment confirmed:

- Levels of metals measured in the air around Bullseye Glass during October 2015 were not high enough to harm the health of people who only breathed it during one month.

- Exposure to soil, garden produce and air around Bullseye Glass since February 2016 will not harm health.

- Interventions to reduce emissions from Bullseye Glass reduced current and future cancer risk more than 50 times and non-cancer risk more than 100 times.

- Based on the October 2015 air monitoring data, the contami-

nants that posed the greatest risk around Bullseye Glass were cadmium and arsenic.

"We recognize this report doesn't directly answer questions about health risks from breathing air around Bullseye Glass for years in the past. That may be disappointing to some people. It certainly is to us," said David Farrer, Ph.D., toxicologist with the Environmental Public Health Assessment Program (EHAP) at the OHA Public Health Division.

"What they can be assured of is that levels of air toxics were greatly reduced in February 2016 and haven't posed a health risk since then."

*For more information on OHA's EHAP, the public health assessment process, and how to submit public comment, visit [healthoregon.org/ehap](http://healthoregon.org/ehap).*

### Multnomah Falls Requires Reservations

In late July, Multnomah Falls began requiring visitors who drive to the site to have a Timed Reservation Ticket to visit.

The move is designed to mitigate congestion and safety related to issues at Exit 31 and on the Historic Columbia River Highway as well as improve access to the site.

Multnomah Falls visitors, including infants, will need a ticket and up to six tickets may be reserved per person per day. Tickets, available at [bit.ly/MFTickets](http://bit.ly/MFTickets), are \$1 each and non-refundable.

Visitors may not enter the Falls prior to their reservation time and tickets become invalid one hour after the time indicated.

A Timed Reservation Ticket does not guarantee a parking space. Parking is extremely limited and drop-offs in front of the Lodge are not allowed.

The Oregon Department of Transportation TripCheck, [tripcheck.com](http://tripcheck.com), shows updated images of the parking area adjacent to I-84.

The Primary Booking Window opens up tickets 14 days in advance on a rolling daily window. For example, tickets for September 10 will be available August 27.



A Secondary Booking Window opens up a limited number of tickets 48 hours in advance on a rolling daily window. For example, tickets for September 10 will be available September 8.

Timed Reservation Tickets are not required for visitors riding

the Sasquatch Shuttle, Grey Line Open-Air Waterfall Hop-On Hop-Off Trolley and Columbia Gorge Express Transit. Using these services can ensure access to Multnomah Falls to enjoy the scenery without the hassle of driving and finding a parking space.

## August Events

**RAIL HERITAGE CENTER REOPENS** – The engine house where the locomotives reside at the Oregon Rail Heritage Center is now open 1-5 pm, Thursdays, Saturdays and Sundays. The Oregon Pacific Railroad is once again offering excursions to Oaks Amusement Park and back on Saturdays. More at [orhf.org](http://orhf.org).

**MOVE MORE CHALLENGE** – The Move More Challenge is going on through August 31. Create a team or participate as an individual, logging sustainable active transportation trips and earning rewards. Sign up at [thestreettrust.org/MMC21](http://thestreettrust.org/MMC21).

**PEDALPALOOZA** – The bike festival continues its three month run of fun on two wheels with multiple events every day in August. Visit [shift2bikes.org/pedalpalooza-calendar](http://shift2bikes.org/pedalpalooza-calendar) to find rides like the Intersection Murals, Spongebike Squareride and more. Most events are free and all are open to the public.

**BEYOND INTEGRITY CONFERENCE** – The Inaugural Beyond Integrity In (X)\* Virtual Preservation Conference takes place Tuesday, August 10 and Wednesday, August 11. Details at [beyondintegrityinx.com/conference](http://beyondintegrityinx.com/conference).

**DRUM CIRCLE** – PP&R and Touchmark at Fairway Village present a dementia-friendly drum circle Wednesday, August 11, 1:30 pm at Portland Memory Garden, 10401 SE Bush St. The event is for people with early-stage memory loss, Alzheimer's or other types of dementia and their caregivers. Held outside, it will be socially distanced and masks are preferred. Contact Shelby at [shelby.coshow@portlandoregon.gov](mailto:shelby.coshow@portlandoregon.gov) or Anita at [franzs2008@yahoo.com](mailto:franzs2008@yahoo.com) with questions.

**PORTLAND FLEA** – Portland Flea features 65+ local artists, makers and curators of the best vintage, handmade and locally-sourced goods in town. Sundays, August 15 and 29, 11 am-4 pm. Free, outdoor and family/dog-friendly at 615 SE 3rd Ave. More at [pdx flea.com](http://pdx flea.com).

**CLEVELAND HIGH SCHOOL WALK** – The Cleveland High School Alumni Association hosts their inaugural Alumni 5K Warrior Walk Wednesday, August 18. The route goes through Eastmoreland and Westmoreland. Register at [warrior5kwalk.com](http://warrior5kwalk.com).

**CHS GOLF TOURNAMENT** – Cleveland High School hosts their annual golf tournament at Eastmoreland Golf Course Thursday, August 19. Registration open at [Emmc-2021chs alumni.golfgenius.com](http://Emmc-2021chs alumni.golfgenius.com).

**FUCHSIA SOCIETY SHOW AND SALE** – The Oregon Fuchsia Society holds its annual Fuchsia Society Show and Sale Friday, August 20 (1-6:30 pm), Saturday, August 21 (9 am-6:30 pm) and Sunday, August 22 (9 am-2 pm) at Portland Nursery, 5050 SE Stark St. Hardy uprights, trailing baskets, blossom display, plants for sale end more.

**STREET BAZAAR** – The producers behind Portland Flea, Roux Portland and Portland Bazaar bring the bold flavors, bright colors and vibrant energy of Portland's food, drink art and music scene together Friday, August 27. The open-air outdoor event takes place at Nova parking lot at the Electric Blocks, 1615 SE 3rd Ave. More at [streetbazaarpdx.com](http://streetbazaarpdx.com).

**A COLLECTIVE WRITING MOMENT** – Write Around Portland invites people to join them for a collective moment to pause, to write and reflect "together" Saturday, August 28, 12 pm. To participate, get some paper and a pen and write for 10 minutes to write on "in the past year..." and/or "I've learned..." Reflections can be shared on [twitter.com/writearoundpdx](https://twitter.com/writearoundpdx), [facebook.com/writearoundpdx](https://facebook.com/writearoundpdx) or emailed to [info@writearound.org](mailto:info@writearound.org).

**IRIS SOCIETY SALE** – The Portland Nursery holds its annual Bearded Iris Sale Saturday, August 28-Sunday, August 29, 9 am-4 pm at 5050 SE Stark St.

Email details to [examiner@seportland.news](mailto:examiner@seportland.news) by the 15th of the month.

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# SE Cafés Gradually Reopen

By Gabe Frayne

For many Portlanders, the closing or near-closing of the city’s numerous coffeehouses stands out as the most visible impact on the city’s community life brought about by the waning, but still dangerous Coronavirus pandemic.

These alternate living rooms not only serve first-rate coffee but also provide a calm space for working, reading, people watching and catching up with friends and neighbors.

Since Gov. Kate Brown announced the lifting of masking and distancing mandates for most indoor spaces on June 30,

Portland’s cafés are stirring back to life in various degrees of openness.

A survey of 10 SE area cafés conducted by *The Southeast Examiner* during the week of July 12 found a wide variety of COVID-19 protocols ranging from strict masking and distance requirements to nearly pre-pandemic normal.

Of those surveyed, the locations that have retained the most restrictive protocols are Never on SE Belmont St., which offers take-out service only and requires masks for ordering, and Albina Press on SE Hawthorne Blvd.,

which also requires masks at its take-out window, but has outdoor seating.

The most nearly back-to-normal cafés are the Clinton Street Coffee House and Common Grounds on SE Hawthorne Blvd., both of which offer indoor seating and maintain a “masks suggested” policy.

TaborSpace on SE Belmont St., part of the Mt. Tabor Presbyterian Church, has announced it is “closed for the foreseeable future.”

Café owners are, of course, dealing with a fluid situation as a result of the surge in infections caused by the Delta variant (mainly posing a threat to unvaccinated individuals).

CDC data indicates that as of July 20, 65.8 percent of all Oregon residents over the age of 18 have been fully vaccinated. In Multnomah County, that figure is 75 percent, the second highest in the state.

Nonetheless, these numbers still pose a dilemma for the owners and their employees. As Matthew Dudley, the owner of Common Grounds on SE Hawthorne Blvd. put it, “We may be experts in coffee ,but we don’t pretend to be health experts that know more than the Oregon Health Authority (OHA). We default to the OHA’s recommendations under the assumption that they have the best information.”

One problem is that these recommendations are not always



Photo of Tiny’s Coffee by Kris McDowell

crystal clear and may be subject to change. For instance, a memo of “interim guidance” published by Oregon OSHA “eliminate(s) the general requirement” to enforce physical distancing and require masks in most indoor spaces, but also gives employers wide latitude to voluntarily adopt such measures.

“We’re just trying to keep abreast of the latest news and developments,” said an employee of the Favela Brazilian Café on SE Foster Rd. She added the café has a masks optional policy for vaccinated customers, but it is based solely on an honor system.

“I believe in changing and evolving to meet demands, while continuing to provide a welcoming and warm experience for our guests,” said Melissa Cunningham, operations manager for the Clinton Street Coffeehouse, which no longer requires customers to wear masks or maintain distancing.

“I wouldn’t say we are at a ‘new normal,’ nor do I attempt to lock in a particular set of ways.”

Indeed, in response to the survey question about whether the current COVID-19 protocols are the “new normal,” (i.e.,

the status quo for the foreseeable future), a tone of uncertainty seemed universal.

“There are some things that may be here to stay. I don’t think we will have the tables as tightly packed as they were in the past, there will be distance between them,” said Dudley of the Common Grounds Café, previously famous for its nightclub-style seating.

At Crema on SE Ankeny St., owner Colin Jones said, “We’re not going to stick with [current protocols] forever,” but he will wait until the winter to decide if it is safe to suspend masking requirements and reopen the café for indoor seating.

“I can’t really speak to where we will be next week or beyond,” lamented Zachary Davis of Never on SE Belmont St. “Wish I could provide a bit more clear roadmap, but as of now, we are going to keep discussing and post any updates on our Instagram.”

Perhaps Matt Henne, the owner of Tiny’s Coffee on SE 12th Ave., summed it up best: “We’ve had so many false starts with this stuff, so what if we have to go back?”

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Ceremony  
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# New Kellogg Middle School Opens

By David Mayne

The new Kellogg Middle School at 3330 SE 69th Ave. is complete and awaiting its Grand Opening on Saturday, August 28, 10 am. The ribbon cutting ceremony will be followed by informal tours of the new school.

After a more than three years of design and construction, Portland’s newest school represents the vision of Portland Public Schools (PPS) for middle school education with expanded options and programs.

Designed through an extensive public engagement process, Kellogg includes over 100,000 sq. ft. of new construction including a performing arts stage, a multi-purpose gym and assembly space, a large, flexible commons space and dedicated outdoor learning spaces.

The school will become a focal point of its SE Portland neighborhood, offering a resource hub for the community.

Highlights of the new building include a cafeteria/commons area serving as the heart of the school and offering space for student gatherings and after-hours community activities; and Learning Suites, groups of classrooms connected together in an extended learning area, to promote greater collaboration.

A STEAM lab, used for maker space activities and project-based learning opportunities



Photo of the new Kellogg Middle School by Portland Public Schools

is connected to a learning garden so teachers can extend projects to the outdoor gardening space.

The school’s overall design strongly emphasizes sustainability with numerous energy-efficient features including an extensive solar array that will generate power for the school.

Under the new PPS approved enrollment boundaries, students in grades 6-8 at Arleta, Marysville, Creston and Lent will move to Kellogg starting in the 2021-22 school year.

Those schools will convert from their K-8 structure to K-5. Bridger’s Spanish Dual Language Immersion program and 25 Bridger neighborhood students will move to Kellogg as well.

Veteran educator Richard Smith is the principal of the new Kellogg. Smith had been prin-

cipal of Lent K-8 School since 2018. At Lent, Smith took over a traditionally under-served campus and improved attendance, school culture and staff retention.

He has been working on Kellogg since January 2021 to get a jump on the many details involved in the opening of the district’s newest school.

Kellogg and the nearby modernized Franklin High School were both made possible through voter support of School Improvement Bonds in 2012 and 2017. The latest 2020 PPS Improvement Bond also provides money for the future master planning of Cleveland High School.

For more information about Kellogg, visit [pps.net/Kellogg](https://pps.net/Kellogg) Bond. For more on PPS bond projects, visit [pps.net/bond](https://pps.net/bond).

## Lines for Life

from page 1

Lines for Life began in 1993 as the Oregon Partnership, formed by three non-profits. The organization’s early focus was on the prevention of substance abuse. COWOP’s work aligns with creating low barrier accessibility, utilizing inclusive and vetted resources, as well as operating as a referral program.

With respect to the wildfires, 2020 and current, Lines for Life’s COWOP team is providing firefighters, first responders and community members resources and support for the upcoming fire season, as well as those individuals still recovering from the fires last year.

“We’re getting more calls every day because people are getting retraumatized by these wildfires and fears of evacuations,” Meman said. “By design, the folks that handle these calls are clinically trained listeners who can deal with extreme distress and build rapport with callers, so they know we’re here for them.”

“This work can be deeply exhausting and feel relentless, and we’re here to offer support,” said Ann Albrich, a COWOP Community Liaison.

Lines for Life offers crisis and peer hotlines as well as peer-led Zoom-based Affinity Groups. Several of these wellness groups are oriented around specific com-

munities, i.e. first responders, educators, LGBTQ+, etc.

The program offers referrals to resources such as rental assistance, food, utilities, vaccinations and COVID-19 testing assistance.

Also provided are one-on-one emotional support, education about the psychological impacts of disasters, and coaching on building community networks.

The service is free and confidential, and there’s no eligibility criteria. Anyone who needs support, gets support.

“We’ve been getting out into the community, driving over 1,000+ miles some weekends, and setting up booths at events, tables in other organizations/agencies to get the word out. It’s not a robotic process; our team is compassionate and genuinely committed to helping each person that trusts us to do so,” Meman said.

“I’m so proud of my team. We’ve had more than 1,700 encounters and have helped 500+ individuals over the phone. These numbers are excluding the in-person interactions from the outreach our team conducts statewide.”

“The people with this organization are so wonderful,” adds Albrich, who fosters relationships with key agencies. “There’s a lot of isolation and disenfranchisement out there. One of the most

highly requested resources is for rental and housing assistance. It is great to see how information can help save lives when it gets into the hands of people.”

“Our housing crisis in Oregon is a recurring theme on our calls,” Meman added. “I have witnessed firsthand the impact that my team is having with callers who are part of the homeless community finding shelter, sometimes for the night, other times for up to a month.

“That time can make a huge difference and enable an individual to feel supported, focus on their other basic needs, and to become more self-sufficient. We can’t make guarantees, but we are committed to doing everything we can to connect fellow Oregonians with the resources they need.”

Lines for Life offers other resources, such as a Suicide Prevention Lifeline, Senior Loneliness Helpline, Alcohol & Drug Helpline, Military/Veteran helpline, Youthline, Racial Equity Support Line and Oregon Behavioral Health Support Line. Bilingual call takers are available to offer support.

Online see [cowop2021.org](https://cowop2021.org), by phone 800.273.8255 or 971.420.1028, or email [cwop2021@linesforlife.org](mailto:cwop2021@linesforlife.org).

**SUMMER FUN**  
**AT EL CENTRO MILAGRO**

**This summer the streets around Milagro are going to be a cycle of fun activities where Sundays will highlight Latino performing groups and bike clinics as part of Milagro’s Latiné Plaza Activation Project.**

**AUG 1, 9 - 12**  
**Bikes 4 Humanity Bike Clinic**

**AUG 8, 9 - 12**  
**The Street Trust Bike Games & Prizes**

**AUG 8, 1 - 2 PM**  
**Gerardo Calderon’s Inspirational Sounds of Latin America**

**AUG 15, 9 - 12**  
**The Street Trust Bike Games & Prizes**

**Aug 15, 1 - 2 PM**  
**Son Huitzilín**

**Aug 22, 9 - 12**  
**The Street Trust Bike Games & Prizes**

**Aug 22, 1 - 2 PM**  
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# Go Going Out

## Sidestreet's August: Wilson and Dunst

August at Sidestreet Arts features new ceramics from Chayo Wilson and Mark Dunst's acrylic paintings, August 4-29 at 140 SE 28th Ave.



Wilson calls her series **Rising Up**, her response to the pandemic. The piece to the left is **Dragon Bowl**. Building vessels and plates from clay, she presses grooved stamps into the surface, applying blue and white patterned decals. Her glazes and multiple kiln firings bring

each new vessel to life. "The dancer in me is a muse that calls me to go with the flow," she says.

Dunst's latest paintings are improvisational conversations in line and color. Of the painting to the right, **Explicit or Implicit**, Dunst says "It's an open-ended space of improvisation; a shared space between self and other."



The show opens Wednesday, August 4, noon-5 pm. First Friday Artwalk is August 6, 5-7 pm and the monthly Online Artist Talk is Sunday, August 15 at noon. Online links at SideStreetArts.com.



Carlton Jackson photo by Guy Brooksbank

A beloved pillar of Oregon music passed away unexpectedly early in July, just days after he celebrated his 60th birthday.

Drummer, teacher, radio host, bandleader and an essential and conscientious heartbeat of Portland's music community, Carlton Jackson was a kind and thoughtful presence.

Jackson hosted **The Message**, a KMHD radio program since 2009 and before that, hosted a show on KBOO. Inducted into the Oregon Music Hall of Fame in 2008 and deeply rooted in the experiences of the Black community of North Portland, he shared his life experiences through music and words via his performances and his weekly radio programs.

Read Don Campbell's most illuminating interview with Jackson at [tinyurl.com/carltonjackson](https://tinyurl.com/carltonjackson).

Peter Dammann performed alongside Jackson for decades and shared these thoughts via social media: "You gently led me to the groove, made me feel fearless, helped me become the best version of my guitarist-self I've ever been. Thank you for your grace, wisdom, humor, generous brilliance. I will be forever grateful for every moment I got to spend with you on the bandstand, C.J." Rest In Power, Carlton.

## arts & entertainment



## Mo's Playtime

Performance Works NW presents **Mo's Playtime**, by Maura Campbell-Balkits, Friday, Saturday, August 13-14, 8 pm at 4625 SE 67th Ave.

The show is a 15-minute work-in-progress with a 15-minute discussion. It's an absurdist slapstick work-in-progress featuring **Mo**, a silent clown, tasked with creating a performance for other humans to laugh at.

Campbell-Balkits aims to deconstruct and disrupt. Exaggerating tropes while eliminating others, she builds performances both entertaining and slightly terrifying.

Performance is free or by donation and limited to an audience of 20. Masks are required. Reservations are necessary too at [pwnw-pdx.org](https://pwnw-pdx.org). A streamed version is available both nights at 8 pm at [vimeo.com/event/1029924](https://vimeo.com/event/1029924).



## Anita Lee & Handsome Three Live at Laurelthirst

Anita Lee and the Handsome Three play a free happy hour show as live music resumes at the Laurelthirst Pub, 2958 NE Glisan St, Thursday, August 5, 6-8 pm.

Songwritin' singin' guitar-singin' Anita Lee Elliott (Viva Voce, Blue Giant, Slang, Brothers and Sister) showcases her new batch of original songs with a talented band.

The Handsome Three are Matt Cadenelli (Wanderlodge, Don of Division St.), drums; Tate Peterson (Resoelectrics), on guitar and Allen Hunter (Eels, Ural Thomas) on bass.

The roots-rock sound is a potent blend of raucous swag-gar and sweet harmony. More at [facebook.com/anitaleeand-handsome3](https://facebook.com/anitaleeand-handsome3).

## Summer Events At El Centro Milagro

This August, the Dog Days of summer roll in with Sunday Parkways events in and around the city. At El Centro Milagro, Sundays are highlighted by Latino performing groups and bike clinics as part of the Theatre's Latiné Plaza Activation Project.

**August 1 - Bikes 4 Humanity** A non-profit bike shop and school will tune up your bike. They accept donations of used bicycles and cultivate a culture of reuse, inclusion and community involvement, refurbishing bikes and sharing skills.

**August 8, 1 pm - Gerardo Calderon**, Music and Inspirational Sounds from Latin America. Calderon is musical director of Grupo Condor and Nuestro Canto, and has learned about traditional Mexican music, Latin American folk music and Pre-Colombian music.

**August 15 and 22, 1 pm - Son Huitzilín's** blend of music influenced by sones of Mexico uses traditional and original instruments. The group has performed at Milagro and Cinco de Mayo in Portland, El Grito PDX, Muertos NW, Movies in the Parks and other places.

At all of these, a Bici-Macina, loaned from The Street Trust, will churn out aguas frescas in a plaza decorated with a mural by Jessica Lagunas for the summer activation project. The Street Trust will reward everyone for sustainable means of travel, Safe Routes to Schools, and Jump Start - pairs kids in need with free bikes. Learn more at [thestreettrust.org](https://thestreettrust.org). Bring photos and memorabilia to add to a ghost bike altar, to commemorate people who have died in bike crashes.

The Zocalo is open from 9-3, Sundays through August 22. The complete schedule is at [Milagro.org](https://Milagro.org).



Gerardo Calderon

## Cygnnet Radio's "Faith Healer"

Portland's Cygnnet Radio Hour's new production of Brian Friel's **Faith Healer** is an audio take on an emotionally potent play. Friel is considered one of Ireland's greatest playwrights and this is his tale of Francis Hardy, Irish travelling faith healer, his wife Grace, and his Cockney manager, Teddy, told in four brilliant (and contradictory) monologues layering questions of identity, truth, mortality and fate.

The story contrasts the lyricism of poetry with the extremes of human emotion and the uncertainties of memory. It's a shape-shifting mix and an ideal audio-only experience. The language, the ideas, the ritual and emotions matter here, evoking all the action imagination supplies.

Directed by Louanne Moldovan, it stars Bruce Burkhardtmeier as Frank, Artists Rep company member Vana O'Brien as Grace and Keith Scales as Teddy. Listen to the **Companion** too as Moldovan and Gemma Whelan, artistic director of Corrib Theatre discuss the power and potency of the language in Friel's play.

**Faith Healer** was voted as one of the 100 most significant plays of the 20th century in a poll conducted by Royal National Theatre. It streams via Spotify, Apple Podcasts and Google Podcasts and you can listen to the play and its companion, **Conversation**, free via the Cygnnet channel at [CygnnetProductions.com](https://CygnnetProductions.com).

## Jack Williams In Concert and Artichoke's Summer's End Fest



Jack Williams

Artichoke Music, 2007 SE Powell Blvd., is hosting live music shows at 50 percent capacity until further notice. Advance tickets and reserved seating advised.

• **Saturday, August 21, 8 pm, Jack Williams In Concert** - Williams' memorable and energetic solo concerts have been applauded from Newport, Kerrville, Philadelphia and other folk festivals to music halls and house concerts.

Williams is an uncommonly unique guitarist and a writer of vivid songs with a strong sense of place inspired by his southern roots. In his 61-year career in jazz, classical, folk and R&B, he has accompanied Peter Yarrow, Tom Paxton, Harry Nilsson, Mickey Newbury, but he is best doing his own songs from an incredible repertoire of 11 fine albums. Tickets at [tinyurl.com/jackwilliamsA](https://tinyurl.com/jackwilliamsA). See [JackWilliamsMusic.com](https://JackWilliamsMusic.com) for a preview.

Before his show on the same day, Williams hosts a master class workshop at 2 pm called **The Music You Hear In Your Head** which he describes as "...exploring the music and making it happen on your instrument immediately." The class is \$40.

• **Thursday-Sunday, August 26-29, Artichoke's Summer's End Festival** celebrates their reopening with live music from Mary Flower & the BBQ Boys, Arietta Ward, Terry Robb, Kim Fields & the Perfect Gentlemen, Tom May, Darkswoon, True North and more. Details at [ArtichokeMusic.org](https://ArtichokeMusic.org).

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# Going Out

arts & entertainment

## Montavilla Jazz Festival 2021

Montavilla Jazz Festival (MJF) is a two-day festival showcasing the best in Portland jazz. MJF supports and strengthens local culture by highlighting emerging and established artists from Portland's vibrant jazz scene. Celebrating its eighth year and taking place August 20-22, this year features a new group of influential artists that were handed down the torch for the 21st century.



Farnell Newton by  
Adrian Adél

The Fest will be live-streamed, free and screened for in-person viewing at select locations in Montavilla and around Portland.

**Friday, August 20, 9 pm: Montavilla Jazz Film Night** with Call + Response and a Blue Cranes film premiere, screening outdoors at Portland Art Museum's Courtyard. **Call + Response**, a film series pairing musicians Micah Hummel, Noah Simpson and Idit Shner, who composed, performed, and recorded 7-10 minutes of original music and filmmakers Jeff Oliver, Shilpa Sunthakar and Deejuliano Scott who responded with visual "scores." The films will also be available for viewing following the live-streamed Festival performances Saturday and Sunday.

**Sunday, August 22, 9 pm: The Farnell Newton Quintet** – Newton is this year's MJF headliner and a versatile trumpeter and educator who has toured with Jill Scott, Bootsy Collins, Lalah Hathaway, Ron Isley, Gladys Knight, Charlie Wilson, Chaka Khan, Stevie Wonder and Earth, Wind and Fire. Newton and his Quintet will perform music from his *Rippin' & Runnin'* album with Kyle Molitor, trombone; George Colligan, organ; Ryan Meagher, guitar and Andres Moreno, drums.

All four musical sets will have limited in-person tickets available.

Other 2021 performers:

**Saturday, August 21, 7 pm: Rebecca Sanborn** – A member of the acclaimed jazz quintet, Blue Cranes, the pop trio Swansea, Loch Lomond and Ecch Ecch Ecch, Sanborn explores her new material in a Jazz Fest set with her long time mentor, pianist Randy Porter, fellow Blue Cranes drummer Ji Tanzer, and bassist Jon Shaw.



Rebecca Sanborn  
by Matthew N King

**Saturday, August 21, 4 pm: Ryan Meagher: AftEarth** – Meagher's guitar compositions inspired by the line-art of visual artist Tina Granzo will be accompanied by Tim Willcox, tenor saxophone; Andrew Jones, bass; Charlie Doggett, drums and Granzo's drawings and animation.

**Sunday, August 22, 4 pm: George Colligan: Fredson the Jeffy** – Colligan presents original works with Lisa Lipton, clarinet and Micah Hummel, drums. Find out the rest at [MontavillaJazz.org](http://MontavillaJazz.org).



Agenda Gallery's August show title is appropriate as Americans emerge from the confinement of quarantine and wonder if they will have to return there again. *Outside Dog* features Joe Horner's minimalist works exploring feral American themes: skateboarding, rural values, youth, music, biker and car culture.

Horner's work engages the American mythos and youth subculture, art history, perceptions of time and connections to the past using the mediums of sculpture, collage, painting and video. He hosts a podcast too – *Your Favorite Artist's Favorite Artists* – exploring iconic contemporary figures and discussing their influences.

The piece pictured here, *Damaged*, is a part of Horner's "grip tape on panel" series. Included in the show are "fully skateable furniture" and found object assemblage pieces.

Gallery hours are 11 am-4 pm Wednesday-Sundays, through September 3. Horner's Instagram page is @art\_as\_chairs and his podcast is at [apple.co/36ZRVnZ](http://apple.co/36ZRVnZ).

See [Agenda-pdx.com](http://Agenda-pdx.com).

## Short takes

...arts news of note

**BOOKS WITH PICTURES**, 1401 SE Division St. hosts **Free Comic Book Day** (FCBD), Saturday, August 14, 10 am-8 pm and costumes are encouraged. There are comic books for all ages and entertainment. Masks are required, and they limit the number of guests in the shop at a time. This last year of having no readers in the little blue shop has been difficult, but thanks to community support, the store has been able to thrive. FCBD is an opportunity to thank everyone for reading comics! See [BooksWithPictures.com](http://BooksWithPictures.com).

**METROPOLITAN YOUTH SYMPHONY** has open registration for its 13 orchestra, band, percussion and jazz ensembles. Rehearsals start September 11 and registration fee is waived for students who qualify for free or reduced school lunches. Students must submit a video audition by August 22. At least one year of experience is ideal. Saturday rehearsals take place at easy-to-reach locations in NE Portland and Hillsboro. Register at [PlayMYS.org](http://PlayMYS.org).

**ROBIN JACKSON AND THE CARAVAN** perform Thursday, August 5, 9 pm sharp at Alberta Street Pub, 1036 NE Alberta St. The powerful songs of Jackson and the Caravan are best experienced live. Also on the bill is folk-electro violinist songwriter Tim Snider (from Nahko). Tickets are limited at \$15, for 21+ at [tinyurl.com/robincaravan](http://tinyurl.com/robincaravan). See the whole calendar at [AlbertaStreetPub.com](http://AlbertaStreetPub.com).

**ARCHITECTURAL HERITAGE CENTER TOURS** – Learn about our city's neighborhoods' historic architecture. The AHC offers a wide range of walking tours for August and into fall Tuesdays and Saturdays at 10 am and Thursdays at 6 pm. Members get a discount on tours: \$12 AHC members, \$20 general public. Tour locations are provided after registration. See descriptions of the various neighborhood tours and register via the events calendar at [VisitAHC.org](http://VisitAHC.org).

**THE DRIVEWAY JAZZ CONCERTS** – Driveway Jazz is held Fridays by a SE Portland bungalow. Go to Tabor Bread, 5051 SE Hawthorne and follow the music. This month, Brazilian Guitar Duo is August 6, 4 pm; Choro Da Alegria, August 13 (pictured above), 6 pm; The Quadrathonnes, August 20, 4 pm and The Adam Carlson Group, August 27, 4 pm. Choro da Alegria is dedicated to playing alluring melodies and rhythms of a wide variety of Brazilian composers. The group draws much inspiration from the genre Choro, the vintage jazz of Brazil. Gabriela Gimenes from Sao Paulo, Brazil will guest on flute.



Choro Da Alegria

**THE LOT AT ZIDELL YARDS SUMMER MUSIC FEST** – **Saturday, August 14** features Fritzwa, dream pop with Pure Bathing Culture, the Peoples Music Collective showcase, featuring Lo Steele, Rasheed Jamal, Kiho, Danielle Barker, Blossom, Noah Simpson, and Portland's roots-rockers Blitzen Trapper. **Sunday, August 15** has the Latinx dance of DJ Mami Miami, Sallie Ford and The Barbaras, the ecstatic rhythms of Orquestra Pacifico Tropical and R&B anthems of Parisalex. Both days have two four-hour shows with the same line-up at 12 and 6 pm. Tickets are \$60 GA/\$75 VIP. There are no multi-day passes or individual show tickets. See [thelotatzidellyards.com](http://thelotatzidellyards.com).

## The Great River of the West



Mica Dam, Columbia River, British Columbia

Robbie McClaran's *The Great River of the West* is the new show at Pushdot Studio – August 6-October 1 with an opening reception, Friday, September 10, 6-8 pm.

McClaran is a documentary and fine art photographer whose work focuses on the American people and landscape. His photos have been widely exhibited and are held in several private and public collections including The Smithsonian National Portrait Gallery, Portland Art Museum, and New Orleans Museum of Art.

Beginning in 2013, and working with an antique eight-by-ten, large format camera, McClaran has photographed the entire 1250-mile length of the Columbia River, from its source in British Columbia to its confluence with the Pacific Ocean. The new exhibit explores the River's current cultural and economic landscape, as well as its environmental alterations.

Pushdot Studio is at 2505 SE 11th Ave., Suite 104, in the Ford Building, Gallery hours are Monday-Friday, 8:30 am-5 pm. Admission is free. See [PushdotStudio.com](http://PushdotStudio.com).

## CINEMA UNBOUND

The Northwest Film Center's **Cinema Unbound** offers outdoor films from the rooftop of the Lloyd Center through September 30.

Doors open at 8 pm and films begin at dusk. Food and beverages available for purchase. There are no refunds or exchanges for arrivals after the film begins (dusk) or for entirely missed screenings. Please, no pets.

Tickets to Lloyd Center screenings are \$20 per person, \$30 each for VIPs, sold online and in advance. All films are subject to change without notice.

Each weekend has a theme that goes with the films. All the info and the schedule is at [tinyurl.com/cinemaontherooftop](http://tinyurl.com/cinemaontherooftop).

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# The Importance of Getting Up Off the Floor

Most of us don't even think about it when we're younger. We just get down on the floor and back up as needed. Over time, a combination of back or joint issues and gradual muscle loss (sarcopenia) can make getting up from the floor without assistance difficult.

This really becomes problematic if we find ourselves in a situation where there is no one there to help or nothing to hang onto to get back up.

Any time I have a client who expresses concerns about their ability to get up off the floor, I point out that the best thing to do is practice getting up off the floor.

If you have concerns about yourself, it's something to consider working on as part of your daily fitness routine.

What is the best way to get up off the floor? The most common method used by older folks is to roll over onto their hands and knees and then bring one leg forward underneath them. You can then push off with your hands and legs to return to standing.

There is nothing wrong with using this method, although when practicing it, I recommend you alternate sides to make sure you're not only strengthening one side of the body. Don't worry if it doesn't look graceful, it just needs to be effective.

Other methods of getting up include remaining on your back-side and crossing the lower legs or using a wider stance; in either case you can use your hands as assistance if you need to.

If you are able to get up without any assistance from your hands, that is the best of all but is not necessary in a practical sense. I generally have people lie down and stand up from the floor four to six times with alternating sides emphasized.

Other things to keep in mind are your overall muscular strength, balance and agility. These are important components of your fitness routine as you age and will benefit you in activities of daily living as well as when you need to get up off the floor.

One of the problems of aging is the gradual loss of muscle mass, especially in the legs. Working specifically on exercises that target the quadriceps, hip stabilizer muscles, glute muscles, lower leg muscles and balance exercises will be beneficial. Don't neglect the upper body though and using your chest, back, arms, shoulders and core are also important.

A full body strength training routine that includes functional exercises, mobility exercises and balance exercises is very beneficial for anyone.

Some great exercises to start with include:

Wall sits, Wall push-ups Rows with a band or hand weights, Plank (modified if needed), Basic squats (modified if needed), Balancing by standing on one foot, Clamshells with a weight or band, Bird dog (opposite arm and leg extensions while on hands and knees) and Heel/calf raises on a step or stair.

These types of workouts can be done two to three times a week and for one to three sets of 10-15 repetitions for the most benefit. This still gives you time for cardiovascular exercises, stretching/flexibility and mind/body exercise during your week.

If in doubt, contact a personal trainer who specializes in working with middle-aged and senior folks to help you with this.

Their job will be to help you with learning the exercises, using modifications and working around any injuries to give you the most benefit for your own particular situation.

Remember to stay active and strong as you age. We can't stop the aging process, but we can certainly slow it down.

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NN

Neighborhood Notes

HAND  
By Jill Riebesehl

Pressing business for the Hosford-Abernethy Neighborhood Association was a request to sign onto a petition initiated by the Linnton Neighborhood, and joined so far by more than 30 other organizations. The petition strongly urges both the city and county to get aggressive in holding fossil fuel companies financially accountable for their pollution and other damage to Portland and surrounding waterways. Prompting this outcry is Canada-based Zenith Energy's determination to enlarge its tar-sand and crude-oil riverbank storage tanks (and subsequent loading of huge tanker ships). The Board voted to unanimously approve the request.

The Board had also unanimously voted to urge the city's Bureau of Transportation to put its weight behind efforts to solve traffic congestion at the intersections of SE 11th and 8th avenues and the railroad tracks. The tie-ups caused by unmoving rail cars can last hours - no exaggeration - and result in many hundreds of drivers taking illegal detours and/or flooding neighborhoods in search of alternative routes.

HAND boundaries run from the river to SE 28th, from Hawthorne to Powell. We are by city rules asked to approve various activities along our section of the Eastbank Esplanade. Recently HAND's chair noticed something different on the river. Holman Dock, just south of the Hawthorne Bridge, with a ramp, gangway and floating freeboard, had been replaced recently after storm damage by steel structures, but the rebuild made it difficult, and even dangerous, for swimmers to hoist themselves out of the river. In response to letter of concern, a city employee informed him that various agencies are reworking the freeboard to improve access, and the work will be finished in October.

Also within our boundary, and in response to calls for help from neighbors on SE Clay behind Safe-way and Holman's funeral home, HAND set up a subcommittee to look into a situation in which houseless campers have again been joined by people who feel threatening and even criminal. The group will be pursuing solutions that could possibly become useful citywide.

In July, the Board decided to hold its September meeting, its first post-COVID meeting, in person. It will be in a different building than usual, but still on the St. Philip Neri campus. Stay tuned. We are looking forward to seeing one another again, albeit behind masks, and are working on how to make access to the meetings possible via Zoom or some other such technology.

HAND does not meet in August. The Board will be holding a retreat to plot a strategic direction for the future. The next board meeting will be 7 pm, September 14 with the exact location at St. Philip Neri to be announced. All those who live and do business in the neighborhood are welcome.





# Neighborhood Notes

## Montavilla Neighborhood Association By Jacob Loeb

The Montavilla Neighborhood Association is seeking Board members for several open positions. Elections occur in October, with candidates announcing during the September general meeting. This year there is room for up to six new Board members.

After completing their most recent two-year term, four members are stepping down. Positions available to fill are Chair, Vice-Chair, Secretary, SE Uplift Delegate and Land Use & Transportation Chair. Members can also run for unnamed Board positions outside of the above Officer titles.

We are grateful for the service of our departing Board members. Participating in the Neighborhood Association creates a substantive impact on the community. Representing the neighborhood is a shared responsibility and requires wide-reaching participation. With so many positions available, this is the opportunity to bring your perspective to the Board, particularly if you feel underrepresented.

Interested candidates should email [mna-email@montavillapdx.org](mailto:mna-email@montavillapdx.org) for more information on the process. Montavilla Neighborhood Association is taking a summer break and there will not be an August meeting. The next General Meeting is Monday, September 13, 6:30 pm. Details available at the MNA website, [montavillapdx.org/mna-calendar](http://montavillapdx.org/mna-calendar).

## Mt. Tabor Neighborhood Association By John Laursen

The MTNA hosted its monthly neighborhood meeting July 19 on Zoom. We heard a presentation from representatives of Transition Projects about their work in helping homeless people in Portland meet their housing, income and wellness needs.

Our next meeting will be Wednesday, August 18, 7 pm on Zoom. All who live and work in the Mt. Tabor neighborhood are welcome. Find the links for this and all of our meetings under the “Meetings and Events” tab of our website, [mttaborpdx.org](http://mttaborpdx.org). MTNA also creates a monthly newsletter about important civic issues, which you can find on our website next to each month’s meeting minutes.

## North Tabor Neighborhood Association By Kim Kasch

The North Tabor Neighborhood Association met on Tuesday, July 20, and among a few topics discussed were the proposed speed bumps to be put on NE Everett St. The speed bumps are funded from the voter approved Fixing Our Streets program and this program includes safety and operational improvements to neighborhood greenways, including NE Everett. There is no additional funding for speed bumps currently on adjacent local streets at this time. However, voicing your concerns and letting City Council know the neighborhood traffic calming program (a former PBOT program which was cut years ago) is a priority to our neighbors would demonstrate community support for speed bumps in more places beyond neighborhood greenways.

Another topic of interest is the Emerging Recreation Strategy for Portland’s Parks and the removal of 18 tennis courts. If you are interested, read the strategy which you can find at [bit.ly/PPRtenniscourtproject](http://bit.ly/PPRtenniscourtproject), as any comments are required by September 7.

Upcoming includes Kiley Yuthas from Transition Projects presenting during the August Neighborhood Association meeting at 7 pm. Yuthas will give a brief presentation about ways neighbors can get involved in supporting our unhoused neighbors.

Neighbors can help by:

- **Volunteering:** From sorting mail to keeping the donation closet organized to teaching yoga or crafts at a shelter, whether you have special skills or just want to lend a hand, a volunteer position can be found that will be a great fit.
- **Cooking a meal:** Meal providers cook over 100,000 meals each year for the shelters. Usually working in a team, meal providers prepare and deliver home-cooked dinners to each of Transition Project’s shelters almost every day. They are key in helping offset costs and serve more people.
- **Hosting a donation drive:** The donation drive program allows community members and organizations to collect supplies on Transition Project’s behalf.

Please check our website, [northtabor.org](http://northtabor.org), and sign-up for the Newsletter. Don’t forget to join us to provide input and help grow our community.

## Richmond Neighborhood Association By Claire Cofsky

The Richmond Neighborhood Association monthly meeting was July 12. RNA meetings are held via Zoom the second Monday of the month, 6:30-8:30 pm. Preregistration is required; the link to preregister is on the Agenda, posted to the RNA’s website ([richmondpdx.org](http://richmondpdx.org)) and sent out to the RNA Announce listserv. To be added to the listserv, email [richmondnasecretary@gmail.com](mailto:richmondnasecretary@gmail.com).

Steven Fang, the developer of the properties at 1812/1822 SE Cesar E. Chavez Blvd., next to Central Christian Church, presented his plans for the properties. He is proposing a three-story apartment building with 55 units, approximately 400-500 sq. ft. each, likely renting for \$1,200. Part of the basement will be a day center for homeless youth and families, in partnership with Central Christian Church. Construction will start early 2022. He was very open to hearing comments from RNA and those in attendance and will attend the August meeting to show changes to the plans based on the comments he heard.

Quinton Bauer, Bureau of Planning and Sustainability, presented on the city’s program to add approximately 220 65-gallon trash cans (with recycling-collection features) from I-205 to the river. The cans will be serviced two to three times per week.

The Board discussed the status of Hawthorne Fred Meyer’s closure of the south entrance doors. It will notify Fred Meyer that it opposes the closure of the south entrance and will likely oppose any formal application filed with the city.

The Board held an orientation for new Board Members. Points emphasized were the fiduciary duties held by Board members, the need to follow RNA Bylaws and the city’s rules governing neighborhood associations and the importance of complying with the city’s Open Meetings rules and transparency of process.

The next meeting is Monday, August 9. Please attend if you want to be more involved in your community.

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BA

Business Association Notes

Belmont Area Business Association  
By LeeAnn Gauthier

The Belmont Area Business Association (BABA) presents the 25th Annual Belmont Street Fair on Saturday, September 11. The festival features live music, arts and crafts, nonprofits, al fresco dining and fun businesses. District members receive a \$50 discount for booths. Memberships start at \$60 for the calendar year. Enroll as a member and reserve for a vendor space at BelmontDistrict.org. Contact info@belmontdistrict.org for sponsorship details and if you'd like to volunteer for street fair helping set up/clean up, join a board member in our information booth, or sponsor T-shirt printing.

Share your business victories and challenges with colleagues at a BABA meeting held every second Thursday, 9:30-10:30 am via Zoom. Contact info@belmontdistrict.org to obtain a link for the meeting. Our August 12 meeting will finesse logistics for the Street Fair to occur September 11.

The 2021 Belmont District Walking Map is published and is distributed at the PDX Welcome Center, local hotels, local businesses and in the Sunnyside Neighborhood Association newsletter. Watch interviews with district members and read event updates at facebook.com/BelmontDistrictPDX or Instagram @Belmontdistrict.

Hawthorne Boulevard Business Association  
By Nancy Chapin

Hawthorne Blvd. hosts over 400 businesses that friends, neighbors and visitors from all over the world appreciate. They value the diversity of services, products, meals, snacks, entertainment and its architectural history. We know that the construction to improve Hawthorne Blvd. has had temporary impacts on the community, so help us support our neighbors during this time. As a thank you for your patience during construction and as an incentive to visit Hawthorne Blvd., PBOT, Venture Portland and HBBA are teaming up and inviting you to enjoy all that Hawthorne has to offer.

Share a photo of your visit to a business with us to be entered into weekly drawings for \$50 gift certificates. We look forward to seeing pictures of your business neighbors: a staff member, the owner, your purchase, your meal, the businesses' window, their sign, the front entrance or a piece of art on the wall. Post photos to Instagram and tag the HBBA Instagram account, @hawthorne\_blvd, through Wednesday, September 22 to submit your entry. More at bit.ly/HBBAphotocontest.

The 38th Annual Hawthorne Street Fair will be held on Sunday, August 22, 11 am-5 pm from SE 30th Ave. to Cesar E. Chavez Blvd. and beyond. For more information, visit facebook.com/hawthornepdx. Questions? Contact administrator@hawthorneblvd.com.



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1932 Tudor  
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4 BD, 2 BA



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\$ 629,900  
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SOLD



1532 SE 52nd Ave.  
1913 Craftsman  
2,975 Total Sq. Ft.

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SOLD



1222 SE 57th Ave.  
1912 Craftsman  
4,686 Total Sq. Ft.

\$ 1,525,000  
4+ BD, 1.2 BA

Community Events

Bridge Pedal

Sunday, August 8  
providence.org/lp/bridge-pedal

Portland’s annual Bridge Pedal is a community celebration of the city’s iconic bridges and biking culture. Join your friends and neighbors for the one opportunity each year to bike or walk on Portland’s car-free streets and bridges, including the upper decks of both the Marquam and Fremont bridges. Portland’s Bridge Pedal is one of the largest community bike rides in the world and one of the city’s favorite summertime traditions.

Vanport Jazz Festival

Colwood Golf Course  
Saturday, August 7  
vanportjazzfestival.com

The Vanport Jazz Festival honors the city of Vanport and the voices who formed Portland’s jazz community. Near the site of the historic 1948 flood, the event transforms Colwood Golf Course into a cultural revival, welcoming nationally renowned artists and breathing new life into Portland jazz.

Pix Patisserie’s Movies at Dusk

Beer and Cider Garden  
Thursdays, August 5-26  
pixpatisserie.com/events

Movie night makes a brief return this summer, with four uplifting classics to entertain all ages. Each Thursday in August will offer a movie screening in Pix’s courtyard with all you can eat popcorn and some movie trivia for a chance to win a fun souvenir to take home. Beer garden and other refreshments available for purchase until 10 pm.



LEFT TO RIGHT: Jamie Marion, Kevin Caplener and Jan Caplener

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