



Artist William Hernandez
Photo by Dick Trtek

City Repair Project Brings Art to the Streets

By ELLEN SPITALERI

The City Repair Project is a non-profit with a mission to educate and inspire communities and individuals to creatively transform the places where they live and gather. Although the pandemic put a stop to many of their volunteer opportunities, City Repair is responding to the lifting of restrictions by welcoming summer with two community-building events and intensive environmental work at their site at SE 14th Ave. and Division St. “Most folks come to know of our work from seeing street painting around town, murals on the ground such as the Sunnyside Piazza at SE 33rd Ave. and Yamhill St., or Share-It Square at SE 9th Ave. and Sherret St.,” said Kirk Rea, Co-Executive Director of The City Repair Project. This summer, City Repair is working with Prosper Portland and the Portland Bureau of Transportation to support their Safe

Streets Initiative, a program to create more space for pedestrians and cyclists and outdoor space for businesses with more space for physical distancing, Rea said. Sites range from parking spaces to side streets, and for an added artistic component, City Repair has been invited to help install murals. “For mural design, the Portland Bureau of Transportation (PBOT) has created a few templates and Prosper Portland brought on local artists Loraine Yow and Hampton Rodriguez to each create a mural template and their designs will be replicated across dozens of sites around the city,” Rea said. A custom design now graces the cul-de-sac next to the Portland Opera, 211 SE Caruthers St. City Repair collaborated on the huge street mural designed by the artists of Intercambio de Artistas Latinos (IDEAL PDX), including Yathzi Turcot, Jessica Lagunas, Daniel Santollo TEKPATL, Alex Valle, José Solis and William Hernandez. The timing of the installation of the mural is serendipitous, as it not only celebrates Latino culture, but it helps promote the Portland Opera’s production of *Frida*, that highlights moments from artist Frida Kahlo’s life. “The invitation from Portland Opera was to prepare a mural to celebrate and reflect the community, bridges, connection, music, storytelling; it reflects and is inspired by our traditions and colors and will reflect folklore and the celebration of

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LWV Police Study: Opportunities for Change

By DON MACGILLIVRAY

Policing in Portland is in torment over racism, human rights, mental health, violence and public safety issues. This is not new. Studies and reports have circulated nationwide for many years about the faults of the police. The resistance to change remains considerable and the desired change is yet to be realized. Portland has grown from a mid-sized city into one with the law enforcement problems of a large city. In 2020, Portland Police Bureau (PPB) reported 56 homicides and over 5,000 burglaries. They received over 3,000 communications expressing public unhappiness with the police. On a more positive note, arrests by police nationwide have decreased every year since 2006, as have the rates of reported property and violent crimes. The League of Women Voters (LWV) researches many issues regarding the functions of government. They use their work to advocate for the improvement of public policies, laws and plans. The Portland League first studied Portland police in 1982 and last year, they finished a new study about police accountability here, in part, due to the recent instability and controversies of the past year. The study, titled *Portland Police Oversight and Accountability*, was written and compiled over nine months by 22 Port-

land LWV members last year. It embodies extensive interviews with more than 20 stakeholders that included police leadership, City Council members, state legislators and advocates knowledgeable about policing. The resulting study provides the Portland League with consensus positions for advocacy over the coming years. The information presented in this study describes many of the current problematic police issues and explains some improvements under consideration. Many of these problems are not isolated to Portland, but ingrained into the character of police work everywhere. Positive change will take serious determination and compromise. The culture of policing itself may be the hardest problem to change, along with the antagonistic attitudes of the public. The report describes the organization of the PPB and the important departments responsible for police oversight and accountability such as the Citizen Review Committee and the Police Review Board. A discussion follows about the current concerns around police use of force in stressful situations and extreme behaviors in recent demonstrations. An important part of the story is the lawsuit filed in 2012 by the United States Department of Justice against the City of Portland alleging a pattern of unconstitu-

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North Tabor Freeway Noise

By GABE FRAYNE

Among the inconveniences wrought by the Coronavirus pandemic, one that is ever more bothersome to residents of the North Tabor neighborhood is the increase in freeway noise off I-84, which runs along the neighborhood’s northern boundary. Particularly after dark, the high-pitched revving of motorcycle and muscle car engines reverberates through area

streets like a NASCAR event with no finish line. “Everybody who lives on that side, all of us can hear it,” says one elderly tenant of the Center Commons (an over-55 residence), pointing to the wing overlooking the freeway, as she sat outside with friends on a warm spring evening. “You gotta turn up your TV because

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Rs Representatively Speaking

By STATE REPRESENTATIVE ROB NOSSE

As I write this, our legislative session is close to ending and we are as busy as ever.

I am lucky to be a member of the Ways and Means Committee, as budget and money allocations in state government speak. My main area of budget focus is Human Services.

In a future column I will talk about programs I worked to fund and improve, including the largest investment our state has made in behavioral and mental health programs and treatment in over three decades.

For this column I will highlight what we are doing to support K-12 education and initiatives in the Oregon Department of Education (ODE).

Oregon does its budgets in two-year cycles that we call biennia. This current biennium budget for the ODE will be increased by over \$2 billion.

Here is a quick list of new initiatives the Department is undertaking:

- Indigenous Education Institute
- Anti-Racism Leadership program
- STEM program enhancement for diverse students
- Increased funding for the Youth Corrections Education Program & Juvenile Detention Education Program (YCEP/JDEP)
- Increased funding for the LatinX education success plan
- Major Early Learning Initiatives including a Tribal Early Learning Hub
- Increased funding for Relief Nurseries and Parenting Education

In a different education budget bill, we allocated \$9.3 billion to the State School Fund to help fund K-12 education in all of the state's 197 school districts.

This budget has a 3.3 percent increase over current service levels and another 3.3 percent over the budget we approved in 2019.

The \$9.3 billion will be combined with almost \$4.6 billion in local revenue as well as over \$2 billion from the Corpo-



rate Activity Tax adopted in 2019 for one of the largest education budgets in the history of our state.

This increase in funding will be crucial to making sure we can safely reopen schools and properly fund all the programs needed to ensure our students' success.

In addition, we just passed SB 52, which directs ODE to develop and implement a statewide education plan for LGBTQ2SIA+ students to ensure their success in our schools. We passed House Bill 2016 in 2015, which created a similar plan for Black students.

We also passed HB 3363; a bill that establishes the Racial Equity and Justice Student Council and HB 2166 directing the State Board of Education to adopt content standards for Social/Emotional Learning for K-12.

It aims to prevent suspension and expulsion from early care and education programs across Oregon.

As for higher education, our 2021-23 biennium budget increases funding beyond current service level as well, hopefully helping our community colleges and state universities to welcome students back to on-campus learning and keep tuition increases low.

I also want to highlight two other higher education bills:

SB 551 allows part time faculty who work over 600 hours at different institutions over the

course of a year to finally receive health care benefits.

The state will cover 90 percent of the premium, while the employee covers 10 percent. This bill has taken a decade to pass and was a long time coming.

HB 2835 requires colleges to have benefits navigators trained to assist students with applying for and receiving need-based financial benefits provided by federal, state and local programs. Benefits navigators provide would assistance with filling out forms and applications for programs like food stamps or the Oregon Health Plan.

I know these budgets are important to lots of my constituents with kids in our school or maybe even young adults who are reading this trying to afford a community college or university education on their own.

They are important to me, too. I got my start in the late 1980s and early 1990s as a student activist trying to keep tuition low and school affordable when I was in college. My husband and I cared about the Portland Public Schools and the funding they got from the state as we raised our own two children.

Thanks for reading and stay tuned. I will try to summarize other budget and legislative topics in future columns and try to remember to share a little bit about what is going on with the process around redistricting too.

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Liveability and Affordability: The Future of Senior Housing in Oregon

By Nancy Tannler

In the state of Oregon, there are approximately 440,000 adults over the age of 65. This number is expected to increase by 300,000 in the next 15 years.

The Oregon Health Forum (OHF) presented a panel discussion on what this looks like in the ways of livability and affordability and what will be available to these aging Oregonians.

The most crucial situation is housing. The current shortage and cost of housing does not only affect the Portland metropolitan area, but all of the cities in the state.

“The increased costs in the larger cities has a domino effect on other smaller towns and communities throughout the state,” said presenter Julie Cody, director, Affordable Rental Housing and Community Services.

Cody cited the population explosion of Bend in the 1990s. The city grew from 20,000 residents to the recent census of 100,000. When this became unaffordable, people looked to Redmond, 15 miles away. Redmond’s population went from 7,000 in 1990 to today’s 32,000.

The next closest place was Madras where, until recently, there were units that went for \$500-\$600/month. Now there are scant rental properties and they begin at \$850/month.

“This is happening throughout the state,” said Stephanie J. Hooper, president AGE+. “If we are to fully serve the expected increase of older adults over the next 15 years, OR will need 600,000 more units.”

So the possibility of leaving the expensive city and retiring in a quaint, cheaper rural town is a fading dream, at least here in Oregon. The number of seniors already living in rural and suburban areas is increasing. Like anyone else, they want to age in place but, unlike urban areas, their homes were never planned for isolated, non-driving individuals.

There is a definite advantage to living in the Portland metropolitan area and the TriMet transit system is one of them. They offer seniors an Honored Citizen pass that costs as little as \$1.25 for a ride. Plus, there are several lift companies that transport seniors to grocery stores, doctor appointments and more.

The average Social Security check is \$1,530/month. For 50 percent of the people this will be their main source of income after they retire. When you do the math, it’s easy to figure this will not be enough for these people to live on.

Laura Golino de Lovato, Executive Director, Northwest Pilot Project (NWPP), spoke about what is available to assist folks here in Multnomah County. The NWPP was started in 1969 by an Episcopal priest named Peter Paulson.

It began as an all-volunteer group focused on older adults living in the downtown area. They

initially provided support for seniors at risk of losing their ability to live independently.

NWPP functions pretty much the same way today, only now the outreach is much broader. Many services are offered to clients who rent their home. They provide permanent supportive housing, long-term rent assistance, choices for senior housing and low-cost extra support for independent living.

Fortunately, de Lavato said, we just passed the Supportive Housing Services Measure (26-210). This bill addresses the needs of people experiencing homelessness or are at risk of becoming homeless.

The bill placed a marginal tax of one percent on households with income over \$200,000 and businesses whose profits exceeded \$5 million. These funds are earmarked for better long-term rent assistance resources, expansion of support services, stronger tenant protections, new grants and to advocate for zoning changes to expand housing possibilities.

On a national level, funds will be used to increase the national housing choice voucher program and to lobby to increase social security, disability and supplemental security incomes.

Throughout the state and in Portland in particular, one solution is for city planners to offer more incentives for builders to build modest sized, affordable housing units.

Statistics have shown that, over time, contractors recoup their investments in this type of build because of the consistent payments of their occupants.

For seniors who own their homes and do have some savings, it was suggested by de Lavato to consult a retirement specialist. No matter what the circumstance, once a person begins living on a fixed income it’s wise to reexamine expenditures.

Preparing to age in place is another consideration for homeowners. There is an abundance of information available online about how to modify your home for the future.

If you are in need of financial assistance, Habitat for Humanity (habitat.org) and other sources listed at dailycaring.com can help.

As things are right now, the growing demand for services will outweigh the availability. Hopefully, as this burgeoning population increases, the services being planned by today’s social workers will be set in motion and ready. The presenters at the aging forum stressed that being prepared is the best way to prepare for this inevitable stage of life.

For elders interested in being proactive about planning for their future, resources to explore are nwpilotproject.org, ageplus.org, multco.us/ads, oregon.gov/ohcs/Pages/index.aspx and 211info.org.

Nursing Struggles at Unity Center for Behavioral Health

By Daniel Perez-Crouse

Unity Center for Behavioral Health, founded in 2017, is a 24-hour mental health services center and a joint effort by Legacy Health, OHSU, Kaiser Permanente and Adventist Health. It provides immediate psychiatric care and recovery services for adults and adolescents experiencing a mental health crisis.

Despite a NOVA Award for hospital-led collaborative efforts and anecdotes of good work done there, the facility has been plagued with issues over the years.

A state investigation in 2018 revealed numerous safety concerns and Unity risked losing federal certification in the process. Last year, *The Oregonian* detailed complaints around the facility’s lackluster COVID-19 protocols.

Issues supposedly persist to this day with staff shortages and turnover becoming an issue piling on its other challenges, as noted in a report published by the Oregon Nurses Association (ONA). In speaking with the *Lund Report*, Melissa Eckstein, President of Unity, vocally opposed most of what is alleged.

Registered nurses Sherrie Neff and Christine Allen on Uni-

ty’s ONA bargaining team, shared experiences and insights related to Unity’s past and present.

Both spoke to what they felt was a rocky beginning, with Allen acknowledging the challenges of opening a new hospital and having staff arrive from different facilities.

“Nurses came from Adventist, OHSU and the Legacy units and, in the process, there wasn’t a lot of time for team building. It was very chaotic.”

Neff said, “When we got there, everything was not organized. We were told just figure it out and do what you want.”

Despite attempts to change and improve since the 2018 review, Neff feels they are regressing. Hence their acknowledgment of current staffing issues.

“My unit can hold a mass of 24 patients. We have not been able to fill that because of staffing for many months now,” said Allen.

She elaborated by saying this leads to an issue where emergency rooms are filling up with patients.

Allen feels there is a lot of pressure from above to admit patients when they don’t have enough staff to safely do so and

discharging patients when they aren’t necessarily ready. They mainly attribute this problem to an occasionally dangerous environment (as reported by other outlets).

Allen explains that patients have their own spaces and are encouraged to be in open areas. However, she says, they can be “agitated, yelling and throwing stuff. Imagine that you have 20 of those people in one space. It takes a lot of creativity from staff to engage them and keep them from hurting themselves and other people. We have a lot of assaults that happen to staff.”

She says this can be especially challenging for newer nurses who haven’t experienced this before.

“It’s hard emotionally and we have a hard time maintaining accurate staffing levels because of that.”

“I got hurt personally when someone tried to hit me in the face. It’s part of the job and you know it’s coming,” said Neff. “We are losing a ton of staff because they are tired of getting hurt and tired of seeing people get hurt.”

This is compounded by

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North Tabor Freeway Noise

from page 1

if you open your windows it’s just, oh wow!”

“I keep my windows down quite a bit because I don’t want to ruin my neighbors’ hearing,” her friend adds, chuckling.

There is no air conditioning in any of the Commons’ apartments according to management.

Whether the noise is attributable to racing or simply hobby joy riding is difficult to ascertain since Portland Police Bureau (PPB) does not keep a database of citations issued.

It is clear that the situation in North Tabor, and other Portland neighborhoods as well, presents more than just a nuisance-level problem on occasion.

“Usually I notice it from probably 10 pm to midnight – that’s when you can definitely notice street racing. You can hear the high revving of the engines and the gears,” explained Sarah Mongue, North Tabor resident and member of the North Tabor Neighborhood Association Board.

“I came home late one night from a friend’s house between 10 pm and midnight and driving to get off on 58th Ave. I was definitely in the middle of a street race happening,” she said. Mongue says she has witnessed street racing recently on NE Glisan St. between the 58th Ave. exit and I-205.

Tom Thomas, another North Tabor resident attending the meeting, said, “It’s not particularly racing that I know of, but it’s just like there seems to be a free pass for people to travel the speeds they wish.”

Indeed, there might well be a correlation between a lack of law enforcement and excessive speeds on the area’s roadways.

An email sent to the Oregon State Police (OSP) inquiring why its dashboard showed no citations along the western end of I-84 in recent months brought the reply that, “OSP focuses primarily outside of city limits in the Portland metro area” and a suggestion to contact the Multnomah County Sheriff’s Office (MCSO).

An email sent to MCSO brought a reply saying, “I would suggest directing your inquiry to the PPB” since “we don’t pick up jurisdiction until about I-84 and NE 191st Ave.”

The response from PPB highlighted a litany of staff reductions and re-ordered priorities in the wake of the pandemic and last year’s nightly protests.

A spokesman for the Bureau noted: “Our chief made the decision to send traffic officers, many of whom rode motorcycles, back to precincts to answer day to day calls for service. When they are able, they still do traffic enforcement.”

The spokesman noted that earlier this year the PPB Traffic Division was disbanded, a move that almost surely appeared as a green light to the city’s late-night auto enthusiasts.

Meanwhile, PBOT’s Vision Zero project, dedicated to “saving lives with safe streets,” reported earlier this year that in 2020 “20 deaths occurred on State of Oregon highways in Portland, including eight on interstates, compared with an average of 14 from 2016

to 2019.”

The news release suggests that the increase is partially attributable to an increase in speeding due to lower traffic volumes, but now that traffic has returned to pre-pandemic levels, it appears other factors may be contributing to the impunity of late-night road racers.

Vision Zero is strongly supporting two bills in the Oregon Legislature – HB 2530 and HB 3357 – that would make it easier for the City to install fixed speed safety cameras on city streets.

“These cameras have proven to be a cost-effective way to dramatically reduce dangerous driving on our streets,” according to Portland Transportation Commissioner Jo Ann Hardesty, who is quoted on Vision Zero’s web site.

“This is a great example of how...we can make our streets safer for everyone, without relying on police for enforcement.”

However, speed safety cameras are not workable on freeways, according to the Oregon Department of Transportation, nor would they have any effect on reducing noise from vehicles that are tricked out to produce maximum engine decibels.

Oregon law requires a muffler, limiting engine noise to no more than 91 decibels, be installed and working on all vehicles.

It seems, then, that the proven method of controlling both excessive speed and excessive noise on Portland’s freeways is still the dance of blinking lights in the rearview mirror.

Nursing Struggles at Unity Center for Behavioral Health

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what they feel is management that does not listen to feedback and makes changes that are sometimes detrimental.

For example, phones used to be permitted in the facility. However, some were breaking rules associated with them and they were not allowed anymore. Allen felt this should have been a “case-by-case” scenario rather than an outright ban.

Allen said recently facility iPads (with cameras disabled) that allowed patients to use various apps for leisure and professional purposes were removed. This was because people could still record audio with them and potentially release personal health information.

“It was a tool for when they were agitated to have them listen to music or give them a movie to watch, but not only do you not have a tool to make your job eas-

ier, but the patients have something else taken from them.”

Neff said patients’ “boredom” led to another, unexpected problem revolving around food as something to do.

“They are eating constantly and we have managers saying you give them what they want. We’ve had men and women gain 40-60 pounds. So now, we are adding another problem to their problem,” Neff said. Her unit struggled with management to change this, limit their food and give them healthier options.

She also said behavioral health therapists are being removed and social workers are quitting. As a result, her work suffers.

“What I feel like is a holding tank. I just give them (the patients) meds and try to talk to them, but I can only really give all my attention to two patients and I

just feel inefficient.”

They and other staff, since unionizing almost two years ago, are still in a stalemate to secure a contract that would give staff a voice in staffing, policy and potentially, quality of life improvements, like a 45-minute break.

“Nurses are the largest workforce at Unity. There are just under 200 of us. We really are what’s going to make Unity great and we just want a contract where our voice can be heard,” Allen said.

They feel if staff are adequately taken care of, heard and protected, then there will be less turnover and superior aid for an in-need population.

“We all want to help Legacy. They are honestly a good hospital. And we want to help them be better, but everything we try to do to help them, they just shoot it down,” said Neff.

Bw

Business Walkabout

Inner Gate Health & Wellness

By Jack Rubinger

Inner Gate Acupuncture is now Inner Gate Health & Wellness, and has locations in both SE and NE Portland.

The change was made to reflect a more expansive, encompassing whole body vision which includes disciplines such as acupuncture, sports medicine, chiropractic medicine, naturopathic medicine and massage therapy.

“We’re most excited that our business has survived the pandemic and that we’re growing with new clinicians and expanded services,” said Oliver Leonetti L.Ac.

Their clinic specialties include sports injuries, pain management, surgery recovery and auto accident related injuries.

Several skilled practitioners have joined their team including Dr. Jerrod Puckett from S. Oregon, a sports medicine chiropractor; two excellent massage therapists, Nick Maxwell LMT and Renee Fields LMT; and Dr. Heather Krebsbach, a naturopathic physician who specializes in Women’s Health and endocrinology.

The clinic’s newest acupuncturists include Emma Ellsworth L.Ac., an East Coaster with a background in sports medicine and Brad Hamlin L.Ac., a Kentuckian with expertise in Classical Chinese Medicine.

Whether you’re a weekend warrior or a collegiate level football player, there’s no such thing as a one size fits all approach to treating the body, mind, soul and spirit.

Athletes have special needs and the clinic has worked with athletes on many levels, including a brief time with the Portland Trailblazers and collegiate sports, like the Idaho Vandals, a Division I football team.

“I am a collegiate football player that suffered from severe



Top row (L to R): Terry Atchley, Tanya Zhy, Oliver Leonetti, Elizabeth Bourgeois, Brad Hamlin. Bottom row (L to R): Jerrod Puckett, Erik Isaacman. Photo by Oliver Jeonetti

lower back pain. I had worked six months with our team trainers to alleviate my pain, but had no success,” said Mujeeb Rufai.

“My brother encouraged me to try acupuncture. The first session, Erik was extremely accommodating and I barely felt the needles.

“Before I started sessions, I was running a mile three times a week and every time I would experience extreme pain in my lower back after one lap, I would push through the pain,” Rufai said. “After two sessions, I could run two laps before the pain set in and after six sessions, I could run a full mile without experiencing any pain.”

Acupuncturists Erik Isaacman and Oliver Leonetti completed the Sports Medicine Acupuncture Certification Program several years ago in California.

Sports Medicine Acupuncture uses functional anatomy, range of motion testing, orthopedic examinations, manual muscle testing and palpation to identify the injured tissues.

Postural and muscle imbalances are assessed through static and functional movements allowing them to treat the root causes of injury and achieve great results.

Inner Gate acupuncturists Casey McGuire and Terry Atchley are now attending the program.

The clinic has monthly classes on sports medicine related topics including corrective exercises, proper injury assessment and manual muscle testing.

“These classes are a great opportunity for our clinicians to come together and share their knowledge and experiences,” says Leonetti.

Sports medicine healthcare providers help athletes with nutrition, supplements, exercise and injury prevention.

Inner Gate Health and Wellness enjoys a strong working relationship with several clinics in town including Rebound Orthopedics and Providence Medical Center.

Referring doctors include John Kafrouni MD, Jerod Cottrill DO and Karl Kaluza DO. Inner Gate Health & Wellness accepts all kinds of insurance, offers evening and weekday appointments and is open Saturdays.

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Business Association Notes

Hawthorne Boulevard Business Association
By Nancy Chapin

Greetings from the businesses and services on and near Hawthorne Boulevard. We are happy to see more doors opening and more of our neighbors and friends checking out their favorite businesses.

The Pave and Paint project is progressing and work on the corners is almost done. We will be hosting a gift certificate contest, sponsored by PBOT, so remember to get a picture of your favorite businesses with staff or the owner or the food or product that you appreciate.

Hawthorne is home to many diverse businesses and we invite you to check out ones you’ve been meaning to visit. We especially invite you to go to the areas impacted by the Pave and Paint project over the next few weeks, those along SE 24th to 50th Aves.

AdoptOneBlock.org gives you the opportunity to sign up to clean your block. When you sign up, you will receive a bucket and a grabber to make it easier for you. We encourage you to help us keep the Hawthorne District clean and welcoming.

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Weekend Closure of I-84 For Bridge Installation



After more than a year of construction, the Congressman Earl Blumenauer Pedestrian and Bicycle Bridge is ready to be installed over I-84.

The installation will necessitate a full closure of I-84 west from I-205 to I-5 and I-84 east from I-5 to César E. Chavez Blvd beginning Friday, July 9, 10 pm and continuing until Monday, July 12, 5 am.

The 400-foot-long bridge, (weighing nearly 800,000 lbs.) will be lifted and rolled into place over Sullivan’s Gulch. A temporary tower will be used while crews connect the bridge to the north landing.

When complete, the Blumenauer Bridge will connect pedestrians and people biking on NE 7th Ave. between the Lloyd and

Central Eastside neighborhoods and beyond. In the future it will also serve as a link for the Green Loop.

The bridge will open in early 2022 and due to its seismic resiliency, will serve as a backup route for emergency vehicles over I-84 in the event of an earthquake.

The project includes two new public plazas and landings on the north and south sides of the bridge.

Drivers should expect delays and use alternate routes. Portland Bureau of Transportation recommends using Trip-Check.com for real time traffic information during the closure.

The work is weather dependent and the schedule may change.

Kellogg Play Field and Walking Path Open

After three years of construction on a new Kellogg Middle School, the play field and walking path are open to the public. Visitors familiar with the former layout will notice it has been completely transformed.

The original Kellogg school building sat in the center of the site, dividing it into two smaller fields, the new Kellogg building sits close to Powell Blvd. with a larger field behind it.

The new field and walking path were designed with community use in mind. It is just one of many features that will make the new school a focal point of its SE neighborhood, offering a resource hub for the community.

Funds for the project came from a May 2017 bond, which included the rebuilding/modernization of three high schools and

\$150,000,000 in funds for health and safety projects across the district.

The School Board selected a full replacement rebuild option for Kellogg because the cost was less than renovating and adding to the existing facility.

This allowed the district to build a modern facility addressing health and safety issues at Kellogg while meeting the programmatic needs of a new middle school.

The new school opens in Fall 2021 and represents a vision of Portland Public Schools for middle school education, offering expanded options and programming for students, including dedicated outdoor learning spaces.

More information about the project can be found at pps.net/KelloggBond.

Sunday Parkways

Portland Bureau of Transportation (PBOT) brings back Sunday Parkway presented by Kaiser Permanente with a new Choose Your Own Portland Adventure format featuring free and fun online classes and events and scavenger hunt-style routes across the city.

Digital adventures allow people to stay engaged from home with fan favorites from last year like DJ Prashant, Andy Red Yarn and Trainer Tyra.

July events include Fitness Take Overs and Every Body Athletics, available at portland.gov/Sunday-parkways/events.

For those who want to get out and about, the popular Sticker Hunt takes participants on walking, biking or rolling tours across the city to spy stickers and win prizes.

The SE Portland Hunt is available at bit.ly/SEStickerHunt.



Four more neighborhood Hunts will be released throughout the summer.

Each will take place in Neighborhood Greenways and Slow Streets to allow for family-friendly routes that can be done at one’s own pace.

To participate in the Sticker Hunts, view the route and look for Kaiser Permanente sidewalk stickers at parks on the map and Sunday Parkway stickers featuring mascot characters on way-finding signs and businesses on or near the route.

When a sticker is found, text the key word on the sticker to 844.874.0050 to be entered to win prizes. Each word can only be texted once by a participant.

Additional key words will be provided during weekly online programming during the Transportation Highlights (Fridays) and ADA (Tuesdays and Thursdays).

Five grand prize winners will receive a live concert outside of their home presented by Montavilla Jazz. Grand prizes will be awarded at the end of September.

There will be monthly rewards from Kaiser Permanente and monthly prizes drawn randomly throughout the month. The more key words texted in, the better the chances of winning.

Monthly prizes include gift certificates from local businesses, bike shops, restaurants and sponsors.

Washington Park Celebrates 150 Years

Washington Park is celebrating its 150th anniversary and is inviting folk to explore Portland’s destination park in a new way this summer.

The interactive experience, called Discover Points, features locations throughout the park that connects visitors to stories and culture from the past 150 years.

Unique stories behind the Park’s best known destinations include the influence of war in the creation of the Portland Japanese Garden, a glimpse of Hoyt Arboretum through the decades, and the International Rose Test Garden’s first female curator in a

century.

The fully virtual experience takes place in the park’s free, public spaces and is available through the fall. It is also offered in Spanish. Discovery Points are marked with signs that include QR codes linking visitors to audio and written stories.

A downloadable map of Discovery Points is available at bit.ly/WPDpmap and a printed list of locations can be picked up at Explore Washington Park Visitor Information booths on the TriMet Plaza and near the Rose Garden Store.

On-site parking is limited

and visitors are encouraged to take TriMet’s MAX Red and Blue lines to the Park. Check parking availability at bit.ly/Room2Park.

The Washington Park Free Shuttle stops at the Washington Park MAX Station to bring visitors to the Park’s major destinations, daily 9:30 am-7 pm.

“The Free Shuttle is an easy and sustainable way to see all Washington Park has to offer without having to drive,” said Heather McCarey, Explore Washington Park’s Executive Director. “Visitors can hop on and off as they explore Discovery Points and the entire Park.”

Summer Action Team for High Schoolers

The Portland Summer Action Team offers high school students an opportunity to work together and complete a service project to aid a community or topic of their choice July 12-23.

The program is run by the Portland Student Pandemic Response, an online-based nonprofit started by a small group of high school students in April 2020.

The Summer Action Team contains four focus-based groups applicants can choose from (environmental, opioid epidemic, racial justice or food insecurity) and a variety of Zoom and in-person activities and volunteer opportunities, running 1-3 pm Monday-Friday.

Students have the opportunity to use critical thinking, col-

laboration skills and artistic abilities in whichever path is chosen.

Hours volunteered with the program are officially recognized by Portland high schools as volunteer service hours.

Applications for the second session are due by Friday, July 8 and can be found at pspandemicresponse.com/summer-offerings.

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Community News

Fireworks Reminders and Safety Tips

On July 4, 2020 18 of 36 local fires were found to be caused by fireworks in the City of Portland. In the 10-day period around the 4th of July, Multnomah County Animal Services saw a 25 percent increase in the number of dogs and cats entering the shelter.

Avoid fires and harm to dogs, cats and humans, by observing Oregon law and be safe when using legal fireworks.

Possession of illegal fireworks can result in a fine of up to \$1,000 and individuals could be held liable for injuries or property damage.

Fireworks which explode, fly into the air or travel more than six feet on the ground or 12 inches

into the air are illegal in Oregon. Examples include bottle rockets, roman candles and firecrackers.

Legal fireworks may be purchased only from Oregon-permitted fireworks retailers and stands.

Examples of legal fireworks include cone fountains, flitter sparklers, ground spinners and snakes.

Even legal fireworks present a fire hazard and can cause injury. Be safe following these tips.

- Only set them off outdoors, in a clear area, away from homes, dry leaves or grass and other flammable materials.

- Keep a bucket of water nearby for emergencies for pouring

on fireworks that fail to ignite or explode.

- Do not allow young children to play with fireworks ever. Older children should only be permitted to use fireworks under close adult supervision.

- Be sure other people and pets are out of range before lighting fireworks.

- Do not try to relight or handle malfunctioning fireworks. Soak them with water and throw them away.

As we once again find ourselves in the midst of an increased threat of wildfires, it's important to keep yourself and others safe from the devastation fires can cause.

Summer Reading 2021

Multnomah County Library's Summer Reading Program runs through August 31. Kids can play online by signing up at multcolib.beanstack.org/reader365 or with a paper game board, available at any neighborhood library.

The program is easy and safe to participate in and fun and engaging for kids of all ages, birth to high school students entering grade 12.

Reading during the summer helps strengthen reading skills, encourages exploring new interests and keeping young brains engaged.

Those in need of inspiration can check out the library's reading lists (bit.ly/MCLreadinglist)

and ebook/audiobook list (multcolib.overdrive.com/library/kids) designed just for kids.

Participants can earn books, restaurant coupons and other prizes, including a ticket to a Trail Blazers game, Portland Pickles baseball game, t-shirts, a coupon to the Oregon Ballet Theatre and entry into a Grand Prize drawing.

Grand prizes will be awarded to three age groups (ages 0-4, grades K-5 and grades 6-12) and runner up prizes will be awarded to four age groups (ages 0-4, grades K-5, grades 6-8 and grades 9-12).

Adults can share in the summer reading fun by participating in the Library's Read 4 Life adult summer ready program (bit.ly/Read4LifeMCL) sponsored by Friends of the Library. Similar to the kids' program, adults can pick up a physical game board or play online.



Adults have the additional option of creating a list of four books read or library events attended with their name, contact information and "Read 4 Life 2021."

The information can be mailed to MCL or dropped at any library location by August 31 to be entered into the prize drawings.

Summer Meals through PP&R and ODE

Portland Parks & Recreation (PP&R) provides free meals for youth ages 1-18 this summer with their Free Lunch + Play program.

There are no applications or income requirements to access the meals. Drive-up options and free food markets are also available at selected locations.

Working with school districts, community partners, arts organizations and hunger relief groups, PP&R aims to reach the estimated 500,000 Portland children that face hunger without access to free or reduced-price lunches available during the school year.

A full listing of park locations is at portland.gov/parks/freelunch.

The program runs through August 20, and there will be no programming on July 5 in observance of Independence Day.

Mobile Lunch + Play locations (found at the above link) brings the program to apartment complexes and additional parks.

The Oregon Department of Education's (ODE) Summer Meals Map provides additional meal locations with its Summer Food Service Program.

Visit bit.ly/FindMeals and enter a zip code to find locations.

The ODE information can be accessed by calling 211 to speak to an operator or by texting "Food" or "Comida" to 877.877.

The text system will prompt users to enter an address and a reply with a list of sites will be provided.

July Events

GENEALOGY LIBRARY REOPENS – The Genealogical Forum of Oregon reopens the library in the historic Ford Building, 2505 SE 11th Ave., July 1. Open Monday-Friday by appointment only, visit gfo.org/ visit for more information and to make an appointment.

MOVE MORE CHALLENGE – The Move More Challenge is going on through August 31. Create a team or participate as an individual, logging sustainable active transportation trips and earning rewards. Sign up at thetreetrust.org/MMC21.



PEDALPALOOZA – The bike festival continues its three month run of fun on two wheels with multiple events every day in July. Visit shift2bikes.org/pedalpalooza-calendar to find rides like the Odd Tuesday Outing, Star Trek Ride and more. Most events are free and all are open to the public.

PORTLAND INDIGENOUS MARKETPLACE – The Marketplace is back this summer with the first event Saturday, July 3, 11 am-5 pm at Tilikum Plaza, 211 SE Caruthers St. Visit buff.ly/3eNoGYH for a list of indigenous vendors, parking options and more.

TRIMET FREE RIDE WEEKEND – TriMet will not be collecting fares on buses, MAX trains and LIFT paratransit vehicles Saturday, July 3-Monday, July 5 in honor of Independence Day. TriMet continues to follow state and federal health guidance and masks are still required while riding.

BEACH CLEANUP & SWIM – The Central Eastside Industrial Council partners with Human Access Project and SOLVE for a monthly beach cleanup and swim at Audrey McCall Beach, Thursday, July 22, 5:30 pm. More details and registration at ceic.cc/events/audrey-mccall-cleanup-beach-swim-2.

STREET BAZAAR – The producers behind Portland Flea, Roux Portland and Portland Bazaar bring the bold flavors, bright colors and vibrant energy of Portland's food, drink art and music scene together Friday, July 23. The open-air outdoor event takes place at Nova parking lot at the Electric Blocks, 1615 SE 3rd Ave. More at streetbazaar-pdx.com.

FULL MOON RIDE – July's Full Moon Ride with Portland World Naked Bike Ride takes place Friday, July 23. Visit facebook.com/PDX.WNBR for starting location and time.

PORTLAND FLEA – Portland Flea features 65+ local artists, makers and curators of the best vintage, handmade and locally-sourced goods in town Sunday, July 25, 11 am-4 pm. The free outdoor family and dog-friendly event takes place at Nova parking lot at the Electric Blocks, 1615 SE 3rd Ave. More at pdx flea.com.

CLEVELAND HIGH SCHOOL WALK – The Cleveland High School Alumni Association hosts their inaugural Alumni 5K Warrior Walk Wednesday, August 18. The route goes through Eastmoreland and Westmoreland. Register at warrior5kwalk.com.

CHS GOLF TOURNAMENT – Cleveland High School hosts their annual golf tournament at Eastmoreland Golf Course Thursday, August 19. Registration open at Emmc-2021chsalmuni.golfgenius.com.

Email details to examiner@seportland.news by the 15th of the month.

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How We Do Family

By Kris McDowell

How We Do Family isn't the typical book about adoption, pregnancy and parenting. Beyond the fact that it is about trans pregnancy and LGBTQ parenthood, it's a love story. It's about finding and nurturing love, through the lens of a transgender/LGBTQ relationship.

The story starts prior to author Trystan Reese meeting Biff and quickly moves into the start of their parenting journey as they take Biff's niece and nephew under their care.

The 200-page book is broken into nine chapters, each concluding with a Notes section that provides relatable, teachable takeaways.

The first chapter's notes lay the foundation for understanding trans language, particularly important for readers that may not have much experience with the LGBTQ community.

The "Four Pillars of Identity" explain the difference between gender and sex, covering "assigned sex at birth," "gender identity," "gender expression" and "sexual orientation."

As the story continues, it's easy to see that many more details could have been included, but by streamlining the story into concise chapters, it focuses on points most relatable to anyone: parents/non-parents, LGBTQ/non-LGBTQ, in a relationship/single.

The whole tone of the book speaks to how Trystan and Biff have done/are doing things ("how

we do..."), rather than the typical "how to" of books providing instruction.

What works in each relationship, in each parenting setting, in each person's life is influenced by a multitude of factors and this book is very sensitive to that very important caveat. The instruction provided shows how this couple, and the subsequent family they have created, has done things and how what they have learned could be applied to other families.

The book concludes with an appendix section, starting with educating kids about trans people. When asked about what some of his favorite resources are for this, Reese said social media, for its democratization of stories.

"There are so many amazing transgender storytellers, organizers and activists online that people can follow to learn more about the many kinds of experiences that trans people can have. Creators like @britchida, activists like @believeinmaybe and models like @iamjarijones are all amazing people to follow.

"When you choose to read trans stories, decide to believe them. Immerse yourself in their narratives and accept that trans experiences may be different from your own, which is a good thing!"

While trans experiences may be different from the experiences of non-trans people, we have all experienced the pandemic. Parents have had the additional



Trystan Reese with family
Photo by Rhys Harper

challenge of navigating their children through the pandemic at the same time they are coping with it themselves. Reese said that each of their children have had very different challenges during the pandemic.

Lucas, their eldest son, has had a difficult time adjusting to the changes the situation imposed.

"It's been truly awful (for him). He's been away from his friends, his school, his whole social life. He tried gaming with his buddies, but found it too frustrating. He tried so many hobbies, none of which really stuck!

"We're still trying to pull him out of the pandemic funk and I think we'll have to keep work-

ing on that for years to come."

Their youngest, Leo, was born before the pandemic but at just four years old, "the pandemic has been amazing." Reese expanded saying, "He's been with his whole family nonstop for 15 months. There has always been a parent or a sibling around to read to him, play with him, take him on walks and generally be present with him. He is so deeply connected to all of us and has a strong sense of safety."

Leo has not really known anything before the pandemic and it was exemplified one evening while the family was watching *RuPaul's Drag Race*.

At one point, "Two of the competitors hugged each other in the Werk Room," said Reese. "Leo burst out laughing and we couldn't figure out why. Finally, he says to us, 'You can't hug

people!' It was hilarious to him that these two queens were able to touch and show affection when he's never seen anyone touch or show affection outside of our home.

"When we go on our evening walks and we see someone walking towards us, he automatically steps off the sidewalk to give them space. It's not even something we enforce anymore—he just does it without thinking because we've been doing it for as long as he can remember."

Keeping his perspective in mind is something that is a good reminder for everyone, that we all have different perspectives and experiences.

Both the book and ebook can be purchased at bit.ly/FamilyMediaKit and are available through the Multnomah County Library.

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LE Letter to the Editor

Editor's note: Letters to the Editor should be less than 300 words and The SE Examiner reserves the right to edit them for length or content.

To the Editor:

In July this year, Portland's largest preschool, Childsworld Learning Center, will be kicked out of the Sunnyside neighborhood church it has called home for the past 15 years.

That puts 250 kids and their families at risk of not having childcare or early learning education this coming school year. It also results in employment loss of their extensive teaching and facility staff.

The eviction is occurring due to St. Stephen's Church Diocese prematurely breaking/vacating their lease agreement with Childsworld Learning Center, requesting they leave in July 2021.

All this comes in the middle of the COVID-19 pandemic and all the constraints COVID-19 has put on our communities. It also is at a time of considerable shortages in childcare resources in this Portland and elsewhere.

Now that workplaces are starting to gradually reopen and parents are seeking to return to their office work sites, this shortage of childcare is particularly

damaging.

The city is at risk of losing its largest preschool that was founded in 1984 and has thrived and been considered one of the very best. It couldn't be happening at a worse time, yet few members of the community know of this travesty occurring in the Sunnyside neighborhood.

In my opinion, this is a devastating blow to this childcare/early learning facility and to childcare at large. Clearly Childsworld Learning Center needs more time to find an alternative and affordable site for their ongoing use.

Ideally one would hope St. Stephen's Church would either not break their lease prematurely or at least extend their lease one further year, so a new location can be found in a timely manner.

For a religious institution to be ousting young children, their families and caregivers in the midst of the COVID-19 epidemic is unconscionable and a very poor reflection on their church and their acclaimed spiritual beliefs.

Ann Bennett

Blueberry Season is Here

Fresh Oregon-grown blueberries are one of the joys of summer and right now they're at the peak of perfection. Thanks to Oregon's skilled and passionate growers, this season will yield another bountiful harvest.

With a reputation for producing the best quality fruit with the highest crop yields, Oregon blueberry growers are having a positive economic impact in our communities. Oregon farms range from large operations that ship their crop world-wide to small family farms offering on-farm sales.

Among the top producing states in the nation for blueberries, Oregon harvested nearly 150 million pounds in 2020, with an annual economic impact generated by growers estimated at \$353.5 million.

"The over 320 blueberry growers in Oregon create a powerful financial force," said Bryan Ostlund of the Oregon Blueberry Commission. "Oregon growers not only produce a world-renowned superfood, but they also stimulate business and contribute greatly to our economy."

It's estimated that 3,505 full-time equivalent jobs are created and sustained by growers each year, with \$121.8 million in labor income generated by the business activities of growers.

"Oregonians only have to travel to their local store, farmers market, farm stand or U-Pick farm to enjoy," Ostlund said. "With

consumers more discerning about their blueberries, Oregon is well positioned with exceptional fruit size and sweetness."

Portland area blueberry growers: Bella Organic Farm, (BellaOrganic.com); Lillegaard Blueberries, 503.663.7001; Sauvie Island Farms (SauvieIsland-Farms.com); Sue's Blueberries, 503.760.2025; Tara Farms (Tara-Farms.com) all invite people to come out to pick their own berries.

Bella Organic suggests wearing comfortable clothes that you don't mind getting dirty, tennis shoes or boots and a hat. Don't forget to bring sunscreen and bottle of water as well.

Blueberries are a convenient and delicious way to energize everyday meals, backyard picnics and grilling recipes. From blueberry cardamom baked oatmeal to roasted salmon with savory blueberry sauce, blueberry and watermelon salad with marinated feta and blueberry skillet cake, OregonBlueberry.com has ideas to incorporate blueberries into any meal of the day.

Oregon blueberries are known for their health benefits. One cup of blueberries contains 80 calories, 25 percent of daily vitamin C, 14 percent daily fiber and essential nutrients to boost the immune system. They are certified as a heart-healthy food by the American Heart Association and contain natural compounds that help the brain stay strong.



Photo from OregonBlueberry.com

Blueberry Cardamom Baked Oatmeal

- 1 Tbsp butter

2 cups rolled oats

1 tsp baking powder

2 tsp ground cardamom

1/2 tsp salt
- 1/3 cup brown sugar

2 large eggs

3 cups whole milk or milk alternative

1/4 cup melted butter or coconut oil, cooled
- 2 cups fresh or frozen blueberries

Optional: maple syrup, honey, whipped cream
1. Preheat oven to 350F.

2. Grease an 8x11 or 9x9 baking dish with 1 Tbsp butter.

3. In a bowl, mix together oats, baking powder, ground cardamom, salt and brown sugar.

4. In another bowl, whisk together eggs, milk and melted butter.

5. Add dry mixture to milk mixture; gently fold in blueberries.

6. Pour the mixture into greased baking dish. Bake 45-50 minutes or until the oatmeal is firm.

7. Remove the baking dish from the oven and let cool 10 minutes.

8. Serve with maple syrup, honey or whipped cream if desired.



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Go Going Out

C S T SCI FI JULY

Utopias, dystopias, days of future past... July is Sci-Fi month at Clinton Street Theater. After this last year and a half, their programming is charging full speed ahead.

The beloved century old moviehouse was at its current location during the last epidemic in 1918 and, these days, they are looking ahead to more shows and looking behind to present celebrated classic films. Screening this month are Andrei Tarkovsky's *Solaris* (the original), *Blade Runner*, *Repo Man*, Lizzie Borden's *Born In Flames*, *The Iron Giant* and many others.

Now that Clinton Street is open again, beginning July 9, they're showing late night cult classics on Fridays, such as a newly restored print of Doris Wishman's *Nude On The Moon*; Japan's first sci-fi film in color, *Warning From Space*, and John Carpenter's *Dark Star*.

If all that weren't enough, Clinton Street hosts a week-long Portland premiere of *Settlers* – a new space western starring Sofia Boutella about a refugee family from Earth clinging to hope for a better life on a remote homestead among the Martian frontier.

Show times, details and plenty more at cstpd.com.

Record Store Day Drops 2

Record Store Day was first conceived in 2007 at a gathering of independent record store owners and employees to celebrate and spread the word about the unique culture surrounding nearly 1400 independently-owned record stores in the US and thousands of similar stores internationally.

The first Record Store Day took place April 19, 2008. Today there are stores participating on every continent except Antarctica. It is a day for the people who make up the world of the record store – the staff, the customers and artists – to come together and celebrate the unique culture of a record store and the role they play in their communities. Special vinyl and CD releases and various promotional products are made exclusively for the day.

Record Store Day 2021 takes place July 17, 8 am-10 pm with over 180 new limited edition vinyl releases available. Music Millennium is at 3158 E. Burnside St. See MusicMillennium.com.

Marisa Green: Samsara/Samara



Marisa Green: Samsara/Samara is the new exhibit at AGENDA, 4505 SE Belmont St. through July 25. Suspended and floating in space, Green's tiny 'helicopters' re-imagined in cut paper entice the viewer to contemplate the cycle of life, both physical and spiritual.

From her Artist Statement: "Mother Nature is our greatest

teacher in her quiet knowing and acceptant embrace. Her lessons are often communicated most clearly when we lose a loved one; particularly when the heart is in deep need of repair and we are faced with our own mortality through proximity to death.

"The word Samsara was gifted to me in a whisper. Only later did I learn the Latin word for maple seed is Samara. Upon further exploration I learned that the Hebrew and Arabic meaning for the feminine name Samara is *Guardian* or *Protected by God*. This comforting symbol of grace is a whirling metaphor for death, rebirth, the cycle of karma and the eventual achievement of nirvana."

For more, see MarisaGreenArt.com and Agenda-pdx.com. See the art Wednesdays-Sundays, 11 am-4 pm.



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32nd Season triangle productions!

triangle productions! 32nd season is about to begin. Considered one of the oldest LGBTQ-identified theatres in the US and one of the oldest theatres in Oregon, they have not raised their ticket prices in 12 years. They are one of the only live theatres selling adult beverages (hard liquor) and have free onsite parking.

See their new brochure by emailing boxoffice@trianglepro.org to request a PDF or.

Help them raise a glass to their past and future seasons, watch the new video just posted at youtu.be/aoIN6It8Tk0.

Cascadia Composers

Summertime is here and Cascadia Composers (CC) present their final streaming concert of the season, *In Good Hands*, Saturday, July 17, 2 pm.

This annual concert celebrates student performers from across Oregon and Washington playing new music written by members in a special outreach project with the next generation of musicians.

This year there are 17 teachers and 53 students, ages 7 to 22, and 20 composers. Many compositions will be premieres written specifically for the students including works for violin, cello, flute, oboe, voice and piano.

The link is at CascadiaComposers.org.



New outdoor streetside seating at Laurelthirst

Laurelthirst Public House reopens Tuesday, July 6 and live music returns to the stage Thursday, July 8, with Lewi Longmire and the Left Coast Roasters at 6 pm.

This just in from Team Laurelthirst: "We'll be having our free early happy hour shows daily right away, building up into adding evening shows in a couple of weeks. We have expanded outdoor seating for those not quite ready to jump into coming indoors yet, and have done upgrades in the pub itself.

Big thanks to everyone that has reached out and supported us through the long Covid closure. We look forward to serving you all tasty food, cold beverages, and hot music again."

See their new revamped website at laurelthirst.com.

The Architectural Heritage Center (AHC) has opened a companion piece and walking tour to its latest exhibit, *South Portland and the Long Shadow of Urban Renewal*.

The long, narrow South Portland neighborhood south of downtown was reshaped during the first urban renewal project in the 1950s and 60s and the exhibit examines the rise, fall, redevelopment and future of South Portland.

The Oregon Jewish Museum and Center for Holocaust Education at 724 NW Davis St. presents a companion exhibit about landscape architect Lawrence Halprin. As a part of South Portland's urban renewal, the Portland Development Commission invited Halprin to design a series of fountains downtown, now the renowned Portland Open Space Sequence.

Weekly walking tours of South Portland and the Halprin fountains are offered this summer. Register at OJMCHE.org.

The Architectural Heritage Center is open Thursday-Saturday, 11 am-5 pm at 701 SE Grand Ave. See visitahc.org.

PWNW Alembic Artists Go Live

Performance Works Northwest (PWNW) Alembic Artists' present in-person performances before a masked, limited audience every weekend this month beginning July 9.

July 9-10, 8 pm: Maura Campbell-Balkits, Mo's Playtime – An absurdist slapstick work-in-progress featuring Mo, a silent clown character, tasked with creating a performance for other humans to laugh at. Both entertaining and slightly terrifying.

July 16-17, 8 pm: maximiliano and Onyx Andra, Androids in the Tower – A compelling alternative to hope in the absence of survival and a slow-burning dance of languid, muffled, purposeful movement. See AndroidsInTheTower.com

July 23-24, 9 pm: Marissa Rae Niederhauser, Here nor There – The audience is given the choice to observe the artist "Here" dancing in the theater space live while casting sharp shadows on the wall behind her, or "There" in the back garden where a shadow play is projected from a live feed in an intimate open air cinema. The audience can move between the two spaces as they like. patreon.com/MarissaRae.



A scene from "Apogee"

the ways our own sensitive systems intertwine with surroundings, how they collapse time, find order, glitch and regulate.

Streamed the first three weekends. Tickets are donation-based \$0-\$30. All shows begin at 8 pm except July 23/24 Niederhauser at 9 pm. See for RSVP/ticket links.

July 30-31, 8 pm: Hannah Krafcik + Emily Jones, Apogee

– What does it mean to have a critically engaged nervous system? Apogee is climax at a distance; a sci-fi inspired multi-sensory stimulus, a personal reflection on

Intergenerational Queer Audio Project

Oregon Children's Theatre's new *Intergenerational Queer Audio Project: Message to Ourselves* is their first-ever audio play released as a podcast.

The podcast includes stories, reflections, poems and songs from 17 members of the queer community, ranging in ages from 14 to 80, inspired by the question: "What is your message to your younger self?"

Themes of the podcast include "generations" – our relationships to family and ancestors, moments that feel like "the eye of the hurricane," and dreams for a future of justice and caring.

The podcast is in three parts and can be found on all major podcast channels, including Apple, Spotify and Amazon Music. Listen on the web at tinyurl.com/IQAPPodcast Recommended for ages 10-18.

Find out more at octc.org/intergenerational-project.

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Arts events, livestreams and fun news? Let SE Examiner readers know. Email your press releases and images before the 20th of the month to: examiner@seportland.news "Like" our Facebook page too for updates and conversation. Visit SoutheastExaminer.com

Go Going Out

arts & entertainment

Milagro's Renaissance en Verso

Milagro Theatre's new Season 38, Renaissance en Verso, is a creative exploration of a demoralizing year in darkness and our subsequent humanity renewed. While emerging from the pandemic, Milagro sees a path revealed brighter than the one we've traveled so far.

Season 38 begins with Teatro Milagro's community art project, *La Bici*, an nine-episode video play uniting the fundamentals of bike safety and its relationship to art and community.

In the fall, Milagro continues its annual celebration of Día de Muertos with its 25th original production exploring the mystery of rebirth and renewal. The production will feature a community altar dedicated to COVID-19 victims, and a documentary recounting Milagro's 25-year history of Día de los Muertos presentations with testimonials from directors, artists and patrons.

In 2022, Milagro presents *Duende de Lorca* by Dañel Malán, a play that recognizes the life of Spanish poet, playwright and theatre director Federico García Lorca. From the opening night of Mariana Pineda, followed by the printing of Gypsy Ballads and Poet in New York, audiences will share in his triumphs, failures, relationships and travels as they shape his life and his art.

Next spring is their world premiere of *Antigone At The Border*, a work from acclaimed Arizona-based playwright Marc Pinate. Adapted from Sophocles' Antigone, Pinate reimagines the tragic classic within the provocative context of the contemporary US-Mexico border, centered on the themes of immigration and the suffering of families affected by the Deferred Action for Childhood Arrivals (DACA) policy.

The season closes with the world premiere of *City Without Altar*, by Dominican-American playwright Jasminne Mendez, a play in verse to amplify the voices and experiences of the victims, survivors, and living ancestors of the 1937 Haitian Massacre along the north-west Dominican/Haitian border during the Trujillo Era.

Teatro Milagro will also present virtual tours of *¡HUELGA!*, a play remembering the life and work Dolores Huerta, and *Blast Off!*, the play about Ellen Ochoa, the first Latina astronaut (both featured in these pages before).

Join Milagro this season and see what their powerful storytelling offers. More at Milagro.org.

Processing Pausing Perspective



by Amy Fields

Sidestreet Arts presents Processing, Pausing, and Perspective, the July exhibit featuring the work of Amy Fields and Beth Kerschen.

Fields starts with a lump of raw clay; Kerschen starts with images of her surroundings. Both artists use their materials to create beauty, encourage reflection and discover the unpredictable.

Fields says of her work: "Pierced porcelain vessels begin as a lump of raw clay. That lump is thrown on the wheel, trimmed, carved, smoothed, fired, glazed, fired again, and finally sanded. Wood-fired pieces are fired for several days in a wood kiln. The atmosphere of super heated wood ash and soda ash melt and react with the minerals in the porcelain to glaze and color these works – in a way, painting with fire. It is exciting, and when successful, it can be truly beautiful."

Kerschen said, "Processing The Big Pause: Everyone wants the world to go back to normal after the pandemic, but 2020 thoroughly exposed that our normal and our systems are not supportive of all of society. This work reflects how I processed our broken systems, the pause we had, and the changes needed in society and as an individual."

July's Small Works Spotlight: Clara Lanyi, one of Sidestreet's first represented artists, shows her unique hand-cut ceramic jewelry and other goodies.

Online Artist Studio Visit: Live from their studios Q&A, Sunday, July 11, 12-1 pm. Zoom link with event details at SidestreetArts.com.



by Beth Kerschen

The Lot at Zidell Yards July Music and Movies

The Lot at Zidell Yards, 3030 S. Moody Ave., is a new venue with a full stage, large format LED screen, sound system, and on-site food and beverages. They are presenting a number of summer shows with live music, movies and events. Most evening music begin at 6 pm. Movies begin at 7 pm.

Live music highlights this month:

- **July 2-5, The Waterfront Blues Festival Upriver**
- **July 12-13, Live at The Lot: Summer Winds with Members of the Oregon Symphony**
- **Wednesday July 14, Liv Warfield** – Alternative soul with a bit of Rock 'n' Roll.
- **Friday July 16, Ural Thomas & The Pain** – A man built out of rhythm and Portland's pillar of soul.
- **Saturday July 17, Y La Bamba (Two shows at 12:30 pm and 6 pm)** – Songwriter Luz Elena Mendoza's inquisitive storytelling packs a full emotional spectrum.
- **Sunday, July 18, Portland Cello Project, Extreme Cello Summer Dance Party Extravaganza, Feat. Saeeda Wright, JANE, and Steven Bak**

Movies this month:

Tuesday, July 20 - Labyrinth (PG) with music by Kyle Craft; Tuesday, July 27 - The Muppet Movie (G); Wednesday, July 28 - Casablanca (PG) with music by Onry; Tuesday, August 3 - WALL-E (G).

See the complete schedule and purchase tickets at TheLotAtZidellYards.com.



Shanna In A Dress

Artichoke Concerts Go Live!

Artichoke Music is back with live events. All shows are at 50 percent capacity until further notice. Advance tickets and reserved seating advised for all live shows. Side-walk seating is available too with drinks and snacks served to your table outside.

• **Wednesday, July 7, Cascade Blues Night** – a live stream, with invited seats. Alan Scramstad is featured, an award winning solo acoustic finger-style and blues musician, born and raised in Oregon. His new album It's a Long Way to Go was released last December. Free Livestream on Facebook Live: at tinyurl.com/Scramstad.

• **Thursday, July 8: Shanna in A Dress** is on a crazyfun US bike tour. Advance tickets on sale. Kerville New Folk winner Shanna is raising money for the Pangaea Foundation's No Harm Program (pangaeaworldfoundation.org) and is your quirky best friend who refuses to wear pants. She says what everyone is thinking but no one else will say and her show is an uncensored journey of humor and heartbreak. A witty wordsmith all wrapped up in a sweet voice accented by guitar, piano, and ukulele. Tickets: tinyurl.com/ShannInadress.

Friday, July 9: Friday Night Coffeehouse Live! Because of limited capacity, advance ticket purchase is recommended. In order of appearance: Tom Arnold, Steve Cheseborough, Porter McClistler, and the Meander duo. Each artist will have their merch at the show. Tickets at: tinyurl.com/FNCCoffeehouse

Friday, July 17: Terry Robb. See website for tickets.

Thursday, July 22: Arthur Moore hosts a vaxxed harmonica party. Email info@artichokemusic for details and invitations.

Wednesday, July 28: Sonny Hess Trio (Tickets for the postponed show April 18 will be honored). Tickets: tinyurl.com/SonnyHess

Open mics are virtual for July. Live open mics anticipated to return in September.

There's always more and a BIG reopening celebration next month. See artichokemusic.org.



Ural Thomas and The Pain photo by Alicia J. Rose

Tom May Book Reading/Concert at Horse Brass



From left: Terry Prohaska, Tom May, Don Younger

Folk singer and songwriter Tom May finally gets to have his book release celebration live and in person after cancelling it twice last year.

May is the long time, producer/host of River City Folk, and director of the February Winterfolk concert series, Portland's

annual folk music event for the last 32 years.

The first official event to celebrate May's memoir, *I Wouldn't Count On It – Confessions of an Unlikely Folksinger*, takes place Sunday, July 11, 5 pm, at SE Portland's venerable Horse Brass Pub, 4534 SE Belmont St. with a reading, book signing, a concert and fellowship. Admission is free.

As the fates would have it, that date would also have been the 80th birthday of Don Younger, founder of the Horse Brass and May's close friend. Younger passed away in 2011. The pub remains a shrine of sorts to the local microbrew community as one of the pioneering establishments featuring crafted brews by locals who changed the world of beer, making Portland and the Pub a destination for appreciators of craft-brewing.

May's memoir contains tales of coast to coast road life, gigs, mornings after, and the foibles of on-the-road musician life.

His book includes a 20 song compilation CD and is available at tom-mayfolk.com and at Powells Books.

Chamber Music Northwest Summer Fest

Chamber Music Northwest (CMNW) hosts their in-person and online 51st annual Summer Festival this month featuring four weeks showcasing performances by renowned artists.

There are 17 live, limited seating, concerts through July 25 at Reed College's Kaul Auditorium in addition to two outdoor concerts. CMNW's 2021 Fest features 65 of the nation's finest chamber musicians performing works from classics to new music. As a special treat this year, the Israeli pianist composer Matan Porat performs improvisational accompaniment for two free Buster Keaton silent comedy movie performances at outdoor, community concerts in Gresham and North Portland July 12 and 13.

For this year's Festival, CMNW present David Ludwig's **Les Adieux: For Clarinet and Chamber Ensemble** honoring Artistic Director Emeritus David Shifrin; the world premiere of Marc Neikrug's **A Song by Mahler** (co-commissioned by CMNW with The Chamber Music Society of Lincoln Center, and the La Jolla, Lake Champlain and Santa Fe Chamber Music Festivals); Matan Porat playing his lilting **Piano Quintet** premiere with the Dover Quartet; and the **Duo for Guitar and Saxophone** by Pierre Jalbert, written for and performed by saxophonist Branford Marsalis and guitarist Jason Vieaux. The world premiere of Portland's Kenji Bunch's **Vesper Flight**, written for internationally acclaimed flutist Tara Helen O'Connor is another highlight.

Advance ticket reservations are required for live performances. The concerts will be recorded and streamed online July 15-August 31 at cmnw.org. 150 live seats are available in the 750 seat auditorium.

At-Home performances stream July 15-August 7 and the entire Fest will be available on-demand through August 31. A four-concert Live Festival Pass + At Home Pass is \$325. Single concert tickets are \$62.50.

See CMNW.org for more.

Ruth Ross' Self/Conscious – Gallery 114



"Drama Queen" by Ruth Ross

Ruth Ross' new show, Self/Conscious and guest Kathryn Cellerini Moore's Matter Splatter Spectrum Scatter is up on the walls at Gallery 114, 1100 NW Glisan St., through July 31.

Ross' work is fascinated by remnants of history she finds in old tattered fabric and stained lace, aprons and undergarments.

"I am now 78 years old," she said. "The drama of my younger self, making an appearance, either personal or product, is no longer my drama. My drama is in my interaction with what is in me hidden in my psyche, hidden in my memory."

Matter Splatter Spectrum Scatter features interdisciplinary artist **Kathryn Cellerini Moore** presenting work in video,

sound, mixed-media sculpture and paintings.

"It's a call for mindfulness about the spaces we inhabit and affect," Moore said, "and an invitation to reflect upon elements in the environment, such as light energy, that may be absent from sight or mind, yet are absolutely magnificent in presence and impact."

Gallery114PDX.com, Friday-Sunday, 12-5 pm and by appointment.

"Salt Spatter" by KC Moore



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Wellness Word

Editor's note: Wellness Word is an informational column which is not meant to replace a healthcare professional's diagnosis, treatment or medication.

Spinal Manipulation: First-Line Choice for Chronic Neck Pain

The lifetime prevalence of neck pain is estimated to be 48.5 percent with costs for this condition in the United States estimated at \$20 billion per year.

Neck pain can be caused by any number of disorders and diseases. The most common cause is mechanical malfunction, which occurs after years of normal use, overuse and misuse.

Common misuses are strains (like sleeping on your stomach) or neck injuries (like whiplash).

Consider that the neck supports the heavy weight of the head while still allowing it to tilt, turn and nod easily. Decades of such use and overuse can cause neck pain for nearly half of all people.

Neck pain used to be something many patients simply had to learn to live with, but newly published findings provide us with important insights about treating this debilitating condition.

A team of international researchers assessed a select group of high-quality studies regarding the effective treatment of chronic neck pain. They found that people with chronic neck pain show clinically important short and long-term improvements from a course of spinal manipulation. They also found no serious adverse events from this therapy.

Spinal manipulation is a therapy used to restore and enhance joint function, with the general goals of resolving joint inflammation and reducing pain. It involves a practitioner using his or her hands to apply a thrust to the spine that usually produces a slight audible “pop.”

The most common side effects of treatment are generally minor and may include tiredness or temporary soreness. When performed by a trained and licensed practitioner, spinal manipulation is a safe and effective treatment for neck pain.

An obvious question is how to prevent neck pain from returning or from becoming chronic.

According to scientific research, spinal rehabilitation is one of the best ways to help prevent recurrence and chronicity. Spinal rehabilitation is the use of specific therapeutic exercises designed to repair and strengthen spinal muscles that are damaged and weak.

Spinal manipulation should be considered a first-line choice for patients with chronic neck pain and spinal rehabilitation should be a first-line choice to help prevent recurrence or chronicity.

Overall, these methods are safer and more effective than medications, injections or surgery, and most health and accident insurance plans cover chiropractic care and spinal manipulation.

Dr. Hari Dass Khalsa is a chiropractor specializing in the non-surgical treatment of spinal conditions with offices in the Hawthorne District. Call 503.238.1032 for information.



Neighborhood Notes

HAND By Jill Riebesehl

At its June meeting, the Hosford-Abernethy Board heard from two Portland Bureau of Transportation (PBOT) departments, the group that is re-striping and repaving Hawthorne Blvd, and the other that is concerned with movement of freight in, out and around the city. The HAND Board was pleased the city will be making crossing easier and safer at SE 23rd Ave., with Grand Central on one side, Jam and other businesses on the other side. Neighbors have long been lobbying for help at that intersection.

On a much larger scale, PBOT briefed us on an updated, comprehensive effort to prepare Portland for changes needed to fend off global warming, protect against pollution and adapt to modern technology. The 2040 Freight Plan has a goal of zero percent carbon emissions by 2050, with the next 10 years being the crucial. PBOT is working with PGE, Burlington Northern, BNSF and other entities. Trade is the dominant economic engine for the metropolitan area.

A representative from the Central Eastside Industrial District, which lies without our neighborhood's boundaries, discussed with us the increasing problems of long traffic lines blocked at railroad track intersections at 8th, 11th, 12th Aves. We are taking quick steps to join the Brooklyn neighborhood and CEID in requesting participation from PBOT to help find a solution to this increasingly urgent situation.

In mid-June, residents who live on SE Clay St. behind Safeway and the Holman Funeral Home alerted the neighborhood to problems with reports of violence and criminal behavior threatening houseless campers. Clay residents called on HAND to help solve what has been an off and on problem on the street. By the time we were activated, the situation had calmed down. Neighbors said the city had been helpful. We learned that the city has a matrix it depends on for when to step in. We will be delving into the intricacies and actors working on this widespread, seemingly retractable situation. What we learn, we will share.

In HAND Board business, we elected some new, some renewing officers: Chris Eykamp, chair; Mark Linehan, vice-chair and treasurer; Karen Girard, secretary; Michell Sprague, publicity; Bruce Bikle, HAND rep on the Southeast Uplift board.

Our next meeting will be Tuesday, July 20, held via Zoom, 7 pm. All neighbors and business owners are more than welcome to attend. Information will be available on our website and Facebook.

Montavilla Neighborhood Association By Jacob Loeb

At the June 14 Montavilla Neighborhood Association (MNA) meeting, members celebrated the past contributions of the departing board Treasurer and welcomed his replacement.

MNA Chair Louise Hoff presented a certificate of appreciation to outgoing Treasurer Peter Emerson for his contributions to the community. Sarah Hertzell will fill the Treasurer position until the end of Emerson's term in October. Hertzell jumped into the Treasurer position last month and has already made significant contributions to the MNA Board.

Next, Ron Thrasher shared the results from the first community fundraiser in over a year, the Montavilla Recycle Day held the previous Saturday. Attendance was continuous throughout the day, yielding \$349.35 in donations to support the MNA. Volunteers from MNA and Montavilla Church collected 157 pounds of polystyrene styrofoam. Scrap metal donations generated \$85.30 towards the total funds received. This event is a testament to Thrasher's creativity in meeting community needs while financially supporting



Neighborhood Notes

the MNA.

The remainder of the evening’s conversation centered on Portland Water Bureau (PWB) and community concerns over rising costs. Invited speakers Katie Meyer, Chief of Staff for City Council Commissioner Mingus Mapps, and Ty Kovatch, the Director of Maintenance & Construction at PWB, addressed the meeting’s attendees. After a short presentation comparing Portland’s fees to other cities, Kovatch answered questions about Portland’s water. He explained that federally-mandated requirements drive many cost increases, but yield more resilient water systems that can withstand wildfires and other threats to the Bull Run Watershed.

The next hurdle for PWB looks towards seismic resiliency, ensuring water service can survive a substantial earthquake. Portland’s pH-neutral soil protects our underground water pipes from age-related failures. However, the system has many segments designed before earthquakes were a consideration. To counter those vulnerabilities, strategic upgrades around the city will ensure Portland’s safety even after a disaster.

Kovatch alleviated concerns that the new water filtration plant could facilitate a switch from Bull Run to water from the Willamette River. Portland has no intention of switching water sources. Additionally, some members expressed a worry that the potential loss of wholesale water customers could drive up rates for residential customers. PWB accounted for the loss of those customers in current pricing and future financial forecasting.

In addressing concerns over sizable quarterly water and sewer bills, Kovatch pointed to two programs designed to help. First, for those who need a more consistent budget, PWB now offers monthly billing. The first two months are estimates based on past usage, and the third bill adjusts for the actual water used in the quarter. Second, those unable to afford the current cost of water and sewer services should apply for assistance at the city’s website (portland.gov/water/water-financial-assistance).

A full recording of the MNA meeting is available at montavillapdx.org/pdx-mna-meeting-podcast. The next General Meeting is Monday, July 12, 6:30 pm. Details are available at montavillapdx.org/mna-calendar.

Mt. Tabor Neighborhood Association By Nadine Fiedler

MTNA hosted a community meeting June 16 on Zoom. Regarding land use, we discussed the development of 20 townhomes at SE 64th Ave. and Burnside St. with a neighbor who will be affected by the development and reviewed what might be happening with the Dairy Queen property on SE Division St. We will sign on to a letter from Cascade Action urging a local company to adopt better clean air practices and reviewed what has happened lately with the Office of Community and Civic Life.

MTNA hosts a community meeting on Zoom, Wednesday, July 21, 7 pm. Find links for this, and all of our meetings, under the “Meetings and Events” tab of mttaborpdx.org. MTNA creates a monthly newsletter about important civic issues, which you can find on our website next to each month’s meeting minutes.

North Tabor Neighborhood Association By Kim Kasch

The North Tabor Neighborhood held its monthly meeting via Zoom Tuesday, June, 6:30 pm (access links at northtabor.org).

A Special Presentation on Safety during Demonstrations was offered by CJ Alicandro.

Also discussed was Jasmine Investments LLC building development project at 234 NE 61st Ave. This three-story, 15-unit complex will offer many of the units as affordable housing units (\$250K to \$300K).

The next Neighborhood Meeting will be Tuesday, July 20, 6:30 pm via Zoom. Join us from your own home to hear what’s happening in the neighborhood.

Richmond Neighborhood Association By Denise Hare

The Richmond Neighborhood Association held its monthly meeting on June 14. RNA meetings are held via Zoom on the second Monday of the month, from 6:30-8:30 pm. Preregistration is required and the link to preregister is on the Agenda, posted to richmondpx.org and sent out to the RNA Announce listserv. To be added to the listserv, email richmondnasecretary@gmail.com.

The Board heard a report from Denise Hare about a successful first run at tabling at the Hawthorne Farmers Market on Tuesday, June 1. Many neighbors stopped by to say hi and were appreciative of the work RNA does in our neighborhood. In addition, Hope Townswell provided an update on the situation at SE Division St. and 48th Ave., discussed during May’s RNA meeting. Townswell shared that people have been very respectful in keeping noise down as well as mitigating other concerns and that communication achieved during the May meeting seems to have helped considerably towards these better outcomes.

Board officers and committee chairs were elected. Debby Hochhalter was elected to another term as RNA Board chair, with Kamal Belkhaty elected as vice chair. Allen Field was elected to be secretary and Simon Kipersztock as treasurer. Many committee positions and other leadership roles were also filled.

The Board heard a presentation by Greg Bouget of Portland Clean Air about his organization’s work in pollution mitigation. He requested RNA endorsement of letters prepared by his organization directed towards achieving reductions in diesel emissions. The Board will vote on this endorsement request at the July meeting.

There was an update from Kathryn Doherty-Chapman of the Portland Bureau of Transportation about the Division Parking Permit Program. The pandemic has disrupted the work schedule and PBOT is now determining when to restart the project. The Board was asked to weigh in on the timeline and chose to recommend the later option, strongly urging that the proposed parking study include a summer component in order to accurately reflect on parking pressures.

Under this later option, the parking study may begin in spring or summer of 2022. In answering questions, Doherty-Chapman emphasized that the parameters of the potential program have not been defined but are up for discussion and determination by the Stakeholder Advisory Committee. The program will then need support from residents within the boundary area in order to be implemented. The board appointed Allen Field and Brian Hochhalter as RNA representatives to the SAC.

The RNA will table at the Hawthorne Farmers Market, 3-7 pm, at least once each month at Central Christian Church parking lot, 1844 SE Cesar E. Chavez Blvd. The market runs every Tuesday through September 28.

The next meeting is Monday, July 12. Please attend this meeting if you want to be more involved in your community.



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Crossword Answers Turn to page 15 for the puzzle.

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LWV Police Study

from page 1

tional use of force against individuals with mental illness. The settlement agreement includes 187 items that require attention.

Since that time, the City of Portland has made significant progress, but the federal oversight of the police bureau continues.

Because the city fell out of compliance with some of the terms of the agreement, a finding of non-compliance was announced again just three months ago.

A major change is the creation of a new civilian oversight board to address police accountability put to voters via 2020 ballot measure 26-217.

The voters approved the measure with an 81.6 percent margin. However, implementation will take two years or more because changes must be made to the city code, state laws and the police union contract.

The end date for the current

Portland Police Union contract negotiations is June 30, 2021, after a one year postponement. Because of the intensity and contentious nature of the discussions the two sides are likely to have, irreconcilable differences may need to be decided through mediation or binding arbitration.

In the past, Portland Police Association rejected many of the public reform attempts in this manner. Some suggestions for change include: 1) reducing racism and the use of force 2) reform of officer accountability and 3) increased transparency of information and data. It is hoped that the results will be more satisfactory this year.

The relationship between the community and the police is necessarily a two-way street, demanding mutual respect and trust. Both must work together to ensure that justice here is accountable.

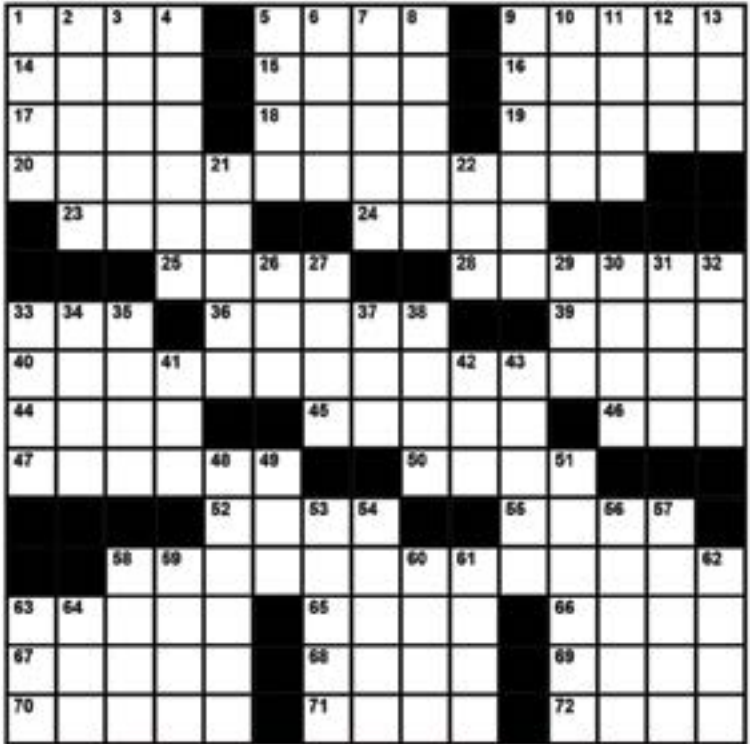
Changes won't come easily or quickly, but there is optimism that things will get better because they must. Practical ideas and proposals are under review, but agreement will be difficult due to the entrenchment on all sides.

The intention of the LWV study and the report is to inform League members and the community about the police in Portland.

Meaningful, collaborative discussions around improvements leading to positive change in police behavior along with repairing the trust of the community is desired. The City and the PPB have worked to make improvements in policies and practices at many levels. Commendable and continuing progress is underway.

Find links to the LWV report and to the recent video of LWV's civic education program on the current status of Portland police accountability at lwvpdx.org.

Work Your Noggin'



- Across
1. Clear one's throat noise

5. Shakespeare's "soon"

9. Jittery

14. Tony of baseball

15. Cuba libre ingredient

16. Capitol Hill body

17. Young fish

18. Uninteresting

19. Certain fur

20. Quebec city

23. Southern American salad

24. Jug handles

25. Big name in Scotch

28. Ranked in a tournament

33. Wind dir.

36. Housekeepers

39. Designed for flying

40. 50s pop-folk singers

44. Helper

45. Con's explanation

46. French sea

47. Mortarboard attachment

50. Peel

52. Elegant

55. Military transport

58. Messy relationship

63. Pen filler

65. Central parts

66. A type of arch

67. Everybody's opposite

68. Norse deity

69. Scaloppine, usually

70. Time off

71. Hatchling's home

72. Dog bowl bits
- Down
1. Datebook abbr.

2. Listens to

3. Register

4. "Emancipation of Mimi" singer

5. Rent-_____

6. "Me neither"

7. Hors d'oeuvre tray item

8. Gymnast Comaneci

9. Riding

10. Do or re

11. Expressions of disapproval

12. Compass point

13. "So's ____ old man!"

21. Hindu teacher

22. Hosp. units

26. "The Da Vinci Code" actor, first name

27. Prefix with byte

29. Restaurant activity

30. Skin, abbr.

31. Great Lake

32. Room access

33. E.R. order

34. Islamic division

35. Makes one

37. High-speed Internet units

38. Sensation

41. Falcon film

42. Martial arts sash

43. Soldier of fortune

48. Vegas visitor, maybe

49. Hon

51. From the beginning

53. It's a gas

54. Liszt's "La Campanella," e.g.

56. Moth type

57. Crease

58. Billion years (var.)

59. Impart

60. Sluggers' stats

61. "____ that special?"

62. Electric and conger

63. AARP member

64. Gp. in charge of condominiums, perhaps

Answers found on page 13

City Repair Project

from page 1

our Latinidad," said Jessica Lagunas, Latino Network's Arts and Culture Manager and Creative Director of IdeAL PDX, an organization that brings Latino artists together.

"To have an opportunity to be in fellowship and community at this beautiful location, celebrating art and music and the bridges that the arts can build right here on the Willamette surrounded by so many of Portland's bridges — what could be more perfect?" said Alexis Hamilton, Portland Opera's Manager of Education and Community Engagement.

Frida is sold out, but virtual passes are available for purchase on Portland Opera Onscreen (portlandopera.org/performance-tickets/20-21-season/frida)

The premiere is Monday, June 28, 7:30 pm and will be accessible on-demand until August 9.

City Repair hosts events such as training, workshops, community conversations and temporary art exhibitions as a way to encourage dialogue and skill building around placemaking.

"This is a way to highlight individuals and organizations that do important work in this field,

and a goal of ours is to create a platform for marginalized communities to share their thoughts and their work," Rea said.

To that end, City Repair is collaborating with another Portland nonprofit, Friends of Noise, in support of Youth Power PDX, a youth-run collective showcasing BIPOC and LGBTQ stories and voices through the crossroads of story, music, visual art and activism.

Rea noted that the City Repair team is currently finalizing plans for two Youth Power PDX collaborative events in July and will be posting updates on details via youthpowerpdx.org.

In addition to street paintings and murals, City Repair Project also uses "ecological landscaping, or permaculture, as a means to integrate nature and humans together through sustainable design and construction, creating highly functional and beautiful outdoor spaces," Rea said.

He said the organization has been settling into its office space on SE Division St. for five years and has been working to transform the space from a residence to a shared workspace and permaculture demonstration yard.

"Since we do not rely on using pesticides and herbicides, having people power is more necessary to weed by hand or turn our compost.

"We tend to have more than 10 compost bins on site as we process all of our yard and food waste, as well as collect as mulch leaves that fall in the autumn so we can make our own soil," he said.

"On this lot we have over a dozen fruit trees plus dozens of berry bushes and ground covers with a focus on native-scaping, which has led to us being certified Backyard Habitat," Rea said.

"Having signage like our Backyard Habitat Certificate, as well as signs for being pesticide free and having rainwater gardens, is important to showcase what is happening on this land."

For more information about City Repair, 1421 SE Division St., visit cityrepair.org or call 503.583.8532.



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4 BD, 2 BA



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3 BD, 1 BA

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PENDING



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Community Events

Waterfront Blues Festival

The Lot at Zidell Yards
Friday, July 2 - Monday, July 5
waterfrontbluesfest.com

Music lovers and fans will come together for an unforgettable, in-person and socially-distanced event that will be a Waterfront Blues Fest like no other. With safety at the forefront of planning, the festival is moving less than a mile “Upriver” to The Lot at Zidell Yards, Portland’s premier socially-distanced, outdoor performance venue, located in the South Waterfront neighborhood. Each day of the festival will include two separately ticketed shows, featuring several performances from amazing local, regional and national artists.

Drive-In at OMSI

Bridge Lot at OMSI
Thursday, July 8 - Friday, July 30
Tickets: \$40/car
nwfilm.org/film-series/drive-in-at-omsi/

The Northwest Film Center has announced programming for its Cinema Unbound Drive-In at OMSI running in July. The series will offer drive-in screenings of great movies at OMSI with food, drink, fun weekend theme, and costumes. Doors open at 8 pm with food and beverages available for purchase. Music begins at 8 pm and films begin at dusk. As part of The Cinema Unbound Summer Movie Series, the Northwest Film Center welcomes guests to safely gather and experience the power that truly radical and entertaining cinematic storytelling can bring. Unbound from the traditional movie theater setting, we’re creating new venues throughout the city.



LEFT TO RIGHT: Jamie Marion, Kevin Caplener and Jan Caplener

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