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Code Challenges Neighborhood Clout

BY MIDGE PIERCE

A City Bureau under Commissioner Chloe Eudaly is rushing a code change to Council that, under the guise of equity and inclusion, weakens government accountability and eliminates the codified status of Portland's ninety-five Neighborhood Associations.

Controversial code change 3.96 by the Office of Community and Civic Life (OCCL/aka Civic Life) would eliminate neighborhood (NA) recognition as the City's official go-to for notification and public engagement on zoning, transportation and infrastructure.

After seven months of seemingly secretive meetings, OCCL's draft rewrite surfaced with no reference to NAs or requirements for codified groups to abide by state standards for open meetings.

It's an assault on Democracy, says urbanist Michael Mehaffy who views the rewrite as a way to stifle public voices. He warns that representative governments, no matter how well-intentioned, "die in darkness" when they lose transparency.

Stripping NA status could relieve City bureaus of neighborhood obligations and accountability on landuse, budgets and livability.

For over forty years, NAs have successfully fought off freeway expansions, protected parks from sell-offs and questioned city policies on safety, growth and the environment.

Commissioner Eudaly and OCCL Director Suk Rhee say their goal is to expand the "circle of engagement," not dismantle NAs.

At summer events, the duo has doubt

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RIP's search for land: Responsible Growth or Demolition Derby?

BY GABE FRAYNE

On a quiet street off of NE Glisan, a one-story, century-old cottage fell to the wrecking ball three years ago to make way for a modern single home and a duplex beside it.

This routine housing conversion exemplifies what pro-growth advocates consider a wise use of land: where once there was one dwelling there are now three, creating more "housing choice" for a rapidly growing city.

The only problem with this proposition is that the original dwelling was an affordably priced rental, and the house and duplex recently sold for 587 and 933 thousand dollars respectively.

Clearly, the YIMBY/developer mis-

sion of "Portland for everyone" has succeeded beyond expectations in providing housing for upper income arrivals, but the rush to greater density has not been as kind to middle and lower-income residents.

The Bureau of Planning and Sustainability (BPS) believes it has at least a partial solution to this dilemma: the Residential Infill Project (RIP), which will publish its draft recommendation in August.

In tandem with recently enacted state bill HB2001, the report will recommend zoning and building size changes that will incentivize construction of so-called middle housing: duplexes, triplexes, fourplexes, and ADUs throughout the city.

These changes immediately raise the question: where will builders find the land for up to 20,000 units of new middle housing?

RIP has struggled to come up with solutions to the severe affordable housing shortage in a city with a growing population and a finite amount of land.

The National League of Cities defines infill as "new development sited on vacant or undeveloped land within an existing community." As Morgan Tracy, RIP project manager notes, "there's not a lot of vacant land out there."

Tracy tends to see the problem more in terms of underutilized capacity, meaning essentially, single-family homes on 5,000 square-foot or larger lots. Yet he strongly denies that the city is, or will be, facilitating more demolitions.

"There's nothing that's promoting a demolition agenda, and actually, with the FAR [floor-to-area ratio] and size limitations we're proposing, there are disincentives for demolition," Tracy explains.

He claims the demolition epidemic began with the proliferation of McMansions and that the RIP recommendations would incentivize building affordable multi-family units on the same amount of

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The 1911 Phoenix Pharmacy building

Phoenix Reborn

BY DAVID KROGH

An old boarded up triangular brick building on Foster Rd. is about to be reborn. Located at SE 67th St., it originally got its start as the Phoenix Pharmacy in 1922.

Though it has gone through several incarnations over the years and has been sitting vacant since 1999, it has recently been sold to Foster the Phoenix LLC for the purpose of a total restoration to preserve its architectural integrity.

Pharmacist John Leach, whose home was at the current Leach Gardens site, pur-

chased the fledgling Phoenix Pharmacy business in 1911 and commissioned the construction of the brick building with its unique windows.

Under Leach's direction, the business grew and expanded beyond pharmaceuticals to household goods including cameras, phonographs, and sporting goods. By 1935, the building housed the headquarters of the area YMCA.

Mr. Leach retired in the late 1960's and sold the pharmacy business and moved across the street, but was still located on Foster. His former pharmacy building was

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Volunteers cleaning up Hawthorne Blvd.

Paint the Town Green

BY ALLEN FIELD

Approximately two hundred and fifty volunteers, young and old, fanned out from locations near 82nd Ave. and the Central Christian Church on SE Cesar E. Chavez Blvd. to clean up litter and graffiti as part of the second annual Paint the Town Green event.

The day was organized by nine neighborhood associations: Lents, Foster-Powell, Mt. Scott-Arleta, Brentwood-Darlington, Montavilla, Mt. Tabor, Richmond, Sunnyside and HAND.

The event was sponsored by Metro, KINK FM radio, Portland's Graffiti Program within the Office of Community and Civic Life, the Bureau of Planning and Sustainability's Keep It Pretty Rose City program, SOLVE, and SE Uplift.

In two hours, volunteers picked up a half a ton of litter, including two mattresses,

a box spring and four passenger tires near 82nd Ave.

Along Hawthorne, Division, and Clinton, fifteen pounds of cigarette butts were collected and sent off for recycling. Volunteers dropped off their litter bags at predesignated locations, which Metro's RID (Regional Illegal Dump) collected later in the day. Graffiti was cleaned off of utility poles and boxes, and the City's Graffiti Program worked with Graffiti Removal Services to remove graffiti off of buildings.

After the cleanup was over, volunteers gathered at Glenwood Park for food provided by Shawarma Express, and at Central Christian Church for lunch provided by Pepino's Mexican Grill and a free raffle with prizes donated by many local businesses.

The hope next year is to expand this event to even more neighborhoods.

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State Bills Passed in 2019

By DAVID KROGH

A stress filled and sometimes chaotic 2019 Oregon State legislative session is now over. Several bills that passed are noteworthy and will be briefly examined as follows.

HB 200: proposed by House Speaker Tina Kotek to mandate densification of single family zoning in most cities within the State in order to address housing shortages.

Palmer Mason with the Department of Land Conservation and Development (DLCD), says cities over 25,000 in population and cities in metropolitan service districts (such as Metro) are mandated to update zoning codes and plans by June of 2022 to allow middle density housing within all areas previously zoned for single family housing.

Middle density housing includes duplexes, triplexes, fourplexes, and cottage clusters. Cities outside of metropolitan service districts and with populations of between 10,000 and 25,000 shall modify codes and plans to permit duplexes where single-family housing is allowed by June of 2021.

DLCD is required to develop a model-housing ordinance to address the requirements of this

bill by December of 2020. Cities would need to follow this model unless they adopt their own versions.

This bill and HB2003 (see next discussion) will greatly change the future of residential planning and zoning in Oregon.

HB 2003: requires the State Housing and Community Services Department to develop a regional housing needs analysis by September of 2020 in order to establish guidance for cities to better address housing needs.

DLCD is required to report on the analysis as it relates to the housing assessments of cities. Cities of 10,000 or more in population will be required to adopt housing capacity analyses and housing production strategies in response.

SB 870: signed by Governor Brown, makes Oregon the 15th state to approve a measure honoring the national popular vote. This means Oregon's seven electoral votes would all go to the popular vote winner for US President.

If enough states adopt this measure so they represent the amount needed to elect the President, the controversial Electoral College will be sidestepped in favor of popular vote counts.

SB 320: has been approved and would allow daylight savings time to be maintained year round in Oregon. All but one of Oregon's thirty-six counties would spring forward and never fall back, but only if Congress approves the time change and neighboring Washington and California also adopt daylight time on a permanent basis.

At present, Washington has adopted this measure and it is expected to pass in California.

HB 2699: allows local governments to offer property tax breaks for clean up of polluted brownfield sites; an incentive for encouraging property owners to do the clean up as opposed to necessitating enforcement action.

HB 2209: requires contingency planning for rail companies that haul oil for the purpose of addressing incidents involving oil spills. Largely intended for preventative purposes, the contingency plans will need to be submitted and approved prior to

transportation permit issuance.

HB 2007: regulates diesel truck emissions with the intention of requiring updated engines and emission systems over time so as to reduce excessive exhaust emissions.

HB 2716: a bill that imposes transparency for campaign advertising. Campaign ads or messages must clearly identify the names of the primary donors or campaign committee.

HB 3427: creates a Corporate Activity Tax based on commercial activity conducted by businesses for purposes of school programs.

The tax is \$250 plus 0.57% on taxable commercial activity above \$1 million. It reduces the Personal Income Tax rates for the three lower brackets from 5%, 7%, and 9% to 4.75%, 6.75%, and 8.75% and creates a Fund for Student Success to allocate funds/grants for school class size reductions, special needs assessments, and other program improvements. These tax changes first take effect with tax year 2020.

SB 608: caps how much landlords can raise rent and makes it harder for them to evict tenants without a reason. The State Housing Division will conduct monitoring.

HB 2005: establishes a means for allowing up to twelve weeks per year of paid medical leave for qualified individuals. It sets up procedures for filing such claims and establishes a payment mechanism funded by employers and employees based on income deductions not to exceed one percent.

SB 8: deals with affordable housing projects and allows attorneys fees to be awarded to opponents who lose on appeal. Its direction is to prevent frivolous appeals primarily intended to delay projects.

HB 5027: establishes DLCD's budget, at \$22 million in the coming year. Of this amount, \$6.5 million is earmarked towards implementation of HB's 2001 and 2003. As Mason of DLCD notes, \$4.5 million would go towards technical support to cities, \$1 million for grants, and \$1 million for seven additional support staff.



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Publisher/Editor: Nancy Tannler

Advertising: Nancy Tannler – 503.254.7550
Proofreader: Albert Q. Osdoe
A & E: Brian Cutean
Contributors:
Don MacGillivray, Midge Pierce,
David Krogh, Jack Rubinger, Peter Zimmerman

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Overreach Called War on Neighborhoods

By MIDGE PIERCE

A riddle making the rounds goes, “What do you get when you co-opt worthy goals of inclusion and diversity behind closed doors? A bureaucratic power grab and the city’s war on neighborhoods.

Neighbors see the rewrite of a Civic Life code as part of a City “social justice” narrative intended to squelch pushback on issues from the Residential Infill Project (RIP) densification to Water Bureau treatment plants and even informational kiosks.

Activist John Laursen fears marginalized groups are being ex-

ploited in bureaucratic overreach in the rewrite of Code Change 3.96.

A SE Resident under the pseudonym J.Clay says,“The rewrite gives Eudaly and Rhee inordinate power tantamount to a coup. It is divisive and vitriolic.” A caller on an OPB radio show called it a power play cloaked in unfounded charges of racism.

Urban researcher Michael Mehaffy considers the Civic Life’s code rewrite proposal an egregious attack that betrays Portland values.

Others ask why an OCCL survey was discounted because respondents were 2/3 Caucasians, even though the city is roughly 3/4 white. They question whether

Rhee is working for community well-being or simply buttressing Eudaly’s “fiefdom” that - because of Portland’s peculiar at-large form of government - is not geographically-based.

Staffers throughout City Bureaus wonder whether - and with whom - they will interface on issues of growth, transportation, safety.

Contract employees fear the rewrite may cost them their jobs. Place-based coalitions that support neighborhoods are uncertain they will get funded when their contracts are up for renewal next year. Coalitions like SE Uplift offer foundational NA elements like liability insurance, fund-raising umbrellas and fee waivers.

Insiders claim OCCL has reassigned or fired all positions that deal directly with NAs and posted openings for jobs to work with self-identified communities. Given that final Civic Code language has yet to be approved, sources say the postings are premature.

Laursen says expanding special interest group recognition is dicey. Despite laudable diversity goals, “poorly thought out” tactics could pit community-based organizations against each other and backfire.

“What if white supremacists want official recognition? Can you embrace multi-cultural groups while turning others away?”

SE Updates

RIP Gets Red Carpet

It’s all over but the shouting.

The passage of HB 2001, the nation’s first statewide ban on single family zoning, makes Council approval of Portland’s potentially more onerous Residential Infill Project (RIP) a given.

City planners are regrouping on modifications to the RIP proposal that has been in the works for several years. When it presents RIP to Council this fall, The Bureau of Planning and Sustainability says it plans to bring an Anti-Displacement Strategy draft along with a Housing Opportunities Initiative.

While stunned cities of 25,000 or more process what the state law means for them, those like Eugene that opposed the bill are contemplating how to come into compliance – or whether to fight against implementation.

Even Students get the Blues

Oregon is making national news for legislation allowing students to take excused absences for “stress days.”

While the nation laughs at this “cookies and milk” solution, soaring student depression and suicide rates are strong rationales for treating mental health like physical ailments, according to psychologist Robin Henderson, PsyD.

Henderson told an OPB radio audience that student members of Oregon’s Association of

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Ideas for improving our voting system

By Don MacGillivray

Voting is the means by which a viable Democracy survives and it seems strange that there is so much controversy around it here in the United States.

One person one vote is a simple, easy to understand concept, yet many people all over the country either choose not to vote or find it difficult to vote.

Throughout the United States there are many people and many ideas for improving a system that most people take for granted. Here are a few of these suggestions.

States that have Same Day Registration do not suffer from significant amounts of voter fraud. When states remove the voter registration barriers more voters turn out.

Eleven states have Same Day Registration. The top six states that have it had the largest voter turnout in 2016, while the bottom five states with the worst voter turnout were where voters had to register three or four weeks prior to election day.

In this day of technological innovations, states should no longer need advanced time to check in with voter registration databases. Oregon is still one of the states where voters must register three weeks before election day.

Oregon was the first state to initiate Vote by Mail in 1999. It wasn't until twelve years later that the state of Washington adopted it. Since then other states have either adopted it or are experimenting with it. However, in most states the number of absentee ballots are increasing and Vote by Mail is growing in popularity. The practice has been used in European countries for many years.

Imagine election day on the Forth of July. There could not be a more patriotic way to celebrate the birthday of our democratic nation than to have our national elections on this day.

The idea to have Election Day on a Holiday or on a weekend would greatly increase the ability of citizens to vote and it would reduce the lines at

the polls for working people. A recent national poll found that sixty-five percent of Americans support having election day on a holiday and it is supported by a majority of both parties.

If we want a democracy that's more representative of all Americans, we need to make voting easier.

A Vote Center is where voters can show up to vote at any location in their county instead of visiting their one and only polling place in their precinct.

Colorado was the first state to use Vote Centers and now fourteen other states allow jurisdictions to use Vote Centers on election day. Advantages include: voter convenience, less expense, fewer locations, and greater capacity. It is likely to increase turnout as long as the elections are advertised and well run.

Ranked Choice Voting (RCV) is an innovative electoral system in which voters can rank candidates in the order of their preference. It is an important tool to make sure the candidates with the broadest support are elected and will lead to a better sense of the electorate's overall desires, end the need for runoff elections, and reduce negative campaigning.

If a candidate wins a majority of the votes, he or she is declared the winner. If no candidate wins a majority of first-preference votes, the candidate with the fewest first-preference votes is eliminated. The first-preference votes cast by those voters are eliminated, and their second-preference choices indicated on those ballots are counted. A new tally is conducted to determine whether any candidate has won a majority of the adjusted votes.

This is also referred to as Instant Runoff Voting. Seven states have implemented rank choice voting at either the state or local level. Six other states have adopted it and Oregon is trying it out this year.

Election fundraising can be democratized through public financing of elections. Portland adopted a public financing system a few years back and it was used successfully by Eric Sten and Amanda Fritz. However, an-

other candidate committed fraud and Portland residents voted to repeal it.

Seattle began a public financing program in 2017 that lets each resident receive four \$25 Democracy Vouchers to give to any eligible municipal candidate of their choice.

These vouchers allow everyday Americans to influence local elections and reduce the dominance of wealthy contributors. Candidates will no longer need to have expensive fundraisers and spend much of their time asking for large contributions allowing them to spend more time campaigning and speaking with the public.

These types of contributions are a measure of a candidates' popularity and the results are encouraging.

A problem with modern voting is that advertising and social media messages confuse voters about how, when, and where to vote, and sometimes to not vote.

All have the potential to effect the outcomes of elections, especially uninformed or minority voters. It makes little difference whether these messages come from domestic third party sources or foreign sources. Voters are bombarded with negative campaigning and disinformation about candidates.

Pro-voting messages and better branding would be a way to address this situation. The message should be about "value your vote" or "voting is power" done in creative ways.

Voters need to see positive messages like the Uncle Sam poster that said I Want You or We Can Do It! from Rosie the Riveter. We need public service announcements from election administrators educating voters about how to vote.

Many of these suggestions are in the book *Vote for US: How to Take Back Our Elections* by Joshua Douglas, professor at the University of Kentucky College of Law specializing in elections, voting rights, and constitutional law.

To confirm you are registered to vote, see vote.org.

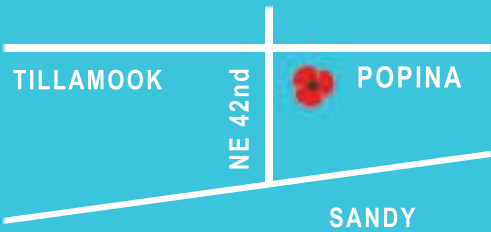
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Community News

The Mazamas celebrate 125 years

By Mathew Brock

One hundred and fifty-five men and thirty-eight women stood atop Mount Hood and founded the Mazamas on July 19, 1894.

The brainchild of William Gladstone Steel, the Mazamas is a mountaineering organization founded by mountaineers.

They do much more than climb mountains though. The Mazamas have a one hundred and twenty five-year history of climbing, hiking, and protecting mountains.

A 501c(3) non-profit organization, they are a mostly volunteer-run organization supported by a small staff. The 3,600 members are active mountaineers, climbers, hikers, walkers, canyoneers, and skiers.

The Mazamas' founding members were among the early leaders of Oregon, and they figure in the epic story of the state. William Steel was the driving force behind the organization. A remarkable individual, full of enthusiasm, with a sense of purpose, he had a missionary's zeal for teaching people to climb and to appreciate and preserve the mountain environment.

Steel was a devoted conservationist and after advocating for fourteen years on behalf of the cause, Congress created Crater Lake National Park, an event he considered his greatest accomplishment. He would later serve as the Park's superintendent.

Other prominent founding members include *Oregonian* newspaper publisher Henry Pittock; noted attorney Rodney Glisan, (namesake of one Portland's principal thoroughfares) and L.L. Hawkins, founder of the Free City Museum, the forerunner to the Oregon Museum of Science and Industry.

Notable members have included naturalist and conservationist John Muir; photographer Edward Curtis; Edward Harriman, benefactor of the Harriman Expedition to Alaska; President Theodore Roosevelt; and more recently, the climber, blacksmith, and founder of Patagonia, Yvon Chouinard.

When asked about women mountaineers, Steel remarked, "No climb is complete without them." From the very beginning, The Mazamas welcomed women as full members, uncommon at the time.

Although women would not get the right to vote until 1920, Mazama women helped organize

outings, shaped policy, lead hikes, and served on committees and the Executive Council. While they were bound by the constraints of social propriety on Main street, they found ingenious ways of getting around those rules on the mountain.

In 1895, the organization's first two vice-presidents were women; in 1917, the first female Mazama climb leader; in 1933, first all-female climb; and in 1953, the first female Mazama president.

The Mazamas are active in the mountains of the Pacific Northwest from Washington State's North Cascades to Mount Shasta in Northern California. Early annual outings lasted for weeks and found hundreds of Mazamas camped in the wilderness at the base of mountains around the region.

As time went by, and access and the means of transportation improved, so did the number of outings each year. By the 1980s the annual outing had grown into multiple outings, across the region, and around the globe.

Small groups of Mazamas were climbing across the United States, in the Alps, the Himalaya, the Andes, and many peaks in-between.

But, Mount Hood has always been the home mountain and holds a special place in the hearts of all Mazamas. It was the location of their founding climb



and continues to draw new and existing members back to its snowy slopes.

The first lodge, built in 1923, was on the Zigzag River near Twin Bridges. The Mazamas built a grand lodge at Government Camp in 1931. Fire destroyed the lodge, burning it to the ground in 1958. The current lodge, constructed in 1960, serves as home base for many Mazamas activities.

The group set for themselves four goals: the exploration of snow-capped peaks and other mountains; to collect scientific knowledge about the mountain environment; to preserve the natural beauty of the forests and mountains and to share all that knowledge around the Pacific Northwest.

Conservation efforts started

in 1895 when Steel lobbied to prevent development in the Cascade Range Forest Reserve.

The group rallied in 1902 to limit the destructive effects of extensive sheep grazing in the Northwest. In 1928 they entered a prolonged battle against the proposed Mt Hood Tramway. In 1932 they were instrumental in the formation of the Federation of Western Outdoor Clubs.

They've advocated against the development of a tramway on Mt. Rainier and development in Olympic National Park, and for the creation of Portland's Forest Park and the Wilderness Act of 1964.

The 1960s and 1970s saw them expanding into rock climbing. Three Mazamas made the first ascent of Monkey Face, a spire at the end of a dirt road in a then little-known place called Smith Rock on January 1, 1960. The group would go on to be instrumental in the popularization of Smith Rock as a climbing destination.

After more than a hundred years of renting rooms around town, they bought their first home in 2007. The Mazama Mountaineering Center, 527 SE 43rd, has provided a stable foundation for the growth the organization experiences today.

The Mazamas have evolved from social club into modern-day non-profit organization. It has remained faithful to William Steel's guiding vision.

Every year more and more people join to learn to be better climbers and find their community. The Mazamas continue to fund scientific research projects across a range of disciplines and continue to fight to preserve and protect the areas where they explore and play.

This year marks their 125th anniversary.

Help Faith find a donor



Faith Emerson has been a working artist in the Northwest for more than thirty years. She hopes to continue creating and help others enjoy and appreciate the arts, for years to come.

Now she is facing a critical challenge. She was born with Polycystic Kidney Disease (PKD) and over time, her kidneys have deteriorated.

Emerson needs a kidney transplant to live a normal life. She is on the transplant list at Legacy Good Samaritan, but the waiting list is long with an average wait of three to five years. Many people don't survive the wait.

The best option is a living donor. Living donor kidneys last longer and Emerson hopes there is a kidney hero who will reach out to her. It is heartening to know there are individuals who donate to another in need, even total strangers.

For information about being a living donor and how to help, email Faithwouldloveakidney@gmail.com, (on facebook, see Faith Would Love a Kidney); or call 503.960.8188 or the Legacy Transplant Center, 503.413.7349 or 877.622.8030.

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CN Community News

Recycling tips for June

BY BONITA DAVIS, MASTER RECYCLER AND SE RESIDENT

Don't we all love the summer vibrant outdoor festival season in the NW? There is something for everyone during the sunny months as we celebrate food and drink, arts and crafts, music, theatre, crazy costumes, and face paint!

Two "can't miss" regional festivals are the **Recycled Arts Festival** at Esther Short Park in downtown Vancouver and the **Cracked Pots Reuse Art Show and Edgefield Gardens Plant Sale** held on the lush grounds of McMenamins Edgefield in Troutdale. Many talented SE artists participate in these shows.

In Vancouver, Waste Connections had **Tossed and Found**, a provoking educational display of stuff we throw away, neatly arranged in a huge dropbox large enough to hold a vehicle.

Visitors visually treasure hunted to find what could be repaired, reused, composted, or creatively reimaged from the discarded items.

"Who would throw that away?" was overheard as participants surveyed the contents that included everything from clothing to bikes, toys to tools, housewares and raw materials.

Nearby, it was possible to step inside a home created from a shipping container, learn more about solar energy, and check out electric vehicles.

The real draw for many was the artists, using their ingenuity and skill to display hundreds of handmade products upcycled from discarded material into useful, quality, one-of-a-kind items. Garden art, furniture, clothing, jewelry, sculpture... all made by hand.

A tourist was overheard asking the Master Recycler Composter volunteer why she could not recycle glass where she lived in Georgia. Answer: When

there are no nearby recycling facilities for that material, it can be cost prohibitive to ship and process the material.

I realized how fortunate we are in Portland to have glass, paper, and plastic bottle recycling facilities within miles, making it possible to recycle rather than landfill these materials. See portlandoregon.gov and search 'curbsider.'

At Edgefield, Crackpots staged a beautiful show, with fine craftsmanship and creativity on display along winding tree lined paths. A highlight was watching artists and visitors shop at the ReClaim It! Pop-Up Shop.

The shop, a mini outdoor version of Crackpots popular brick and mortar, ReClaim It! at 1 N. Killingsworth, was packed with a huge array of items all gleaned from the Metro Transfer Station, cleaned, sorted and offered for sale at bargain prices.

All the items can be used rather than landfilled. Once again, it is hard to believe what gets thrown away. What a treasure trove for creative types!

Artist tips and recycling facts popping up along the paths, provided food for thought to visitors. One popular clothing vendor responded that she had so many empty hangers because her popular line of redesigned women's clothing was selling out, and that her hobby was now outpacing her day job. Bravo!

Thank you, to all of the artists, for what they add to our lives. After months of following a recycling market in flux, it was affirming to experience how we can support reuse as a way to reduce waste. Even my feathered backyard friends benefitted with a new birdhouse from each show.

See you at the festivals in late June and early July, 2020! Find out more at crackedpots.org and recycledartsfestival.com.

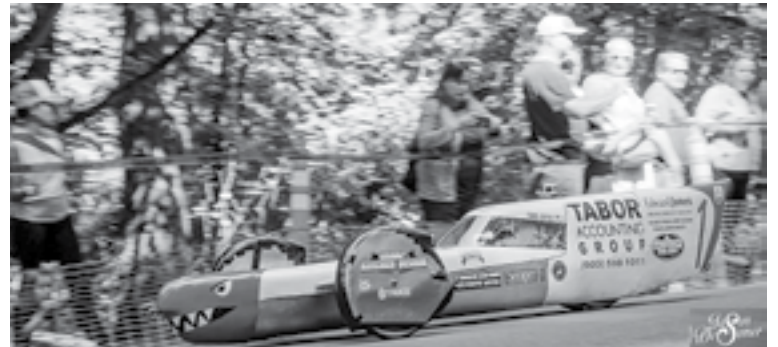
WANTED: HS GRADS TURNING 80 – If you attended California's San Mateo or Hillsdale High Schools from 1953-57, your classmates want to celebrate your 80th birthday with you on September 21 at the Poplar Creek Golf Club and Restaurant at Coyote Point in San Mateo. Many classmates have relocated to the northwest in recent years and we hope to have your interest and reservation via Jared Hein at jared-hein@comcast.net; 650.348.5794. Pack up your photos, yearbooks and memories. See you in September. Local contact: Judy Smith Dennison, 503.238.0932.

COMMUNITY CONVERSATION ABOUT THE HOMELESSNESS CRISIS – The community is painfully aware of the crisis of homelessness we are in the midst of. Have questions and thoughts about it as someone living in the Portland area? Human Solutions is hosting a Community Conversation to share what they know from thirty+ years in the field and to dialog about causes and solutions. The group provides emergency shelter for women and families, and runs other programs that focus on helping people find secure housing and living-wage jobs. The event is Wednesday, August 7 at Stark Street Station, 6049 SE Stark St. (Mt. Tabor area), 6:30-8 pm. For information contact Lisa Frack, Human Solutions: 503.548.0282 or lfrack@humansolutions.org. Learn more about Human Solutions: humansolutions.org

TABOR HEIGHTS METHODIST CHURCH RUMMAGE SALE – August 16, 4-8 pm and August 17, 9 am-5 pm, 6161 SE Stark St. This is a Fundraiser for Haiti and money raised will be sent to support the education of Haitian students.

PORTLAND ADULT SOAPBOX DERBY

– August 17, 10 am – 4 pm. Originally the youth Soapbox Derby course on Mt. Tabor was built in 1956, and was used until 1965. In 1997 the first run of PDX Adult Soapbox Derby racers took place. Paul Zenk and his partner Eric Foren and six others drug their carts ups the volcano and started the new iteration of the race. Now nearly fifty brave racers and their cars convene on the daunting slopes of Mt. Tabor to test their mettle. Be a part of this fun free event. To volunteer contact: volunteer@soapboxracer.com. Applications at soapboxracer.com.



Now nearly fifty brave racers and their cars convene on the daunting slopes of Mt. Tabor to test their mettle. Be a part of this fun free event. To volunteer contact: volunteer@soapboxracer.com. Applications at soapboxracer.com.

MT. TABOR'S NEIGHBORHOOD PICNIC is August 18, 6-8pm, on the lawn of Western Seminary's campus (55th & Hawthorne). It's free with a bouncy house, live music by **Sunfish** and a BYO picnic. Enjoy an evening with your neighbors. All Tabor residents welcome! NOTE: This is an alcohol and smoke free event.

OREGON HUMANE SOCIETY PHOTO CONTEST NOW OPEN – Everyone loves to take cute photos of their pets. Now, your images can save shelter pets and help you win great prizes, including a two-night stay in Astoria. Beauty comes in all species, so there are three categories available to enter: Top Dog, Top Cat and Top Other Pet. A fourth category – OHS Choice – will be selected by OHS staff from among all photos submitted. Submit photos through August 15 to: bit.ly/ohsphoto. There is a \$10 donation to enter and \$5 donation for five votes. All entry and voting donations go directly to help the animals at OHS. The goal is to raise \$20,000 to help create "picture-perfect" happy endings for shelter pets.

WATER FLUORIDATION UPDATE – Clean Water Oregon reports the Oregon legislature has taken no action toward mandatory water fluoridation. The 2019 session closed on June 30 without a bill to fluoridate. Another victory for our side. Dr. Bruce Austin, Oregon dental officer ('the fluoridation czar'), set a goal of achieving 80% of the state being fluoridated by 2019. His progress? None. Thankfully, Oregon remains a leader in providing clean drinking water, having one of the lowest rates of mandated fluoridation in the country. You can help Clean Water Oregon monitor the legislature throughout the year. Maintain a relationship with your own senator and representative, and periodically find out if they know of any movement toward water fluoridation. If something is afoot, notify CWO immediately. They will take the appropriate action. Register and make a secure, tax-deductible donation to CWO at: bit.ly/2SPbYNO

BIKETOWN CELEBRATES THREE YEARS – Portland's bike-share ridership grew twenty-eight percent in 2018, with an eighty-seven percent increase in annual members. Launched in July 2016, Portland Bureau of Transportation (PBOT) and its partners created Biketown to increase access to bicycling and to reduce congestion and climate pollution and is meeting those objectives. See bit.ly/2YvI7fY. For Adaptive Biketown see (adaptivebiketown.com). These are nationally recognized programs for increasing bicycle access and ridership among people living on low incomes and people with disabilities.

BURIED HXSTORIES FOR BIPOC YOUTH – Wednesday, August 21, 6 - 7:30 pm, People's Food Coop, 3029 SE 21st Ave. A new monthly series starting at People's this Summer. Every third Wednesday of the month, Buried Hxstories for BIPOC youth brings kid-friendly lessons on ancestral wisdom of Black or African, Indigenous or Native and Non-Black People of Color. This class is specifically for elementary aged BIPOC youth and aims to give ancestral knowledge they may not have received through traditional schooling. The class is facilitated by co-op worker Makayla, who has taught garden education spending time at several farms in Costa Rica, Hawaii, and here in Portland. For information call 503.674.2642 or email info@peoples.coop.

BB BUSINESS BEAT

WILD CACTUS BOUTIQUE at 3638 SE Division St. showcases a curated, laid back mix of women's modern and vintage clothing, shoes, accessories and local creations. Open 11-6 pm weekdays, 11-7 pm weekends. See wildcactuscompany.com.

EASTSIDE COFFEE BAR AND WORKSHOP–1315 SE 20th, is a non-profit coffee shop with a creative workspace located in the foyer of Hinson Baptist Church. The renovated church building is now office space for other non-profit organizations. Menu prices are suggested, so they ask that you please pay what you are willing or able. All the proceeds, stay within Eastside Coffee and go to covering overhead costs and toward the mission in creating an inexpensive workspace that for-profits and non-profits alike can utilize.

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N Neighborhood Notes

Richmond
By Claire Cofsky

Richmond Neighborhood Association held its monthly meeting on July 8 at Waverly Heights Church at SE 33rd/Woodward St. Meetings are held in the basement – enter from the east-side door. All are welcome. The RNA's website is richmondpx.org.

Thomas Scharff, Tri-Met Community Affairs/Division Transit Project, presented on the design for our Division corridor to have new, articulated buses to hold more passengers and provide faster service. The route for our boundary is 1/3 mile between stops, with a reduction of stops. He pointed out that, based upon ridership demand, most people will walk only a few blocks at most to their stop. The design will be 90% complete this month, with construction starting in November.

The Board was updated on the City's 3.96 Code Change process. Code 3.96 is the authorizing language for the City's Neighborhood Association System. The draft proposal reviewed appears to entirely dismantle the NA System: it eliminates city recognition of NAs and the Code-mandate to support and oversee the NA System, and significantly, it eliminates the Open Meetings rules meant to ensure open public meetings, transparency, non-discrimination, and accountability to comply with Bylaws and City Standards.

It is worried that this could lead to NAs losing insurance funding from the District Coalitions (e.g., SE Uplift). If that happens, NAs can no longer do all the community events they organize. The Board voted to request Council to set over a scheduled September 3 session on this to at least forty-five days after a final proposal by the Committee is issued since many NAs and SE Uplift do not meet in August. As this went to press, there is still no final proposal for anyone to review.

At the August meeting, members can vote on the three Bylaws amendments: 1) to require Directors to be elected by the Members and not appointed by the Board, 2) to require Directors to sign the RNA's Code of Ethics instead of the option to just orally agree to them, and 3) to specify that Robert's Rules doesn't apply to election procedure since the RNA has its Election Standing Rules.

Unfortunately, no movie in Sewallcrest Park this August. The city did not accept our application. Hopefully next year we'll be back to sponsoring movies in the park.

Finally, the RNA finally obtained the passwords for its website and Chair email account from the former Chair.

South Tabor
By Tina Kimmey

Summer is upon us and going fast. Mark your calendar September 8 for the 10th Annual Harvest Festival in South Tabor. If you or someone you know wants to perform at the family friendly community gathering, would like to sell their wares, or just volunteer please contact harvest@southtabor.org. We are looking for local folks to participate and show off their talents. There will be free fresh pressed cider (as always), a seed, plant, and veggie swap, grilled corn on the cob (\$1 an ear), and a raffle with prizes from local businesses. Stop by 12-4 pm to enjoy entertainment and meet neighbors.

In July we made several appointments to fill vacancies and chair committees: Wren Shiffler as the Events Committee Chair, John Carr as Land Use Chair, Nathaniel Canfield as the Representative to the SE Uplift Land Use and Transportation Committee, and Ben Chatterton as the Bylaws Committee Chair. Thank you to everyone that is stepping into important neighborhood roles. If you have an interest in joining a committee, contact info@southtabor.org for information.

We discussed proposed changes to the City Code that currently governs neighborhood associations. Join us for continued discussion on the topic this month. South Tabor Land Use Committee meets August 13 and the Neighborhood's next General meeting is held August 15. Come one, come all.

All meetings are held at Trinity Fellowship, 2700 SE 67th Ave from 7-8:30 pm. Enter on the east from the rear parking lot. For more information go to southtabor.org or send questions to info@southtabor.org. Don't forget to stay hydrated on the hot summer days.

HAND
By Jill Riebesehl

Portland neighborhoods are on the brink of losing their formal recognition with the city government. With a minimum of outreach and notification, the newly established Office of Civic and Community Life (which replaced the Office of Neighborhood Involvement) has written us out of the city code.

We have not been able to decipher what would replace this decades-old conduit between residents and their city government. The new bureau will bring proposed code changes to the City Council for a vote on Sept. 3. We feel it is our responsibility, in lieu of minimal outreach by the city, to let our neighbors know about this major change. This has been HAND's top priority this month.

We had a wonderful time participating with the throngs of folks enjoying the Division-Clinton Business Association's parade and fair July 27. We are getting ready to dish up ice cream cones to all comers on August 6 at our one and only little Piccolo Park in celebration of national night out.

In closing, our forty-five-year-old non-political, volunteer-run system is nationally recognized and seen as one of the grassroots principles that make Portland special. The strength of this arrangement has been its grounding on the simple fact of geography. We have been able to avert crises and alert City Hall to issues that affect us and other neighborhoods and we are keenly aware of the changes facing us all.

Mount Tabor
Laura Smith

Want to learn about Naturescaping? Attend a August 21 meeting of the Mt. Tabor Neighborhood Association (MTNA) and hear all about it from Brandi Boersma of the East Multnomah Soil and Water Conservation District. For location and time, see the monthly MTNA meeting info at the end of this article.

TaborSpace has announced that November 2 is the date for the 3rd Annual TaborSpace Gala fundraiser. Funds from the event are used for building maintenance and improvements. Mark your calendars and save the date!

Neighbors have expressed concern about the lack of 2019 summer concerts in Mt. Tabor Park. Previous volunteer organizers stepped down and nobody came forward to volunteer to organize the fundraising needed. If you'd like to get involved in the 2020 summer concert fundraising efforts, contact Chariti Montez, program supervisor at Portland Parks and Recreation (PPR) at chariti.montez@portlandoregon.gov or call her at 503.260.5928. The link to PPR's web page about summer concerts is bit.ly/1TikXVXk

The Friends of Mt. Tabor Park's annual Tar 'n' Trail 5K walk/run and 10K run is a fundraising event to benefit FMTP and it takes place September 30. It's a family-friendly event that usually draws 80-150 participants. For more info, email Anne Crispino-Taylor at MTPnT10k@yahoo.com.

If you visit the Mt. Tabor Park Amphitheater next to the main parking lot, you'll notice that the crater wall with overgrown vegetation has been cleared. Jan Caplener and volunteer Pete Botke of Bud's Tree Care (Pete lives in the neighborhood) covered the costs of a truck, boom and three hours of work. The entire wall is now revealed.

Over the past few months in Mt Tabor Park, apparently trapped vehicles (after the gates have been closed and locked) went around the gates and damaged vegetation and pushed barrier rocks down the hill onto the roadway below. Please report violations like this that you witness to the Portland Police Bureau's non-emergency number, 503.823.3333.

New Glencoe Elementary families of kindergarteners and first graders are invited to a play date on Saturday, August 3 from 9 am-11 am. This is an informal way to meet parents and students. Meet outside the play structure. For info, contact Christina at christinadmaster@gmail.com.

The next meeting of the MTNA will be Wednesday, August 21 at 7 pm at Mt Tabor Presbyterian Church at SE 54th and Belmont, with social time starting 6:50 pm.

Some MTNA subcommittees, made up of board and non-board volunteers, have monthly work sessions. The next one is scheduled for August 22. You are welcome to attend and listen to the conversations. Location: Warner Pacific University campus, Christiansen Conference Room located in the A. F. Gray building. Time: 7-8:30 pm.

Please visit mttaborpdx.org.



Cancer Crushers – survivors and 2018 Hood to Coast team members. (L-R): Becky Roth, Carolyn Sliney, Janice Dunlap, Anne Crispino-Taylor, Jessica Bugge and Luke Stager

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Gerry is a seagull and the main character in Seasons Kaz Sparks' new children's book, *Flock of Gerrys – Gerry Loves Tacos*. The story is the first in a series of books for young readers.

The seagull experiences a taco for the first time from his friend Octo's food truck and loves them so much he wants to sing a song for the whole town.

He convinces his friends, who have never eaten a taco to try one and then form a band together and put on a show.

Band members include DJ LlamaRama, Tuskadero Slim, Crabarita, Mr. Big on Bass, Salty Raven and of course, Octo, the

taco truck owner.

In real life, Gerry is a clever and charming seagull who visits Sparks' home in Tillamook daily. The two have become so close that Gerry eats his snacks right out of her hand.

"I was inspired to draw our 'pet' seagull and had fun imagining his life, flying around Tillamook visiting various friends," she said.

After drawing the characters, Sparks had the groundwork to start writing and illustrating the story, which took her about a year and a half to complete.

“It’s just the beginning of their adventures and more animal friends are sure to follow.”

The book is suitable for all ages, and written in a rhyming

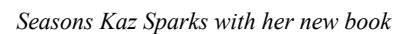
format. It includes a song and the message that you can do anything when you work together and “it showcases the power of music, helping one another and trying new things,” she added.

Sparks and her husband moved from Portland to Tillamook three years ago. She runs the gift shop, Presents of Mind, at SE 36th and Hawthorne.

There's a successful line of cards, t-shirts and accessories built around the Flock of Gerrys characters through Sparks' company, Salty Raven (saltyraven.net).

When she started drawing Flock of Gerrys in 2017, it was based on the joy her seagull friend gave her.

"I wanted the images to give



people that same joy whenever they looked at them," Sparks explained. "Wearing something that makes people smile can change your whole day."

Her hope is to inspire kids to make up their own stories and songs, and turn Flock of Gerys into an international brand through the introduction of the characters and their stories in her books. She'd also like to create a video of kids singing the songs from her books in the future.

A successful Kickstarter campaign raised double her fund-

raising goal and is helping Sparks reach readers beyond her social circle and get the book in front of a broader audience.

It will be formally released this month as both a board book and hardback version and is currently available at flockofgerrys.com.

Other locations will carry the book after it has been released and display copies can be viewed at Presents of Mind.

Look for Sparks' booth at Hawthorne Street Fair where she'll be hosting a book signing.



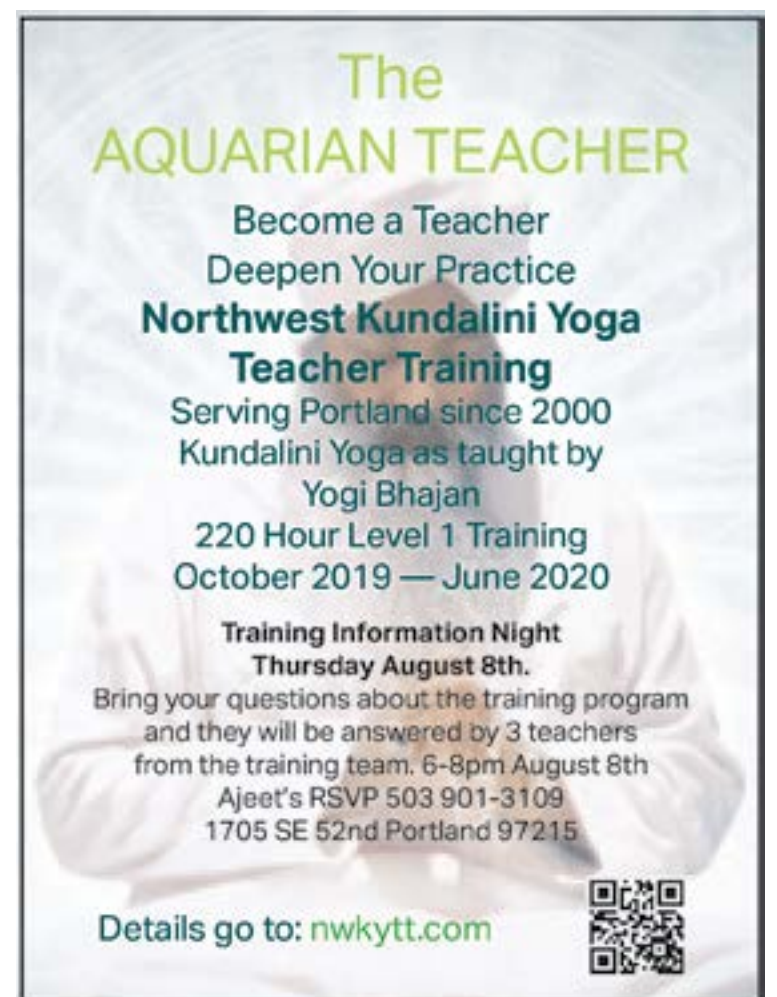
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Imelda's shoes



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Whether you bike it, walk it or drive to it, join Hawthorne Merchants, local non-profits and vendors for music, excellent children's activities, lots of fun and great food. The Boulevard stretches from the Drawbridge on the Willamette River in Mt. Tabor Park. Businesses and eating establishments are located along its entire length. The Boulevard area permitted to be closed is from SE 34th to Cesar E. Chavez Blvd (SE 39th). Activities extend further east to New Seasons Market, the Fernie Brae and more. A detailed map will be available at the Information Booth on SE 34th and Hawthorne.

34th Ave. Acoustic Stage



11:00 Janie Henderson & Gary Lowry
12:10 Root Cellar Duo
1:20 Lauren Steele
2:30 Glitterfox
3:45 Karen Lovely & Mark
5:00 Joe Kye



38th Ave. Music



11:30 Gerle Ha
12:45 Palante
2:00 New Iber
3:30 United By
5:00 Ben Rice



Lego Physics Show

By ERIC NORBERG

Lego Physics Show repeats at OnPoint

At last year's Hawthorne Street Fair, the OnPoint Community Credit Union had just opened, and someone had the thought of inviting the OES (Oregon Episcopal School)'s after-school Lego Physics program students to show off some of their constructions in the lobby of OnPoint. They display each year after Memorial Day at the Oregon Zoo,

The kids, led by their instructor, Jane Kenney-Norberg, agreed. The staff, opening up on a day they were usually closed, didn't know what to expect and they were delighted with the original inventive, often motorized, constructions made with these colorful plastic bricks. So were those strolling by during the Street Fair. OnPoint asked for an encore and again, the kids said yes.

Stop by OnPoint, 3403 SE Hawthorne Blvd., from 11 am-4

HAWTHORNE STREET FAIR

Sunday, August 25

31st. Ave. Cubo Stage



11 am - 5 pm

Earlier performance TBA.

5pm - Virginia Lopez and the Melao de Cuba Salsa Orchestra.

35th Ave. Kids events



11 am - 5 pm

Face painting, balloon animals, circus cascadia workshop, sidewalk sale, crafts, chalk drawing

- 11 am - lorna miller little kids' jamboree
- 12 pm - mr. ben music for kids
- 1 pm - penny's puppets puppet show
- 2 pm - olive & dingo storytelling & clowning
- 3 pm - penny's puppets puppet show
- 4 pm - olive & dingo storytelling & clowning

37th Ave. Echo Theater

11 am - 4 pm



Juggling, hula hooping, and mask-making for all ages. Visit the Echo Theater open house where you can try out the trapezes and tumbling area. Watch for the stiltwalkers circulating the fair all afternoon.

Main Stage



ggard
ians
y Music

at OnPoint SE 34th



structions (except for the ones marked okay for visitors to operate).

A very popular interactive construction has been a hit at over twenty-five years of Lego Physics shows by the OES. crew – The Squiggle Pen. A motor driving an off-center weight makes using it to write on paper an entirely new experience. Do make sure the kids' hair doesn't get caught in the pen!

The photo is courtesy of Jane Kenney-Norberg



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Business Walkabout

Khalsa Chiropractic Pain Relief Clinic

BY NANCY TANNER

Many of us living in this community are thankful for the Khalsa Chiropractic Pain Relief Clinic at 50th & SE Hawthorne. Hari Dass Singh Khalsa has been practicing in SE Portland for thirty-five years, mostly at this location.

While studying at the University of Oregon, he took a Kundalini Yoga class. The teacher put on a ten-week course introducing alternative healing practices like chiropractors, naturopaths and psychologists and Hari Dass became a devotee of chiropractic medicine and Kundalini yoga.

His current practice includes his son Hari Amrit, a chiropractic physician, four massage therapists and Dr. Maureen Becker, ND LAc. Together they are in a good position to address many of the community's health-care needs. When asked about the most common complaints that patients come to them for it's no surprise that the neck, mid back and lower back pain as well as extremity over use are the main issues.

"I constantly study the cutting-edge research studies to keep apprised of the latest applicable information on the treatment of conditions that we commonly treat at our clinic," Hari Dass said.

Over the years the growing acceptance and use of alternative, non-invasive solutions to pain has brought people real relief. Treat-



Hari Amrit, Hari Dass and Amrit Sadhana.

ment at the Khalsa Clinic are specific for the condition that the patient presents. They combine a combination of chiropractic manipulation to get joints moving, massage and muscle work to reduce muscle tension and trigger points, physiotherapy to reduce inflammation and home exercise to increase strength, stability and freedom of motion.

Hari Dass has been a mem-

ber of the Sikh community since 1978 and a Kundalini Yoga instructor and yoga teacher trainer as well. He said, "Being a yoga instructor gives me the skills and understanding to give each patient specific exercises to help them heal and manage their condition."

Sikhism is a faith with

turn to page 18

Ancestry Brewing

BY PETER ZIMMERMAN

Ancestry Brewing has opened a new location at 4334 SE Hawthorne Blvd., adding much needed family flavor to the neighborhood. The Hawthorne location is the brewery's third after locations in Tualatin and Sellwood, and it's focused on bringing a laid back atmosphere where one can relax and enjoy a beer after work, or bring the kids in for dinner; a far cry from other bars in the area that cater more to the late night crowd.

The new location features thirteen flagship beers and a wealth of rotating beers that change with the season. Changing in style from Irish to Belgian to American, Ancestry has a beer for everyone.

The award-winning Irish Red is malty and flavorful, the Piney IPA is perfect for hop lovers, with citrus and pine notes and a malty finish, and, for those looking for something lighter, the Cream Ale is crisp and refreshing and perfect for enjoying on their



sun-soaked back patio.

It's not just the beer that will have you coming back for more. The menu is full of top-notch pub food, and the staff is friendly and welcoming. Try the Ancestry Burger, a classic pub style burger served next to a mountain of fries. You catch the latest game on one of multiple TV's. The Hawthorne location also has something most brewery's don't: a coffeeshop that's open from 6 am to 2 pm daily, Ancestry's coffeeshop serves Campos Coffee and offers brewery style cold brew infu-

sions.

Ancestry was started in 2016. It is family-owned by father and son Jerry and Jeremy Turner and community oriented. That ethos can be seen in everything they do, from the friendly attentive staff, to opening at 8 am and changing the menu to add breakfast just so people from the neighborhood would have a place to watch the U.S. Women's Soccer Team win the World Cup. Add some fantastic beer and great pub food and you've got a great new neighborhood spot.

on Hawthorne



Nick's Famous Coney Island

BY JACK RUBINGER

Nick Brown took over Nick's Famous Coney Island in July. The good news? He's keeping the iconic Portland landmark hot dog restaurant pretty much the same – with the exception of a few upgrades in the food and bourbon departments and general cleanup. For regulars who've been digging the classic eatery, that's good news.

Originally from Yakima, Washington, Brown is a twenty year veteran of the restaurant scene, with stints at Kell's on NW 21st and Bellagio in Las Vegas, Brown plans to make hot dogs even better through a deal with Olympic Provisions.

"When Nick's became available, I jumped at the chance," said Brown. "It's a Portland institution."

While restaurants on Hawthorne Blvd. and other parts of town come and go, Nick's



Nick Brown

Coney Island has been around since the 1930s. The walls are covered with photos, posters, even boxing gloves.

When the restaurant was put up for sale, there was concern that new owners would mess with it, but Brown quickly put that notion to rest.

Brown intends to keep the staff intact.

"We've got a great staff," he said. "Maybe we'll add another

bartender. It's all about happy bartenders!"

Business this summer has been good, with a nice lunch crowd.

Some background about Nick's Coney Island: In 1935, Domenick "Nick" Carlacio had one goal: "Make a damn good Coney Island." In 1960 Frank Nudo took over the business. Known for its loyal customers,

turn to page 18

Culture

BY PETER ZIMMERMAN

Culture, a new restaurant-lounge hybrid on Hawthorne Blvd., brings together Mediterranean culture and cuisine with a hip local atmosphere that is uniquely Portland. Located at 2422 SE Hawthorne Blvd., the business has something for everyone, from a family-friendly dinner atmosphere, to live music and dancing into the wee hours of the morning.

The menu, curated by chef Tim Fuhrman, is an all-encompassing trip through Middle Eastern cuisine, starting with Mezzas and continuing with entrees like Moroccan Chicken, but the main culinary draw of Culture is the tableside Shawarma.

Shawarma, popular the world over, is thinly sliced pieces of marinated meat stacked on a skewer, then cooked rotisserie style. The meat is then sliced off the spinning skewer. Culture is the first and only place in Portland where you can enjoy Shawarma tableside.

Customers can enjoy lamb, beef or chicken options sliced at the table. It's best to order the



Shawarma ahead of time, as it takes awhile, but those who want to relax and enjoy the atmosphere for a while can order any given time.

Combine the cuisine with top-notch craft cocktails, and a meal at Culture is not one to miss. The space is adorned with rich colors and a style that will make you feel as though you've been transported to a Moroccan villa, and features a beautiful patio.

Shawarma and Moroccan chicken are not the only things that will keep the seats full at Culture. Once the sun goes down, Culture transforms into a club/lounge featuring local artists,

cultural music nights like Latin night and an Afro experience. Owner and Portland Trailblazers DJ David Jackson bolster the local vibe, and local talent like Issa will frequently grace Culture's stage.



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arts & performance

Closer To Home

Sidestreet Arts' August show features new works from ceramicist, Nicole M. Curcio and mixed media artist, Bridgett Spicer. Both artists share a whimsical point of view. The show, **Closer to Home**, examines their changing relationships to this amazing and swiftly changing city of Portland. Both artists flirt with personal iconography and symbolism in their work and capture easily recognizable places that are part of the city's mythos and memory.



Curcio's "Watching the Chapman Swifts"

Curcio's inspiration comes from "the places we call home" as well as "the places we go to escape." Her ceramic creations are dreamlike cityscapes and tree-lined natural settings. See nicolemcurcio.com

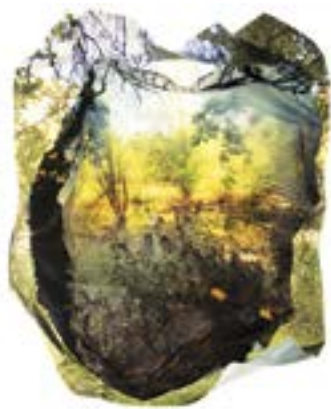
Spicer uses Portland's people, places, and things as Muse and captures them in bright acrylics, colored pencil and ink.



Bridgett Spicer does August's Artist Talk

More at bridgettspicer.com
Closer to home runs through September 1. Opening reception is Friday, August 2, 6 pm. This month's Artist Talk & To-Do is Sunday, August 11, 12-2 pm. At 1 pm, Bridgett Spicer will speak about her inspiration, city muses, and why Portland is Closer to Home.

Sidestreet is at 140 SE 28th Ave. SidestreetArts.com for more.



Roll-Up Gallery RIP

After five great years, Roll-Up Gallery, 1715 SE Spokane St. closes its doors with a party, Saturday, August 3, from 3-8 pm. Anna Daedalus and Kerry Davis hosted twenty two exhibits, eight poetry readings and five live music events in the time it was open.

The image above is a new one from Daedalus called *Glade*, from her *Unfolded* series; a collection of work folding, sculpting and re-photographing to mimic riparian hollows, wetland and woodland.

Daedalus said "It responds to the enveloping plenitude and multiplicity of the living world." and so it does and is, as the two gallery owners unfold into a new form and beginning.

Thanks for it all Roll-Up!

Stay in touch with them at rollupspace.com

Adult Soapbox Derby

Portland Adult Soapbox Derby is Saturday, August 17 from 10 am – 4 pm at Mt. Tabor Park.

The Derby continues to be a summertime tradition at Mt. Tabor Park; an event that draws crowds of 7,000-10,000 people. It's a colorful and sidesplitting spectacle of nearly fifty coaster cars. Every year since 1997, Portland's car freaks have pulled their home-built creations to the top of Mount Tabor and let gravity propel them to the bottom.

Teams race down the course three times before the championship rounds. Winners receive awards for speed, engineering, art and other categories. It's enjoyed by spectators of all ages and there's no admission charge. NOTE: **no dogs allowed.**

Volunteer info and Racer registration at soapboxracer.com.

Heather Thomas Band



Photo by Chris Daniels

takes in the whole and alchemizes it into unforgettable songs. Her prolific gift of sonic-photosynthesis has taken her to stages from Europe to *Good Morning America*. A much sought-after session drummer, Thomas plays for many other bands too including Grammy-nominated singer Mary Lambert and The Nick Drummond Band. Her band's newest single, *When I was Young*, was just released as a video. It's from Thomas' upcoming EP, *Open Up*

"We're releasing it August 16," she told *The Southeast Examiner*. "The trio features Heather on drums, Dune Butler on bass and Oliver Franklin on guitar. We're not printing CDs; instead we're selling the EP as a poster with a download code."

Tickets are \$10 at bit.ly/2JW00xj. HTB's debut album streams at heatherthomasmusic.com.

Sgt Pepper's Lonely Hearts Club Band

Sure is hard to believe it was fifty-two years ago today Sargeant Pepper taught the band to play, but it's true, and the unforgettable music still proceeds forth for each new generation to sing with. In the 1960s, when The Beatles masterpiece was released, it was only twenty years since Be Bop turned the world on its ear and forty years before that jazz itself was coming sweeping the nation.

Now in 2019, the NowHere Band presents Sgt. Pepper's Lonely Hearts Club Band in its entirety for three big nights, August 21-23 at the Alberta Rose Theatre.

Hear the "Fab Fifteen" perform the eternal Summer of Love record in its entirety live onstage, with a second set after of specially-curated late-60s music including songs by The Who, Stones, Jefferson Airplane, Byrds, Kinks, and more. Along with the band, there's live visuals by JumpWire.

The NowHere Band (pronounced "nowhere"), is a collection of musicians and friends who recreate the experience of Beatles' music performed in a live setting. Unlike other "tributes", there is no attempt for anyone to be a particular Beatle. Instead, the vocal duties and instrumental duties are separated, creating an eight-piece ensemble. In addition to the vocals, guitars, keys, bass, and drums there are strings (cello, viola, and violin) and horns (trumpet, sax, clarinet, and trombone), and occasional harp, tabla, and sitar. They also perform the White Album Xmas in early December. Later this year, the band will present Abbey Road. Get a preview on youtube under NowHere Band PDX.

Alberta Rose is at 3000 NE Alberta St. Doors open at 7, the curtain goes up at 8 pm. Minors OK when accompanied by a parent or guardian. Tickets are \$25 Advance/\$35 At the Door/\$40 Preferred Seating in the first seven rows in the center section (advance only) at albertarosetheatre.com or through the box office, 503.764.4131.

A Real Irish Hooley

Geraldine Murray, Mikey Beglan and Nancy Conescu join together for a fun, family-friendly Irish Hooley Saturday, August 10 at SE Portland's newest establishment, Culture, 2422 SE Hawthorne Blvd. from 6-9 pm. There is no cover and all ages are welcome.

An Irish Hooley is an evening of traditional music song and dance that gets you singing and dancing with some of Portland's best known traditional Irish musicians/and dancers.

Lead by Murray, well known Irish musician and director of The Murray School of Irish Dancing here, the evening will transport you to the homes and pubs of Ireland.

She will be joined by Beglan on accordion and Conescu on guitar and vocals. Beglan, originally from Cavan Ireland, has played Irish music for many years. He's also owned Portland pubs – The East Avenue Tavern and Alberta Street Pub, for many years and is pillar of the Irish Traditional scene here.

Conescu has played and recorded with many top Irish musicians in the US and Ireland and is one of the most sought after Irish guitarists/vocalists here.



Geraldine Murray



Photo by Roger Franklin

Dirty Cello, the high energy down home blues and stompin' bluegrass quartet makes their Portland debut Wednesday, August 7 at TaborSpace, 5441 SE Belmont St. in a 7 pm show.

Their last tour saw them performing at clubs in England, caves in Italy, kibbutzes in Israel, the far north of Iceland, and many places in between.

They met their bassist, Portland native Colin Williams, while they were between bass players at a performance with a full orchestra in a warehouse in San Jose. The band invited Williams to tour Europe and now three years later, they are bringing him home to visit.

Dirty Cello features Rebecca Roudman on cello, violin and voice; Jason Eckl on guitar; Williams on bass; and Cory Aboud on drums. Roudman also makes her living as cellist in the Oakland and Santa Rosa Symphonies.

Their new album is called **Bad Ideas Make Great Stories**, a collection of songs about their experiences and adventures as a traveling band.

Tickets are available at dirtycello.com for \$10 or at the door for \$12.

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Going Out

arts & performance

Montavilla Jazz Fest 2019

The dog days of August brings the Rose City refreshingly cool musics from the annual Montavilla Jazz Festival. Now in its sixth year, this two-day fest showcases the best in original Portland jazz while bolstering music education, through the MJF-created Montavilla Schools Fund. MJF is a 501(c)(3) nonprofit.



Mel Brown by Diane Russell

The fest supports and strengthens local culture, highlighting fresh compositions from Portland's endless jazz stream. This year, fest is August 17–18 and presented at Portland Metro Arts, 9003 SE Stark St. from 1:30 pm–9 pm each day.

Portland drummer Mel Brown and his musical collaborator Gordon Lee headline this year's

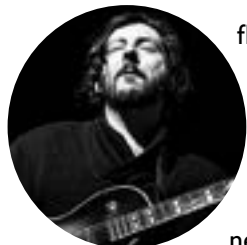
rator of three decades, pianist, fest. In a celebration of their musical partnership, Brown and Lee will perform Lee's original works arranged for their performance with the Portland Jazz Composers Ensemble.

Brown also performs with his B3 Organ Group. This all-star group has thrilled Portland audiences for twenty plus years with its superb combination of jazz, soul, and blues, all performed with fire and spontaneity.



Gordon Lee by Diane Russell

The 2019 lineup encompasses a variety of flavors including Michael Gamble (artistic director of Portland's Creative Music Guild) performing in collaboration with pianist Wayne Horvitz; with bassist Todd Sickafosse and drummer Mike Lockwood. Horvitz is a composer pianist who has performed on nearly every continent.



Mike Gamble by Reed Ricker

He leads the Gravitas Quartet, Sweeter Than the Day, Zony Mash, and is co-founder of the New York Composers Orchestra.

Other performers this year are the Ezra Weiss Big Band; the Bobby Torres Ensemble; the Charlie Porter Quintet; Dana Reason's Torque Songs; Sherry Alves with George Colligan; Bryan Smith's multimedia collaboration with poet/photographer Matt Spohn; Ian Christensen's Rolling House; Kathleen Hollingsworth-Trio's Mad Love and the Kerry Pulitzer Group.



Wayne Horvitz

Advance day passes and headliner tickets are available \$15-\$30 at tickettomato.com. ADA reservations available upon request. Call 971.220.6051. MJF offers Oregon Trail holders up to two day passes for \$5 each when they present their card. The complete schedule with performers, dates and times is at montavillajazzfest.com.



Nicolas Carter's Paraguayan Harp

Paraguay is a country with a distinguished tradition of harp music so Nicolas Carter took himself there to learn to play.

Now he's performing for Portland audiences with the sounds of his Paraguayan harp at Artichoke Music, 2007 SE Powell Blvd., Sunday August 17 at 8 pm.

Carter integrates a repertoire of Latin American harp music with storytelling, simple observations and reflections on culture.

Now currently living in New York, he has performed as a solo artist, with Latin American, world music and classical ensembles all over the world. See Nicolas-Carter.com

Online tickets are \$15 online at bit.ly/2SJXtuK.

Artichoke also hosts **Celtic Community Night**, Tuesday August 14, at 7 pm featuring Betsy Branch and Elizabeth Nicolson. Following their set is an open traditional music jam session. Donations from \$5 to \$15.

Short takes
...arts news of note

CORRIB THEATRE in its seventh year, offers plays by contemporary Irish playwrights. Their three-show 2019-2020 season features *Eclipsed* by Patricia Burke Brogan (September 20–October 13); *James X* by Gerard Mannix Flynn; and *Kissing the Witch* by Emma Donoghue. All three productions will be staged at New Expressive Works, 810 SE Belmont St. and feature internationally-produced Irish playwrights. Artistic Director Gemma Whelan directs *Eclipsed* with an all-female cast and design team and *James X*. Lava Alapai will direct *Kissing the Witch*. The Theatre's subscriptions for the 2019–20 season are available through corribtheatre.org.

MOONLIGHT AND MUSIC WITH 3 LEG TORSO – and guests One Minute Apart (The Fisher Twins) at Millennium Plaza Park, Lake Oswego, August 4, 6 pm. Free for all ages. When 3 Leg Torso's co-leader Béla R. Balogh met twin sisters and classically trained violinists Sarah and Sophia Fisher, he invited them to play on a couple of the quartet's numbers. They brought down the walls of the theater and now they are playing another concert together. See oneminuteapart.com and 3legtorso.com.

DAVID BIESPIEL'S LIFE WRITING WORKSHOP is August 12-21 from The Attic Institute and there are still open spaces. It's a four session workshop exploring the quality of remembering and remaking past experiences while telling stories on the page. Demonstration-writing exercises include techniques to frame writing, draw out details of place, and to pay attention to landmarks that anchor the imagination. Classes are Mondays and Wednesdays, 5:30 - 8 pm, August 12, 14, 19, 21 at Attic Institute of Arts and Letters, 4232 SE Hawthorne Blvd. Early registration and tuition deadline is a week prior to the start. See atticinstitute.com

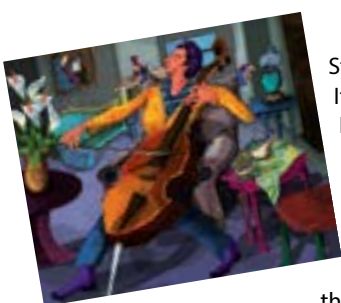
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<p>8</p> <p>SCIENCE ON TAP X-RAY IMAGING IN PLANT BIOLOGY SEEING THE UNSEEN</p>	<p>24 25</p> <p>OPERA THEATER OREGON PRESENTS THIS LAND SINGS SONGS OF WANDERING, LOVE & PROTEST INSPIRED BY THE LIFE & TIMES OF WOODY GUTHRIE</p>
<p>10</p> <p>THE MYSTERY BOX SHOW TRUE STORIES ALL ABOUT SEX</p>	<p>31</p> <p>TOO SLIM & THE TAILDRAGGERS</p>
<p>20</p> <p>SCIENCE ON TAP MAKING MEMORIES CAN NEUROSCIENCE ENHANCE TEACHING & LEARNING?</p>	

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says Hampton Rodriguez who created these illustrations using digital collage and freehand drawing.

His work is wry, fluid, of the city and streetwise and presents a portrait of these lives here in Portland. His website is HamptonRodriguez.com

Make an appointment to see the show, call 503.442.9478 / bohiostudio.com.

The Pop Expressionism Show is at Bohio Studio, 5108 SE Powell Blvd. through August 15. It opened in July at the intersection of Foster and Powell adjacent to multiple distribution points for written press outlets: Willamette Week, Portland Mercury, The Oregonian, Portland Tribune, Portland Observer, El Latino de Hoy, and The Southeast Examiner. "This is how newspapers can unite a geography, and how they interact with people on a day to day basis,"



48 HOUR FILM PROJECT

The 48 Hour Film Project screens at Clinton Street Theatre, Friday and Saturday, August 9–10. Filmmakers from the Portland area show films they've created in forty-eight hours.

The evening's winner goes up against other films from around the world at Filmopalooza 2020 for a grand prize and an opportunity to screen at the Cannes Film Festival 2020 Short Film Corner.

The Film Project screens both nights at 5 pm. See the month's schedule at cst.pdx.com

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Cleaning up diesel emissions

By DON MACGILLIVRAY

Diesel exhaust has been an issue in Portland for many years. The Oregon State Legislature has finally been able to compromise on new laws and regulations that may provide relief to this serious air pollution issue.

Given the building boom in Portland and the clogged streets and highways, there is a new normal that requires attention. Air pollution from diesel exhaust is known to be a toxic carcinogen.

There are over 7,000 older unregulated trucks in use today and this problem is costing billions in lives and healthcare costs throughout the state.

A ton of diesel emissions results in about \$400,000 in public health and environmental costs, and in addition, many streets and highways go through some of the most vulnerable neighborhoods where low-income citizens live.

The most effective way to reduce diesel pollution is to the retire and replace older engines with new engine technology that burns diesel cleanly. This can reduce the pollution by ninety percent.

A stumbling block is making truckers buy higher-priced new equipment. Both California and Washington have passed this legislation many years ago so their truckers have sold their old trucks in Oregon adding to our problem.

Truckers will be required to prove their trucks meet the new standards. By 2023, all diesel-powered medium-duty and heavy-duty trucks must have engines that were built after 1996.

By 2029, all diesel-powered medium-duty trucks and publicly owned heavy-duty trucks must have engines newer than 2010, and all privately owned diesel-powered trucks must have engines newer than 2007.

They may comply by switching to a cleaner fuel or by using retrofit technology to capture engine emissions.

For any public improvement project of over \$20 million funded by state bonds, at least eighty percent of vehicles and construction equipment must be powered by clean diesel engines.

In developing rules for contract specifications, the Environmental Quality Commission must

help business enterprises owned by minorities, women, and service-disabled veterans to follow the new regulations.

\$50 million of the Volkswagen settlement money from diesel emissions scandals will be used to clean up diesel engines via grants from these funds.

The first round went to school buses in 2017. Preference will be given to support the clean-up of trucks subject to the phase-out and trucks with three years of remaining useful life.

Reducing diesel pollution will also cut greenhouse gas emissions and the black carbon that comes from diesel engines. Freeways, ports, railroads, manufacturing, and construction have made Multnomah County one of the worst affected areas by diesel pollution in the entire nation.

This bill is exclusive to Multnomah, Clackamas and Washington counties, because industry lobbyists would not allow the legislation to include the entire state.

This legislation is far from perfect, but, over time, it may solve the biggest diesel emission problems of Portland.

LE Letters to the Editor

Dear Editor,

Thank you for your coverage of the Rail Relocation Study for the Brooklyn and Albina rail yards in Portland.

The Genealogical Forum of Oregon strongly supports this effort.

As a small non-profit with no paid employees, we cannot afford much, but our Board of Directors feels so strongly that we are donating \$200 for this study.

We urge other businesses and real estate owners to contribute as well.

The GFO is a small, non-profit genealogy library, which is profoundly affected by trains every single day by the at-grade crossings on SE 11th & 12th Avenues. We do business inside

the historic Ford Building, just two hundred feet from the railroad crossing.

Freight trains stop our patrons from reaching or leaving the library for up to an hour at a time, multiple times each day. In fact, our members who choose to park in the lot closest to our building end up trapped.

The lot empties onto 11th Ave.; a one-way southbound. The only exit from the lot sits just twenty-five feet from the railroad safety crossing arm. This presents a profound safety risk. Private traffic is not the only thing halted: so are emergency vehicles.

The trains do not merely drive through. Often they creep slowly. Equally often, they come to a complete halt, parking in place. They back up, stop, move

forward, stop, back up, etc. conducting rail yard operations in the middle of city traffic, paralyzing our community and the business in the immediate vicinity.

These at-grade rail crossings cost local businesses untold amounts of money in lost sales, drivers hours of lost time, and plague our neighborhood with higher air pollution as cars emit more when idling than traveling.

We support the efforts of the Albina Rail Relocation Project to produce a study and work with the railroads on either removing at-grade crossings or moving rail yard operations altogether.

Vince Patton, President,
Genealogical Forum of Oregon

Khalsa

from page 14

service at the center, and he has applied this attitude of service while developing the culture in the clinic for the last thirty-seven years. He believes everyone born has a unique path and what he has learned by studying kundalini is

“to be quiet enough to hear what it is and strong enough to follow through.”

Hari Dass has seen Hawthorne area evolve and change over the years. “It has been fun and rewarding to watch the development and all the small businesses and interesting shops.”

He’s glad that so far we

have avoided having chain stores and he’s grateful that he has a parking lot for his patients.

When he isn’t healing the wounded, Hari Dass enjoys playing music, kayaking and paddle boarding. He even manages to go windsurfing a couple of times a year – a true testament to his understanding of self-care.

Nick's

from page 15

sports fans, local celebs, elected officials, athletes, and movie stars, the famous spot served mouthwatering food and cold beer.

In 2008, Casey and Carrie Hogrefe kept the legend alive. The historic eatery has won a number of impressive awards, including Top 10 Places to Eat (*AOL Travel*), Cheap Eats Rovies (*Willamette Week*), Who’s Got

the Best Burger (95.5), and Top 10 Historical Neon Signs in Portland (*The Oregonian*).

During football season, breakfast is served from 9 am to noon. Other special days include Tuesday taco and movie night, Wednesday SIN specials with OLCC card. Happy hour is every day from 3 pm to 6 pm.

Most regulars are familiar with Nick’s hot dog line-up, including the Bacon Cheddar Dog (chopped bacon, sour cream, melted cheddar), the Fiesta Dog

(jalapeno, onion, salsa, shredded cheese), the Chicago Dog (fresh cucumber, tomato, pickle, pepperoncini) and the Cowboy Dog (sweet barbecue sauce, onion, bacon, cheddar). Naturally, there’s the Veggie Coney, a one of a kind tofurkey kielbasa with a vegan version including Coney Sauce.

Newcomers are invited to stop by 3746 SE Hawthorne Blvd and say hi to the new Nick, sip some fine bourbon and gulp down a few dogs.

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Wellness Word

Editor's note: Wellness Word is an informational column which is not meant to replace a healthcare professional's diagnosis, treatment or medication.

The cause of heart attacks - Part 1

Stop what you are doing for a sec and count to forty.

That's about how long it will take for the next heart attack to happen in this country. This approximate rate will continue non-stop, every hour around the clock, 24/7, for 365 days, and about every fifth one will result in death. That's a lot of people.

What is particularly unfortunate, however, is the fact that nearly every single one could be prevented. Almost 800,000 heart attacks occur in a year, and, aside from fairly rare instances, most should never even happen.

Now pause again and think about this number: \$20,000,000,000. That is the approximate worth of the cholesterol-lowering drug industry this year, and that many zeros equals a **lot of pills**. You might wonder why if high cholesterol causes plaque in arteries, and that causes heart attacks, how can there be that many heart attacks every year if so many people are taking those drugs?

The short answer is this: cholesterol-lowering drugs do not sufficiently treat the primary cause of heart attacks. Unless we use an approach that fully addresses the cause or causes

of a disease, we should expect the disease to continue showing up regardless of how fancy and technologically advanced our band-aids get. Heart attacks are a primary example of this painfully accurate medical dictum.

Think about this issue from a different perspective.

If cholesterol, in and of itself, were the primary cause of cardiovascular disease, there should be no variable circumstances, but these two questions refute that. 1) Why do people get plaque build up in their arteries, but not in their veins? 2) Why don't other animals in the wild, with similar or higher cholesterol levels than we have, get cardiovascular disease?

If you look at the answers to these questions in more detail, you will see they call into question the very foundation of the conventional, medication-based treatment approach currently in use, and begin to point towards the need for an additional explanation as to what is going on. More importantly, exploring these questions helps point towards a more effective solution to this most pressing of medical problems.

Blood samples for cholesterol levels are always taken out of veins and yet these very blood vessels don't get plaque in them like the arteries do whose blockages lead to heart attacks.

Simple logic would suggest then that high cholesterol, in and of itself, cannot be the direct cause of plaque forming in a blood vessel, or it would form in veins just like it forms in arteries.

Animals in the wild, with similar or higher cholesterol levels don't get cardiovascular disease. The cholesterol levels of brown bears in the wild vary during the year between about 250mg/dL and 425mg/dL.

In other words, most card-carrying cardiologists would prescribe them a fairly hefty dose of a statin at the low end, and at the high end, at least a few would walk them hand in paw, straight to the treadmill for a stress test. In fact, no brown bear in the wild

has ever been found to have any plaque in their arteries at all.

Simple logic applied here would suggest that high cholesterol, in and of itself, cannot be the direct cause of plaque forming in arteries and heart attacks occurring from that.

So why is the number one therapeutic intervention for heart attack prevention a cholesterol lowering drug?

I am not suggesting that cholesterol has no role in plaque and heart attacks at all. Cholesterol is, of course, a primary ingredient of plaque. The bottom line is this: if, under average circumstances, cholesterol carrying molecules are going to enter into the walls of your arteries and lead to plaque growing there, the conditions in and around those arteries must have allowed for it.

When looked at this way, we can explain both of the above questions.


- Conditions in veins must be different in some way than they are in arteries, which allows for the cholesterol carrying molecules floating around in both vessels to lead to trouble in one, but not the other.

- Conditions in the arterial systems of bears must be different as well, leading to them being apparently resistant to the impact of cholesterol, regardless of how high it is.

The cause of heart attacks must then be considered multifactorial, with perhaps an equally important aspect influencing resistance to them being the conditions in and around the blood vessels, and not just the level of cholesterol carrying particles in the system.

If we are to be as thorough as possible in our efforts to prevent heart attacks, we should not stop at lowering cholesterol. In fact, that should be a secondary focus, with the primary focus instead being the conditions which allow for it to become a problem.

Daniel Chong, is a licensed ND who can be reached at 503.893.4364/drdanielchong.com



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Clearing the caldera

By NANCY TANNER

If you spend anytime in any one of our great Portland Parks you are well aware that there is no longer the man/woman power available to keep the parks as well-groomed as they could be. When Jan Caplener noticed that the caldera up at Mt. Tabor Park had become overgrown this year he approached Dave Hillman to help organize a crew to clean it up.

So far crews have been working in the caldera on two separate days removing brush and invasive species, trimming and cutting down trees and generally cleaning up. Hillman thought it might take one more to complete the job.

At the most recent cleanup on July 5, not only did community members show up, but a group of the Clatsop County 4-H kids lent a hand for a few hours. They connected with the Weed Warriors about ten years ago and have been stopping every year on their way to camp to help out at Mt. Tabor Park as part of their community service.

Pete Botke of Bud's Tree



Where's the caldera?



Here it is

Care lent his bucket trunk to saw off the most dangerous limbs hanging out over the caldera.

It's been awhile since the caldera was visible and now you can look across from the parking lot and really see the Mt. Tabor Park volcano.

There are many good stewards at Mt. Tabor Park making sure this place stays green and gorgeous.



Dave Hillman and Jan Caplener



The "crew" at work



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Renovating and Repurposing the Phoenix

from cover

then donated to the YMCA and included both YMCA facilities and medical/dental offices/temporary retail uses for a period of time.

The building was taken over by Allen Video in 1978, and rented VHS tapes and sold rotary telephones, with a gorilla statue standing out front as a greeter.

By 1999, the building became vacant and was purchased by Robert Froman, the owner of nearby Buck's Stove Palace with the intent of developing a stove museum and space for community uses. This goal was never realized and the building was mainly used for storage and fell into disrepair.

In 2012, Foster the Phoenix was born with the single goal of rescuing the original Phoenix Pharmacy Building from demise and restoring its past prominence.

The business was formed in 2018 as a partnership between Matt Froman, the prior owner's son and Nonstop LLC, consisting of historic preservationist Rick Michaelson and Karen Karlsson.

The group purchased the building and took on the enormous task of renovating and upgrading "a nearly century old architectural gem and neighborhood icon" per the group's website.

Foster the Phoenix has discussed the project with the area

neighborhood and business associations, gaining their support. The project has been awarded a Diamond in the Rough Grant from the State Preservation Office for the reconstruction of the storefront.

The building is proposed for a complete renovation which will include: seismic upgrades, a rebuilt storefront modeled after historical photographs, a new roof, the reconstruction of office and retail space, as well as new mechanical and utilities systems.

I can say that by rescuing The Phoenix from demise, it helps keep alive the history of Foster Rd. for future generations and creates some uniqueness for the area that will help Foster stand out within the city.

Matt Froman

Once completed, there will be 3,477 sq. ft. of retail and/or restaurant space on the main floor, 1,942 sq. ft. of office space on the second floor, and 1,861 sq. ft. of basement storage.

The Southeast Examiner asked Matt Froman how he felt his project would fit in with the City's vision for Foster Rd.

"I can't speak on the city's future vision as honestly it's impossible to know what they are

thinking. I can say that by rescuing The Phoenix from demise, it helps keep alive the history of Foster Rd. for future generations and creates some uniqueness for the area that will help Foster stand out within the city.

"We have loads of new construction in the city with bland mixed-use development and older buildings being demolished regularly for the sake of more usable and denser square footage," Froman continued. "We need to keep buildings that really helped make Portland and its neighborhoods what they are today.

"Due to the condition of the property and level of seismic upgrades needed, from a financial perspective, it makes more sense to knock down the building and build it bigger as can be seen from examples across the city.

"However, they are not building Phoenix Pharmacy Buildings anymore and there's something to be said for older buildings and the nostalgia and sense of community pride that come with the decades they've contributed to the area. Some things you can't put a price on and to Foster the Phoenix LLC, this building is it!"

Potential tenants have not been identified as yet but are encouraged to inquire soon so that renovation work can address their needs. More information including contacts, diagrams and photos can be found at FosterThePhoenix.com.

Hope for middle housing to the east

from cover

space, thereby reducing demolitions.

Margaret Davis, a long-time activist with United Neighborhoods for Reform, is skeptical.

"On paper that sounds somewhat believable, but in practice it's not what I have seen," she says. "I have never, ever seen a case where the new construction was less expensive than what was torn down."

In other words, if there's profit to be made, whatever the form, demolitions will continue.

Davis points to a section of a Bureau of Planning and Sustainability report released in 2016 that states: "The vacant and underutilized land within these residentially designated areas have a combined development capacity that is double the expected growth, after considering restraints. This means that it is possible to be more selective about where development occurs in residential zones."

Here again, the key word is "underutilized."

There is, however, at least some vacant and non-utilized

land within Portland, but that does not necessarily translate to land available for middle-class middle housing. Consider three examples:

Gateway Project – A vacant, fenced-in and privately owned 5.1 acre plot of land at NE 102nd and Pacific has been the subject of urban renewal schemes for the past fifteen years, but the only residence mentioned in the latest community-inspired plan is an assisted living community.

Rossi Farms – The "Preferred Concept Plan" for the sites on NE 122nd calls for "a range of housing, including apartments, townhomes and cottages," but no specific mention is made of duplexes, triplexes or fourplexes.

Zombie Houses – There are hundreds of abandoned houses in the city that could be cleared away for middle housing. However, a spokesperson for the Multnomah County Assessor's office cautions that many of the owners of these houses are still paying their property taxes, and even properties that are delinquent can remain in limbo for up to six years before the county is able to execute a seizure.

The relative scarcity of

land calls into question whether middle housing will actually be affordable to the majority of middle-income earners.

First, as high-skilled workers continue to migrate to Portland, "affordability" continues to be defined upward based on median family income.

Secondly, the current surplus of high-end apartments has had a minimal impact on housing prices generally. As Davis likes to point out, some owners are now painting "for lease" signs on their half-full buildings, but their investors still expect a dividend.

Not least, as Tracy suggests, the young and upwardly mobile prefer to live in the city's "high demand" neighborhoods.

"Are the attainable sales and rentals in further out places high enough to support development of middle housing," he asks. "I think what our report has shown is: No, that's not yet."

Thus it seems likely that until and unless the city is willing to consider less market-oriented approaches to middle-income housing, the furtive postcard offering "cash for houses" will remain the calling card of infill development in Portland.

Code Change Undermines Neighborhood Associations Directives

from cover

bled-down on calling NAs bas-
tions of white privilege that ex-
clude communities of color, the
houseless and those with disabili-
ty challenges and gender non-
conformity.

Rhee claims, without evi-
dence, that NAs have had disas-
trous impact. Diversity through
“self-identified communities” is
necessary, she says, because NAs
are discriminatory, fail to wel-
come marginalized communities
and are not representative of all
Portland residents.

Actually, all residents are
eligible to participate in the all-
volunteer Neighborhood Asso-
ciations. In a letter to Council,
Stephanie Stewart, Mt. Tabor
landuse chair, states, “Our meet-
ings are open, our discussions and
votes are transparent, and we can-
not gain favor with City Council
(or their appointed staff) with
contributions to campaigns.”

By contrast, self-identifying
communities may have paid
staff, selective membership and
inadequate bylaws that lack re-
strictions on political campaign
contributions. Critics say
the rewrite is a power grab
to bolster Eudaly’s sup-
port base and campaign
coffers.

Critic Allen Field
calls the code change a vi-
olation of public involve-
ment requirements.

“For a bureau whose
mission is citizen engage-
ment, Civic Life is doing
a poor job. Not only were
NAs not notified of the
code rewrite, they have no
chance to publicly com-
ment on it prior to Council
presentation.”

The rewrite is slated
to go to Council in early
September, a time when
residents are distracted by
summer’s end and back to
school. Many NAs do not
meet in August.

Field says OCCL ig-
nored a Council directive
that emerged from a 2016 Audit
recommending NAs’ sphere be
enlarged, not diminished.

“The code change proposal
runs counter to the directive to
‘support and broaden’ neighbor-
hoods’ diversity outreach,” he
says.

(After the directive, Rhee
removed the word neighborhood
from the former Office of Neigh-
borhood Involvement, ONI, re-

naming it the Office of Commu-
nity and Civic Life.)

The discretionary power
Rhee has been granted, and by
default, her manager Eudaly,
alarms neighborhood leaders. The
rewrite gives the bureau power to
pick and choose which organiza-
tions the City recognizes.

Activist John Laursen says
the rewrite could favor self-inter-
est groups that represent .2 per-
cent of the population and have a
single focus while ignoring NAs
that take all comers and address a
variety of issues.

The Code Committee, hand-
selected by Rhee, worked unob-
served until it was feted with din-
ner and gifts in June. It returned
in July, approved the “spirit” of
the code to expand diversity and
granted staff carte blanche over
final wordsmithing. A source says
the outcome was fixed before the
Committee convened.

SE Resident and Committee
member Linda Nettekoven, one
of two votes against rewrite adop-
tion, commends the group’s in-
clusivity aspirations, but cautions
that the code would leave much
of Portland’s future in Bureau

bring Portlanders together,” she
said, “left us more divided.”

South Tabor resident Pete
Forsyth says OCCL is misrep-
resenting NAs as elitist when in
fact they guarantee every resident
standing to engage with the City.

“I’m all for organizations
that represent specific demo-
graphics, but forcing organiza-
tions to compete for the same
pool of funds will lead to counter-
productive conflict.”

Forsyth lists NA contribu-
tions that include advocating for
safe streets, parklands and cleaner
air and sustainability plus scrub-
bing graffiti, rehabilitating drug
houses and hosting events.

A positive upshot of charges
that NAs are not representative, is
that neighbors are more mindful
of their demographics and reach-
ing out to under-represented resi-
dents to reduce what Rhee calls
participation “barriers”.

Ideas surfacing to Keep
Portland Neighborly include
varying times and locales of
meetings and events, making
them more accessible to renters
and working folk. Some multi-
lingual neighborhoods provide
translators.

Concerned
about inclusivity of
her SE neigh-
borhood, singled out
for its whiteness,
Stewart researched
MTNA’s board com-
position and found
it mirrored the com-
munity with Cauca-
sians slightly under-
represented.

The code,
she laments, reads
like a badly-written
mission statement.
“Good ideals are
buried in word sal-
ad.”

Some margin-
alized Portlanders
say they don’t feel
welcome at NAs.
What nonparti-
cipants overlook is the
thousands of hours
volunteers put into Neighborhood
Associations that are only as ef-
fective as those who show up.

*Editor Note: Because of the
significance of this issue, readers
are encouraged to contact Com-
missioners to request a vote delay
on Code Change 3.96 until the
public can review and weigh in
on the rewrite.*

*South Tabor resident Pete
Forsyth says OCCL is misrep-
resenting NAs as elitist when
in fact they guarantee every
Portlander standing to engage
with the City. “I’m all for or-
ganizations that represent
specific demographics, but
forcing organizations to com-
pete for the same pool of funds
will lead to counterproductive
conflict.”*

hands. She says the process felt
incomplete and failed to explore
successful ways other communi-
ties and governments engage.

Nettekoven says Portlan-
ders understand that vitality comes
from diversity, adding most
would like to be part of a bigger
effort toward greater community
engagement, not less City trans-
parency.

“A process I hoped would

SE Updates

from page 4

Student Councils championed her
Be Well campaign to bring de-
pression out of the shadows.

Teens who lobbied for the
state legislation say school shoot-
ings, social media, cyber-bully-
ing, global warming and competi-

tion to be the best make growing
up an increasingly traumatic chal-
lenge.

SMILE Joins Initiative

Given recent construction,
the Sellwood-Moreland business
district is scarcely recognizable.

Now, in an effort to have in-
fluence over new builds, SMILE
has adopted a design initiative

called PDX Main St. Guidelines.
The guidelines have been adopted
by other growth-intensive areas
like the Division Neighborhood
and Hawthorne Business District.

While the guidelines have
no codified teeth, they provide
tools to clarify community goals
and vision. PDX Main Street says
the challenge is not “if” we grow
but how.



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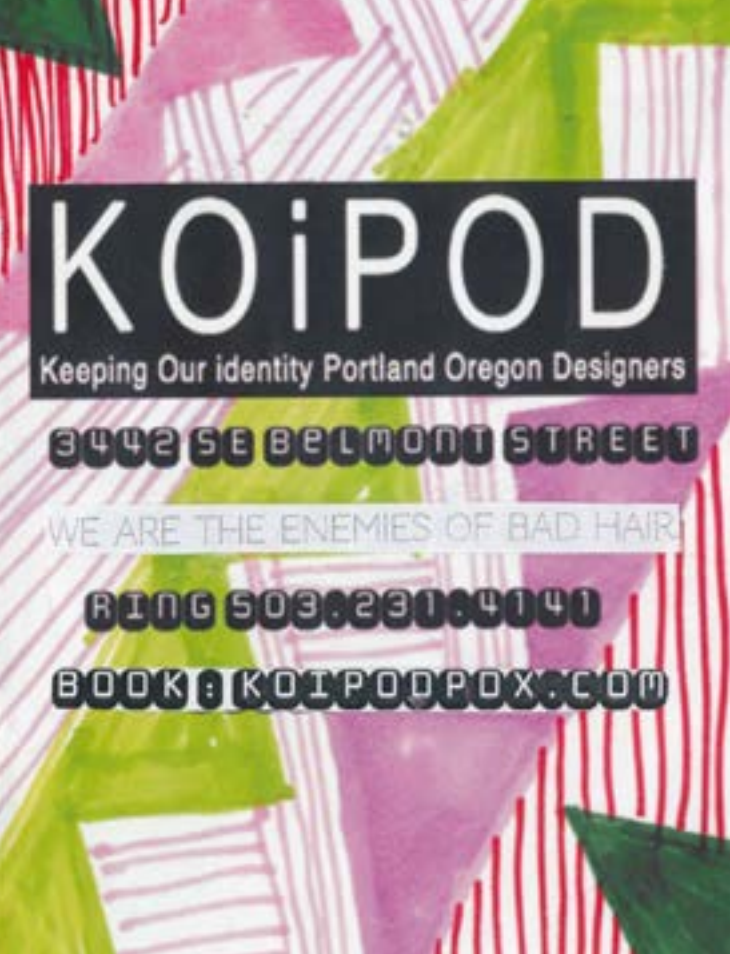
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Anne Morrow Lindbergh



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Community Events Bulletin

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Brewsfornewavenues.org

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August 17, 10 -4
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The Portland Adult Soapbox Derby is a free event, fueled by over 100 volunteers, typically held on the third Saturday in august. Watch as 40+ teams of racers hurtle down a closed course in hand built contraptions, powered only by one push at the top of the hill, and the inescapable force of gravity. The teams race down the course three times before the championship rounds. Make sure to leave your pups at home and keep your kids close – these racers have the need for speed!



LEFT TO RIGHT: Chelsie Coon, Kevin Caplener, Caroline Easton, and Jan Caplener


Windermere
REAL ESTATE
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The Caplener Group is a dynamic real estate team that is part of the Windermere Realty Trust family of brokers.

We specialize in homes for sale in Southeast Portland, and have been representing buyers and sellers here for over 35 years. We have the kind of knowledge and insight that can only be gained through experience.

But we aren't old school; we work with the latest and best in real estate technology. That means you can sell your home faster and for more money, or find your dream house or next investment in the most efficient way possible.

We never stop learning, improving, or working hard to earn your business.

THE CAPLENER GROUP

at Windermere Realty Trust

5015 SE Hawthorne Blvd., Portland, Oregon
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