



Flowers in the Neighborhood



Chaplin's Red **Letter Days**

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Division/Clinton Street Fair Sat. July 27 Page 8 & 9

ESOUTHEAST EXAMINER

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Drone shot of The Big Float 2018

Big Float

By Nancy Tannler

They say there is a "riverlution" and you are invited to join in the movement. Willie Levenson, Ringleader of the Human Access Project, encourages everyone to get into Oregon's second largest publicly owned space, the Willamette River.

Levenson understands that you might take pause to question the environmental safety of this action, but for reassurance, what's his recommendation?

"Do a simple Google search for Willamette River Water Quality. Do a few minutes of research and discover the facts for yourself," he says.

This clarification should entice newcomers and remind returnees to participate in one or more of Human Access Project's (HAP).summer activities. HAP's biggest event of the season, the Big Float 9, is scheduled for July 13 at Tom McCall Waterfront Park.

Get yourself a floatie and enjoy the beautiful Willamette River, music, food, beer/wine, lounge hammocks and water/ grass for frolicking around. This year's

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Commuting by Water Taxi

By Don MacGillivray

Farsighted leaders have for many years, dreamed of ferrying commuters and tourists on the rivers around the region. Water-borne commuting remains a desirable option, but it will take significant work and resources on the part of knowledgeable people, government, and a willing public to make it happen.

Still, it is a unique way to get to places difficult to reach by other types of vehicles. It would turn development toward Portland's aquatic environments instead of

Seattle, San Francisco, Vancouver B. C. and many major cities around the world have water taxis and other hydrovehicles filling a variety of special uses.

A dedicated group of innovators are involved in the development of a water taxi for this region. There would be one basic route to begin with; however it is expected to expand and improve as it gains accep-

Imagine a vehicle able to handle four hundred passengers commuting to work every day to significantly reduce cars that commute daily on local bridges and streets.

The Friends of Frog Ferry (FFF) is the non-for profit corporation formed to develop an aquatic taxi line from Vancouver to Lake Oswego and it's partnering with a variety of local public agencies, from the Port of Vancouver to Travel Portland.

The ferry is the brainchild of Susan Bladholm, co-founder of Cycle Oregon and a long time transportation enthusiast. Much of her work has been involved with bicycle advocacy and operations in Oregon and she has experience with the state and local governments on transportation issues.

At its beginning, there will be three vessels that would carry one hundred and fifty passengers each. A low profile will be required to traverse under the Steel Bridge without raising the lift span.

There are expected to be eight stops on the sixteen mile Vancouver to Portland route with proposed stops at St. Johns, NW Portland, Swan Island, Salmon Springs downtown, the Oregon Museum of Science and Industry, OHSU/Zidell waterfront, Lake Oswego, and Oregon City.

It would be nearly a forty minute trip

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SE Updates

By Midge Pierce

Family Housing Relief Coming

Some one hundred and eighty lowincome families should get needed affordable housing in a five-story, Home Forward development that could break ground next year.

At a recent unveiling, Creston-Kenilworth residents were largely receptive to the project on a former strip club site at SE 30th and Powell.

Children's safety on busy Powell was a major concern. Insufficient parking was another. The complex, served by transit, plans twenty-two parking spots even though the City no longer requires parking.

Suggestions were made to "soften the monolithic" structure that will set precedent for future development along the highway.

Homeless Issue Grows

Put three Portlanders together and one is likely to say they're considering leaving town because of the homeless epidemic. The City begs patience and tolerance. Neighborhoods undertake clean-ups and safety patrols. A group called Harbor of Hope plans to truck portable showers to homeless camps.

Officials claim progress in getting the needy off the streets. Multnomah County Commission Chair Deborah Kafoury says shelter beds have doubled and 6,000 households have moved into housing.

Yet, mental health care, already grossly inadequate, is at risk of state budget cuts.

Despite caring hearts and shelter developments (including one at SE and Powell that has attracted alleged drug use and controversy), complaints grow that Portland is buried in trash, needles and crime. Rightly or wrongly, fingers point to homelessness.

PBOT in the **News**

By David Krogh

Portland Bureau of Transportation (PBOT) has been receiving substantial publicity lately and much of it is negative.

Here is a composite detailing several media reports.

Sidewalk Repairs: PBOT is in charge of streets and public sidewalks, but residential owners adjacent to public sidewalks are responsible for sidewalk maintenance and repairs.

Most of the time, the City only gets involved via complaints. However, when residents have work done in the public right of way such as a new sewer line installation to their house, PBOT inspectors will not only look at the site of the work, but also at the neighboring sidewalks.

Cracks of over 1/2 inch or raised (tripping) areas will be required to face repairs or sidewalk replacements, regardless of if they are creating safety hazards or not.

Resident Kyle Bell was contacted by PBOT a few months back after inspectors visited his neighbor's site. Bell agreed to let the City do the repairs and a City authorized contractor did so with an estimated cost of \$5000.

The new cement is already cracking so Bell has raised issues with the City about the situation, especially how PBOT goes about citing neighbors.

KGW (and later other news outlets) investigated and found that both PBOT interim director Chris Warner and PBOT Commissioner Chloe Eudaly's home sidewalks are also in violation of PBOT's condition standards.

They say they are aware of this, but have not as yet instigated repairs. Bell has asked "Is there a separate standard for PBOT officials?"

Mayor Wheeler's home sidewalks were also substandard and he took it upon himself to hire a contractor and have timely repairs made.

Seated Scooters: Last month's Southeast Examiner discussed PBOT's new one-year pilot project for e-scooters (The Scooters are Back).

The program expects up to 15,000 scooters to be within the City by the end of turn to page 22

WRIST BA



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Associations May Go Dark Under New Code

By Midge Pierce

Portland Neighborhood Associations' fragile tethers to City Hall are growing ever more tenuous.

That's because changes in the Code for the Office of Community and Civic Life may determine which groups the City responds to on land use, growth, infrastructure, parking, safety, homelessness and more.

Proposed changes posit serving "self-identifying communities" are foundations for racial and social justice goals. No mention is made of neighborhood associations.

Observer Allen Field says, "This is nothing less than eliminating the NA program and the City no longer recognizing

He says the new code tosses out open meeting rules and standards used in its former Office of Neighborhood Involvement

At least one speculation inside City Hall is that changes would trigger re-jiggering planning department Zoning Codes since planners currently recognize neighborhood associations as the official collaborative group on the receiving end of public notices and proposals.

In short, what the new Civic Life code may mean is that a majority of residents could lose their official information pipeline, voice and clout.

The City currently supports regional Coalitions that have traditionally recognized and funded neighborhood associations as their "go to" influence drivers.

As Civic Life moves toward a new code that de-emphasizes geographic communities in favor of special interest and social alliance groups, a key question is whether NAs could lose funding when contracts for regional umbrella organizations like SE Uplift come due, some as early as

The stifling of neighborhood voices is endemic, according to a longtime neighborhood activist, who says Portland agencies are

co-opted by organizers who claim community volunteers are elitist. The situation turns inclusivity into a new form of exclusivity.

"The public should be outraged that the neighborhood system, started as a tool to give rise to civic voices, is being suppressed in the name of equity.'

Self-selected special interest groups, some with deep pockets and paid staff as neighborhood volunteers and others lacking time and resources are pushed to the margins, he continues.

"If the Open Meeting rules and ONI Standards are eliminated," adds Field, "then there's nothing to prevent a group of people from taking over a NA and pushing their personal agenda under the guise and facade of representing the community."

Transparency, community notice, accountability and recourse will vanish, he concludes.

Like having beam headlights coming at neighborhoods may be switched off, leaving neighborhoods in the dark about matters of zoning, growth and governance, comments another longtime community volunteer.

That high beam of scrutiny on NAs has been showing up lately from coalition meetings to OCCL's student video in which teenagers question the relevance and representation of neighborhood associations.

If approved by a handchosen Civic Life committee, the proposed code is slated to go before City Council in late August – a time when residents are either on vacation or busy getting ready for returns to schools.

with As so many initiatives, city unintended consequences could follow.

One conjecture is: without funding, neighborhood associations would be forced to support themselves with dues, potentially promoting the exclusivity at which OCCL aimed its beams in the first place.

Welcome to **Buckman in July**

...featuring two all inclusive, free events, produced by volunteers of the Buckman Ccommunity Association

• Portland Parks Movie Night! Friday, July 12, "Black Panther" PG-13, at Colonel Summers Park. Live Music to precede.

10th Annual Buckman Picnic in the Park

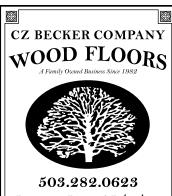
Sunday, July 28, 4-8pm.

Live Music, Free BBQ Meal, Bouncy Houses, Kids Activities, Therapy Animals, Special Guests, Fire Truck, Splash Pad Fun, Local Business Door Prizes. IRMI

Volunteers needed for July 28 picnic! No experience necessary. Contact Rie Nakata: rie@kanemasu.us

Info: buckmanpicnicteam@googlegroups.com ~ buckmanpdx.org Sponsored by: Columbia Credit Union, Born and Raised Construction, Mill Creek Residential Trust, Sera Architects, Venerable Properties, School Specialties Inc, Sheridan Markets,

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Publisher/Editor: Nancy Tannler

Contributors:

Don MacGillivray, Midge Pierce, David Krogh, Jack Rubinger, Peter Zimmerman

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Flowers are the music of the ground. From earth's lips spoken without sound.

Edwin Curran

For the love of flowers

By Nancy Tannler



When our long time neighbors decided to pull up stakes and move to the Wal-

lowas a few years ago, we were a little worried about who our new neighbors would be.

Their house and yard was a quiet sanctuary, an undisturbed space with native plants, berries, trees and they attracted wildlife.

Fortunately, there was no reason for concern, because the next residents, Jennifer and Kyle took this corner of the world even a step further and created a flower wonderland.

Jennifer, a native of California, has roots in this area, so Portland was a natural place for

them to settle down. Her grandpa lived in Montavilla before moving to Seattle and she remembers him talking about living here. Like so many of us, she wishes she had asked him more about his early life.

Gardening was always a part of Jennifer's childhood. Her parents kept a lovely terraced garden in Vallejo, north of San Francisco. There, she learned about growing plants and deadheading – her main job.

"It was always my dream to have a garden like those she en-

visioned in the stories of *Anne of Green Gables* or Little House on the Prairie," Jennifer said, both best described as cottage/fairy gardens.

When the couple lived in California, Jennifer worked as a costume stitcher for the Los Angeles Opera, and Kyle was and still is a music producer. They lived in a duplex that didn't leave much room for anything other than pots of flowers.

When they finally decided to buy a house, one of the things

see next page





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www.hawthorneauto.com



Jennifer in her garden





from previous page

that sold her on this place was Abraham Darby, the fragrant, heritage rose the former owner had growing. "This is one of the old fashioned fragrant roses that are my favorite," Jennifer said.

After five years, the garden has become more established so the constant watering has slowed down, but maintenance is still a big job and, for Jennifer, there are always new plantings to try. Kyle is the night gardener — you can find him out after dark helping with the upkeep.

The garden now has more than sixty varieties of roses, mostly heritage and some from the breeder David Austin.

Jennifer's color palate for roses represents a myriad of peach, pink, lavender and cream hues with an occasional surprise like the intense Munstead Woods or Koko Loko.

Other varieties of flowers create contrast and splashes of color and set off the roses beautifully making everything glow and stand out. Everywhere you look there is some magical vignette beckoning you into the land of the flower fairies – at least for a moment.

When asked what tips she would offer a novice gardener, her first thought was: don't think your garden has to be perfect, just begin gardening. Using Pinterest as the bar will only make you discouraged.

Things to avoid are overfertilizing and planting too close together, some of her early mistakes. Remember too, to deadhead. This cleans up the plant, can prevent disease and pests and encourage new flowers on repeat blooming roses.

Along with the beauty of the garden, Jennifer has perfected a rose jelly and a violet jelly that



smell, look and taste delicious.

The rose is a light pink in color and the violet, light purple, so pretty. This year she has added a sorbet to her repertoire that has

a unique, aromatic and refreshing

It took an organic evolution to create this small piece of Eden, a labor of love but so worth it she savs.

"Gardening gives back, it's healing, life saving; an interpretation of 'God' in nature."

David Austin Roses (some varieties are prone to black spot and rust):

Abraham Darby
Jude the Obscure
Lady of Shallott
Golden Celebration
Lichfield Angel
Munstead Wood

Old Garden Roses (more drought tolerant once established)

Honorine de Brabant Safrano Perle d'Or

Other Roses

Koko Loko Pierre de Rosard – Eden Autumn Sunset Rosa rugosa Ginger Syllabub Stainless Steel

Jennifer's Favorite Flowers

Drought Tolerant Perenni-

Gaura lindheimeri
(wand flowers)
Salvia greggii
Achillea millefolium
(yarrow)
Tanacetum parthenium
(feverfew)
Malva sylvestris
(zebra mallow)
Digitalis (foxglove)
viola odorata (sweet violet)
Campanula takesimana
(Korean bellflowers)
Iris croatica, (bearded iris)

Annuals

Viola tricolor (pansy)
Liminia
Cosmos
Papaver rhoeas (Shirley
poppy)
Xerochrysum bracteatum
(straw flowers)
Helianthis ennus (sunflower)



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The store, with adjacent 1920s home, provides a perfect setting for a specialty grocery, coffee shop, gallery, neighborhood cafe or more. Approx. 1,200 sq. ft., store and 1,263 sq. ft. home with 2+ bedrooms, basement, 1 bath and more.

PLLAND
Find out more at laurieholland.com, or call to schedule

a viewing.



Community News

Representatively Speaking

By Rob Nosse State Representative district 42

The legislative session is wrapping up, and what a year it has been! The Oregon House has passed sweeping reforms that address climate change, education funding, healthcare expansion, and criminal justice reform.

The super majorities Democrats and their allies have fought for these last years delivered these historic advances when the country as a whole is regressing in so many areas. Oregon stands out nationally as place where positive, progressive change is not only possible, but can be expected.

There were a lot of ups and downs along the way. The November 2018 elections were a nail-biter. Would Governor Brown be reelected after the tsunami of negative advertising blaming her for every problem in our state?

There were four right-wing ballot measures we had to defeat. One was brought by corporate interests to create favorable tax carveouts for large chain retailers. Another would have imposed deliberately burdensome hurdles for the Legislature and would have required large majorities to address raising agency fees or eliminating tax loopholes.

Another ballot measure sought to repeal Oregon's sanctuary law and required our state's law enforcement agencies to assist ICE in targeting undocumented people. Finally, an anti-choice measure would have prohibited state funds from being spent on abortion, denying those health-care services to all Medicaid recipients and state employees.

There was pressure on legislative leadership, rightfully so, to address the long-standing work place culture and harassment issues in our Capitol.

Throughout this session, Republicans, concerned about lack of input and attention to their concerns, have used delay and stalling tactics to protect their minority voice in the political pro-

In the House, they insisted

on having each bill read in its entirety before coming to a vote. In the Senate, they literally walked off the job to deny a quorum – the presence of two thirds of the Senators required by the Oregon Constitution – until vaccination and safe gun storage bills were shelved.

At the deadline for this column, Republican Senators have left the state once again and the Oregon Senate is unable to pass legislation.

Our Constitution requires the Legislature to pass a balanced budget and sets a deadline for the legislative session to adjourn, and this year that date is June 30.

If the Senate does not pass the remaining bills containing the state's budget for the next twoyear period, the Governor will have to call the Legislature back to Salem for a special session this summer to complete work that the law requires us to do for the people of this state.

An additional variable is that many bills that passed the House and are waiting on a vote in the Senate could die. These include many progressive measures Democrats have worked on for years.

Despite these challenges, we have accomplished a long list of victories this session. These include a statewide rent ceiling so landlords cannot raise their rents more than 10% a year; additional funding for the Oregon Health Plan (Oregon's Medicaid program) so one million Oregonians – a fourth of our state –have health insurance; and a tobacco tax referral so we can continue to fund the Oregon Health Plan in the next biennium.

We also passed driver's cards so undocumented people can drive to work or church or take their kids to school; paid family leave so people can take time off work with pay to welcome a newborn or adoptee into their lives or care for a loved one who is ill; a better funded criminal defense system so the accused have better access to lawyers and

timely justice in our court system; empowering judges to act independently of Measure 11's draconian excesses when deciding sentences for youth offenders; closing a loop hole in our gun laws to make it harder for people accused of domestic violence to keep their guns and joining the National Popular Vote Interstate Compact so that Presidents are elected directly by the people and not the Electoral College.

There's more we've accomplished: strengthening collective bargaining laws for public sector workers; passing strong protections against discrimination and harassment in the workplace (including the ability to hold bosses accountable when they look the other way); updating and strengthening anti-bias and hate crimes laws, with protections for transgender Oregonians; making progress on reducing the cost of prescription drugs; and finally, doing something about diesel pollution in the metro area.

There were two other major wins. The first of those was over thirty years in the making: an additional \$1 billion per year in funding for K-12 schools coming from a new corporate activities tax

This revenue is essential in addressing the chronic underfunding our schools have experienced since the passage of Measures 5 and 50.

Last but certainly not least is a "cap and trade" clean energy jobs bill that puts Oregon on the map for addressing carbon pollution and gives other states a way to do so when our when the federal government is unwilling to address the most pressing issue of our time.

There are things still to be fixed and things that did not get done, but I will save that for my column in the fall. 2019 will be remembered as a historic session. I am proud to be a part of this leap forward in progress for Oregon and to represent inner SE and NE Portland in our State Legislature.

Grand Central celebrates 36 years

Over the years, Grand Central Bakery has continued to deepen its support of the local community and this past year, became the first B Corporation certified bakery in the PNW for its sustainable business practices. They are recognized as an industry leader in food waste reduction (in 2018 diverted 84 percent of waste from the waste stream), and have earned Gold from the City of Portland's office of sustainability in 2018.

Today, Grand Central operates twelve cafes between the two cities of Portland and Seattle and supplies rustic loaves to dozens of grocers and hundreds of restaurants. They employ nearly four hundred and fifty people in the two cities, providing benefits to eighty-seven percent of its employees. They spend more than eighty percent of food dollars with farmers and food suppliers that meet sustainability standards and invested nearly \$35,000 back into its communities in 2018, through nonprofit partner relationships.

They recently renovated their Hawthorne café led by Portlandbased David Rubovits of DHR Renovations and Diana Moosman from MWA Architects. It boasts a new floor plan with inside seating for forty and an outdoor patio that can accommodate sixteen.

Grand Central Hawthorne offers a full line of artisan breads, hand-made pastries baked daily on site, made-to-order breakfast sandwiches, and coffee and espresso drinks featuring Nossa Familia Coffee. A lunch menu of sandwiches, scratch-made soups and salads highlight ingredients from independent farms and producers, including Zweifel Farms pastured eggs, Dirt Rich Farm summer greens, Carman Ranch grass-fed beef, Deep Roots Farm tomatoes, Portland Creamery chevre, pasture-raised Champoeg Farms turkey, and sustainable seafood. Learn more at www.grandcentralbakery.com.

State Bills Status

By David Krogh

SB870: has already been signed by Governor Brown, making Oregon the 15th state to approve a measure honoring the national popular vote.

This means Oregon's seven electoral votes would all go to the popular vote winner for president here

If enough states adopt this measure so that they represent a total of 270 electoral votes (the amount needed to elect a president), the controversial electoral college will be sidestepped in favor of popular vote counts.

With Oregon's adoption of the measure, the total electoral vote allocation is now up to 196.

Critics have labeled the electoral college as antiquated and not representative of the

popular vote, but it is difficult to amend the Constitution. This measure is an alternative means to ensure that popular votes mat-

SB320: Approved in the state legislature (as of June 10), it would allow daylight savings time to be maintained year round. Once signed by the governor, all but one of Oregon's thirty-six counties would spring forward and never fall back, but only if Congress approves the time change and neighboring Washington and California also adopt daylight time on a permanent basis

Washington state has recently adopted this measure. It is currently in process and expected to pass in California.

Rent headaches grow

Renters aren't the only ones feeling a pinch. A small landlord faced with rising maintenance costs along with property tax and bond increases says City policies will force her to sell her family home when the current renter leaves.

She's not alone. The last straw for some is a "Fair Access in Renting" ordinance requiring landlords to accept applicants on a first-come-first serve basis. It limits credit and criminal histories and caps on income-to-rent as criteria for rejecting applications.

For City Councilor Chloe Eudaly the restrictions are a way to end race discrimination and ensure that accessible units are prioritized for people with disabilities. For landlords, it's evidence of a heavy hand that includes earlier requirements that landlords cover thousands of dollars in relocation costs for tenants evicted without cause. Single unit exceptions exclude small landlords from the fees.

If too many landlords give up properties, pushback could worsen the rental crisis if new owners push up fees. MP

A big shout out to Windermere Brokers volunteers who participated in the 35th Annual Community Service Day throughout the Portland metro area. Each year, Windermere Real Estate brokers, managers, owners and staff from three hundred offices across the Western United States gather together to devote their workday to making positive changes in the neighborhoods they serve.

This year's service day was held on June 7. Volunteers spent the day doing outdoor and indoor maintenance at places like Legacy Hopewell House, Community of Hope, Gilbert Park Sun School and the St. John's Racquet Club. For Project Lemonade, **Windermere Realty Trust** on Hawthorne brokers spent the morning sorting and merchandising donations, matching shoes and socks, and sizing items. At the Sauvie Island Center, brokers from Hollywood spent the day helping prepare the Grow Lunch Garden for elementary students to later plant and tend at the Sauvie Island Center.









Community News



The Veterans' Memorial at Franklin High is finally in a permanent location in the front courtyard of school. It was to be replaced with the reopening of the school two years ago, September 2017, however the stand for the headstone was not complete.

This stand was made by FHS metal shop, and took two years to complete and be placed.

The memorial was originally made possible through the efforts of FHS class of 1967. Several students died during the Vietnam War, which prompted the class to create this memorial.

Recently a FHS-67 classmate, Doug Beltz, donated the money to complete the new memorial stand. Over the years, the original heavy memorial (600+ lbs.) sank into the ground, and had been forgotton.

During the Franklin school remodel, the memorial was discovered, and FHS alumnus (Garry Lee, FHS 65, and alumnus president) took on the task of securing a permanent place for this important memorial.

The final location is at the base of the American flag, on the south side of FHS.

This memorial is for all FHS veterans who have sacrificed their lives in the honor and service of our country.

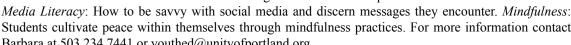
PORTLAND CENTRAL AMERICA SOLIDARITY COMMITTEE (PCASC) celebrates its 40th anniversary this year. All former and current PCASC activists are invited Friday, July 19, 6-8:30 pm at Laurelhurst Park. Live music, food, inspiring speakers and activistas! Information: coreteam@pcasc.net. Celebren con nosotros - el 40° aniversario de PCASC (Comité en Solidaridad con el Pueblo Centroamericano), viernes 19 julio, 6-8:30 pm al parque Laurelhurst. Musica, comida, oradores inspiradores, activistas! Información: coreteam@pcasc.net.

CREATIVE WRITING CLASS FOR WOMEN - Write from prompts that may lead to new stories, poems or creative essays. Mondays, 10-11:30 am, July 8-July 29, TaborSpace, 5441 SE Belmont. \$12 to drop in for a class or \$40 for all four weeks. All experience levels welcome to join this encouraging group. Taught by Pushcart-nominee Linda Ferguson. For more information email ljdferguson@gmail.com.

MINDFULNESS BASED STRENGTHS PRACTICE - A nine-week interactive program to help you develop and learn about mindfulness and character strength practices offered at Multnomah Friends Meetinghouse every Thursday August 29-October 24, from 7-9 pm. Based on the model developed by Ryan M. Niemiec, PsyD. Facilitated by Eddy Marie Crouch, LCSW and Michael Midghall, MBA. To register, email or call eddy@eddycrouch.com or 503.282.2483. Suggested Donation \$40.

PAINTING THE ROSE RED - You are invited to help the local residents paint the intersection at SE 53rd & Morrison St., Saturday July 20 at 10 am. Drop by and grab a brush or roller, cheer us on, or bring a cold drinks. For more information, contact sakass@icloud.com or kzavitz@ msn.com.

PEACE VILLAGE CAMP is for children ages 7-11 at Unity of Portland, 4525 SE Stark St. July 8-11. 7:30 am-4 pm. To enroll, send \$55 check. To pay by credit card, call the church office at 503.234.7441. The core curriculum includes: Peaceful Solutions: Students learn specific skills to resolve conflicts within their families, with friends, and in their communities; Connecting with Nature: Students play outside to create an intimate connection with nature and build a strong sense of stewardship.





Students cultivate peace within themselves through mindfulness practices. For more information contact Barbara at 503.234.7441 or youthed@unityofportland.org

safety net. If you'd like to be more involved (trainings? meetups? public testimony?) let them know at their

RENTAL PROVIDERS FOR POSITIVE CHANGE (RPFORPC) – A new group that cares about pro-Fourth of July events in the area tenant, pro-community, pro-environment practices and policies. They are learning and improving together; and voicing support of changes that make housing options more equitable and stable, and that increase the

By David Krogh

The Fourth of July is a popular holiday for celebrating and enjoying an activity filled day off. Several events are held that are family oriented.

Area fireworks:

Corbett Fun Fest - 22 miles east (9:30 pm) Fort Vancouver - 10 miles north (10:05 pm)

Oaks Park - 5 miles south (dusk)

St. Paul Rodeo - 30 miles SE (10:15 pm)

Tigard - 12 miles SW (9:30 pm)

Waterfront Blues Festival – Downtown riverfront (10 pm)

West Linn - 16 miles south (dusk)

Other events both near and far:

Portland Craft Beer Festival July 4-7 at Fields Neighborhood Park. Sixty breweries, ciders, and wineries, plus food, for age 21+ except Sunday.

Concerts in Albany July 4-Aug. 8 (Thursdays) at Monteith Riverpark. Seventy miles south. A different music act every week at River Rhythms, food, children's crafts, and a beer garden. No pets. Free. Fireworks on July 4.

Cherryfest NW in Salem July 4-7 at Salem's Riverfront Park forty-five miles south. Live music, food, carnival, July 4 Fireworks -

Fourth of July Early at Oregon Garden in Silverton July 3, forty-three miles south. Food and bars open at 4 pm, live music is 7-11:30 pm, and fireworks are at 10 pm during the July 3 celebration.

Portland Spirit 4th of July Dinner/Fireworks Cruises July 4, 7-10:30 pm from Salmon Street Springs. See bit.ly/2KBtFiW. A fireworks cruise on the Columbia Gorge Sternwheeler is also offered at the Port of Cascade Locks, forty miles to the east.

Division/Clinton Street Fair & Parade Saturday, July 27 Parade starts at 10:45 am at SE 42nd & Division

S.E. 47th & Hawthorne www.pdxdeli.com

Recycling tip

website: rpforpc.org.

By Bonita Davis, Master RECYCLER AND SE RESIDENT

Sharing and borrowing, neighbor-to-neighbor

Saturday was the day a 4x4 post was going to be replaced. Gathered up for the DIY project was a shovel, level, bag of cement, a new post, water hose, nails, hammer, and scrap wood.

Curiosity brought neighbors over and I shared my plan. Immediately, they offered a wheelbarrow, posthole digger and two pairs of skilled hands! My afternoon project was completed in about a third of the time and was three times the fun. A quick trip to the store to buy their favorite beverages as a 'thank-you' led to an invitation to stay for a BBQ on the patio. What a day!

Borrowing and sharing has a lot of advantages. The sharing as neighbors allowed me to not purchase a wheelbarrow or a post hole digger – two things I'd seldom use and have no space to

Items I have: folding tables, outdoor chairs, canopy,

sawhorses, extension tools, and pruning shears are loaned out frequently.

Sarah Lazarovic, creative director of the design and strategy firm Pilot PMR, in Yes Magazine (May 11, 2019) says it is easy to run to the store and buy whatever we want, but maybe we should first consider borrowing.

Lazarovic observes that borrowing builds community, creates and nurtures connections, saves resources and reduces loneliness.

Borrowing and sharing can be done online, through organized groups, festivals and fairs or neighbor-to-neighbor.

When borrowing sharing, it is important to follow simple guidelines to keep the experience positive. Much like managing financial transactions, we can either build or lower our trustworthiness with our track

Greg Seaman shares Simple Rules of Sharing (eartheasy.com):

First, keep it balanced, if you borrow, also share. Secondly, when lending, pay attention to the condition of the item before you loan it out. Always ask before taking and be sure to return any item in better shape than when it was borrowed (ex., add gas to a borrowed vehicle, include cookies along with the returned item. etc.)

Make sure there is an agreed upon return time and be prompt. If you're the lender, write it down or keep a list, and lastly, negotiate your own agreements. I've learned to say 'no' to lending out items when I am concerned about loss or breakage.

My bike, tent, favorite books, are some of the things I won't lend. Lastly, if borrowing, be prepared to replace an item if it becomes damaged or lost.

Reduce and ReUse have a greater impact than Recycling in building sustainability and reducing environmental impact.

Borrowing and sharing prevents duplication, reduces the need for more storage space, utilizes the potential of our tools and leads to more cooperation in our communities!

Try it this summer!





Chauncey P. Gardner looks forward to seeing you! www.portlandpictureframe.com check us out of facebook

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Saturday, July 27

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Mark your calendars and for this uniquely SE Portland event that shows off all that's great about the community.

The all-day event goes from 10 am-5 pm, with shopping specials throughout the district, hundreds of vendors at SE 26th & Clinton, and live music.

The parade down SE Division St. (SE 42nd to SE 26th), kicks things off featuring the

Last Regiment of Syncopated Drummers School of Rock,

Rose City Rollers, The Sprockettes, Olive & Dingo, and more.

The Division Clinton Street Fair & Parade is an annual event hosted by the Division Clinton Business Association to promote local businesses and market the business district as a shopping, dining and entertainment destination.

For questions or to get involved, email the Division Clinton Business Association at dcba. pdx@gmail.com or learn more at DivisionClinton.com.

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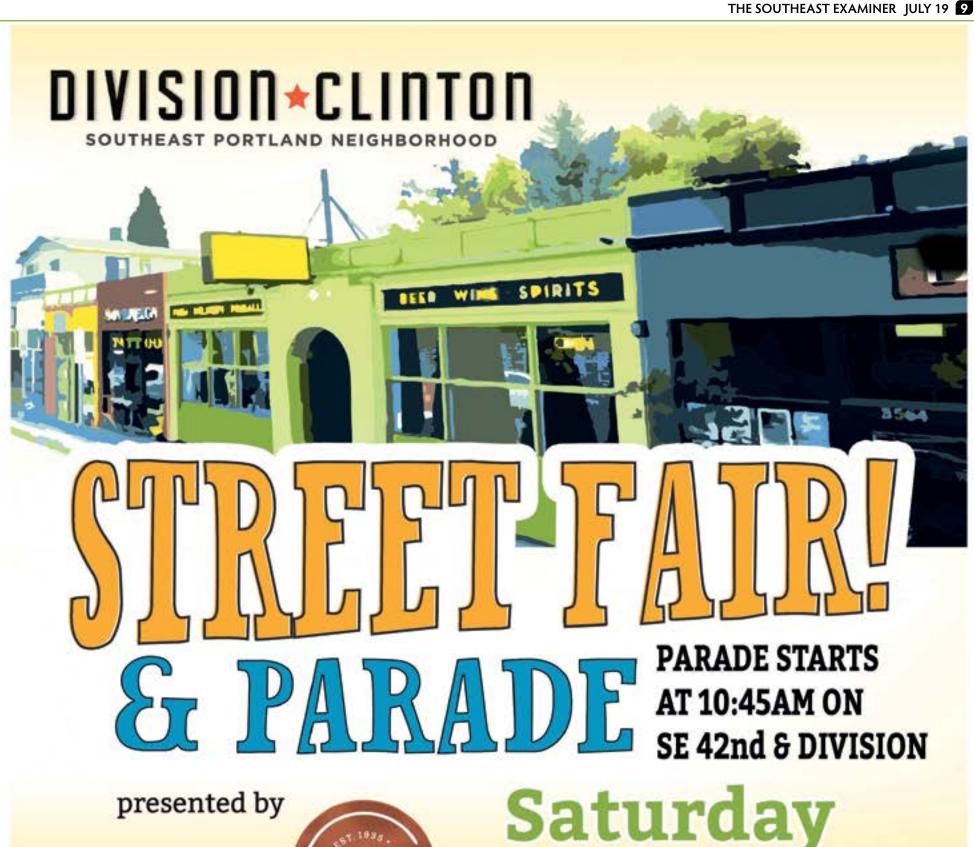


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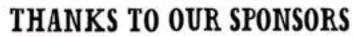






Saturday July 27th

STREET FAIR AT SE 26TH AND CLINTON Business Events along SE Division St.











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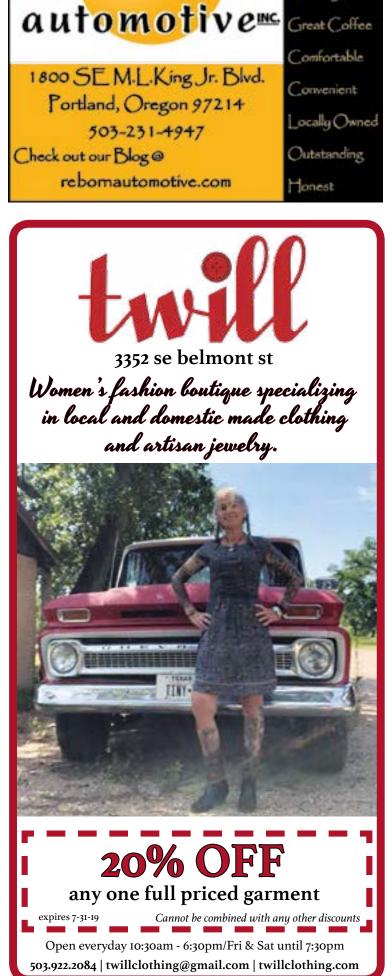
Friday, July 12th or Saturday, July 27th

from 6:30 - 9:00pm

Visit Potteryfunpdx.com or call 503-253-8070 \$66 for medium heirloom & animated, \$100 for large heirloom.

*Deposit required for reservation.





Business Walkabout

Mountain Sports Northwest

By Nina Silberstein

You could say Jeff Johnson has mountain sports in his blood. His father owned the first ski shop in Bend, Oregon, and Johnson hung out in bicycle and ski shops after school and during summer breaks, starting when he was about ten years old.

He grew up in Bend, lived and worked in Aspen and Vail, Colorado, and has worked for a variety of outdoor sports shops in Portland

Johnson's been surrounded by people in the ski business who, as he says, looked out for him and steered him toward a career in the industry that he's been a part of for the last twenty-five years.

He just opened Mountain Sports Northwest, a half a block east of Fred Meyer on Hawthorne Blvd. and now he's stocking kayaks, backpacking equipment and snowboards. Bicycles will be in stock soon.

What sets his business apart from others is that he specializes in gear designed for women such as backpacks, bicycles, clothing and swimwear

"I have a twelve-year old daughter," he said, "so I wanted to do something for her."

He tries to order women's products as much as possible. The main reason why Jeff opened up this store was because of the social environment.

"I could do other things,"



Jeff Johnson

he said, "but I just like hanging out at the store, and having my own business allows me to have control over the way I want it."

Johnson did all the renovations of the space himself, which has home to various businesses over the years. It took nine months. He spent a lot of time on the place and wanted an entirely new storefront on the building.

The inside is lined in allnatural wood with a real outdoor shop feel. "It's different; pretty authentic," he said.

Johnson had owned and sold another store in the late 1990s on W. Burnside and had his own line of bicycles when .com businesses were big.

Mountain Sports Northwest

sells equipment for now, but he is planning snowboard rentals for this coming winter, and by next summer, he'll have some mountaineering equipment rentals available as well.

As for his reception in the neighborhood? "I think what people do is come from all over the city, park their cars in the neighborhood and take a little walk up and down the street beyond 39th." That said, business has been booming for him.

Be sure to stop in to see what the store has to offer and chat with Jeff Johnson about his outdoor experiences. He has wild stories to tell.

Mountain Sports Northwest is at 3953 SE Hawthorne Blvd./ 503.766.8304

NW Scuba

By Nina Silberstein

When he was in the military and lived in Hawaii, Jesse Morgan was a free diver; someone who holds their breath until resurfacing rather than using scuba gear.

Morgan began scuba diving in 1977, dove frequently until the mid-1980s and then sporadically until 2012. Since that time, he has been diving regularly.

With his current business partner, Joshua Jones, the two worked at a local diving shop that went out of business, so they decided to combine their enjoyment of teaching and getting people interested the sport into a business. NW Scuba is a veteran-owned shop that opened in 2014 located on Milwaukie St. and serving the diving community.

NW Scuba "is like five businesses in one," Morgan said. "We do retail, repairs and service, rentals, education and travel."

They specialize in private, small group and family classes that include snorkeling; recreational, basic, advanced, deep and master diving; equipment skills and specialty classes (e.g., coral and fish IDing; marine, shark and sea turtle ecology) and photography.

The business offers an array intermediate and technical certifications such as Nitrox and First Aid-CPR-02.

For folks who want to test the waters in a pool first to see if they can handle diving before they commit to classes, NW Scuba provides a "Try Scuba"



Joshua Jones (on left) and Jesse Morgan

class.

regional Local, international trips are also part of the mix, to places like the Northwest's Hood Canal, the west coast of Florida, Mexico, Europe, Asia, Africa and the Caribbean, just to name a few.

Jesse and Joshua also support a veterans' nonprofit called Neptune Warriors. It's an organization near and dear to Jesse's heart in particular. Jesse will take donations of used scuba

gear from divers who no longer have a use for it and drops it off at the nonprofit's location in Idaho. Idaho is where his son's military unit was deployed and although he has since passed away, the organization dives with his son's dog tags. "They support veterans and emergency services personnel with PTSD. They do great work," Jesse said.

NW Scuba has

turn to page 17

in SE Portland

HMart

By Nancy Tannler

Having a grocery store in the neighborhood is a bonus, especially in our city where walking and biking are the encouraged methods of travel.

When HMart, 3301 SE Belmont St., finally opened a couple of months ago, it brought this asset directly to the local community.

HMart is a Korean supermarket chain, one of the first to locate in central Portland. The store offers the necessities of daily living and if you understand anything about Asian food or are willing to learn, there is so much more.

The Southeast Examiner spoke with store manager David Son who grew up in New York City where going to HMart was a trip he made several times a week with his mother.

"I would tease my mom that we were treasure-hunting as she would dig through the heaps of vegetables and fruits to find the freshest," he said.

That is what HMart prides themselves on Son said: having fresh food. The fruit and vegetable section is piled high with all sorts of luscious looking produce.

The butchery aisle is full of meat—marinated chicken and pork, Kobe beef and a freezer full of thinly sliced pork, beef and lamb ready for the hot pot.

From the seafood tanks you can get live Dungeness crabs, shrimp and fish. These tanks are



cleaned out and washed every

Buyers for the store are taking advantage of all the products available locally like honey, dairy, beer, wine and saki, to mention but a few.

Locals seem to like the large variety of snacks and unique ramen best.

HMart was first established in 1982 in New York and they catered to a very diverse international clientele. Because they want to meet the needs of more shoppers, they also have a Mediterranean section and Asian specialities.

When asked what a person who mostly understands the American diet should know about the myriad of sauces and different ingredients, Son said the best thing to do is have him paged at customer service. He said he would gladly explain what a product is and how best to use it.

You can also go to hmart.

com and click on recipes. The store is starting in-store demonstrations that will make recipes people can try.

For those in a hurry, there are lots of eye-catching choices in the deli at very reasonable prices. The frozen food section offers a variety of frozen dumplings, noodles, spring rolls and other prebaked food.

It is an education to learn about the choices of ramen noodles and instant food available.

In the dining section, they serve three bibimbop bowls. "This is the best Korean comfort food. We hope to have more choices in the future, as soon as we can train more people to prepare Korean food," Son said.

Like all grocery stores, they also have a houseware/department/drug store section.

The southeast welcomes HMart and anticipates learning more about Korean/Asian ingredients.

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Morning Ceramics

By Nancy Tannler

Morning Ceramics Studio, 225 SE 6th Ave., is a large space where ceramic artists or anyone wanting to learn can join. This unique work place came into existence because of several love

Alexa Evans-Pritchard always emulated her cool older brother, so when he made ceramics in high school, so did she. The art absorbed her and by the end of high school, she found she was in the ceramics studio as much as possible.

Evans-Pritchard graduated college with a degree in Hospitality and spent ten years working at a Marriot Hotel, but something inside kept calling to her so she took a break to attend the American Museum of Ceramic Art (AMOCA) in Pomona, CA for two summers in 2016-17.

"I hadn't been on the wheel in years, but the place was so inviting that my fear went away," she said and was mentored by high level ceramic artists willing to share with everyone working in the studio, both the hobbyist and the professionals.

Back in Portland, Peter Pritchard was on a three month break from teaching music,



Alexa and Peter Evans-Pritchard (center)

graphic design and technology to high school students in Farnham, England.

Thanks to the Tinder app, Peter met Alexa and the sparks flew making PDX his touchstone while traveling in the US. They married the same year.

Balancing work and life is a healthy mantra that reminds people what is important in their life.

Peter and Alexa wanted to find this. Together their passion for ceramics, and the profound influence of AMOCA's work space, a good business plan an d the lack of this type of art space in Portland set Morning Ceramics Studio in motion.

The first artist moved in October 2018. Since then the studio has continued to grow. It now offers ten wheels; handbuilding tables; wedging table; glazing station; Bailey DRD/II slab roller; community tools; individual shelving for all members; and two Skutt 1227 kilns that fire to 1900 degrees.

Evans-Pritchard said it works like a gym membership where the space and equipment

turn to page 17



Books With Pictures moves into Longfellows space

By Jack Rubinger

Riding my bike on a gorgeous June day, I stopped by the new Books With Pictures site (1401 SE Division St.) near Abernethy Elementary School hoping to connect with Katie Proctor, the proprietrix.

Taking a break from remodeling the space, sanding, sweeping, and painting, Proctor enthusiastically agreed to sit down for a chat, so we walked to the sunny apartment she shares with her two kids, Jasper and Kestrel who attend the school across the street.

As part of the remodel, air conditioning was installed for the

family's comfort.

The new store continues to showcase both new and vintage comics, graphic novels and children's picture books encompassing queer identities, female protagonists and people of color. The store gets new comics every week.

"My only rule is that every book has pictures," said Proctor.

Amazingly, Portland has fourteen comic book stores. "They're all a little different. Everyone has their own identity and we're all friendly," she said.

Proctor has received a lot of help from friends who've helped both financially and artistically with the move and the remodel including artists Gerard Way and Steve Lieber.

She's forged ahead with Kickstarter campaigns, formed an LLC and worked out an installment plan with Nile Hagen who sold her the old building.

The new Books with Pictures has a clean industrial look with wood tones and lots of cubes to show off colorful comic books and graphic novels. Plans call for a kids area, event space, a basement record store and food carts in the parking lot.

The space offers about two hundred additional square feet in usable space compared to the old space on Division St. in the former Jimmy's Tire building.

Proctor shared some of the building's history, including



Katie Proctor, owner of Books with Pictures

earlier bookstore stints, life as a brake and clutch shop and its beginnings as a grocery and butcher shop in the 1950s.

When Longfellow's was closing, I scooped up stacks of vintage *Downbeat*, *Life* and *Look* magazines, stacked up at curbside.

Proctor reports the old basement was a mess, and filled with magazines from floor to ceiling. In its new life as an indie pop record store, My Vinyl Underground, the business within a business will feature DJ sets, and live music performances, according to co-owners Thomas Mosher and Chris McFarland, who used to own Jigsaw Records in Seattle.

"This move wouldn't be possible without the support of so many people: our investors, our Kickstarter backers, the creators who have offered up time and art to the Kickstarter, the friends and family who have turned up for work days, and so many more," Proctor said.

"We want friends and neighbors to discover new things, do some crate-digging and enjoy our 1300 square foot space," said vinyl Underground's Mosher.

The new store's mission is to be explicitly inclusive, to strive to be a welcoming space to people who love good stories without regard to age, race, sexual orientation, gender expression, or disability status.

Proctor believes that representation of diverse perspectives is crucial to the mission, so stock content reflects that belief.

A grand opening party is scheduled for Saturday, July 6. See bookswithpictures.com, or email bookswpictures@gmail.

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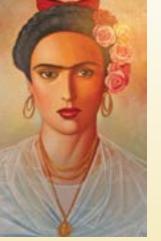
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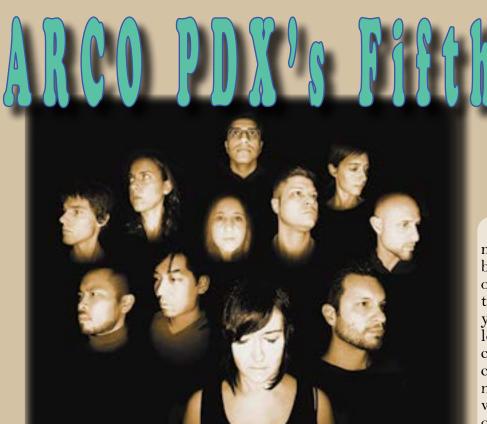
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Going Out

arts • performance •



ArcoPDX, the powerful musical force of nature has been bringing classical and other musical explorations to Portland audiences for five years now. To celebrate their longstanding innovative excellence, their anniversary concert features new originals by founder Mike Hsu as well as pieces by Bach and other composers. Read more about them and their Holocene show on page 15.

Sidestreet Shapes Ceramix

These striped vases were thrown and heartily handshaped by Rosemary J. Herr. They are part of **Sidestreet** Arts' July show which features more than thirty ceramicists from the Oregon Potters Association. Sidestreet's new exterior has recently been festooned with a bot mural too and it is one of the more colorful and easy places in town to find. Read more on page 14 and then drop in for a visit.





Minors are allowed only with a parent or guardian at any show. 3702 SE Hawthorne Blvd. · Portland · (503) 249-7474 x1

Tell SE Portland about your next Arts event! Email press releases and printable images by the 20th of the month to: examiner@ inseportland.com "Like" our Facebook page too for updates! SoutheastExaminer.

com



www.sidestreetarts.com

Going Out

The Shape of Clay



New mural by Gary Hirsch

Curated selections from the Oregon Potters Association make up the July show at the newly-muraled Sidestreet Arts, 140 SE 28th Ave.

Ceramic artists overtake the gallery's windows, walls and pedestals with vessels, vases, sculptures and tile. The show runs through July 28. The opening reception is Friday, July 5, 6-9 pm.

More than thirty artists will be showcased including works from London Bellman, Kirsten Page Bennett, Shelly Fredenberg, Michelle Gallagher, Anthony Cordon, Sharon Greenwood, Babette Harvey and

many more. Also this month, Sidestreet presents a Bastille Day Fête and To-Do, Sunday, July 14, 12-2 pm in celebration of the Parisian spirit, ca. 1900. Sip French-inspired drinks and taste delectables; watch and hear a curated classic French music set by Jacob Balcom. Then raise a toast to France with a glass of kir while singing "La Marseillaise" amid art inspired by the luminous City of Light.

Berets are, of course, encouraged. Sidestreetarts.com

Following a two-year hiatus, Red Molly is touring the country and Thursday July 11, they appear at the Alberta Rose Theatre, 3000 NE Alberta St. in an 8 pm show.

The acclaimed trio of Abbie Gardner, Laurie McAllister and Molly Venter feature new and old Red Molly favorites and tunes from their 2017 solo

Gardner, McAllister and Venter projects. For this tour, the trio is joined by Craig Akin on bass and Eben Pariser on guitar and percussion.

With signature three-part harmonies, thoughtful songwriting and guitars and dobro, their tunes range from folk roots to bluegrass, heartbreaking ballads to honky tonk. They've been featured four times at MerleFest, at RockyGrass and festivals and concerts coast to coast and the geous summer evening.



POWELES ON Angel Unfolding **HAWTHORNE READINGS**

Live author readings this month at SE Hawthorne Blvd. All readings begin at 7:30 pm.

Monday July 8 - Above the Ether, by Eric Barnes A prequel to The City Where We Once Lived. Six sets of characters move through a country's landscape showing signs of cataclysmic change very much like our own.

Monday July 22 - Oregon's Ancient Forests: A Hiking Guide by Chandra LeGue is a book to inspire readers to learn about and visit Oregon's rapturous old-growth forests, and love them enough to keep them protected. The book explains where the forests are, who manages them, the threats they face, and an action plan for protecting and restoring damaged forests so they may become the ancient forests of the future.

Thursday July 25 - Mark Arax'The Dreamt Land: Chasing Water and Dust Across California - Arax is a writer with deep ties to the land who has traveled the state exploring the one-of-akind distribution system, built in the 1940s, '50s, and '60s, straining to keep up with California's relentless growth, weaving reportage, history, and memoir to confront the 'Golden State" myth.

Monday July 29 - Jessie L. Kwak's From Chaos to Creativity Art and Writing Though writing can be among the most fulfilling parts of our lives, sometimes we have so many ideas it's difficult to keep them all organized. The book helps get you through the clutter and teaches how to focus on good ideas, manage your project, and execute your passions to completion.

Local author Bettie Lennett Denny has re-published her novel Angel Unfolding giving story lovers

another opportunity to enjoy the unusual twists and turns of her mind.

by these events.

The book is a tale of victims and the perpetrators of domestic violence, Me Too (written before the movement), organ donors, corruption in high places, the criminal justice system and the everyday people affected

Denny's main protagonist, reporter Murphy Gardiner, is working in present day Montana, in a town like many places, where domestic violence goes unreported or there is no enforcement. That is where this story be-

Gardiner starts a journalistic investigation when the body of a known wifebeater is discovered in his home several months after his death. It's pretty obvious "who done it" because the wife is still living in the house with their three-yearold son.

Angel McQuinn, the long suffering victim of the abuse and her child, become a study of our social justice system, courage and compassion.

As the story begins, Gardiner befriends Mc-Quinn and is her witness to record events as they unfold.



Editor's note: Here in the *United States, the female prison* population is eight times higher than it was in 1980. More than eighty percent of women in state prisons have a child under the age of eighteen.

Denny weaves together different threads to keep Angel Unfolding interesting and the reader wondering what's going to happen next.

In the October '18 edition of The Southeast Examiner, Denny was interviewed as she published her Portland-based nineteenth century novel Burying My Dead. Gardiner is the protagonist in that story too.

This multi-charactered mystery story recently received the bronze IPPY award in Regional Fiction.

Denny's books are available through bettiedenny.com.

50 Years of Oregon Country Fair



In honor of their 50th anniversary, the Oregon Country Fair's history will be on display at an exhibit in Portland. Drawing heavily from OCF Archives with items from other collections and loans from Fair family members, Party with a Purpose: 50 Years of the Oregon Country Fair is open at the Multnomah County Central Library, 801 SW 10th Ave. The exhibit runs through August 26.

This year's Fair is Friday-Sunday July 12, 13 and 14, fifteen miles west of Eugene in Veneta, Oregon. Tickets are only available in advance and sold in Portland at Music Millennium and online through ticketswestpdx.evenue.net.

See oregoncountryfair.org for more.

Waterfront Blues Fest



The 32nd annual Waterfront Blues Festival takes place July 4-7, in Tom McCall Waterfront Park. This weekend celebration of music, art and culture is a summer staple of The Rose City and this year's lineup is sumptuous and many faceted.

There are too many live mu-Trombone Shorty by Mathieu Bitton sic performances to list along with workshops, dance competitions, and Blues Cruises. Artists perform on four stages Thursday through Sunday. After-Hours Shows take place in the Marriott Ballroom across

from the festival grounds. The latest lineup additions include Trombone Shorty & Orleans Avenue. Other headliners are The Robert Cray Band, Larkin Poe And March Fourth, Karl Denson's Tiny Universe, Vintage Trouble, St. Paul & The Broken Bones, The California Honeydrops and Christone "Kingfish" Ingram.

Dance on over to waterfrontbluesfest.com and see the whole schedule. A limited amount of four-day pass options are \$50 and make \$25 gate tickets 12.50 each. Kids 12 and under free (with paid accompanying adult).



A landmark of Portland cinema history, The Clinton Street Theater is Portland's indiest, friendliest art house theater with film, live music, theatrical productions and community events. Come see for yourself what makes us so unique.

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KBOO shows are finalists

Three locally produced KBOO radio shows are Finalists at the Toronto International Nollywood Film Festival (TINFF2019).

From the Grassroots, broadcast every other Friday includes The Professor Soul, The Profit of Rage; faith reporter, Nia Gray; and mental health professional, Cheryl Jefferson and the producer is LaNita Duke. The show agitates for social change with music, commentary, satire and analysis.

Etta James - The Matriarch of ReB, is up for Best Music-Non Visual (Audio Only Category) This episode celebrated the music of James, Grammy Award-winning singer known for hit songs like "I'd Rather Go Blind" and "At Last."

A Revolutionary Friend**ship**, is a work-in-progress show highlighting the friendship between human rights activist Malcolm X and Yuri Kochiyama, a political activist who dedicated her life to change through her participation in social justice and human rights movements. Co-Producer Jenna Yokoyama.

The live Screening and Award Presentation takes place September 7 – 8, 2019 In Toronto. See tinff.net.

Going Out

arts & perfor-

Chaplin, Trees & Zoe at Clinton St.

mer heat with great entertainment. It's air-conditioned, and alter-abled accessible too. They feature movies, music and live theatre just like they have for the past hundred years and is a SE neighborhood landmark. Here are several July events.

• Saturday July 6, 7:30 pm - Charlie Chaplin's Red Letter Days. Chaplin was the first truly global superstar, drawing in tens of thousands wherever he traveled. In this imaginative presentation, presented by Dan Kamin, Chaplin's career will be celebrated with rare, fascinating images, music, and pristine restored film from the period, including Chaplin's blockbuster war comedy Shoulder Arms, released while World War One was still raging.

Kamin trained Robert Downey, Jr. for his Oscar-nominated performance in Chaplin and created Johnny Depp's physical comedy routines in Benny and Joon. He performs his one-man shows internationally, and is a popular guest artist with symphony orchestras.

Special VIP seating with a Meet-the-Artist reception is at 6:30 pm. \$25 at the door, \$20 in advance (tickets are limited). General admission is \$15 at the door, \$12 in advance

• July 8-11 Canopy Stories - The OregonMade Creative Foundation teamed up with four independent cinemas all over the city to screen locally-produced films in theatres. Screenings consist of a four day run, one night at each theatre.

Canopy Stories are tree stories. Tree stories are community stories. It is the first NW Documentary anthology showcasing a dozen films about trees made by area filmmakers. Each film focuses on a specific tree and the stories range from activists camping in trees to strangers caring for the ghosts of pioneers, from globe trekking botanists in search of rare specimens to everyday citizens transforming their neighborhood into an urban oasis. These living, breathing beings stand a silent vigil as decades and even centuries pass. Once you know the stories of the trees you can never see the city in the same way.

Presented in two parts over four nights, all screenings start at 7 pm. Part one is at the Hollywood Theatre, July 8 and Cinema21, July 10. Part 2 at Clinton Street Theater, July 9 and Northwest Film Center at the Whitsell Auditorium July 11. See bit.ly/2X1dHol for the titles and info.

continued on page 18



ArcoPDX, the Amplified Repertory Chamber Orchestra, celebrates its fifth anniversary with a new program of original music by Arco founder Mike Hsu. The concert is Friday, July 26 at Holocene, 1001 SE Morrison St. at 7:30 pm. Doors at 7 pm, for 21+ over only.

Also on the evening's program are Arco renditions of Bach, Bloch, Depeche Mode, vocal interludes, and the artistry of local classical-metal drummer Kaleb Davies.

Since its inception, ArcoPDX has rewarded listeners with classical and contemporary music performed energetically with a fresh attitude. It's classical but definitely not staid. Arco's live stage lighting is the icing on the music-cake for an unforgettable, multi-sensory concert experience. Advance tickets at bit.ly/2N68WFN

Arco performs Saturday, July 27 too for all ages at the Garages Satellite Pub, 4810 SW Western Ave, Beaverton at 6:30

Tickets for both shows are \$10 advance, \$15 at the door. See arcopdx.com

Shakespeare Irivia

Fans of Willie the Shake! Is your copy of the Bard's collected works collecting dust in your attic? All ages are invited to "eat, drink and be merry" at Enso Theatre's Shakespeare Trivia Night, Tuesday July 9 at My Father's Place, 523 SE Grand Ave.

What play is "Ten Things I Hate About You" based on? Who said "To be or not to be?" How much do you know about Willie's "lost plays"? Win two free tickets to the Oregon Shakespeare Festival.

Tickets are \$10 and all proceeds support Enso Theatre's next show, Much Ado About Nothing. See bit.ly/2Y9Njp7 for more de-

Short takes

...arts news of note

ARTICHOKE MUSIC, JULY HIGHLIGHTS - Saturday July 13, Artichoke Gone Electric, 8 pm. Three local songwriters Shane Brown, William Stafford and Adam Sweeney. Sunday July 14, Yankl Falk's Carpathian-Pacific Express, 7 pm. The Carpathian-Pacific Express presents music for celebration, mystical chant, raucous songs of drunken exuberance, and so much more including a special musical salute to Bastille Day. Saturday July 20, Ynana Rose, 8 pm. Award-winning Rose's soulful voice crosses genres. Saturday July 27, 8 pm, Rindy & Marv Ross. The singer/songwriter duo founded Seafood Mama, Ouarterflash, and The Trail Band and are Oregon Music Hall of Fame inductees. \$20. Artichoke, 2007 SE Powell Blvd., offers live music at least four nights a week, with featured concerts on Saturday and Sunday, open mics on Thursday and a lively Friday Night Coffeehouse. All tickets \$15 except as noted. For the full calendar, see artichokemusic.org.

THE 2020 PORTLAND WINTER LIGHT FESTIVAL is calling for art installations. The year's theme is *Into the Dreamscape* and the festival will be held February 6-8 at outdoor sites throughout the city. Submissions are currently open for artists and artworks must be able to withstand winter weather. The submission form is available at pdxwlf.com. The deadline is August 2, 11:59 pm. Strong preference is given to Pacific Northwest artists. Last year's fest hosted a 30' disco ball by Ivan McLean at Tom McCall Waterfront Park, large projection installations on the underside of the Marquam Bridge by local multimedia artists, and free water taxi rides on a Crystal Dolphin with performances by the Portland Opera. The Winter Light Fest was created by the local nonprofit, Willamette Light Brigade and is family-friendly and free, See lightthebridges.

OREGON MUSIC HALL OF FAME (OMHOF) hosts its annual scholarship performance and announces its 2019 inductees Tuesday, July 9 at Tony Starlight's, 1125 SE Madison St. from 5-7 pm. The event begins with a press conference and scholarships will be presented to this year's recipients picked from nearly a hundred applicants from around the state. This year's winners are drummer Ethan Reed, from Astoria High School; flautist John Nguyen, from Westview High School; multi-instrumentalist, Joseph Matveyenko, from PCC's Early College Program and vocalist Kristen Luna, from St. Mary's Academy. Nguyen performs July 9 at Tony Starlight's. Reed and Matveyenko perform at Lake Oswego Arts Festival June 21-22 and Luna performs in late July/early August TBA. See omhof.org for more.

LIFE WRITING WORKSHOP WITH DAVID BIESPIEL August 12-21 from The Attic Institute. In this four session workshop, attention will be devoted to the quality of remembering and remaking past experiences and telling stories on the page. The focus is on observation, with demonstration-writing exercises designed to include techniques to frame your writing, draw out the details of place, and to pay attention to landmarks that anchor the imagination. The workshop has prompts ranging from several minutes to an hour. Class is Mondays and Wednesdays, 5:30 - 8 pm, August 12. 14. 19. 21 at Attic Institute of Arts and Letters. 4232 SE Hawthorne Blvd. Open for twenty writers only, so register early. Early registration and tuition deadline is seven days prior to the start. See atticinstitute.com for more.



Books with Pictures has just moved into a new space in the former Longfellow's Book building at 1401 SE Division St.. The Grand Reopening (and Third Anniversary Party) is scheduled for Saturday July 6. 5-9 pm. All are welcome and there'll be food, drink, and entertainment. See our story in this issue on page 12.

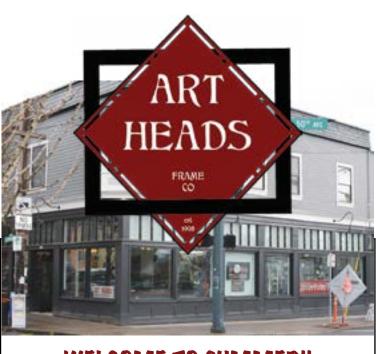


photo by Leticia Smith

Austin Texas' "psychotropic folk" band, **The Deer,** ride into Portland to headline a show at Mississippi Studio, 3939 N. Mississippi Ave., Friday July 20.

The quintet are Oregon Country Fair, Northwest String Summit favorites and their vivid dream-pop music is engaging, moving and impeccable. Listen to their latest record, Tempest & Rapture, at thedeermusic.com.

Small Leaks Sinks Ships and Johanna Warren open. Music begins at 9 pm for 21 and over. Advance tickets are \$12; \$14 at the door at bit.ly/2Xu7jG0.



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Prepare for More Oil Trains in **PDX**

By Don MacGillivray

Ever since the creation of the oil fields in the Dakotas and Central Canada, the Pacific Northwest has been concerned that railroads will ship large amounts of crude oil through our attractive landscapes, rivers, and towns. Every time fossil fuel transportation activities are announced, protests are organized to object to this happening.

A company named Zenith Energy purchased an underutilized rail yard on the west side of the Willamette River across from Swan Island in 2014. Now it is being improved so it will be the transfer point for large quantities of crude oil brought in by train from the Bakken oil fields in Canada and loaded onto ships destined for China.

The new Zenith Energy terminal and tank farm is located on NW Front Ave. at the previous site of the Will Bridge Asphalt Refinery, founded in 1947.

It is forty-eight acres and it was purchased by Zenith for \$61 million. The energy company purchased this underutilized tank yard and has transformed it into a modern, efficient oil storage facility that can process millions of gallons of oil products.

The company calls the project a "modernization" rather than an expansion. The facility will able to service forty-four rail cars, a three hundred and fifty percent increase from the original dozen rail cars.

They expect to make this facility the premier hub for the storage of bio-fuels in the Pacific Northwest. It is the only such facility owned by Zenith on the West Coast.

This endangers Portland's Willamette River below and Forest Park above the site. The trains

will arrive in Portland by going along the north side of the Columbia Gorge into Vancouver, across the Columbia River near Interstate 5, near the Smith and Bybee Wetlands, through the neighborhoods of St. Johns, Portsmouth and University Park, and across the railroad bridge before arriving at the Burlington Northern and Santa Fe(BNSF) railyard. The cargo will be pumped into large storage tanks in the Zenith yards and after a few days, it will be loaded into seagoing tankers bound for China

Marine oil tankers carry about 200,000 barrels of oil that ships to China, Korea, or California. There has been an increase in train traffic recently with some of the trains having over a hundred cars loaded with oil.

Ten shipments valued at over \$80 million were made in 2018 and already five shipments have been made in the first quarter of this year with expectations that increases will continue.

The oil is an extremely dangerous commodity. One quarter of the residents in Multnomah County live within the danger zone defined as a half mile from the route traveled by the oil trains.

While the risk may be characterized as "small," there have been several catastrophic accidents involving oil trains in the last ten years.

In 2016, a Union Pacific oil train derailed and exploded along the Columbia River near Mosier and 10,000 gallons of oil was spilled in the river and into the city sewers.

Clouds of noxious smoke polluted the air for days. Luckily no one was injured, but cleanup was difficult and expensive.

In 2013, an oil train accident in Lac-Mégantic, Quebec caused a fire and explosion that killed forty-seven people. The

Old PDX Homes

in your neighborhood

blast radius was more than a half a mile.

Thirty of the town's buildings were destroyed and thirtynine of the forty-two remaining buildings were demolished and replaced. The insurance settlement was over \$50 million, the victims received over \$430 million, and te cleanup took well over five years.

The BNSF Railway reports that they haul on average three trains carrying at least one million gallons of crude oil through Multnomah County each week although the number of shipments are not public record.

In the State of Washington rail shipments are required to be reported at least twenty-four hours in advance, but Oregon has little review of oil train activities.

State and local officials are not prepared for major rail accidents involving petroleum products and the potential scale of an accident is far beyond the capabilities of local first responders.

The expense of preparing for such events is only outweighed by the potential cost of a serious accident. Companies involved assure us that their safety measures are excellent, but the record speaks for itself.

Zenith Energy is very concerned about safety and the environmental factors involved in the transport and storage of their products. They have updated fire protection systems and worker safety.

With their safety record, they believe the potential risks are minimal and they have followed all the rules and regulations in building this facility.

The Oregon Legislature has worked for years to improve the safety of trains transporting oil through Oregon.

House Bill (HB) 2209, requires railroads that own or operate "high hazard train routes" to develop detailed safety and environmental response plans demonstrating their ability to respond to and cover the cost of an oil spill.

It also authorizes a fee for railroads to support the state's efforts to respond in the event of a train derailment or spill. This is the beginning, rather than the end, of making railways safe and sustainable over time.

HB 2209 passed the Oregon House of Representatives and is now in the Oregon Senate for consideration. It is expected to pass this session and be signed into law.

This facility was built because Zenith studied the laws and regulations and was able to legally create this new, state of the art, oil storage facility. New demands for oil resources have created the need for new facilities on the Northwest Coast, but the state and city authorities did not anticipate this occurring.

Now, in spite of the public objections, it is not going away. It remains to be seen what can be done to insure that a disaster does not occur or, if it does, that it can be handled with minimal losses of life, property, and environmental damage.



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Business Walkabout

NW Scuba

from page 10

philosophy of being "green" with environmentally friendly scuba products that can help them achieve an eco-friendly approach to diving.

Morgan and Jones participate in river cleanups as

well. "We pick up trash when we go diving and to try to keep the environment and waterways healthy for future generations. It's important to us."

Leaving the dive location better than the way it was found is a good habit to get into.

NW Scuba is at 2911 SE Milwaukie Ave. See nwscuballc. com 503.442.2810.

Morning Ceramics

from page 11

is shared with other ceramicists. Classes are offered without membership and no experience is required. They currently offer a sixweek Introduction to Wheel and a six week Introduction to Handbuilding classes.

Like AMOCA, all levels of ceramists are working side by

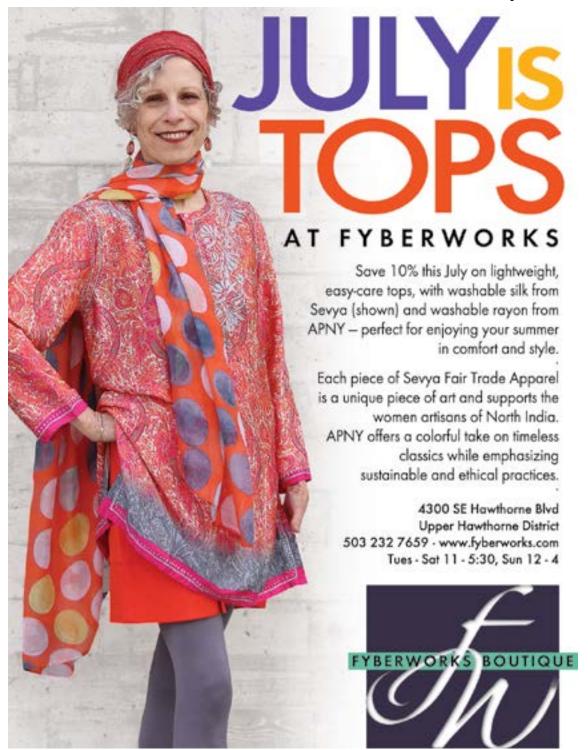
On the day of the interview the studio was abuzz with activity. One woman was getting ready to glaze several mugs she was working on to sell at a fundraiser.

Her prototype had a pearlized looking glaze that made it truly one of a kind.

Alexa and Peter are at hand to help with any questions or problems that arise.

"Portland's ceramics scene is growing," Peter said.

Morning Ceramics is in place to support this art community. morningceramics.com



Fashion is part of the daily air and it changes all the time, with all the events. You can even see the approaching of a revolution in clothes. You can see and feel everything in clothes.

Diana Vreeland







THE SOUTHEAST EXAMINER JULY 19 July Clinton St. Theatre highlights

from page 15

Other highlights at Clinton Street this month include:

• Friday-Sunday July 19-21 at 7 pm — Zilla and Zoe. A comedy directed by Jessica Scalise. Ten-year-old Zoe obsessed with making horror films, has a deadline for a contest coming up. She is determined to win, but her father orders her to stop making horror films and instead, film her sister's wedding. To win the contest, she will have to turn her sister's wedding into a horror film. This indie comedy is about family, weddings, the city of Portland and the importance of accepting ourselves for who we really are.

• Thursday, July 25, 7 pm — World Premiere of Gracias, Santiago!
Carnival De Santiago Cuba, directed by Andrew Pritchard and Oryan
Peterson-Jones. Portland residents Pritchard and Peterson-Jones, spent
five weeks in Cuba filming music-related documentaries. Gracias, Santiago! is a documentary about the Carnaval in Santiago de Cuba, one of
the largest Carnavals in the world. Due to decades of friction between
Cuba and the US, Americans have not had the opportunity to experience this first-hand and the film takes you into the midst of the music and
revelry. The directors will be on hand for a Q & A after the screening.
For the full schedule, see cstpdx.com.



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Neighborhood Notes

HAND

By Jill Riebesehl

At our well-attended annual meeting in May, Hosford-Abernethy neighborhood association heard from two major property owners that lie within our borders: St. Philip Neri and OMSI.

Philip Neri along with Catholic Charities is at the beginning of making plans for changes at its campus. Affordable housing is at the top of the list, as is retaining parking for parishioners and keeping the neighbors apprised and included in the plans.

Not on the list is a shelter, a fact that was emphasized. Further ideas included but were not limited to restoring older dwellings for residential use and partnering with Providence in transitional housing or a drop-in clinic. In response to some concerns expressed at the meeting by parents, efforts quickly have moved ahead to create an open dialogue.

OMSI representatives described the finishing touches on the master plan to develop its eleven acres adjacent to the river. Their guidelines include STEM education, a center for sustainability and revenue-generation projects. Envisioned are a greenway, several buildings, improved bicycle route and connection with the Green Loop, a hotel, space for makers, possibly a James Beard public market and more.

At our June meeting, we heard from Emily Platt, with the Center for Sustainable Economy on Zenith Energy's diesel storage and shipping activities, and Greg Bourget of Portland Clean Air on diesel pollution. Greg brought us up to date on efforts to clean up Portland's air, which has improved some from five years ago but is third worse in the nation in diesel particulates.

He said the three largest sources of diesel pollution are trucking companies that still have large numbers of unfiltered trucks in their fleets. He pointed out two large industrial polluters in SE Portland, which, even after installing scrubbers, emit large amounts of toxic material. Portland Clean Air is setting up connections with neighborhood associations to keep us apprised of next actions and strategies. We selected a board member liaison.

Emily gave us the history of Zenith Energy in Northwest Portland where the company is storing asphalt, tar sands oil and some diesel along the river. It is expanding its capacity from twelve to forty-four rail cars a day for storage and transfer, creating an enormous fossil fuel export hub - in the face of Portland's 2016 resolution to move to 100% renewable energy no later than 2050.

The HAND board voted unanimously to sign on to letters to the City Council and Multnomah County Commission demanding that they pass a moratorium on fossil fuels and deny all future permits for new or expanded fossil fuel facilities.

Other activities: On June 1, we joined other SE neighborhoods in a litter and graffiti cleanup. We will be participating in what looks to be a fun and lively Division Clinton Street Fair and Parade on July 27 and we are looking forward to passing out ice cream cones at our National Night Out observance in early August at Piccolo Park.

We are keeping up to date on the TriMet, PDOT bridge across the MAX and Union Pacific tracks from SE 14th Ave. to 13th Place. Work, which has begun, involves PGE and the Water Bureau. Our rep on a committee of Portland's Office of Community and Civic Life is keeping us apprised of code revisions and the office's reorganization efforts to respond to and support civic groups of all kinds and constituencies.

We are keeping our eyes on the Avalon Park usage and we postponed our executive committee meeting a week so we could attend a Creston-Kenilworth Neighborhood Association meeting to hear Home Forward and the Portland Housing Bureau talk about a large low-cost housing project at SE 30th Ave. and Powell Blvd.

At the last two meetings, elections brought no changes to the board and its officers. We meet at 7 pm the third Tuesday of each month, except August and December, at Carvlin Hall on the St. Philip Neri campus. Our executive committee usually meets a week later, at Palio. All are welcome.

To see meeting agendas and notices, subscribe to the HAND Announcement List at handannounce+subscribe@googlegroups.com.

South Tabor

By Tina Kimmey

Welcome to Portland Summer! Lots of free activities around the city including movies and music in the park. For details go to portlandoregon.gov/parks/61921. With the warmer weather more folks are out walking and biking so keep an eye out on the roads so everyone arrives home safe.

We're seeing a lot of construction going on in the neighborhood right now. Construction on the new Kellogg Middle School is underway and there is information regarding impacts on the neighborhood. Construction typically runs from 7 am-5 pm Monday-Friday. There may be exceptions, but only when necessary. The Kellogg site will be fenced off and closed for safety reasons. To report vandalism, use the Police non-emergency line 503.823.3333, but if you witness an act of vandalism call 911. The former main entrance to the school off 69th Ave will serve as the construction entrance, and currently there are no street closures anticipated. For the latest updates visit pps.net/Kellogg Bond.

The Neighborhood Association board is growing and is enthusiastic to see more community involvement. This month we created a committee to update our Bylaws and another to support Community events such as the Harvest Fest in September and Pancake Breakfasts throughout the year. If you'd like to join a committee or any other activities email us at info@southtabor.org.

As always we invite our neighbors and interested parties to our monthly meetings; Land Use next meets July 16, 7-8:30 pm, and the next General meeting will be July 18, 7-8:30 pm. All meetings are held at Trinity Fellowship, 2700 SE 67th Ave. Enter on the east from the rear parking lot. For more information go to southtabor.org or send questions to info@southtabor.org. Have a fun and safe summer!

Richmond

By Kamal Belkhayat and Allen Field

Richmond Neighborhood Association held its monthly meeting on June 10. The meeting started with an orientation for new board members. Board member's fiduciary obligations to the Membership, were discussed and going over the ONI Standards (Office of Neighborhood Involvement, now called Office of Community and Civic Life). Open Meetings rules, RNA Bylaws and Code of Ethics, Donations and Letters of Support Guidelines, were covered to discuss the best practices for board member communications and the need for transparency and providing notice to the community. The Board's Mission as stated in the Bylaws is: "to provide a forum to develop neighborhood cohesiveness and improve livability by coordinating neighborhood projects, disseminating information and promoting active involvement in neighborhood activities."

The Board also elected officers. Debbie Hochhalter was elected Chair, Allen Field was voted in as Secretary, and Jonathan King was elected Treasurer. Committee chair/liaison vacancies were voted in and sitting committee chairs/liaison confirmed continuing in their role.

New Committee Chairs/Liaisons: Heather Flint-Chatto and Karen Peinl will co-Chair Land Use and Transportation; Heather will be the representative to the PDX Mainstreet Design Initiative (formerly Division Design Committee); Kamal Belkhayat will be the Sustainability Chair. Allen Field will share the seat with Brian Hochhalter as RNA representatives to the SE Uplift Board, and Joanne Knowles will help with the Richmond Newsletter.

The Newsletter Editor position, , is still open and is open to non-board members and even high school students. Non-board members can serve on and even Chair any RNA committee. All Richmond residents, property owners or business owners/representatives are welcome to attend meetings and to participate in any committee of interest.

The Board discussed the dilemma of not having passwords for the Chair gmail account or to its website account that have not yet been passed on by the previous Chair. Without the password, RNA has not been able to update or revise its website or receive agenda requests via it. The new Chair is hopeful this problem will be resolved by the July meeting. Send agenda requests to richmondnasecretary@gmail.com.

The Good Neighbor Agreement the RNA has with Salt and Straw and the neighboring apartment buildings will be revisited since the three neighboring apartment buildings were sold by UD+P to Sentre.

The next RNA meeting will be Monday, July 8, at Waverly Heights Congregational Church (basement), 3300 SE Woodward St., at 7 pm. RNA meetings are held in the basement, Enter from the east-side door.

Buckman

By Susan Lindsay

Welcome to: "Buckman in July", featuring two all inclusive, free events, produced by volunteers of the Buckman Community Association.

The first event: Portland Parks Movie Night, Friday, July 12, "Black Panther" PG-13, at Colonel Summers Park. Live music to precede the film,

The second event is the 10th Annual Buckman Picnic in the Park, Sunday, July 28, 4-8 pm. Volunteers are needed for set up, food serving and clean up in short shifts. No experience necessary. Contact Rie Nakata, Volunteer Coordinator, rie@kanemasu.us. General Picnic Info contact: buckmanpicnicteam@googlegroups.com

All donations to the picnic are completely Tax Deductible. Checks can be sent to SE Uplift, 3534 SE Main, 97214. Make out to "SEUL for Buckman Picnic 2019". buckmanpdx.org.

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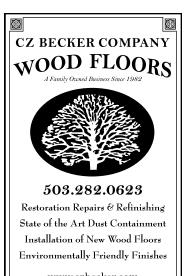
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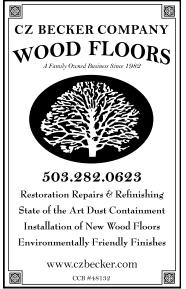
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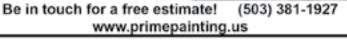
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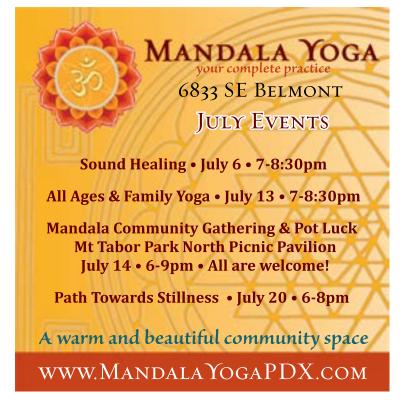


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Wellness Word

Editor's note: Wellness Word is an informational column which is not meant to replace a healthcare professional's diagnosis, treatment or medication.

A Balancing Act: Type 1 Diabetes Awareness - Part 2

One challenge for people with Type 1 Diabetes (T1D) is keeping their blood sugar within a target range, usually 70-150 mg/ dl, all of the time. This requires diligent monitoring, analyzing and adjusting various factors which affect blood sugar all day and night, every day of the year for one's entire life. It's a lot of work and it's nearly constant.

When a T1D pricks their finger to test their glucose level, they must consider the following factors when deciding if they need to take any action: Is the reading high or low? Are they planning to eat? How long has it been since insulin was last injected and how much is still "on board"?

Have they been or will they be exercising soon? Are they stressed, nervous, or excited? Where are they in their menstrual cycle? Are they getting sick? Have they been vomiting or had a decrease in food intake? Is it excessively hot or cold outside? Did their last meal contain lots of fat that would cause the food to be absorbed much more slowly? Did they remember to wash their hands before poking their finger? Is their glucometer, pump, or continuous glucose monitor functioning properly and accurately? Did they figure the carb count of their food correctly?

All of these scenarios will either increase or decrease blood sugar and adjustments must be made, not just once or twice a day, but sometimes on an hourly basis throughout the day and night. Blood sugar management is always in the back of a T1D's

Understandably, life with diabetes can become tedious, overwhelming, or frustrating. One's emotional response to daily diabetes management can go up and down and burnout is common. As a person with T1D, it is important to realize when you're heading for burnout and to exercise self-compassion, get support, and consider a brief break from the routine.

Diabetes is hard, it doesn't always make sense, and you really are doing the best you can. Maybe you're NOT doing the best you can and you feel guilty or like a failure. That also needs to be approached with tender curiosity and self-compassion. What could be blocking you from taking the best care of yourself? Speaking with your healthcare provider, diabetes educator, coach, or counselor about this can help you gain perspective, create an interim plan, and even start to uncover what is getting in the way of your self-care and willingness to act.

Parents who take care of children with T1D need to recognize that they themselves may become burned out at times. Added to all the usual parenting responsibilities is unrelenting diabetes care. The whole family is at risk for stress, sleep loss, moodiness, not feeling well, extra work with every outing and meal, financial strain, anxiety about highs and lows, fear of severe complications and even death, feeling alone, and being misunderstood.

The reality is that diabetes is 24/7. There are few, if any breaks,

and it's lifelong. Even the most committed parents experience periods of burnout.

As a family member, friend, or healthcare provider of a T1D who's in a slump about their diabetes care, it is especially important to be supportive without being judgmental; compassionate without being preachy. As much as you might think you know about what a diabetic "should" be doing, keep in mind that unless you have experienced it yourself, you likely don't have full appreciation for what it's like.

Do you know how a low blood sugar episode feels? What having high blood sugar does to your energy, brain power, or mood? Can you imagine how tedious it is to have to pull out your glucometer in public to "figure it out" before you can eat, drive, exercise, or do almost anything? Do you take for granted the fact that you can just pop food into your mouth at any time without measuring it, calculating the carbs, and injecting insulin? What about the fear of going to sleep and not waking up if your blood sugar should plummet during the night? That's downright scary.

On a positive note, it is quite possible to live a full, healthy, satisfying life with T1D and to be able to integrate the management of it into a normal routine. When more non-diabetics have awareness of what living with diabetes is like, it creates a culture of understanding, compassion, and support - all of which make it easier for a type 1 diabetic to

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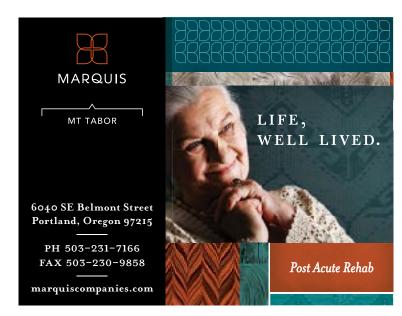
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What Densification Means to Portland

By Midge Pierce

The June walkout of state Senators gave critics of pending legislation like statewide upzoning in HB 2001 time to amp up objections before a final vote was taken.

At this writing, the Bill was still stalled and might need to be reintroduced at a special session.

Opponents said that public sentiment in the House, heavily influenced by paid lobbyists and deep pockets declaring the bill's elimination of single family neighborhoods a cure for affordability, fairness, inclusivity and choice), gave short shrift to objections that it could actually push up housing costs.

A sampling of what they say passage could mean follows:

Portland could close the debate on its Residential Infill Project (RIP) by adopting HB 2001-allowed quadplexes everywhere, or it could opt to fight for even greater density.

While the City would likely retain the right to regulate size, height, setbacks and design, dismantling existing zoning at the state level sets powerful precedent for eradicating local zoning controls, according to United Neighborhoods for Reform's Janet Baker.

She adds it will increase landgrabs and bidding wars, overburden infrastructure, push out vulnerable populations and reduce affordable housing.

Passage would harm the environment because "an existing house is the greenest house", says Baker, and new construction takes its own toxic toll.

It sets the stage for expen-

sive legal challenges. Concerns that HB 2001 may violate, rather than support, the Fair Housing Act have been expressed by Portland Planning Commissioner Andre Baugh, who dissented from PPC approval of RIP.

If real estate becomes "commodified" in the search for affordability, urbanist Michael Mehaffy warns of gentrification, displacement and increasing homelessness.

Follow the money he urges. "Advocates of progressive planning should take a hard look at interests behind current progrowth movements, their mixed motives and doubtful outcomes."

With no guarantees of affordability or regulatory countermeasures, HB 2001 (and its RIP mirror image) would aid, not remedy, "oppressive and discriminatory" interests, adds M. K. Hanson.

She claims billion-dollar private equity corporations have purchased \$6.1 billion in Portland area multifamily units in roughly four years. "The impact on the local housing market is disastrous."

alignments Progressive with conservative Wall Street investors like the Holland Partners (and its investment partner Blackstone, according to Hanson), would signal that powerful financial and international interests control market rate projects that profit from the affordability crisis.

The League of Oregon Cities does not support this bill because it undermines the values and process of Oregon's land use laws, according to architect Rod Merrick.

He adds it would hurt the economy by giving businesses another reason not to locate here.

Significant questions remain unanswered. RIP advisory committee member and critic Michael Molinaro wonders what density would be allowed.

"Is it like Sunnyside, with existing density of 19.2 people per acre, or Irvington with 15.4? King at 15.1? Northwest at 14.3? Or as little as Cully (when industrial land is removed) at 10.0? Or Lents at 8.7?

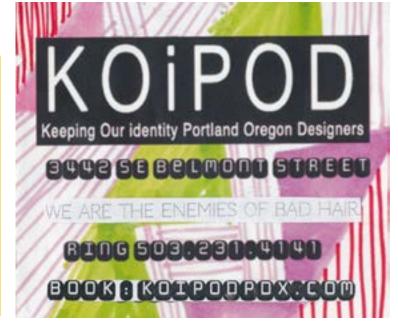




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PBOT performance under scrutiny

from cover

the year. PBOT has just approved two companies (Razor out of California and Shared out of Tacoma) to provide 725 seated scooters for rent.

PBOT has indicated a hope that having a variety of scooter types available will encourage a wider variety of people to ride a scooter instead of a car as a means to alleviate traffic congestion.

City Audit Slams PBOT: Portland voters authorized a tencent per gallon gas tax in 2016 intended to provide for street repairs and safety oriented projects.

PBOT was to provide annual updates, but instead, provided incomplete and inconsistent information to those tasked with monitoring the projects.

A new study from the City Auditor's Office reports unrealistic schedules are causing projects

to be behind, and, significant cost overruns for those projects completed or close to completion.

Portland approved the gas tax after years of street maintenance funding problems largely caused by the City Council rerouting money intended for street maintenance to other funds such as arts projects and public school budget support.

Debates on street funding reached a head when then-Mayor Charlie Hales and Commissioner Steve Novick attempted to create a street maintenance fee (tax) to recoup the transferred moneys. That proposal did not work and subsequently led to the gas tax.

Chris Warner blames PBOT's delays on implementing the tax-related funding system.

"PBOT had to quickly ramp up its project planning and delivery practices to meet the demands of managing the new funding stream," he wrote in response to the Auditor's report, mentioning too that launching the new Fixing Our Streets program to implement the projects has added to the delays.

Per Commissioner Chloe Eudaly's office, twenty projects have been completed thus far and another twenty-one are earmarked for next year.

The tax measure authorized a collection of \$64 million for street projects and \$39 million has so far been received. Eudaly has indicated she intends to send another gas tax proposal to voters in 2020.

Warner has indicated PBOT will hire an outside auditor to monitor the projects' funding progress and to provide reports which PBOT has been remiss in preparing thus far. This, he says, is his pledge to increase transpar-

The City Auditor's Office wrote a scathing report on PBOT's street maintenance in 2013, during a time when maintenance projects were primarily restricted to arterial streets.

The report stated the City Council lacked a realistic strategy in dealing with street maintenance and that as much as a third of the City's streets were already in a "poor or worse" condition.

The audit suggested it would take ten years and \$750 million to meet street maintenance targets. The audit found PBOT has "too many goals and no coherent priorities," and recommended the City Council develop a transportation strategy to better guide bureau street project spending.

If oversight is not improved, Portland's roads will continue to fall short of goals for years to come, the audit stated.

Vision Zero Two Year Report: Vision Zero was created with the primary intent of reducing vehicle to pedestrian accidents in several high accident areas. As first reported by KOIN, the study shows most high accident locations are on the eastside, where many streets still lack adequate pedestrian improvements.

Vision Zero improvements used to promote pedestrian safety include reducing traffic lanes (such as on SE Foster where four lanes of travel have been reduced to two); addition of bike lanes; improved crosswalks and barriers to protect pedestrians and bicycles; extended curbs; speed limit reductions; and other measures.

An ODOT grant of \$7 million will be used by the City to continue the program. What the program does not do, is provide street upgrades to reduce traffic congestion.

Portland has long been in the top twenty cities nationwide for excessive traffic congestion and long commute times, yet the City's focus historically has been more oriented towards promotion of mass transit and bike lanes as opposed to street upgrades or traffic management measures.

PBOT staff have indicated to The Southeast Examiner that Vision Zero does not reduce congestion and may actually increase it on those arterial streets where the program is reducing street capacity (termed "road diets").

Critics warn that City leaders cannot continue to ignore traffic congestion if they expect continued growth to occur and be reasonably accommodated.

To see the report, see bit. ly/2Y5mv9x.

Bus Only Lanes: Jamey Duhamel, policy director for Chloe Eudaly, has announced a proposal by Eudaly to create miles of bus only lanes within the city.

As first reported by Willamette Week, the proposal is intended to improve bus commute times while encouraging drivers to take the bus and avoid substantial increases in traffic conges-

"To cut lanes down when you have more cars is not common sense," says Jan Shleifer, business owner on SE Foster where Vision Zero is cutting travel lanes by half.

However, Eudaly and her advisors are looking at ways to urge drivers to ride the bus as a means to reduce traffic congestion rather than to provide street upgrades to improve traffic flows.

TriMet spokesperson Tia York has indicated that buses stuck in traffic congestion cost TriMet and the public both time and money. Dedicated bus lanes should improve service times.

PBOT has yet to identify bus lane locations, however, the downtown area is likely to see the first large-scale use of such lanes. Right now about thirteen percent of commuters use transit and Eudaly hopes this amount will be greatly increased with bus lanes.

The downside of this is that it will likely increase traffic congestion and commute times for

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Looking to River Taxis to Alleviate Traffic Congestion

from cover

that would accommodate pedestrians and bicycles. After it gets going, the service could be expanded along the Columbia River in both directions.

It is estimated a round trip ticket would be thirty dollars plus, per person. With future efficiencies, fares may be reduced, making the water taxi more affordable.

The costs of infrastructure such as docks, terminals, and the taxi boats will all be significant investments. Metropolitan water taxi services worldwide receive public assistance and grants and public subsidies will be required to begin operation in Portland. Local political support is likely from both the City of Portland and the State of Oregon.

The Frog Ferry organization has developed a feasibility study and a financial plan. The ferry is estimated to initially cost \$1.3 million and Mayor Ted Wheeler included \$200,000 in his proposed 2019/20 city budget.

It would help pay for studconcerning environmental, social and economic impacts, as well as the development of the financial and operational plans. Frog Ferry then hopes to receive funding from the legislature. With finished plans, federal funding would likely be forthcoming and ferry service could be operating soon after 2022.

Frog Ferry has a coalition of nearly five hundred supporters which includes key business

owners like the Zidell family in SW Portland. Several significant commissioners transportation support in the project. The owner of the Portland Spirit has offered to buy the first boat that could cost several millions of dollars.

Native Americans have always used the Willamette and Columbia Rivers as a primary transportation network for commerce in the region. When pioneers arrived, the vehicles for transportation changed from canoes to steamboats and wagons. It wasn't until the railroads arrived that river traffic eventually died out in the early years of the 20th century.

River ferries were important to the early transportation network for fifty years and a few still operate in Oregon today. Bridges across the Willamette River were not completed until the late 19th century and the first Portland bridge across the Columbia River was opened twenty-five years later. Then the automobile replaced the early ferry service and much of the early river traffic.

After World War II, a few river boats were used for work on the river and for occasional passenger trips, but none of these were regularly accessible to the public. Then, in the early 1980s, a tourist river experience started, but it wasn't until the year 2000 that several riverboats were regularly available for sightseeing trips and private cruises.

A water taxi has the possibility to have a major impact on the development of the Willamette River shoreline and could turn interests toward river-oriented recreational and commercial activities involving people using the river.

Southwest riverfront properties will have a great more development of housing, hotels, shops, restaurants, and development with river access. The Pearl District could benefit from similar developments around the Fremont Bridge, Terminal 2, and the Olympic Mills.

There is a large effort to acquire the Terminal 2 site for a new major league baseball stadium that would benefit from river access. The Con-Way property and the Post Office area are expected to be developed in the near future.

On the other side of the river, the Convention Center now has a new six hundred room Hyatt Regency hotel, which makes river access desirable.

The Vancouver Waterfront is undergoing a major \$1.5 billion mixed use development that will transform the area.

The master plan proposes 3,300 new residential units, over a million square feet of class-A office space, and an appropriate amount of hotel, restaurants, and retail space.

A water taxi may have little effect on the commuter traffic situation, but it will relieve a few lucky drivers of an increasingly difficult drive. This alternative is long overdue and if it is successful, would be a major Portland attraction.



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Big Float and more...

from cover

music headliners are Blitzen Trapper and Redray Frazier on the Main Barge Stage and other bands.

Sign up before July 7 and the cost it's \$5, compared to \$15 the day of the event. Register at the-bigfloat.com

Thanks to HAP's advocacy, there are now two beach accesses close to downtown where you can get in the river to swim, sun bathe and hang out.

Poet's Beach on the west side, opened to the public on July 13, 2017 and Audrey McCall Beach here on the eastside will officially open July 5. Central Eastside Industrial Council will welcome the new beach with a party July 20 from 2-6 pm.

Audrey McCall Beach has been in Levenson's vision since 2012 when he began to petition eight separate agencies to receive permission to remove concrete chunks.

In the end, permission was given with the stipulation that no heavy mechanized equipment be used.

Over the next four years HAP removed 19 tons of concrete at Audrey McCall Beach to slowly unearth a beach. HAP advocated for \$300,000 of funding for the planning of this beach site.

Hope is something Levenson keeps buoyed up in himself. His sustained energy to transform the people of Portland's relationship with their river is going on a decade now. "Everyone loves the river but it doesn't mean anything unless you back it up with action," he said.

A person of action he is too. Five days a week, you can find Levenson with the River Hugger Swim Team swimming back and forth across the Willamette. On the day of this interview, Levenson had just returned from his morning Hugger swim.

If his vibrant energy and healthy good looks are a testimony to being in the waters, Portland might have the next Lourdes. To join the River Huggers, you need to be an intermediate level swimmer.

With all the causes for concern in the world today, an individual can feel powerless to change anything. That's why Levenson continues to remind people of a low-barrier way to make yourself heard or seen: get into the water.

"It forces people to look at the river. We say we want to live in a green city. To me, a green city is one that takes pride in its river and fights for its health."

Levenson believes in the power of collectivism – a noun that means cohesiveness among individuals and prioritization of the group over self; the theory and practice of ownership of land by people or the state.

For those who look at the big picture, you understand why this type of thinking and action are so important to making cultural change.

By sponsoring events like The Big Float and River Hugger Swim Team and creating swimming beaches, Levenson hopes to encourage activism, community and recreation.

Audrey McCall Beach is located off Madison St. off the Eastbank Esplanade at Station 21. They are scheduled to have lifeguards Friday-Sunday 2-6 pm, plus a roped off swimming area and life jacket loaner station during lifeguarded hours.

To find out more see: humanaccessproject.com. The Human Access Project (HAP) is part of the movement to reclaim the Willamette River — to improve access, restore its health, and to preserve it as a natural resource for generations to come.







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Community Events Bulletin

Free Portland Concerts Every Tuesday from July 9 to August 27, noon to 1:00 pm thesquarepdx.org

Enjoy music from some of Portland's best regional and local musical talent. With eight FREE concerts, dancing, some of Portland's favorite food vendors at Carts on the Square and interactive activities for all ages.

Portland Picnic Wine Tasting Festival July 13, 11am -9pm portland-picnic.com

Held at Westmoreland Park, the Portland Picnic is a one-day family friendly wine tasting event with live music, local beer & great food. Entry into the event is free and tasting packages can be purchased at the event or online.

Mississippi Street Fair July 13, 10 am - 9 pm mississippiave.com

Here you'll find the eclectic Mississippi Street lined booth to booth with wares of local products, artists, crafts and foods. The street fair is a celebration of the diverse neighborhoods, neighbors and businesses surrounding Mississippi Avenue.

Division/Clinton Street Fair & Parade Saturday July 27 Parade Starts at 10:45 at SE 42nd & Division

Street Fair at SE 26th and Clinton - Business events along SE Division St. This year will bring another wonderful lineup of parade performers, street vendors, live music, food and family-friendly fun.



LEFT TO RIGHT: Chelsie Coon, Kevin Caplener, Caroline Easton, and Jan Caplener



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