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Historic PDX Paintings

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ESOUTHEAST EXAMINER

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"Your Neighborhood News Source"

Vol 29 No 11 Portland, OR

What's in the Exhaust of 60,000 Trucks?

By Midge Pierce

Portland is awash in a toxic stew that is impacting the elderly, vulnerable and particularly children with particulate exposure that causes everything from dementia to lower IQ and attention deficits.

A major cause is diesel fuel, found in heavy concentrations in SE Portland's Brooklyn Railyards, along highways and within local streets.

At a packed forum near the Railyards last month, the newly-formed Portland Neighbors Addressing Diesel Pollution addressed what makes diesel 100 times more toxic than gas engine exhaust. Speakers drew from medical journals and their own experiences to explain how adept diesel's ultra-fine exhaust particulates are at invading our bloodstream and clinging to our lungs, heart and brain causing asthma, liver disease and cancers.

Calling Portlanders part of a "huge experiment" of pollution exposure, Patrick O'Hearan, Board President of the Oregon Physicians for Social Responsibility, cited challenges of deregulation, monitoring, underfunding and the "war on science" as contributors to the issue. "We have the technology; we have the resources" to fix this, he concluded.

A whopping 40-60,000 heavy-duty

diesel vehicles move through Portland daily, some 14-16,000 on I-5 alone, according to Mark Riskedahl, NW Environmental Defense Director. "That's a lot of diesel."

Lung and ICU doctor Erica Moseson spoke of how particulates can go directly to the bloodstream and stay there. She explained the correlation between clean air, education and economics by citing the clean-up of Washington state's diesel school buses. Kids missed fewer school days, parents missed less work and employers didn't have to pay for those sick days. With fixes like these, economies can grow stronger, she said.

What makes Oregon particularly susceptible to pollution is the state's lack of controls on diesel-fueled trucks. Many are more than 30 years old and the result is pollution worse than other West Coast cities.

Many aging vehicles have migrated from California, which has stricter diesel regulations. Despite refrains like *Oregon* is where old engines come to die, engines don't always die. "Old trucks last forever," warned an expert.

Yes, older engines can be retrofitted, but for mom and pop operators, the cost of new engines can be prohibitive. Moreover,

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Centennial of the Armistice that Ended The Great War

By RIGHT REV. ROLAND LAKEY

November 11 of this year marks the 100th anniversary of the end of the Great War.

At five am on that damp Monday morning, after four years, three months and two weeks of seemingly endless bloodshed, an armistice was signed with Germany in a railway carriage at Compiègne.

On "the eleventh hour of the eleventh day of the eleventh month" that ceasefire came into effect and the guns would fall silent. It meant that for six hours after the signing, longer for some, men continued to lay down their lives uselessly.

It was called The Great War by those who lived through it because, at that time, no one could conceive of anything more terrible. The bloodshed, slaughter and terror seemed unsurpassable and its repetition unimaginable to any 'civilized' mind.

Only twenty-one years later would they find how wrong they were. Indeed,

there are a growing number of historians who now have come to an agreement that there was no WW1 and WW2; only "chapter one and chapter two."

Both of this writer's grandfathers fought and were wounded at the first Battle of the Somme, July 1 through November, 18, 1916.

Both were temporarily blinded by gas and more than three million men fought in this battle with one million men wounded or killed, making it one of the bloodiest conflicts in human history.

The first day on the Somme was, in terms of casualties, the worst day in the history of the British Army, which suffered 57,470 casualties, more than 20,000 in the first hour.

Although fighting had ceased, a formal state of war between the Allies and Germany persisted for another seven months, until the signing of the Treaty of Versailles on June 28, 1919.

The United States Senate did not turn to page 23

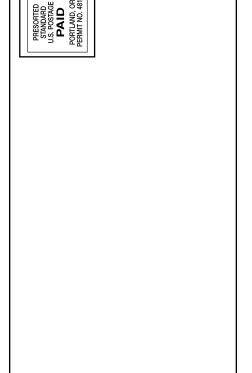
Phantom Laundromat on Belmont

By Gabriel Frayne Jr.

It's not often in our fair city that one finds a long-abandoned building that has been tagged over by graffiti artists hired by the owner with the aim of improving the building's visual appeal.

That, however, is what recently happened to the derelict laundromat at 2755 SE Belmont, according to several neighbors.

The laundromat has long been an



irritant to residents of the Buckman and Sunnyside neighborhoods, though it is not clear whether this is because it is simply a festering eyesore or if there are other safety and code-violation issues involved.

The lot is now enclosed by cyclone fencing and there appears to be a small homeless encampment on the 28th St. side of the lot.

Just over a year ago, the city carried out a nuisance complaint against the lot's owner, KP Belmont 28 Real Estate of Vancouver, WA., for trash and debris on the premises. The owner was found to be in compliance as of March of this year.

Nonetheless, one could argue that the parcel's continuing limbo puts the owner in a legal gray area. Chapter 29.40 of the Portland City Code states that "A derelict building shall be considered to exist whenever any [unoccupied] building... is boarded," and if such designation is made, the building must be occupied or demolished.

As reported by *The Southeast Examiner* in September, KP Belmont purchased the property in May of 2016 and promptly took out permits for demolition of the laundromat and construction of a five-story, 46-unit residential building. Those permits expired at the end of this past summer, however.

A spokesperson for the Bureau of Development Services says the building permit application has been extended until February of 2019, though there has been no

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SE Updates

Historic preservation

Historic preservation is an uphill battle in Portland. Opponents claim preservation obstructs growth. Proponents claim it can be compatible with growth through adaptive re-use and that it honors Portland's unique architecture, culture and sense of place, providing jobs, tourist dollars and guidance that averts the past mistakes of gentrification.

In a 2018 State of Preservation report, outgoing Historic Landmarks Commission Chair Kirk Ranzetta indicates that historic preservation is an untapped asset for businesses, contractors, and those needing affordable housing.

Ranzetta writes that more than 36

jobs are created by every \$1 million invested in residential historic rehabilitation. By contrast, he claims only 24.5 jobs are generated by \$1 million in non-preservation residential construction. Moreover, visitors stay longer and spend more when cities preserve legacies.

While the report was generally well-received by City Council last month, the elephant in the room was last year's Council denial of even modest funding to update its outdated, thirty-five year old historic resources inventory.

Countering "tear down and replace" bias, the report calls preservation an essential part of lower-cost housing solutions by saving older, more affordable buildings

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Letters to the Editor

Editor's note: As a follow up to last month's letter about gas-powered leaf blowers, an important section on noise pollution was omitted. Here is the continu-

Thank you for publishing my letter concerning the terrible environmental impact of gaspowered leaf blowers in your October issue. This letter addresses their noise.

The number of professional ground maintenance workers has grown nationally to 1.6 million. As the number of blowers in operation has grown proportionately, noise worsens.

Leaf blowers are the most overly and inappropriately used landscaping tool, having become an unfortunate facet of "routine lawn care" and a favorite "cleanup tool" for construction workers.

The body reacts to obnoxious sound with increased adrenaline, changes in heart rate, and elevated blood pressure. This can in turn cause cardiovascular problems, depressed immunity, interrupted sleep, gastrointestinal distress and impairments to childrens' health, learning and emotional states.

In 2017, the CDC listed leaf blowers as a contributor to permanent hearing loss. According to the World Health Organization, there is increasing risk of hearing damage from noise above 75 decibels, and blowers can exceed 100 decibels for the operator and for those in proximity.

The decibel scale is logarithmic. Each increase of 10 decibels represents noise that is 10 times louder.

In 2001, Portland's City Council adopted code language to limit the use of gas-blower decibels to 65. This is 10 times louder than the World Health Organization's recommendation of outdoor noise levels of 55 decibels ("to prevent significant community annoyance").

It has been demonstrated that leaf blowers exceed their manufacturers' supplied decibel ratings.

Portland decibel restrictions have resulted in a failed attempt at compromise. Our Noise Bureau has 4 employees who lack resources to effectively enforce the current ordinance. Even if implemented, its restrictions far exceed safety recommendations, and we should not have to tolerate pointless, soul-crushing noise as our city navigates unprecedented growth.

Our ears cannot shut, nor like our eyes, turn away.

Jerry Deckelbaum

To the Editor:

In response to the September 2018 issue of The Southeast Examiner's article "ONI Changes Clarified." Suk Rhee's comments to me stated that she does not think Open Meetings rules should apply to neighborhood associations (NA). This was in reference to the Grievance I filed against the Richmond Neighborhood Association and Chair.

The discussion was about the Open Meeting rules the city enacted in 2005. The city adopted its own Open Meeting rules as part of ONI's standards (now the Office of Civic and Community Involvement) because the state's Open Meetings Law does not apply to NAs.

It's never been the city's job to "enforce" its Open Meetings rules at NAs, that is the purpose of the NA's grievance process. This process allows NA members to enforce compliance with NA's Bylaws or the original ONI Standards, particularly Open Meeting

The city becomes involved only if there is an appeal of the decision of a district coalition, itself an appeal of the findings and resolution by the NA of the grievance complaint.

The grievance process is to force the NA to review whether its Bylaws or the ONI Standards were violated and craft a resolution that enforces the violated rules.

If Civic Life eliminates its Open Meeting rules, it would allow NAs to become secretive interest groups that can propose land use and transportation changes under the façade of "representing" the neighborhood.

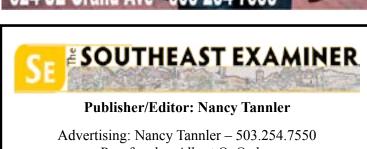
We need to keep Open Meeting rules that are applicable to NAs – that is the only way to ensure transparency and accountability by NAs.

Allen Field









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Progress On 82nd Ave. of Roses

By Don MacGillivray

82nd Avenue, the Avenue of Roses, has many changes ahead to realize the vision of local business people and neighbors.

Community advocates have worked diligently to improve this roadway, but the Oregon State Highway Division and the City of Portland Bureau of Transportation have jurisdictional issues that complicate any future vision.

A meeting was held in October to bring interested parties together to update the community about plans for improving 82nd

Representative Alissa Keny-Guyer, staff person from Senator Michael Dembrow's office, and representatives of the Oregon Department of Transportation (ODOT) as well as the Portland Department of Transportation (PDOT) were on hand to discuss issues and answer questions from the audience.

The meeting was sponsored by SE Uplift Neighborhood Coalition and chaired by the 82nd Avenue Improvement Coalition. Work to improve the livability and functionality of 82nd Ave. has been underway for eight years and while much work has been completed, there is still a long way to go.

The two big questions are who can do the job and who will pay the bill.

Until 1900, 82nd Ave. was a dirt road. It became a four lane state highway in the 1930s after much city growth as the automobile became the dominant form of transportation. At that time, it was the eastern edge of the city and much of the surrounding area was undeveloped.

Its heyday occurred in the 1950s and '60s when automobile was king. Businesses spread out in a long ribbon of commercial activity with many car lots and light industrial sites.

The city's further growth and expansion over the last 30 years has changed everything. 82nd Ave. retains much of its historic strip commercial character, but it is now a central corridor within the city. Much of the north-south traffic now uses Interstate 205 and 122nd Ave.

There is a great desire to develop housing and pedestrian friendly businesses along many parts of 82nd Ave., but there's too many driveways and cross streets;

it is no longer used as a boundary highway, and progressive changes in land use require a state of the art transportation corridor.

The roadway is in need of traffic calming, safety improvements for both cars and pedestrians, sidewalks, bikelanes, islands, landscaping, and appropriate curb cuts for easy access to businesses.

Current plans for 82nd Ave. include repairing seven miles of roadway from NE Killingsworth to the Multnomah County line. SE 82nd Ave. has been a "hot potato" for years. Not everyone likes its appearance and it is a dangerous roadway.

It has been designated as a high crash corridor, so improving the safety of the roadway is the greatest concern.

From 1995 to 2004, 82nd Ave. had the highest number of traffic accidents with both fatalities and injures in Portland. This section has a large pedestrian population, the busiest bus line in the City of Portland, and many businesses and customers that speak English as a second language.

Additional transit is important for the future as the current buses are overcrowded. Great new developments have taken place, but aging thoroughfares keep businesses from making private investments here because design is yet to be determined.

ODOT has been spent \$7.7 million on improvements in the last seven years. \$21.4 million in projects are under construction or planned over the next five years. Since ODOT owns the roadway, state and federal constraints limit the scope from what PDOT might do if the funding was available.

The community is concerned the work will not include improvements desired by highway users and surrounding businesses.

The City of Portland would like to do the work in a manner consistent with what they are doing all over the city, but the ownership of the road must change and the state should be responsible to improve it since it has deteriorated under their ownership.

The 82nd Avenue Improvement Coalition is committed to advocating for the transfer of ownership of 82nd Ave. to the City of Portland in order to transform the corridor into a more livable, functional and

prosperous area using "complete neighborhood concepts."

An orphan highway within the state system, the city does not want to accept a substandard roadway and they would like the state to provide the means to improve and upgrade it. The Oregon legislature must approve the transfer of the roadways to local jurisdictions and costs to bring the roadway up to a modern standards must be part of the transaction. Talk about an interjurisdictional transfer has gone on for the last five years. The new 2019 session of the Oregon legislature beginning in February is the next opportunity to address

Legislation to support a jurisdictional transfer of 82nd Ave. to Portland from the State of Oregon has been introduced by Representative Alissa Keny-Guyer and supported by Senator Michael Dembrow. These two legislators have been working on this issue for more than five years. The legislation would allow the street to be transferred as well as other similar streets in various Oregon communities.

A great concern of the existing businesses along 82nd is that changes will affect their viability and they may need to move elsewhere to stay in business.

There needs to be give and take on many issues before a satisfactory compromise is reached, but one person at the meeting suggested, "We are close to cracking this nut."

For more information see tinyurl.com/y9yhe89y.





Saturday, Nov. 23rd | Nov. 30th | Dec. 7th | Dec. 14th

Call: (503) 253-8070 Visit: PotteryFunPDX.com















The iconic Andy & Bax Outdoor Store has been in business since 1945 when two army buddies, Edgar Baxter and Andy Anderson started selling WWII army surplus gear out of the trunk of their car.

The partners first brick and mortar store was at 1234 SE Union Ave. (MLK Blvd.) and was originally called the Grand Hawthorne Surplus Store before becoming Andy & Bax Surplus Store. After the building burnt to the ground in 1962, the owners moved to its present location at 324 SE Grand Ave.

Baxter's son Daniel took over the business in 1981 and hired a young guy named Ted Schopf to work for them one summer. Ted went back to school and eventually returned in 1992 becoming the General Manager of Andy & Bax.

For years, the store's inventory was an eclectic mix of mostly military surplus merchandise and random overstock or closeout items including military lock

Andy & Bax - an original



Store manager Kathy Finn and owner Ted Schopf in the raft room.

boxes, GI clothing, boots and outerwear; weapons, gas masks, compasses, canteens and everything and anything pertaining to outdoor survival in the military.

Daniel was a white water enthusiast so he included the army/navy rafts to the inventory. His experience as a rafter inspired him to design a line of rafts especially for Andy & Bax.

The brand was Riken and was sold to another manufacturer and available only as a special order. To this day the store has one of the most extensive supplies of whitewater rafting equipment in the area.

Daniel's son Riley eventually took over the store operations making him a third generation owner. Riley saw his kids weren't going for four generations, so when he presented the idea of selling the store to Ted Schopf, Schopf was on board and capable of taking over.

That was two years ago and although the store had already begun the metamorphosis into Andy & Bax Outdoor Store, it is undergoing another makeover to meet the needs of today's shoppers.

"The people who are interested in war memorabilia are getting older and 911 put an end to surplus sales except for a few items," Schopf said. Today much of the leftover merchandise is destroyed rather than paying costs

to have it shipped back.

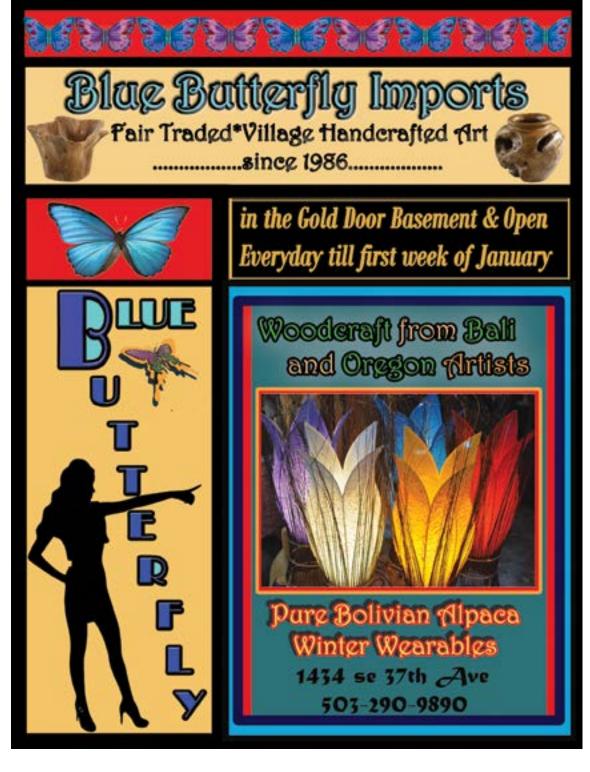
Schopf still gets as much military surplus gear as possible from dealers in antiquities, but he has also researched and found wholesalers who deal in the basic items the store has carried over the years.

These include utilitarian wool socks, hats, pants, gloves, blankets and long johns, camo gear for adults and children, rain gear and rubber boots.

An interesting category is the pack section that includes backpacking packs as well as military packs; duffels (round and square, top load or side load) and with wheels; packs that collapse into themselves for travel and some for use in offices. There is a large selection made from different materials too (canvas, cordura, nylon, leather) depending on your choice of use.

Andy & Bax' Emergency Preparedness section has been taken to a whole new level. "We carry water containers in multiple shapes and sizes, water purification and treatment, toilet systems, shelter (tents) sleeping bags, first aid kits, wind up radios, freeze dried food and Military MRE's (Meals Ready to Eat), whistles, light sticks, rainwear, axes, hatchets, knives, flashlights, etc.," he said.

The store stopped carrying turn to page 22





Neighborhood Notes

Richmond

By Matt Otis

Richmond Neighborhood Association held its monthly meeting Monday, October 8 at Waverly Heights Church at SE 33rd and SE Woodward St.

Susan Beal reported on the Diesel Town Hall event where a coalition of neighborhoods are uniting against diesel pollution in SE Portland.

To help with disaster preparedness, Richmond Ready is selling 55 gallon water barrels next Spring.

Bill Cunningham from the Bureau of Planning and Sustainability presented on the Better Housing by Design Project, a form-based approach to housing in our multi-family housing zones. Zoning code updates are one of the key tools used to create and shape the city.

From what the city looks like to who we embrace and who we push away, zoning code updates touch on many of the outcomes we care about most. We thank Bill for presenting the complex information in a straightforward manner.

Oregon State Senator Kathleen Taylor discussed key issues she's working on that affect our community. Topics included upping the minimum wage, increasing sick leave, creating equal pay laws, and figuring out how to change our revenue structure at the state level to better fund education. Senator Taylor guided us through the key issues and provided in depth responses to questions from our neighbors.

A key focus of the meeting was the Moving Forward Workshop, where neighbors worked together in small teams to discuss what they want their neighborhood association to focus on. There was a lot of positive energy, thoughtful discussion, and great new ideas, which the neighborhood association will use to focus our efforts in upcoming months.

Finally after ongoing issues of poor treatment and abrasive attitudes by some board members and neighbors, the Women of the RNA Board presented their 'Safe Space & Good Faith Agreement'. They requested that all board members agree to and follow these guidelines for all future events, as we look to create a more cooperative and inclusive organization.

The next RNA meeting will be Monday, November 12 at Waverly Heights Congregational Church in the church basement, 3300 SE Woodward St., from 7-9 pm, enter from the east-side door. The website is richmondpdx.org

HAND

By Jill Riebesehl

The Hosford-Abernethy Neighborhood District Association continues to grapple with several ongoing challenges, a couple of which may soon bear fruit.

Tri-Met and the Portland Department of Transportation are moving quickly to nail down the basics for building a replacement for a previous bike/pedestrian bridge. The Gideon Street bridge will enable pedestrians, bicyclists and scooter riders from SE neighborhoods to flow unimpeded by idling trains at SE 12th Ave., up and over the Union Pacific and MAX tracks and onto the bike lanes along the Springwater trail, the Esplanade and over the Tilikum Bridge. The bridge is expected to better connect the Brooklyn and Hosford-Abernethy neighborhoods. We have listened to the planners as well as affected businesses and if all goes as planned, it could be built by late next year.

Another stubborn, perhaps hidden project is the small piece of city land at SE 19th Ave. just off Division St. that our neighborhood long ago took under its wing. Efforts to establish it as a park have yielded to others' needs for shelter, and the lack of sanitation and supervision has made that usage untenable. HAND is moving ahead vigorously in efforts to remake property as a part of the city's popular community garden program.

Meanwhile, we continue to be concerned about diesel pollution, what with the nearby Tri-Met bus garage and its 600 buses starting up every morning and the constant stream of freight trains cutting through the neighborhood. HAND supported the well-attended September 26 Brooklyn Action Corps Town Hall and will be taking up a request to join ongoing, strenuous efforts to improve air quality.

Cellphone and enhanced communication showed up in two modes recently. One, when we were surprised to see a huge, ungainly cellphone tower spring up at the visually congested intersection at 25th and Division St. without any obvious notice given residents. The HAND board is investigating.

The other is when we learned a long-planned effort to make municipal broadband available and affordable is seeing daylight. It will be a publicly owned fiber-optic network, Municipal Broadband PDX, supported by Portland, Multnomah County and other cities. Claims are: fast, affordable, secure, accessible, net neutral.

Our neighborhood continues to keep an eye on activities that could affect residential livability: Central Eastside Industrial District's effort to set up an Enhanced Services District; Tri-Met's proposed bus rapid transit, BRT, for Division St. and the city's plan (Central City in Motion) to improve, or ease, transportation for all modes of use.

The HAND board meets monthly at 7 pm every third Tuesday, except August and December, in Carvlin Hall on the St. Philip Neri campus. All are welcome.

Montavilla

By Patricia Sanders

This fall has been a very exciting and busy time for the Montavilla Neighborhood Association – new board, new mural, new history project and two successful fundraisers.

MNA members gathered October 8 to elect Brad Donohue, Dylan Peerenboom, John Rotter and Patricia Sanders as the new MNA Board of Directors. Thanks to our members for participating and to our Election Committee for organizing this important event.

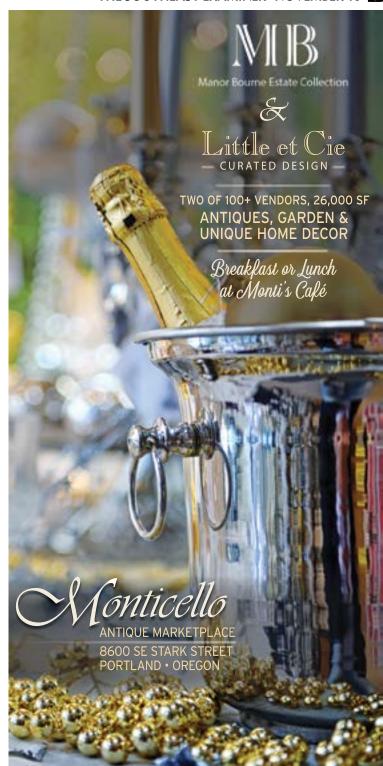
Here's the latest art news: there's a new mural at 7714 SE Stark St. on the west wall of the Montavilla Animal Clinic building next to the Farmers' Market. Sponsored by the MNA and the Portland Street Art Alliance, "Sow Radical Seeds" sends a hopeful message of beneficial change.

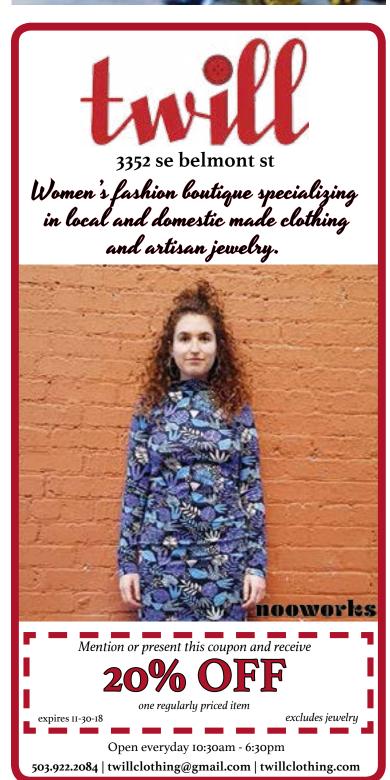
It was painted over three days by an all-female team consisting of N. O. Bonzo (Portland) as well as Oakland muralists Sara Corrigan Gibbs and Girl Mobb. Property owner the Susan J. Witt Trust contributed funds to purchase materials for the project and the MNA Land-Use and Transportation Committee has been raising funds to pay the artists. To donate go to gofundme.com/sow-radical-seeds-mural.

The Committee plans to facilitate more murals and possibly intersection paintings in the future. If you want to be part of this initiative or stay up-to-date about various neighborhood plans, attend the LUTC Committee meetings usually held on the fourth Wednesday of each month from 6:30 pm to 7:30 pm at Portland Metro Arts,9003 SE Stark St.

There's big news about Montavilla history. Based on our past support for historic resource programs, we've been chosen by Portland's Bureau of Planning and Sustainability for a pilot historical resources inventory. Brandon Spencer-Hartle, Historic Resources Program Manager at the Bureau of Planning and Sustainability, introduced the project at the MNA Land-Use meeting on October 24.

The goal is to create an inventory of historically significant buildings within a section of the







Community News

Recycling tips for November

By Bonita Davis, Master Recycler convenient center. It only takes a and Sunnyside Resident few minutes to open an account

We are now in Holiday Season, that stretch between Halloween and New Years and celebrations take many forms, from gathering, decorating costuming, feasting and giving gifts.

Just from Thanksgiving until the end of the year in the US, we can merry our way into 25% more waste! All of us, especially those with infrequent garbage pick-up or who live living in small or shared living situations, can find ways to bring waste way down during the holidays, while having a meaningful season.

Here are helpful tips.

Organize in advance. Pare down the card and gift list. Does everyone want to exchange this year? Ask friends and family what they want, and enjoy your shopping more. Maybe what they really want is time with you and not something from you.

Who wouldn't enjoy a future time out together at a movie, a painting session, spa splurge, dinner or bowling night out? How about a gift card? Friends living in tiny spaces confess that consumables work best for them. There's no room for anything else.

Inventory what you have. Maybe you already have enough tape, ribbon, packing supplies at home. If you know new clothes, bikes or electronics will be coming into your home, consider clearing out some of what you no longer need before the holidays.

The Find-a-Recycler Re-Use Tool at oregonmetro.gov or the Metro Recycling Hotline at 503.234.3000 can help locate places to donate usable toys, tools, housewares, clothing and furniture. Organizations assisting those in our community in need can be found at 211info.org.

Set up a BottleDrop account to make it easy to gather empties by the bag and drop them off at a

one will be turned away for lack of funds.

that defines the meaning and spirit of the Chorus.

written specifically for Satori.

convenient center. It only takes a few minutes to open an account at your local grocery kiosk. More info at bottledropcenters.com.

Practice ReUse. Make this a throwaway free holiday by stocking up on extra dinner plates, glasses, serviceware and cloth napkins for guests. Look for sales or pick up what you need from a local thrift. Durables can be used for years to come.

Borrowing and renting work too. Save up yogurt and cottage cheese containers or jars to store leftovers or to share with guests to take home.

Save energy by choosing LED lighting for any decorating purchases. That fun tinsel tree, or faux greenery tree can be reused as part of your traditions for years to come. Cut trees can be recycled curbside or at collection events (without tinsel, decorations, etc.) A potted tree, rented tree, or even a houseplant willing to take on decorations can be something new to try.

Set aside block packing Styrofoam to recycle after the holidays. Go in with your neighbors to make a trip to Tigard worthwhile. Details on the 24/7 public drop off at agilyx.com.

Reusable grocery bags can be used for holiday shopping, not just food shopping. Use for them again by gathering up your clear, clean, stretchy plastic film (drycleaning and produce bags, bubble wrap and air pillows) and return to the collection cans at your local Fred Meyer, Safeway, Winco and other participating stores. Details at plasticfilmrecycling.org.

Those grocery bags are great for saving instead of discarding wrapping paper, packing envelopes, bows and ribbons for next year. They don't have to be one-time-use.

Make a huge difference by making just a few simple changes in how we celebrate and it will be just as much fun.

Vote Naked

Bringing chuckles to a grim election season, Portlanders are baring it all for democracy and encouraging you to do so too.

Using quirky video reminders that clothing is optional for vote-by-mail Oregonians, the Vote Naked Campaign is serious business for those hoping to ride a blue wave in this month's midterms.

Since going viral in October, Portland's Vote Naked video pitches have garnered several hundred thousand online hits

With creative volunteers involved in the attention-getting campaign, it is the brainchild of Kimberly Parks and Tiana Wilkinson whose shared passion for democracy incited them to "amplify" the turnout of Oregon voters who need reminders that "clothing may be optional, but democracy is not."

Of particular concern is data that indicates only 35% of millennials are expected to cast ballots. The producers believe this group is receptive to the message that they need never leave the comfort of their couch to vote

The ten video participants in various stages of dress ranged from 18-65 years old. All are registered Oregon voters who volunteered because they believe this election is one of the most important of this lifetime.

Volunteers say the stakes have never been higher over issues such as the treatment of women and minorities, LGBTQ rights, immigration and the environment.

At a packed launch gathering of affiliated groups such as nwgsd.org/bluewave, the mostly-women attendees urged voters to canvass friends and neighbors, write postcards, volunteer, mobilize, throw parties (see ballotparties.com) and share the videos.

THE OREGON POTTERS

ASSOCIATION new Fall Festival is November 10 at the Eagle's Lodge, SE 50th and Hawthorne Blvd. Open hours are from from 10 am – 6 pm. There will be a cafe and cash bar, free door prizes every half hour, all ages are welcome and free parking is available. Over thirty local artists will be selling their wares and admission is free. For more information, see

oregonpotters.org.

Gardening workshops in SE

Attracting Pollinators to the Urban Garden

Learn about bees, flies, beetles, moths and butterflies that provide vital pollination services in urban gardens. Discover which plants can help attract and support them. Go beyond the bloom and find out how to provide water, shelter, nesting, and overwintering sites.

Sunday, November 18 (1-3:30 pm) at OMSI Parker Room, 1945 SE Water Ave.

Native Plants

Explore the benefits of gardening with Native plants. Discover Portland's most common native plant communities, learn which species do well in similar growing conditions, and get tips

to help them thrive.

Saturday, November 3, 9:30 am-12 pm at Trinity United Methodist Church, 3915 SE Steele St.

Beneficial Insects

Meet the beetles, bugs, flies, lacewings and other invertebrates who provide free pest control. Discover ways to attract and sustain these friendly beneficial insects that help your garden thrive.

Saturday, November 10, 9-11:30 am, at Quaker Meetinghouse Social Hall, 4312 SE Stark St

Register online at: emswcd.org/workshops-and-events/ upcoming-workshops or call 503.222.7645 for more information.

LWV Civic Education Program on Immigration

In the spirit of Thanksgiving, The League of Women Voters of Portland invites the public to their Civic Education programs, Tuesday, November 13, 7 pm in the Multnomah County Building Board Room, 501 SE Hawthorne Blvd. Reflect on what it means to be a nation of immigrants, and how we can welcome newcomers to our country.

Panelists include Polo Catalani, City of Portland's New Portlander Programs, Leland Baxter-Neal, ACLU of Oregon, and Chanpone Sinlapasai, Immigration attorney with Marandas & Sinlapasai Immigration Law Office.

The audience is invited to reflect upon their own immigrant roots and stories, and panelists will offer an overview of the challenges that today's immigrants face.

The discussion will include information about the scope and scale of immigration in Oregon, economic impacts of immigration, and stories of community members who have made the transition from new immigrant to citizen.

LWV of Portland Civic Education programs are free and open to the public. MetroEast Community Media records these programs for rebroadcast and online streaming from lwvpdx.org.

Multnomah Bar Foundation provides funding for the recording through a grant.

Parking is available on the street. Multnomah County Building at 501 SE Hawthorne is easily accessed by public transportation, TriMet options include bus lines 4, 6, 10, 14, 15, and the Portland Streetcar. For more information contact, Marion McNamara, civiced@lwvpdx. org

Small grants program

Community & Civic Engagement Small Grants support projects that empower and involve community members to shape and create their communities.

Three hundred to four thousand dollar grants will be given out. The deadline is February 8, 2019

The goals of the Small Grant Program are to increase the number and diversity of people who are involved and engaged in the broader community; strengthen community

capacity to create change by building identity, community leadership skills, relationships and partnerships; and increase community impact on public decisions and community life.

A complete how can be found at: seuplift.org/neighborhood-small-grant-program or contact SE Uplift's Small Grants Manager at muz@seuplift.org to discuss your proposal, schedule a meeting, or submit a draft application for review.



See satorichorus.org for more about Men Singing Peace.

Satori Men's Chorus performance

Join Satori Men's Chorus as they celebrate the first concert of

Current members of Satori have collaborated with Artistic

Another composition, written by Satori's Ken Skach-Mills in

their 25th Season, From Our Beginning, for one performance only

Saturday, November 17, 7:30 pm at Central Lutheran Church, 1820 NE

21st Ave. Adult tickets are \$15, youth: \$7, Children under 5: free. No

Director Susan Dorn to select music for this Silver Anniversary and

the list of favorites include Kyrie from Portland composer Judy Rose,

honor of the chorus' 10th Anniversary, is the aptly-titled Satori, a song



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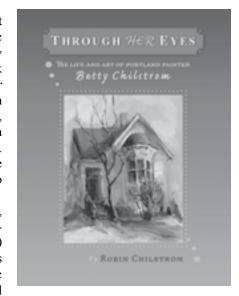


Community News

Betty Chilstrom art exhibit

exhibit An displaying the historic Portland paintings of Betty Chilstrom's and a book launch of Through Her Eyes, by Robin Chilstrom opens at Cerimon House, 5131 NE 23rd Ave. on November 16 at 7 pm. Betty was a long time SE Portland resident who passed away in 2014.

The Art Exhibit, Historic Portland, 1955-1995 displays over 60 paintings from Betty's collection of historic homes, industrial and rural scenes and buildings of our NW region.



Through Her Eyes is a book about the artist when she was "painting the town" during the second half of the 20th century.

The character of a city is made up of many things, including its history and neighborhood vitality. Living in the same Buckman neighborhood home for seventy years, Betty spent much of her time painting Portland's historic homes, architecture and cityscapes before much of it was lost to urban renewal. The story, told by her youngest daughter, Robin, is the story of her life and evolution as a self-taught artist and how she came to create a stunning collection of over 800 existing paintings.

The show runs from November 16 to December 16 at Cerimon House. Gallery hours are available at: cerimonhouse.org or 503.307.9599.

Little Boxes shopping event

Boxes event returns for this holiday season with three days of shopping, in-store promotions, and chances to win raffle prizes exploring Portland's unique, locally owned retail shops and neighborhoods.

The citywide shopping event kicks off on Black Friday (Nov. 23) and continues on Small Business Saturday (Nov. 24) and Sunday (Nov. 25).

"In Portland, 98% of neighborhood businesses have five or fewer employees," said Heather Hoell Director of Venture Portland. "Little Boxes emphasizes the spirit of Portland's independently-owned retail stores at a time of year when big box national retailers dominate.

Shopping at our small, shoplittleboxes.com.

The eighth annual Little neighborhood retailers helps them stay in business and provides shoppers with unique and often locally made gift ideas."

> Download the Boxes app available both for iPhone and Android use. It's the digital passport to the Little Boxes promotion to find stores by category, proximity neighborhood. Enter the raffle to win a variety of prizes. Each visit and purchase from a Little Boxes store earns a raffle entry and each purchase unlocks additional entries. The more entries received, the more chances shoppers have to win a prize.

For more information about the event and a list of retailers and raffle prizes, visit pdx.

BETTER ANGELS, is a national organization (better-angels. org) offering free workshops to help people have constructive conversations with their friends and family from the opposite side of the political divide.

A bipartisan citizen's movement to unify our divided nation, the group brings red and blue Americans together into a working alliance, they're building new ways to talk to one another, participate together in public life, and influence the direction of the nation.

Their first two and a half hour workshop is November 4 at the Friends Meeting House on 4312 SE Stark St. from 2 – 4:30 pm. They invite neighbors and their friends and families to practice listening and learning skills, just in time for the Thanksgiving dinner.

The best in food, toys, treats & accessories for your dog or cat! Specializing in local, organic & sustainable products. 8119 SE Stark St. • 503-445-9449 Open Mon - Fri 10 - 7 Sat, Sun 9 - 6 Now carrying small animal supplies and wild bird seed!

PRESENTS OF MIND 29TH ANNUAL HOLIDAY OPEN HOUSE – Saturday and Sunday November 10 and 11 from 12-5 pm at 3633 SE Hawthorne Blvd. Kick off the holiday season with this annual party and sale. Serving refreshments, discounts, tons of prizes and free balloons for kids. Presents of Mind will be donating a percentage of holiday sales to Outside In and will be holding an after Christmas sock drive.

DINE OUT FOR HOSFORD MIDDLE SCHOOL at Aybla Mediterranean Grill, 3003 SE Division St., the first Thursday of each month (this month it's Thursday December 6) from 11 am – 9 pm. Twenty percent of the day's proceeds will be donated to Hosford Middle School.

ANNUAL HOLIDAY CRAFT DIY FESTIVAL - Sunday, December 2 at Tabor Heights Methodist Church, 6161 SE Stark St. There will be a chili lunch upstairs at 12:30 pm, then downstairs to make some holiday crafts. Crafts include candles, swags, tree ornaments and other gifts. All materials provided and experienced craft teachers available. This is a community affair for all ages and it is free. For more information church@taborheightschurch.org.

PORTLAND SINGS! A community sing along is back from summer vacation – at a new home! They still meet on the third Sunday of the month. Join us November 18 from 2-4 pm at Artichoke Music, 2007 SE Powell Blvd. Sliding scale \$8 - \$15. For more info see PortlandSings.com.

HUMAN TRAFFICKING IN THE NORTHWEST – The public is invited to a presentation on the issue and problems associated with Human Trafficking and the impact on Portland and the Northwest. Sergeant Georgioff of Portland Police Bureau will make a presentation on Thursday evening, November 8, at 7 pm at the former police bureau facility located at SE 47th and Burnside St. Refreshments will be served and reservations are not required. This is a topic of concern to all of us.

PRETTY KITTY HOLIDAY CRAFT BAZAAR - November 10, 10 am-4 pm. House of Dreams Cat Shelter's 18th Annual Pretty Kitty Holiday Bazaar at TaborSpace, 5441 SE Belmont St. featuring handmade gifts for pets and people, silent auction, raffle, and quality pre-owned holiday items. Door prizes and refreshments too! See kittydreams.org.

FOURTEENTH ANNUAL COMMUNITY GEAR SWAP for the Eastside PDX High School Ski Team is Saturday November 10, 9 am-5 pm at 1606 NE 37th Ave. (next to the Mountain Shop.) Skis, boots snowboard, helmets, apparel, hats, gloves, goggles and snow park passes will be on sale. This is how the ski team funds entry fees, coaching, transportation, etc. The ski team represents East PPS schools: Cleveland, Grant, Benson, Franklin, and Madison. For information about consignment etc. contact Eric Coffin, 503.841.1066 or eric@ericcoffin.com.

FREE PARENT/BABY MASSAGE CLASSES – The International Loving Touch Foundation will be holding free parent-baby massage demonstration classes at Providence Portland Medical Center, 4805 NE Glisan, Rooms C & D on November 10-11 from 2-3:30 pm. To participate, contact Loving Touch, 503.253.8482 to reserve a spot.

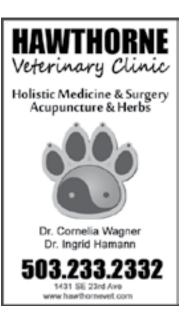
2018 LEGISLATIVE AGENDA TOWN HALL – Tuesday, November 27, 6:30-8:30 pm at PCC SE Campus Community Hall Annex, 2305 SE 82nd Ave. (TriMet Bus Lines: #72 and #2). Learn how to be an effective advocate for your community or neighborhood during this upcoming 2018 state legislative session. This event is an opportunity to engage with professional advocates and elected officials, including Portland Mayor Ted Wheeler and Commissioner Amanda Fritz, and provide your input on the City's legislative agenda. Free snacks provided.

WINTER WARMTH AND SAVINGS - DIY Insulation Workshop This free workshop teaches participants how to weatherize a flat attic. Topics covered include safety, air sealing, baffling, blown-in insulation, and incentives to help cover the cost of your project. Thurs, Nov. 29, 5:30-7:30 pm, at SE Portland Tool Library 137 SE 20th Ave. Weatherization Workshop Free workshop where participants learn how to stop drafts in their home, especially around doors and windows to save energy and increase comfort. Great for renters too. Qualified participants receive a free kit of weatherization supplies. Thursday, Nov. 29, West Powelhurst Elementary School, 2921 SE 116th Ave. communityenergyproject.org /503.284.6827 x10

VEGAN THRU THE SEASONS – Saturday, November 10, 5-7 pm at People's Coop, 3029 SE 21st Ave. Having a hard time cooking creative and flavorful meatless/ plant-based foods? Not sure what to buy, which products are best or how to make them taste great for the Holidays? Join Margaux, Owner of Margalaxy and Vegan food truck for a fun filled and informative holiday cooking class. Debunk common myths about Vegan cuisine during the Holiday times to show that it can be health promoting, nutritionally adequate, delicious, satisfying, inexpensive and easy to prepare. \$5-10 sliding scale. Register online at peoples.coop.

CRESTON PARK COMMUNITY GATHERING – Thursday, November 8, 6:30-8 pm at Creston School Cafeteria, 4701 SE Bush St. View a draft of the final design for the new playground coming to Creston Park, and give us your feedback. Commissioner Amanda Fritz announced in August 2018 an allocation of an additional \$850,000 in System Development Charge funds for this project. PP&R and the design team from Mayer/Reed, Inc. will share a draft of the final design that incorporates the community input and additional funding and ask for feedback. More info about this project: portlandoregon.gov/parks/71838. Kids are welcome. Free snacks.













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Rating Commercial Building's Energy Use

By Don MacGillivray

In the 2017 energy audit of three quarters of Portland's large buildings scored above the national average as compared with other major cities across the United States.

This was the third annual energy performance report of large commercial buildings. Reducing energy used in buildings saves money and makes the atmosphere cleaner. This is one illustration of Portland's environmental leadership and serves as an example for other cities at home and abroad.

There were 895 commercial buildings over 20,000 square feet that were asked to report their energy consumption. The city received 854 reports.

Eighty-three percent were considered compliant. Only ten percent were non-compliant and the remaining seven percent were either exempt or information was incomplete.

The most energy efficient buildings in the Central Eastside Industrial District (CEID) were: the Templeton Building at 230 E. Burnside and the Eastside Lodge at 949 E. Burnside, both with scores of a hundred percent.

Other Central Eastside buildings with scores over ninety percent were: the Olympic Mills Commercial Center, Oregon Electric Building, the Troy Laundry Building, the Multnomah County Building, and the Eastbank Commercial Center. Over half of the scored buildings in the city achieved a rating of seventy percent or better.

The energy efficiency

in buildings is becoming increasingly important. Buildings that score below the median often use five times more energy as those at the median.

Older buildings often score better than newer buildings. Generally buildings built in the 1940s receive better scores than those built in the 1960s.

The reports on energy performance used the United States Environmental Protection Agency's *Energy Star Portfolio Manager*.

This program was begun in 2015 with the cooperation of building owners and property managers that provided their expertise in its development and implementation locally.

The annual report summarizes the findings and this data is available online for public use. The publication allows managers, tenants, as well as others broad transparent access to building energy data.

It allows easy comparisons of energy performance and allows everyone to make better decisions concerning these buildings. Those responsible for the buildings can improve their efficiency.

Because of Portland's leadership on climate issues, the City will receive services valued at \$2.5 million as one of the winners of the Michael Bloomberg American Cities Climate Challenge.

Portland was included because of the city's innovative and ambitious climate action plans to reduce air pollution and city-wide emissions. Part of the grant will be used to make city buildings highly efficient through the use of clean, renewable energy, in order to reach the emissions goals of 2030.

Oregon utilities, nonprofits, and government agencies collaborate with Energy Trust of Oregon to deliver significant clean energy benefits for Oregon. They are co-sponsor in the Energy Star program.

The goal is to reduce the energy usage in Portland by ten percent within five years as suggested by with United States Environmental Protection Agency.

Energy Trust serves customers in four market sectors: residential, commercial/public, industrial, agricultural and renewable energy.

One of the their projects is greenhouse gas emissions the Matt Dishman Community
Center in Portland's Inner NE, operated by Portland Parks and to determine award winners.

Recreation (PP&R). The Center serves everyone who use the center's gymnasium, fitness center, multipurpose classroom, neighborhood preschool and pool.

This 1950s-era building had an outdated heating system so Energy Trust provided a cash incentive of \$92,000 to help pay for the installation of two natural gas-fired condensing boilers to heat the buildings and pool.

This trimmed energy costs by an estimated \$27,000 annually. Energy Trust is working with PP&R to save more energy in many of their less efficient buildings.

Portland introduced a similar energy policy in 2016 to evaluate energy usage in single family homes. Fewer than two percent of Portland's 160,000 single family homes were able to accurately and easily evaluate the efficiency of their energy usage.

The home energy scores will help to make housing stock more affordable, environmentally friendly, and provide consumer information that will lead to safer, and healthier homes.

The Bureau of Planning and Sustainability developed a draft policy over many months with help from real estate professionals, home builders, individual home buyers, energy experts, and affordable housing advocates.

The costs of heating and powering homes are often unaccounted for in home-buying. Scores accompany information about the home for those interested in purchasing residential real estate. Home buyers can compare energy costs and performance of the home with other homes on the market. This gives consumers important information.

Goals like this are part of the 2015 Climate Action Plan that hopes to see a forty percent reduction in carbon emissions below the 1990 levels by 2030.

Commercial buildings that are responsible for one quarter of Portland's carbon emissions are a major part of the city's effort to reduce emissions.

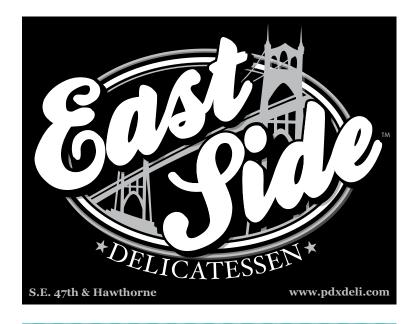
Other components of the Climate Action Plan include emissions from: transportation, generation of electricity, and the burning of fossil fuels.

Portland has been named the tenth greenest city in the nation, according to WalletHub, a financial advisory and analysis website that looks at air quality, greenhouse gas emissions percapita, green space, water quality, transportation and energy sources to determine award winners.





Going Out







General Manager Tommy Price Long

Straight From New York Pizza

Pizza is just that, a New York style of pizza Mike Rice and Ian Jacobson first started making back in 1986 in their first pizzeria in downtown Salem.

Restaurants

Mike purchased a little hole-in-the-wall place from his father-in-law where he and his buddy Ian decided to try something different from other pizza parlors of the day.

They modeled the restaurant after a New York style pizzeria, selling pizza mostly by the

The secret is in a crust cooked on a stone slab in a gasfired oven where the dough is in contact with the stone. That's what makes a crispy thin crust. Pizzas are prepared with moderate amounts of sauce and toppings, and usually served by the slice.

The idea is to be able to fold the pizza over and eat it while standing or on the go, and there's no waiting. The idea was a success and, a decade later, there were three Straight From New York's in Salem.

In the meantime, Tommy Price Long moved to Portland from the east coast where he worked as pizzaiolo. He loved

Straight From New York the work and was happy to find employment at the former Oasis Cafe at SE 37th & Hawthorne

> In 2011, Mike and Ian wanted to bring Straight From New York pizza to Belmont St. and hired Long to help organize and manage this new location. They were a hit here too! Since then, SFNY has added two more restaurants, the most recent in the former Oasis Cafe location on Hawthorne Blvd.

> "Pizza is a great food to serve. Everyone loves it and hand-tossing is fun to watch and one of the reasons we have such a great crust," Long said.

> "We cook several pizzas at a time throughout the day, so they are always fresh and buying slices keeps the price reasonable," he added. Most of the business is in slices but SFNY sells full pies, calzones, salads, buffalo wings, bread sticks, beer and wine. They also deliver.

> "We've continued with the basic style of pizza, but over the years recipes have changed and evolved," Long said. There are the endless combinations and toppings available. Plus, the restaurant now offers gluten free and vegan pizza. "The Follow Your Heart brand of vegetable/nut based cheese tastes really good," he adds. Buying local ingredients helps keep the money in the community too.

On tap they serve a rotating selection of beers on tap, 99% is 3701 SE Hawthorne Blvd. 503-SFNY-PDX sfnypizza.com Sun-Thurs 11 am-11 pm Fri & Sat 11 am-12 am

from local breweries, so there are always new tastes to try. The one exception is Migration Brewing's

Patio Pale Ale. This relationship goes back to when they opened their 28th and Glisan brewery about the same time SFNY opened the Belmont shop. Pabst and Rainer are also regulars and they offer a special which is a cheese pizza slice and a Tall Boy or 10 oz. Draft for \$4 (all day every day) – that's hard to pass up. They sell growlers to go to accompany your take out order and there is a selection of wine, soda and bottled drinks available too.

(Editors' note: At my grandson's ninth birthday celebration he had his favorite SFNY cheese, pepperoni and veggie pizza! They were a real crowd pleaser.)

SFNY employs about forty people. This one has kept the cook, Jayne and General Manager Adam from the previous owner. "These two are good to work with and have made the transition smooth," Tommy said.

Having Straight From New York Pizza occupy this corner of Hawthorne keeps a long-standing tradition going here. It's always been great to pop in and grab a slice when on the boulevard and now this will continue into the future. With so many venues changing and disappearing, it is obvious that people will continue to support pizza. Order online or check out a complete menu at sfnypizza.com.





Going Out

Restaurants

By Jack Rubinger

a Diox

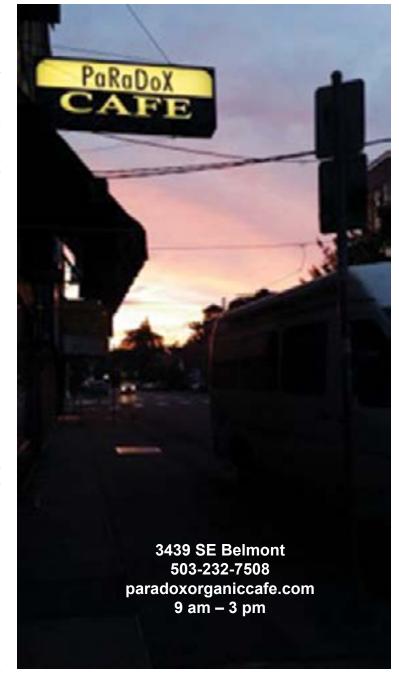
The Paradox Cafe, known for nutritious and delicious plant-based food options and some wild bathroom murals, has been open in one form or another for 30+ years. One customer remembers getting their haircut next door in what is now the Avalon Theater, then coming to the cafe for breakfast before shipping out to join their assignment around the WWII timeframe.

The current café owner is Bonnie Downey who purchased the cafe back in 2006 and heads a staff of eight.

"Since taking over Paradox almost 13 years ago, we have been through a variety of food fads that have come and gone," said Downey. "We recognize that we have been careless with our food choices in the past, there's a need for dramatic change in the future. I think the newer social views about gluten are here to stay."

One Paradox Cafe diner told The Southeast Examiner that the food here is wonderful. The breakfast selection is extensive serving great choices like the Avocado Benedict, soyfree, gluten-free, plant-based waffles, breakfast burritos, a cheeseburger burrito and amazing gluten-free corn cakes. Salads, soups and burgers are other lunch standards that have been built upon and refined and as they describe "veganized" to meet all peoples needs.

Downey cites maintaining some of the cafe's equipment, the cost of doing business in this area, the construction that takes away street parking, keeping up with random building graffiti and garbage left after a night of SE Belmont activities as some of her challenges. She said she's dealt with these issues for years, so they've become part of the routine and privilege of owning a business in SE Portland.



business many, many years ago working for my grandparents at the deli/steakhouse they owned for a couple years. I learned how to flip eggs from my grandfather in a commercial kitchen the summer of my fifth grade year and still love working on a very busy kitchen line," she said.

community's The fondness for cannabis presents interesting challenge/ opportunity. "If someone needs a special beverage with the "I started in the food service breakfast, we don't mind if they

bring one in to enjoy with their breakfast – as long as it is not a cannabis beverage," she said.

Downey is updating the cafe with some long overdue floor repairs.

"We want to provide a relaxed, neighborhood cafe environment that creates delicious, healthy options that will nourish your body and mind," Downey said. As for the future, she said, "I don't know what tomorrow holds, I just know who holds tomorrow





Fewer and fewer Americans possess objects that have a patina, old furniture, grandparents' pots and pans, the used things, - warm with generations of human touch, essential to a human landscape. Instead, we have our paper phantoms, transistorized landscapes. A featherweight portable museum.

Susan Sontag



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Frida Kahlo art work

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Not your Average Joe

By Jack Rubinger

SE Portland's Not-Your-Average Joe Mishkin remembers performing magic shows for the neighborhood kids in Indianapolis when he was seven years old.

He started doing restaurant table magic and birthday parties while still in middle school and worked at a magic shop through high school, later expanding to corporate events.

I first saw Mishkin perform for a group of preschoolers in Laurelhurst Park. He was constantly cracking jokes while simultaneously twisting, pinching and pushing and pulling balloons from a blower contraption on his

Before long, he was



Joe Mishkin

juggling then blowing all kinds of Jew's harps, flutes, recorders — some original, some modified, and then he went back to the balloons. Then he went back to the juggling. The kids and parents were digging his craziness and having a blast.

Mishkin is entirely self-taught in musical instruments, juggling, and balloons and you can find him performing almost anywhere in town from the Flying Pie on Stark to kids' parties, Kennedy School engagements and memory care and assisted living community performances.

"I love McMinnville's annual UFO Festival," he said. "That's always a crazy one. I also love Forest Grove's annual Chalk Art Festival. It's way cool seeing all that art,"

He goes from loud and outrageous to funny and energetic to thoughtful and interesting. The way he weaves his performances is improvised and with a purpose.

Mishkin prefers audiences with at least a few children present, because they help the rest of the audience loosen up quicker.

I tracked him down to do a senior center show and he was equally engaging and effervescent with Bob, Florence, Sylvia and Charlotte who were treated to balloon monkeys, Harleys, hats and bouquets. It's all very physical and very interactive and soon he was working up a sweat.

Mishkin's almost manic energy and electrifying smile make him seem about ten feet tall when you see him perform, but he's actually only about 5 foot 4 inches tall. He connects with people of all shapes, sizes, and

"The personal connection trajectory: ma
I make with each and every balloons, music individual is hands-down my favorite part about performing," said Mishkin. "I love interacting with so many cool and interesting in trajectory: ma balloons, music what'll be next?

To find joemishkin.com.

people. I have forged enduring bonds with people over the

Mishkin's "act" has evolved over the years in many ways.

"It's more rewarding to embrace being an artist rather than a purist," said Mishkin. "A purist will only do things a certain way. An artist will give anything a try. I don't have to be loud, zany and wacky to be entertaining, though I do still love to be super silly."

Mishkin prefers colorful and comfortable handmade African batik dashikis, though in a carry-over nod to his magic shop days, he was in full tuxedo mode at gigs for some time.

Someone just the other day called him the Inspector Gadget of percussionists during a set with his band Jenny Sizzler, which he thought that was pretty awesome.

Influences include Steve Martin, magician David Copperfield and The Flying Karamazov Brothers. He's been influenced by many people who aren't famous too who have graced him with guidance and support.

After the gig at the memory care community, I walked him out of the building and we talked about doing social work, giving back to the people, and doing something you're supposed to do.

Mishkin got quiet, serious and more than a little emotional about the joy of bringing joy to people, which is where we connected.

"I keep following my passions, and teaching myself how to do the things that interest me the most. The show has more or less followed the same trajectory: magic, juggling, balloons, music. Who knows what'll be next?," he said.

To find out more, visit ioemishkin.com.



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Going Out

Joanne Rand & Reggie Garrett at Café Artichoke

It's a don't miss evening of powerful songwriting with two provocative artists as Café Artichoke presents Joanne Rand from Humboldt County and Reggie Garrett from Seattle, Saturday, November 10.

Rand has toured nationally for 30+ years and has made seventeen albums of her brand of Psychedelic-Folk-Revival music. In a wide array of temperments, perspective and style, she weaves tales of the human condition so clear and tactile that poet Gary Snyder called her songs "Elegance and fierceness in the same deep breath". Feel the bumps rise on your skin and the lump rise in

your throat when she sings. See JoanneRandMusic.com Garrett's urban acoustic folk music covers lots of ground with his percussive guitar that incorporates Latin rhythms, blues, Gospel and Celtic

creating and enhancing a variety of moods. His voice is an evocative instrument and he's toured for years, playing concerts and festivals often with his band The Snake Oil Peddlers. See reggiegarrett.

Garrett by Marie Miller

Cafe Artichoke is at 2001 SE Powell Blvd. Show begins at 8 pm. Tickets are \$15 available at the door and online: at tinyurl.com/y9vqtyed.

Joanne Rand Other concerts this month are Cosy Sheridan and Michael Shay with Julay Brooks Saturday November 17 at 8 pm; Larry Wilder and Bellows & Squawk, Sunday, November. 18, at 7 pm and Klezmer Fiddle and Yiddish Folksongs with Jake Shulman-Ment and Eleonore Weill, Sunday November 25 at 7 pm.

Siren Nation Festival 2018

The Siren Nation Music and Arts Festival is filled with inspiring music performance for the 12th year. In 2019, it will officially be a teenager and this year's Fest continues through November 13 with a vast musical line-up of national and local musicians, a very visual art show with fifty NW artists, arts and crafts, and free workshops.

This year's music is live and in real time with Dayna Kurtz, Five Letter Word, Katie Kuffel, Jet Black Pearl, Sonny Hess, Nicole Campbell, OS-HUN, Amenta Abioto, Blossom, Lucy Kaplansky, AnnaChristie Sapphire & Rebekah Garibay, Elizabeth Moen and Spirit House Record Showcase hosted at splendid venues all over the city. Individual event tickets are sold via each venue's websites.

Siren Nation's mission is to inspire and empower women of all ages to create their own art and to highlight the achievements of women in the arts. See sirennation.org for this year's schedule.



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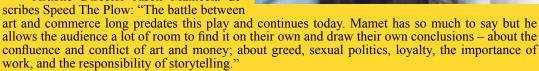
arts & performance

<u>Mamet's Speed</u>

Asylum Theatre presents David Mamet's 1988 dark comedy, Speed The Plow, at Shoebox Theatre, 2110 SE 10th Ave.

Newly-promoted movie producer Bobby Gould receives a sure-fire hit from his long-time partner Charlie Fox. The movie has action, buddies, a girl, and guaranteed fame and fortune for them both. When Gould's secretary asks him to abandon the buddy film for an "artsy" novel, the balance of power gets upset and Fox's pending fortune, Gould's career, and the fate of their world are all at stake.

Artistic Director Jason Maniccia de-



Onstage November 30 – December 23, Thursday – Saturdays 7:30 pm and Sunday at 2 pm.

Tickets are \$25 at asylumpdx.org.



21st Century Colorado jamband The Jauntee are in concert at The Goodfoot, 2845 SE Stark St. on Thursday, November 15. The show starts at 9:30 pm and tickets are \$8 for 18+over at Eventbrite: tinyurl.com/ya4jt4m3

The Jauntee cultivates a distinctive musical

experience through collective improvisation in over a hundred live shows a year. The quartet features Scott Ferber, drums; Caton Sollenberger, guitar; Tyler Adams, keyboards and bassist John Loland in a kind of a Grateful Phish mix of jamming, covers, and original songwriting.

The band has a decade of touring and appearances at festivals such as Peach Fest, Catskill Chill, and Resonance, and the band has toured thirty+ states performing at Brooklyn Bowl, Georgia Theatre, and the Paradise Rock Club. Now Portland can dance to them too.

Get a preview at thejauntee.bandcamp.com.

The Closing of Clinton St. Video

The venerable and most indespensible and beloved neighborhood resource, Clinton Street Video, at 2501 SE Clinton St. will close their doors forever on the eve of their 23rd anniversary, Saturday November 17.

It's the last days they're open and they are going out with a bang and an incredible sale of their considerable film inventory as the owners and staff spin off into the next chapters of their storied lives.

The fabulous Do-Not-Miss Clinton Street Video sale starts Saturday, November 3 at noon and continues until Saturday, November 17, the last day the store is open.

A huge Clinton Street Video Celebration Party at Clinton St. Theatre across the street is the night after the sale, Sunday, November 18, 1-3 pm with snacks, weird bits of film, hugs and good times

Is it the end of an era or the Ear of Ananda? Whatever it is, don't miss it. Take some historic films home with you because you won't be able to drop by anymore. The phone for now is 503.236.9030.



Special Engagement at Darcelle XV Showplace!



"Abacus Charm" by Marilyn Stablein is featured in Roll-Úp Studio + Gallery's November show, Books & Boxes; with ten artists' takes on book arts and assemblage.

Stablein's work is playful and meditative, utilizing cultural artifacts and personal archival

Other featured artists are Poppy Dully, John Simpkins, Kathy Kuehn, Bill Dean, Barbara Tetenbaum, Anna Daedalus, Kerry Davis, Judy Vogland, and Leo Wayman.

Opening reception is Friday, November 9, 5-9 pm and Friday, December 7, 5–9 pm at Roll-Up Studio + Gallery, 1715 SE Spokane St. up through Decem-

See rollupspace.com.



This pic is named "Jazz", a new collage by Bridgett Spicer. She's one of three featured artists this month at Sidestreet Arts, 2140 SE 28th Ave. Long a muse for Spicer, her latest mixed-media collage pieces play to the tune of colorful horn-players and abstract expressionism.

"I'm also a cartoonist, so people fascinate me. What is interesting to me are the relationships of the people in each piece. What's their story? The viewer can make up their own narrative, so, like jazz, it's collaborative."

The other featured artists are Gail Owen who loves Victorian wallpaper and Kathleen Mistry who artistically revisits history. These members of Sidestreet Arts feature their new works this month and each brings something unique to the table.

The New Member Spotlight runs to November 25. Artists will chat about their work Sunday, November 11, from 11 am to 2 pm. Visit SidestreetArts.com.

Going Out

arts & performance

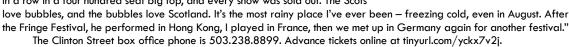
The Amazing Bubble Man and Jet Black Pearl

The Amazing Bubble Man and Jet Black Pearl have returned from their annual global peregrinations to present their bubblicious Bubble and Squeeze programme again for the fortunate families of Portland of all sizes and ages. The show, a cabaret of soap magic and music is hosted at the Clinton Street Theatre, 2522 SE Clinton St. November 23, 24, 25 at 11 am and 2 pm and December 6 at 7:30 pm.

The Bubble Man is Louis Pearl, who explores the breath-taking dynamics of bubbles, combining comedy and artistry with audience participation and spellbinding bubble tricks to mesmerize. Square bubbles, bubbles inside bubbles, fog-filled bubbles, bubble volcanoes, tornados and trampolines and people inside bubbles. See amazingbubbleman.com.

Jet Black Pearl is the fabulous and fiery accordion diva from Amsterdam who performs while singing, rapping and beatboxing about slugs in love, criminal gurus and hallucinating butterflies. She says this year their journeys spanned the sphere (you thought your commute was hard...)

"Once a year we perform a week in China. Louis does a tour in the UK 3 or 4 times a year. We spent a month in Edinburgh where Louis has performed at the Fringe Festival every year for twelve years. We did twenty-six family shows in a row in a four hundred seat big top, and every show was sold out. The Scots



November 5, Jet Black Pearl plays solo at Corkscrew Wine Bar, 1665 SE Bybee Blvd. at 7 pm. jetblackpearl.com.



Photo © Miriphoto

The Truth Project

The Truth Project is a collection of works by performing artists exploring the overlap of circus arts, dance, narrative and physical theater to explore themes of social justice.

What truths do we hold dear? In an increasingly polarized society, what are the common truths we share? Continuing in the Echo Theatre tradition, it is an ensemble-created work exploring truths considered to be essential.

A collaboration between artists from a broad range of ages, performing disciplines, and lived experiences, the show features live music at every performance.

It's presented Fridays, Saturdays at 8 pm, Sundays, 2:30 pm through November 11.

Recommended for ages 7+. Tickets start at \$20. Echo Theatre, 1515 SE 37th Ave. tinyurl.com/ya5l9r7c.



Concerts at iassic Pianos

Trio Untold are passionate about the exploratory, freely improvised music they create.

Pianist James Miley and guitarist Mike Nord, teach at at Willamette University and drummer Ryan Biesack is on the music faculty at OSU. The Trio do not create academic music though.

Their self titled debut CD release soiree is Thursday November 8, 7:30 pm at Classic Pianos, 3003 SE Milwaukie Ave. Tickets are \$15. 503.239.9969

Also at Classic Pianos Saturday November 17, vocalist songwriter Anandi's original tunes with Mike Horsfall; piano, Dave Captein; bass, Adam Carlson; drums, Dan Gildea; guitar and Melanie Roy. Songwriter Rachel Brashear opens on piano at 7 pm. rachelbrashear.com

Tickets are \$15/advance, \$20/door. Online at Advanced tickets at tinyurl.com/yckf9aaf

Legends of the Celtic Harp & **Honey Whiskey Trio at PFS concerts**

Concert Month continues in November with two nights of music with The Honey Whiskey Trio and Legends of the Celtic Harps: A Winter Gift with Patrick Ball, Lisa Lynn and Aryeh Frankfurter.

 Friday vember 16: The Honey Whiskey Trio tells stories through song and



Harp legends Patrick Ball, Lisa Lynn and Aryeh Frankfurter

stomp, highlighting the musical traditions of American Folk Music. Alumni of the Bob Cole Conservatory of Music at California State University, Courtney, Ann Louise & Christina explore music from the front porches, music

halls, and hymn books of early America.

• Friday November 30: Legends of the Celtic Harp presents three of the premier harpers in the world taking the audience on a musical journey deep in a powerful and exhilarating blend of music and oratory of myths, magic and mysterious history

In the magical world of Irish and English literature and Celtic legends such as A Child's Christmas in Wales, The Wind in the Willows, and Shake-speare, William Butler Yeats and Thomas Hardy mingle with cinematic music as stories of the Winter season are shared.

Both concerts are presented at Reedwood Friends Church, 2901 SE Steele St. Doors open at 7 pm and music's at 7:30 pm. Advance tickets \$18 for PFS members and \$21 for others. At-the-door tickets are four dollars more. See portlandfolkmusic.org.

The Magic Cloth and ZooZoo at Imago

Imago Theatre premieres The Magic Cloth, a new work created in collaboration with Michael Curry, ingenious puppeteer and designer, as a part of Imago's annual presentation of ZooZoo on stage December 7 through January 6.

Curry works as a visual and concept designer for Cirque du Soleil, Wynn Resorts, the Metropolitan Opera, Disney, Universal Studios, and the International Olympic Committee. He was codesigner of the puppets and masks of Disney's Broadway hit, The

"The Magic Cloth is a ten-minute piece presented in ZooZoo between the two acts of our menagerie of creatures," says Jerry Mouawad, Artistic Co-Director.

ZooZoo returns for another holiday season with bugeyes, hippos with insomnia, arrogant anteaters, introverted frogs, paradoxical polar bears, acrobatic worms, self-touting accordions and tricky penguins. The show is recommended for ages 3 and older. Tickets are available at Imago box office, 17 SE 8th Ave., 503.231.9581 or at Ticketswest.com with no online ticket fee.



Short takes

...arts news of note

THE 11TH WHITE ALBUM XMAS – November 29-December 8 at Alberta Rose Theatre, 3000 NE Alberta St. A beloved holiday spectacular tribute to The Beatles. The Nowhere Band – a 15-piece Beatles orchestra, plays the fifty year old White Album in its entirety. Jugglers, aerialists, clowns and acrobats of the Portland Circus Allstars present feats of strength, focus and dexterity. A tremendous not-to-be missed family event. Early tickets advised as shows sell out in advance. albertarosetheatre.com / 503.764.4131.

THE MONTHLY SONGWRITER ROUND at Laurelthirst Public House is Tuesday, November 6 and hosted by Taylor Kingman. November's line up includes Nina Yates, Caitlin Sherman, and Mike Giacolino (of Hyways). Music begins at 9 pm at 2958 NE Glisan St, They're bringing the porch to the stage, swapping stories and singing tunes and the audience is warm and receptive. \$5 suggested. Over 21+

ALEBRIJES! continues as a commemoration of Milagro Theatre's 23rd Día de Muertos celebration. An imaginary creature unique to Mexican art, ¡Alebrijes! is wrapped in a Día de Muertos tale like a dream come to life. Set in present day San Luis Potosí, in Xochimilco in 1936, and in an afterlife that looks like a psychedelic Oaxacan jungle, young Pedro realizes his artistic potential through his relationship to his pets as totems, his love for painting, and a close encounter with death. Through November 11. See milagro.org.

SE PORTLAND ARTIST AIMEE J MATTILA's Open Studio Days at Civilian Studios, 2210 N Lewis Ave #6 on second Saturdays, November 10 and December 8, 11 am-5 pm. Mattila says "Art is a way of life for me and life is an art in itself. The true value of any piece of art is the special relationship you as an individual develop with the creation you have chosen artist who created it." AJMattila-Artstudio.com

"Floating Leaf" and the

PORTLAND PODCAST FESTIVAL returns this fall for two days at two venues with twenty-one different podcasts performed on three stages in a wide variety of themes: pop culture, race, technology, sports, cannabis, cooking, ethics and more. Friday November 9 it's at Landmark Saloon, 4847 SE Division St. starting at 6 pm. Saturday November 10 at Hawthorne Theatre, 1507 SE Cesar E Chavez Blvd., 6 pm to 10:30 pm. An opportunity for listeners to see their favorite shows performed live. Founded and curated by Greg Nibler and Sarah X Dylan (of Funemployment Radio) and Jason Lamb (Minority Retort), The line up is available at pdxpodfestival.com and tickets are \$10.



ALBERTAROSETHEATRE.COM







Film Explores Future of the City

By Midge Pierce

Portland's future may spin on whose interpretation of urban activist/journalist Jane Jacobs prevails. In a recent showing of Citizen Jane: The Battle for the City two Janes emerged, each separately embraced by groups with divergent growth perspectives

Early Jane, a devotee of 20th Century urban modernist Robert Moses' vertical city concepts, was pro-densification, a position that still appeals to many urban planners. Later Jane transformed into a preservation warrior after observing the displacement of thousands of families, often immigrants and minorities, from vibrant neighborhoods that Moses labeled slums and subsequently demolished.

Post-catharsis, Jacobs railed against the destruction of street-friendly neighborhoods that danced with vitality and life. In her book *The Life and Death of Great American Cities*, she blamed mid-Century urban policies on the decline of neighborhoods in cities across the country.

The film depicts how Jacobs single-mindedly stopped Moses' plan to ram an express-

way through lower Manhattan. The project would have uprooted thousands on top of lives he had already displaced with highrise housing that replaced human-scale neighborhoods.

By the early 2000s, Moses' housing projects had become so riddled with crime and desolation that cities from Philadelphia to Chicago tore them down in favor of more livable options.

This reporter was one of four panelists at the post film forum, and the lessons for Portland seemed clear: all residents impacted by growth and change need a voice in planning decisions that affect their neighborhood.

Alarmed that some Portland voices are being disregarded in an age of top-down city management, *Northwest Examiner* editor Allan Classen initiated the westside event. He has been particularly watchful of the Office of Community and Civic Life, recently rebranded without emphasis on neighborhood involvement

Architectural theorist, educator and think tank director Michael Mehaffy opened the forum with a warning of Moses-style strategies that are doomed to failure, hitting those without wealth or power hardest. He said "destructive city-making" damages our heritage and is not ecologically sustainable.

Preservation architect, author Rick Michaelson drew on his experience serving on both the Planning Commission and Historic Landmarks Commission to advocate for historic resources. His skills at adaptive re-use have saved fifty historic structures to

SE Urban Designer Heather Flint Chatto, who developed the Division Design Initiative for managing development and growth, spoke of the importance of continuity along Main Streetstyle corridors. She believes collaboration between the public and policy makers is essential.

This writer hammered down on how demolition and displacement rip apart community social fabric and the need for the two Jane's "camps" to find commonality to solve growth problems and avoid past mistakes.

Classen hopes to continue the forum, perhaps on the Eastside, with the goal of reclaiming the "grassroots democracy role of Portland neighborhood associations."



Neighborhood Notes

from page 5

neighborhood, tentatively the Stark-Washington corridor between SE 75th and SE 85th Streets. Neighborhood volunteers and graduate students from the University of Oregon will assist City staff and a professional consultant in researching properties for potential architectural, historical and cultural importance.

The final report will be presented to the Historic Landmarks Commission and the City Council in fall 2019, and serve as a launching pad for a larger effort across the city to revamp the Historic Resources Inventory. If you'd like to volunteer to help with researching and photographing properties or collecting oral histories, contact MNA board member Patricia Sanders at patricia@montavillapdx.org.

The MNA has also held two successful fundraising events. With the help of a dozen volunteers, we grossed just over \$2,000 in our neighborhood cleanup September 29. The Montavilla Baptist Church generously allowed us to use their parking lot for trash drop-off.

Another successful fundraiser took place October 6 at East Glisan Pizza Lounge, which donated 20% of food sales (around \$1,000!) to the MNA. Thanks to Montavilla Baptist Church and East Glisan Pizza Lounge

At our September general meeting, Diane Linn, Executive Director of Proud Ground, described how this organization helps working families become homeowners.

Proud Ground focuses on families in the 60-80% median income bracket. They find federal, state and local funds to make up for the gap between wages and housing prices. On resale, owners receive what is left on principle and 25% of the increased value.

Our next general meeting is on November 12, 6:30 pm-8:30 pm followed by the board meeting, from 8:30 pm to 9:30 pm. Both are open to the public. The meetings are held at the Montavilla United Methodist Church, 232 SE 80th Ave., second floor.

Mt. Tabor By Laura Smith

At the October meeting of the Mt. Tabor Neighborhood Association (MTNA), fiscal sponsorships through SE Uplift were renewed. The five sponsorships provide neighbors with opportunities to give tax deductible donations to different projects in the neighborhood: Thorburn Safety Project, Mt. Tabor Gateway, Emergency Preparedness, Mt. Tabor Park Reservoir Advocacy, and the General Account for MTNA. To donate, go to mttaborpdx.org/copy-2-of-connect-get-involved-2

Mt. Tabor Presbyterian Church is fundraising for their five-year plan for repair and maintenance projects needed for the historic building that includes TaborSpace. Mark your calendars for their second Annual Fundraiser auction and gala to be held on November 3 from 6-9pm. For more info, go to taborspace.org.

MTNA is going to hold a Board Work Session on Saturday December 1 from 10 am to 2 pm at Warner Pacific University, Egdvedt Hall, Room 203. This will be an opportunity for the Board to reflect on our mission, what we've done well, what can be improved, and MTNA priorities for the future. Neighbors are welcome to attend and listen in on the conversation.

The next regular monthly MTNA meeting will be Wednesday, November 21, at 7 pm at Mt Tabor Presbyterian Church at SE 54th and Belmont, with social time and homemade cookies starting 6:50 pm. For more information, visit mttaborpdx.org.



By David Krogh

Media estimates put the homeless count in Portland at +/-5000 with increases around 10% per year. Portland has become a draw for the homeless population from not just other parts of the state, but other parts of the country.

A number of factors come into play here. Portland and Multnomah County have a history of wanting to shelter all homeless, especially families. Several jurisdictions in other parts of Oregon have actually encouraged homeless to come to Portland because they lack the resources to help them. The following article from OPB discusses the family shelter situation in great detail and why it hasn't worked here: tinyurl.com/y728poz7.

Portland and Multnomah County have been lax in addressing homeless related problems such as camping in parking strips and under bridges, sleeping on sidewalks and in doorways, and the garbage and other sanitation/health issues that go along with this. This has given both transients and homeless the feeling that it's okay for them to camp and sleep virtually wherever.

To help deal with homelessness, Portland and Multnomah County have created a Joint Office of Homeless Services to assist those in need of finding services and shelters: multco.us/joint-office-homelessservices.

A Google search revealed forty-nine day and night shelter locations run mainly by nonprofit organizations, most of them in the downtown area and only one in the general area of SE Portland.

Gentrification and the displacement it causes to low-income people, plus the side effects of inflated housing costs/rents, has also contributed to the homeless situation. Rental price gouging will likely continue until either there is rent control or adequate affordable and/or subsidized housing to meet the needs of those with low incomes.

Recent news indicates agencies bear the brunt of sup-

rents may have finally leveled off and even declined by 2-3%. However, overall, rents are still up from 10-50% since 2010 depending on the location.

The City has started to clamp down more on camping and sanitation issues, but mainly via complaints. This reluctance to enforce has served as a draw for homeless from out of the area and creates frustration for residents, business owners, and visitors. The situation is further confused by a recent 9th US Circuit Court of Appeals decision permitting the homeless to sleep in a public location if they are unable to locate available sheltering.

Mayor Wheeler has repeatedly identified homelessness as a regional problem, but there has not been the level of action necessary by the City and County to realistically address the issue. What is really needed are public and private partnerships to address homelessness holistically, and not just via more shelters.

Such a mechanism could have included utilization of the expensive and unused Wapato facility for both a shelter and transitional facility. However, Multnomah County passed on this idea and sold the facility for a substantial loss. Wapato discussion is still occurring in hopes of avoiding demolition in favor of conversion for homeless or mental health services per an October 1, article in *The Oregonian*.

One helpful homeless program readily visible is the Street Roots newspaper which provides up to five hundred homeless and needy individuals with opportunities to earn money and get into programs for housing and support.

Recently I stopped and talked briefly with Paul, one of the vendors. He said *Street Roots* was a stepping-stone for him to get into a better situation and that it is helping a lot of people like him maintain their dignity while getting needed services. (See streetroots.org)

Other private and nonprofit agencies bear the brunt of sup-

port for the homeless, including Portland Rescue Mission, Salvation Army and others. Innovative projects such as Dignity Village and Kenton Women's Village provide safe locations for the homeless to stay. But much more is needed.

Gregg Harris, co-president of the Hawthorne Boulevard Business Association has talked much about how to deal with homeless problems and states that there appears to be the transient travelers and the local homeless.

The travelers have tended to cause problems whereas the local homeless are generally just people in need. Many of the business operators help these homeless where they can. However, HBBA has private security hired to patrol Hawthorne and prevent camping out and related problems from occurring.

Harris indicates that proactive City enforcement of camping laws and helping the homeless get into programs to help themselves would do more good for the situation than sympathetic inaction. He suggested that commercial and nonprofit partnerships could do a better job at addressing homelessness than public partnerships due to how cumbersome bureaucratic processes and excessive regulations tend to be.



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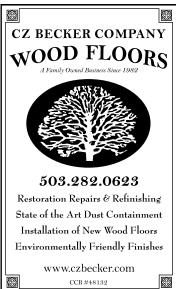
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SE Updates

from cover

and multi-units in already dense neighborhoods.

The report recommends incentives for adaptive re-use and retrofits of unreinforced masonry buildings (URMS).

An aspect that gained particular traction with Council members was the emphasis on equity and acknowledgement that marginalized communities, such as the displaced African American residents of Albina, have been underrepresented in past preservation efforts.

Commissioner Chloe Eudaly indicated she could support preservation of "historic structures, but not historic inequity."

In a win for historic preservation, the Laurelhurst neighborhood came closer to recognition as a National Historic Register District.

After three years of careful neighborhood planning, the State Advisory Committee on Historic Preservation voted unanimously to send Laurelhurst's nomination to the neighborhood's federal decision-maker, the National Park Service in Washington D.C.

With some 75% of homes qualifying for National historic status, the neighborhood made its case based on architectural significance and community planning as one of Portland's original streetcar suburbs between the turn of the last century and the 1940s.

Calling Laurelhurst an example of "Live History," District

Roger Jones of the Hawthorne Business Association says businesses that tried to work with the City on the issue have been "double-crossed" by fear-based concerns about structures identified in a defective database. He adds that financing options for retrofits are virtually nonexistent.

champion John Liu said designation could help protect the small, relatively affordable homes in the area.

He countered charges of elitism by saying that Laurel-hurst is committed to multifamily conversions & ADUs to absorb the neighborhoods share of growth.

Resident Constance Beaumont cited neighbors' widespread support for "smart density" without demolition. A multicity traveler, she said Laurelhurst should rank in the top 5% of nationally-significant historic assets Richmond resident and anti-designation speaker Doug Klotz called Laurelhurst "a wealthy neighborhood with a sorry history" undeserving of recognition.

Portland's recent decision to require signage indicating earthquake dangers of unreinforced masonry buildings has critics alarmed that it will instill fear, devalue historic structures and cause a new wave of demolitions.

Some 1640 signs will be required to be prominently positioned on URM buildings, many with legendary Portland historic credentials. In the Buckman neighborhood alone, 126 signs are required.

In addition to safety signage, Council is requiring landlords to notify tenants about earthquake risks when they enter rent or lease agreements.

Roger Jones of the Hawthorne Business Association says businesses that tried to work with the City on the issue have been "double-crossed" by fear-based concerns about structures identified in a defective database. He adds that financing options for retrofits are virtually nonexistent.

Restore Oregon is calling for a state tax credit for rehabilitation and seismic upgrades that would incentivize more preservation. MP

Trends Don't Lie: Housing Still Unaffordable

With some 15,000 living units added to Portland since 2015, vacancy rates are rising. Yet, despite at least a 2% price drop in the recent roller-coaster economy, rental rates remain at historic highs, according to real estate data.

Portland does not have a housing shortage; it has an affordability shortage, according to city densification watchdogs.

With rents averaging \$1400 a month, and real estate data showing inner Portland neighborhoods at \$1800 for 750 square feet, \$20 per hour wage earners remain priced out of Portland.

So it came as a shock to observers that the City Planning and Sustainability Commission (PSC) recommended expanding the Residential Infill Project (RIP) plan to 97% of all single family residential neighborhoods without requiring guarantees of affordability.

Geographically challenged areas such as steep Westside hills have been excluded.

The directive also came as a surprise to city staff. Questioned about what the Commission's densification extension meant for staff, one indicated planners were scrambling to redo in three months a proposal that was three years in the making.

The staffer suggested that between now and spring, when the project is expected to go before City Council, residents should dig into the plan to understand its pros and cons.

Both sides share common goals for affordability, livability and sustainability. How best to achieve these goals is literally splitting communities.

Pro RIP supporters claim it protects the urban growth boundary. RIP critics say it will exacerbate infrastructure shortages with vertical sprawl and luxury housing.

The Infill project has powerful supporters with deep pockets: groups like 1000 Friends of Oregon, and its paid lobbyists in Portland for Everyone (P4E) are supported by donations from the building industry.

Some city staff is ill informed, according to an attendee of Portland's many RIP pitch meetings. An Eastside resident tells of an exchange with a young staffer about potential displacement of entire populations as happened with the African American community in Albina. "What's Albina?" the staffer asked. *MP*

Complete Streets

Complete Streets, a program of the Portland Bureau of Transportation has the intent of modifying existing streets into a more multi-modal format while at the same time reducing the focus on automobiles.

Retrofitting existing streets may only involve sidewalks and/ or bike lanes. Others with hazard records may involve more substantial changes.

Complete Streets works hand in hand with the Vision Zero program, per Nick Falbo of PBOT.

In the case of Foster Rd., the Complete Streets/Vision Zero changes were widespread, including travel lane reductions, bike lanes, and pedestrian crossing amenities.

Falbo stated that although Foster has functioned as a major arterial and a connection between SE Portland and I-205, the program intent is to reduce auto dependence.

"That means traffic congestion on Foster would necessitate the use of Powell Blvd. as an alternative route," he said. "And we anticipated that as part of the Foster design, but we're hopeful more people will be biking or using mass transit to offset vehicle trips."

Part of PBOT's rationale for this direction with Foster was due to changes with the City's Comprehensive Plan that is trying to reduce auto-oriented commercial uses on Foster in return for mixed residential and commercial pedestrian-friendly uses.

This is a prime example of how Comprehensive Plan changes coupled with transportation design changes can alter the entire character and direction of an area. *DK*



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Wellness Word

Editor's note: Wellness Word is an informational column which is not meant to replace a health care professional's diagnosis, treatment or medication.

Healthy Baby Gear

So what's the big deal about eco-friendly baby gear? Is it worth all the hype? Can't we just buy or get what we need anywhere or online? What does eco-friendly mean anyway?

You may be one of those parents who spends hours surfing the internet for the most trendy or best of everything for your little ones, but until you actually see it, touch it, experience it or understand its properties, will you know if it is safe and non-toxic?

Yes, it is a big deal and we should educate ourselves about the importance of exposing our children to more than or above the average amount of toxicity in the environment. Much of it is uncontrollable, but we can be responsible for what is controllable and the matter isn't just about infants and children, but adults too.

"Extensive literature has already documented the deleterious effects of heavy metal toxins on the human brain and nervous system. These toxins, however, represent only a fraction of the environmental hazards that may pose harm to cognitive ability in humans.

"Lead and mercury exposure, air pollution, and organic compounds all have the potential to damage brain functioning, yet remain understudied. In order to provide comprehensive and effective public health and health care initiatives for prevention and treatment, we must first fully understand the potential risks, mechanisms of action, and outcomes surrounding exposure

to these elements in the context of neurocognitive ability."¹

With that said, one of the baby products we may have some control over and that can have an immediate effect on the lives of our little ones is car seats. There is no way to avoid the use of a car seat, as it's mandatory by law. This safety protection comes with some chemical exposure. We want our children to be in properly and safely-installed car seats.

There are a growing number of wool car seats on the market. Manufacturers such as Nuna, Uppababy and Clek have designed car seats absent of such chemicals. They are free of chemical fire retardants in favor of a wool blend car seats to meet regulations and flammability standards.

Leading environmental Scientists at the Ecology Center have been studying this for years. They have found there are improvements from year to year, however there are still toxic chemicals found in the textile fabric of car seats. Most car seats still contain brominated flame retardants (BRFs).

"Flame retardants (FRs) continue to be used despite there being no data showing they provide a fire safety benefit to children. Rather, they put babies and young children in close contact with chemical additives known to be carcinogens, hormone disruptors and developmental toxicants."²

In terms of population, babies are the most vulnerable in

terms of exposure to chemicals. Their systems are still developing and they often spend a lot of time sitting or sleeping in car seats, either in the car or attached to a stroller.

Some very important certification and endorsements for eco-friendly baby products include GreenGuard, GOTS (Global Organic Textile Standard) JPMA certification.

Reading labels and avoiding certain products is a start.

There is an explosion of new baby products on the market everyday. Another recommendation is to carefully examine crib mattresses, furniture, bedding, clothing toys and anything that goes into a baby's mouth.

Bringing a new being into the world should inspire us to be a good stewards for that person. What we do today will have a direct impact on our planet later on. We hold our children in our hands now but someday they will be holding ours, so let's get it right.

Diana Moore, MS, LMT, CIMI, Infant Toddler Mental Health, **Owner**, EcoBabyGear, 7980 SE Stark St., ecobabygear. com 503.233.4167

¹Environmental Toxicity and Poor Cognitive Outcomes in Children and Adults, Jianghong Liu, PhD and Gary LewisJ Environ Health.

² Healthy Child

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Notes from a planning conference

By David Krogh

Oregon Housing staff indicated there might be a "missing middle" legislation coming out of the next state legislature as there are strong concerns that many jurisdictions are not adequately addressing housing choice at moderate and middle density levels.

The missing middle refers to types of units between the range of houses and apartment buildings, including duplexes, triplexes, fourplexes, townhomes, courtyard apartments and cottage clusters.

Gordon Howard from the Department of Land Conservation and Development (DLCD) stated cities are supposed to do a Housing Needs Analysis which identifies a twenty year supply of housing per State Goal 10 (Housing).

The lack of missing middle planning has been a sore spot with Portland's planning considering the City's Residential Infill Project (RIP) and its proposal to inject middle density housing types directly into most SE Portland single family neighborhoods rather than to use middle densities as a transition between high density and low density uses, following the concentric circle theory of zoning.

For RIP, the City is mainly focusing on adding duplex, triplex, and accessory dwelling units or ADU's into existing single family areas.

Howard stated that DLCD has not had the budget or staffing necessary to maintain a thorough oversight of Goal 10 implementation by cities. However, the obligation is still there.

This has also been a problem facing Metro, responsible for oversight of State Goal compliance within the Metro UGB area. Howard states DLCD is trying to avoid an adversarial role for Goal 10 compliance while still encouraging proper implementation. One type of missing middle housing discussed at the conference was "tiny homes;" small fully livable units that on wheels, function like a travel trailer, but on a foundation, are the equivalent of a tiny house. The City of Bend approved a

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cottage cluster code in 2015, which allows the use of tiny homes as "cottages."

A tiny home cluster development now in progress called The Hiatus was showcased as part of this discussion.

Planning Consultant, John Morgan, stated that although Portland allows tiny homes to be used as an Accessory Dwelling Unit (ADU), it does not yet have a cottage code that will allow tiny homes as permanent dwellings. He hopes that will be remedied soon so as to provide more housing choice.

The keynote speaker at the conference was Cat Goughnour, a North Portland sociologist, who spoke about the gentrification of North Portland and its resulting forced displacement of so many of the African American community.

Many of those displaced have moved away from North

Portland to East Portland and even Gresham where there is apparently affordable housing available.

The City tried to implement a relocation program aptly named "Right to Return" with the intent of bringing back 2,000 out of the 16,000 displaced by gentrification. PBS did a special report on Right to Return.

After the first year of a two-year program, only six of those displaced were able to return. Mayor Wheeler was reported by PBS to have called the relocation program "an abject failure." Portland has already been labeled by The Atlantic (in 2017) and CNN (in 2018) as the "whitest large city in America".

Between a history of racism and gentrification, the Black community in Portland has declined to only 6% of the white population, behind even the Asian community (at 7%) per Metro demographics data.





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What's Next at Laundromat Site?



Current look at the laundromat site

from cover

attempt to extend the demolition application.

The exact reason for the delay is difficult to ascertain, but two neighbors claim that the owner underestimated the costs involved in excavating the laundromat's underground tanks.

KP Belmont, which has

no website and files its permit applications through a thirdparty agent, was unavailable for comment.

In the meantime, there seems to be little that local residents can do other than wait for something to happen. As the BDS spokesperson put it, "There are many properties around

town that are vacant and the city does not have control over their development."

Waiting isn't necessarily a bad thing. Asked if he considered the abandoned laundromat a nuisance, a tenant in a duplex adjoining the property chuckled and said, "It's better than a fivestory building!"

Replacing Old Diesel Engines

from cover

older diesel engine replacements are allowed on newer vehicles in Oregon, according to Riskedahl and so the cycle continues.

At the Railyards, an increasing concentration of some 1000 trucks daily enter and leave the SE Holgate entrance. Beyond railyard trucks, small trucks

on local routes ply commercial and residential streets carrying everything from building materials for construction sites and apples for farmer's markets.

Solutions include regulations and possible subsidies to help small operators phase out older trucks. The Clean Diesel coalition calls on neighbors citywide to advocate

for legislation that requires suitable environmentally replacement of older trucks or air filters that "cost less than the hospital bills and lost work caused by exposure to diesel emissions...'

For more information, see: brooklyn-neighborhood.org/ stopping-diesel-pollution

Andy & Bax cont.

from page 4

firearms in the 1980s. "It was when the big box retailers started selling them in large quantities that we soon realized we couldn't compete," Schopf said.

This actually turned out to be a good thing with the current climate in country today. They do carry an extensive knife selection that includes the KBar, a prominent military knife; Columbia River Knife and Tool, Gerber, These are tools everyone can put jacket and midnight blue pea ery day until 6 pm.

to use

Kathy Finn is now the General Manager and works to organize each section to make shopping easier and more purposeful.

"We finally have all the long underwear, clothes, rainwear and coats arranged according to gender, size and style," she said. Before it was more random and, since today's shoppers tend to be more time pressured, this makes shopping much easier.

coats," Finn said, "But the inventory is expanding to accommodate the outdoor enthusiast."

Andy & Bax has a timeless vibe hard to find in many places. They continue to offer a traditional shopping experience where one can actually be surprised at the possibilities of finding some interesting, functional and cool gear.

Andy & Bax outdoor "We still carry items like store is at 324 SE Grand Ave., Kershaw, Camillus and Ontario. the popular military MA-1 flight 503.234.7538. They are open ev-



Remembering the Fallen Warrior

from cover

ratify the treaty, despite public support for it, and did not formally end its involvement in the war until the Knox–Porter Resolution was signed on July 2, 1921.

During those four years of struggle, four dynasties, together with their ancillary aristocracies, fell as a result of the war: the Romanovs, the Hohenzollerns, the Habsburgs and the Ottomans.

Four empires ceased to exist and the fifth, the British Empire, was broken and would last but a quarter of a century longer.

Historian Samuel Hynes wrote: "A generation of innocent young men, their heads full of high abstractions like Honour, Glory and England, went off to war to make the world safe for democracy.

"They were slaughtered in stupid battles planned by stupid generals. Those who survived were shocked, disillusioned and embittered by their war experiences, and saw that their real enemies were not the Germans, but the old men at home who had lied to them.

"They rejected the values of the society that had sent them to war, and in doing so separated their own generation from the past and from their cultural inheritance."

A year after the inauguration of the Menin Gate Memorial in 1927 (pictured on cover), a number of prominent citizens in Ypres decided that a way should be found to express the gratitude of the Belgian nation towards those who had died for its freedom and independence.

The idea of the daily sounding of the Last Post – the traditional salute to the fallen warrior – came from the superintendent of the Ypres Police.

The Menin Gate Memorial on the east side of Ypres was thought to be the most appropriate location for the ceremony.

Originally this was the location of the old city gate leading to the Ypres Salient battlefields and the Menin Road, through which so many British and Commonwealth, and Allied troops had passed on their way to Flanders. Many did not return.

The privilege of playing Last Post was given to buglers of the local volunteer Fire Brigade and the first sounding of Last Post took place on July 1, 1928 and a daily ceremony was carried on for about four months. The ceremony was reinstated in the spring of 1929.

From November 11, 1929 the Last Post has been sounded at the Menin Gate Memorial every night and in all weathers. The only exception to this was during the four years of the German occupation of Belgium from May 1940 to September 1944.

The hauntingly clear sound of the Last Post and Reveille are called by the Belgian police buglers after which a minute of silence is observed. Then a single firm and clear voice reverently announces:

"They shall grow not old As we that are left grow

Age shall not weary them
Nor the years condemn.
At the going down of the

And in the morning
We will remember them."
(From For the Fallen
by Laurence Binyon)

And then:

"When you go home, tell them of us and say For your tomorrow, we ave

our today."

(From *Epitaph* by John Maxwell Edmonds)



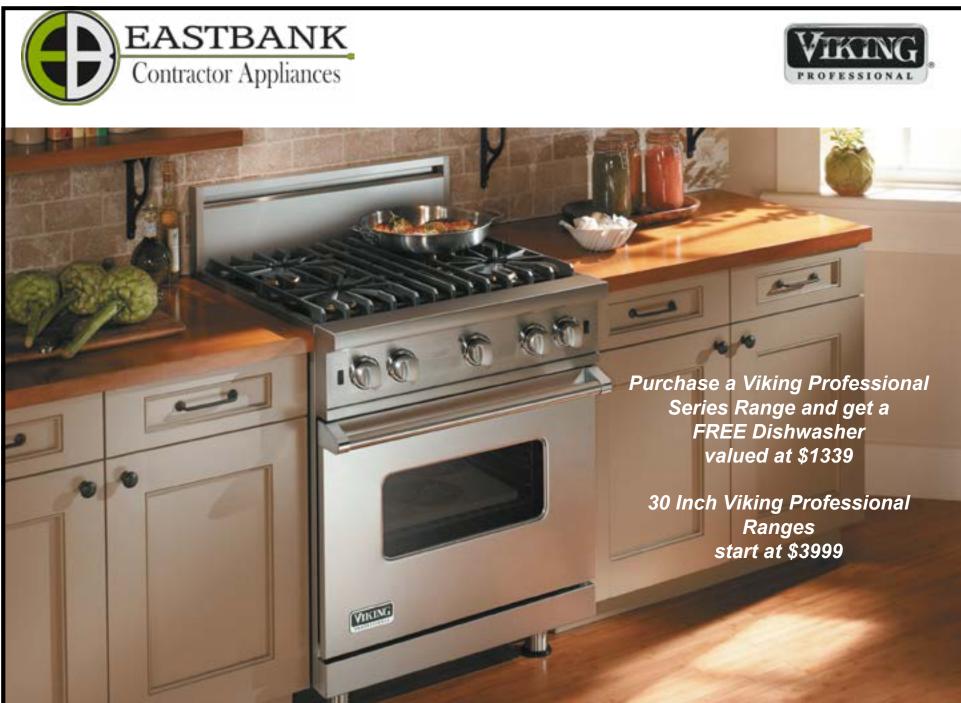
Lowly, unpurposeful and random as they appear, sidewalk

contacts are the small change from which a city's wealth of

public life must grow.

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Community Events Bulletin

Winter Gear Ski Swap November 9 & 11 1606 NE 37th Ave. (Next to the Mountain Shop on Sandy)

Join in the Winter Gear Swap supporting Eastside PDX High Schools Ski Team! Drop off your used skis, boots, boards, helmets and apparel to sell on 11/9, 3 -9 pm and shop new & used winter sports gear on 11/10, 9am - 5pm. Please call Caroline Easton for more information at 503-490-7636.

House of Dreams Pretty Kitty Holiday Craft Bazaar November 10 from 10am-4pm Kittydreams.org

Held at TaborSpace on Belmont, House of Dreams' popular, colorful bazaar features affordable handmade gifts for people and pets, many using recycled content and vegan materials. There is a silent auction, raffle, Second Time Around gently-used holiday décor, door prizes, baked goods - vegan too. HOD also accepts donations of quality, hand-crafted items and all bazaar proceeds go directly to the care of the cats at House of Dreams - an all-volunteer non-profit organization

ZooLights November 21 - Jan 5 Oregonzoo.org

See a dazzling display of more than million and a half lights and experience the zoo in a whole new light. In addition to visiting elephants, penguins and other animals, you can ride the popular lighted train and enjoy dinner from a variety of local food carts. There will be pictures with Santa, special warm drinks and live music, too! See website for Holiday hours.



LEFT TO RIGHT: Chelsie Coon, Kevin Caplener, Caroline Easton, and Jan Caplener



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